

OSHER  
LIFELONG  
LEARNING  
INSTITUTE

# OLLI

at Granite State College



**Fall 2009**

**Learning for the Fun of It!**

For Adults 50 and Above

*Concord • Conway • Manchester • The Seacoast*

# OLLI at Granite State College

## About OLLI

**OLLI** (Osher Lifelong Learning Institute) at Granite State College is the new "Senior Class." The mission of **OLLI** is to build a vibrant and sustainable member-driven organization that creates and provides intellectually stimulating lifelong-learning opportunities for New England residents 50 and above.

Members join purely for enjoyment—no tests, no grades—just the chance to join peers for the joy of learning and the many benefits it brings. Classes and activities offer opportunities to continue a lifetime of learning with programs rich in content, shared interests and life experience.

Most **OLLI** programs are held at Granite State College facilities and at easily accessible community sites in Concord, Conway, Manchester and the Seacoast. Your membership includes programs at all locations. **OLLI** classes and activities are led by enthusiastic members, retired educators and experts from the community—all volunteers with much to share.

**OLLI** at Granite State College is part of a network of 121 **OLLI**s at colleges and universities nationwide, all grant-funded initially by the Bernard Osher Foundation. Thanks to generous support from both the Foundation and Granite State College, **OLLI** has grown steadily since its inception in 2004.

## Becoming A Member

If you're 50 or above, you can become an **OLLI** member for just \$40 a year. To enroll in classes, you must be a member. Our class fees are modest; some are free. Thanks to the generosity of members and community partners, **OLLI** has a limited tuition assistance fund available for members who need financial support. Please call the office for details.

Joining **OLLI** is simple. Fill out the form at the back of this catalog. Return the form to the **OLLI** office with your payment by check—or call the office (513.1377) to join using a credit card.

Visit our **OLLI** website at  
[www.oli.granite.edu](http://www.oli.granite.edu)

## Registering for Classes

### *Register early. Classes fill quickly.*

Complete the class registration form at the back of this catalog, and return it with your check or call 603.513.1377 (603.447.3970 in Conway) to register by phone using your credit card.

### **Directions**

Directions to class/activity sites are available on our website [www.oli.granite.edu](http://www.oli.granite.edu). Or call the office and we'll send them to you.

### **Cancellation Policy**

Requests for refunds when you decide not to take a class must be received in writing one week prior to the start of the class. Fees for classes cancelled by **OLLI** can be refunded or used as a donation to **OLLI** (if you choose).

## Contact Us

The **OLLI** office at Granite State College in Concord is open Monday through Thursday from 9 to 5. If you email or leave us a message outside these hours, we'll get back to you as soon as we are in the office again. The **OLLI** staff invites your inquiries!

For more information about **OLLI**

- visit our website: [www.oli.granite.edu](http://www.oli.granite.edu)
- give us a call: 603.513.1377 or Conway: 447.3970
- e-mail us: [oli.office@granite.edu](mailto:oli.office@granite.edu)

### **OLLI Staff**



Christina Link  
Member Services  
603.513.1377  
[christina.link@granite.edu](mailto:christina.link@granite.edu)



Joan Gillis  
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**Register now! Classes fill quickly. Credit cards accepted by phone.**  
**Questions? Call the OLLI office at 603.513.1377.**

## **Out and About**

Guests may accompany members on  
Out and About events on a space  
available basis for an additional \$5 fee.

### **TUESDAYS**

**A Few Blocks Wide, Centuries  
Deep: Shops at Strawberry Banke**  
10/20 10:00 AM-Noon

**Local News Production:  
Past, Present and Future**  
10/6 9:30-11:00 AM

**Tonight's Sky**  
10/20 1:00-3:00 PM

### **WEDNESDAYS**

**Climate Change and CO2:  
A Threat to Our Oceans**  
10/21 1:30-3:30 PM

**Family Life in 18th Century  
Portsmouth**  
10/7 10:00 AM-Noon

**Flying Through Time:  
A History of Manchester Airport**  
10/14 12:00-1:30 PM

**The Historic Palace Theatre**  
9/30 9:30-10:30 AM

**Whales in Danger**  
10/27 1:30-3:30 PM

### **THURSDAYS**

**Historic Stark House**  
9/24 3:30-5:00 PM

**Libraries in the 21st Century**  
10/1 10:30 AM-12:30 PM

**Mt. Washington Observatory's  
Weather Discovery Center**  
9/24 10:00 AM-Noon

**Portsmouth Naval Shipyard and  
Museum Tour**  
10/1 1:00-3:00 PM

**Union Leader Tour**  
10/15 10:00-11:00 AM

**Zimmerman House:  
The Four Seasons Tour**  
10/1 6:30-8:00 PM

### **FRIDAYS**

**From Sand to the Moon:  
Stained Glass**  
9/25 9:15 AM-1:30 PM

**Granite State Candy Shoppe Tour**  
11/6 2:00-3:00 PM

**Lunch at the Concord  
Country Club**  
10/23 Noon-2:00 PM

**NH Historical Society Tour**  
10/9 10:00-11:30 AM

### **SATURDAY**

**A Fall Mushroom Foray**  
9/26 10:00 AM-2:00 PM

**Fantastic Foliage and Sculpture:  
The Andres Institute of Art**  
10/10 (rain date 10/17)  
10:00 AM-Noon

## **Concord**

### **TUESDAYS**

**American Architecture:  
The Virginia Colony**  
9/22-10/13 10:00-11:30 AM

**Book Browsing**  
11/3-11/10 9:30-11:30 AM

**Final Gifts**  
9/22-10/27 12:00-1:30 PM

**Making Better Financial and  
Medical Decisions**  
10/20-11/10 9:30-10:45 AM

**Techie Terminology**  
11/10 1:00-2:30 PM

**The Constitution - Obsolete For  
Our Times?**  
9/22-10/27 10:00-11:30 AM

**Tonight's Sky**  
10/20 1:00-3:00 PM

**Vietnam 1968: Through the  
Looking Glass**  
9/22-10/13 2:00-3:00 PM

**Viewing War from Home**  
10/20-11/3 2:00-3:30 PM

### **WEDNESDAYS**

**Are Your Affairs in Order?  
Wills, Trusts, Powers of Attorney  
and Medicaid**  
10/21-11/11 2:30-3:30 PM

**Computers 101: Getting Started**  
10/7-10/14 11:30-1:30 PM

**Computers 102: Beyond the Basics**  
10/21-11/11 12:30-2:00 PM

**Digital Scrapbooking:  
Beyond the Basics**  
9/23-11/11 9:00-11:00 AM

**Don't Let Anyone Else Become You!**  
10/21 9:30-11:00 AM

**Embroidery: More Than  
Embellishment?**  
11/4-11/11 9:30-11:00 AM

**Great Decisions: Part 2**  
9/23-10/14 9:30-11:30 AM

**Refresher Bridge**  
9/23-11/11 1:00-3:00 PM

**Sustainable Agriculture and  
Food: A New Hampshire View**  
10/28 9:30-11:00 AM

### **THURSDAYS**

**5,000 Years of Publishing  
the Bible**  
10/1-11/5 1:00-2:30 PM

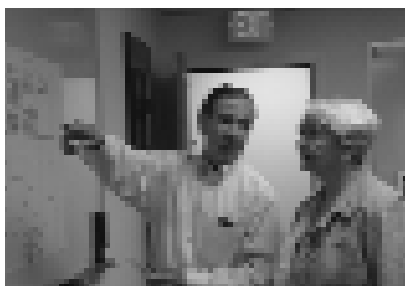
**Believe It or Not – This is  
New Hampshire!**  
10/8-11/12 11:00 AM-Noon

**Broadway's Musical Turkeys**  
10/29-11/12 9:30-11:00 AM

**"Great Expectations"**  
9/24-10/22 9:30-11:00 AM

**Speaking in Public Comfortably**  
10/22-11/12 1:00-3:00 PM

**Register now! Classes fill quickly. Credit cards accepted by phone.  
Questions? Call the OLLI office at 603.513.1377.**



**FRIDAY**

**Alternative Medicine: A Variety of Approaches**

9/25-10/2 9:00 AM-12:15 PM

**From Sand to the Moon: Stained Glass**

9/25 9:15 AM-1:30 PM

**Granite State Candy Shoppe Tour**

11/6 2:00-3:00 PM

**Lunch at the Concord Country Club**

10/23 Noon-2:00 PM

**NH Historical Society Tour**

10/9 10:00-11:30 AM

**Conway**

**TUESDAYS**

**Bike Maintenance and Riding Skills: The Basics**

9/22-29 10:00-Noon

**Knitting: Rekindle Your Love**

10/13-27 9:30-11:00 AM

**Layered Art**

11/3-10 9:30-11:30 AM

**Movement for Relaxation**

10/6-27 11:00 AM -Noon

**Salem Witch Trials: Fact and Fiction**

10/13-11/3 1:00-2:30 PM

**Storytelling 101**

11/10 1:00-3:00 PM

**Unique and Meaningful Travel Ideas**

10/13-27 6:00-7:30 PM

**WEDNESDAYS**

**A Conway Cemetery: Shorthand for History**

9/23-30 1:30-3:00 PM

**Financial Planning: A Comprehensive Approach**

9/23-11/4 6:00-7:30 PM

**From Tin Pan Alley to Broadway**

10/14-11/4 1:00-3:00 PM

**Movie Talk with Lunch**

11/4 10:00 AM-2:00PM

**Writing Your Story: Getting Started**

9/23-10/14 10:30 AM-Noon

**THURSDAYS**

**Bowling 101**

10/22-29 1:00-2:00 PM

**eBay 101**

9/24,10/8-15 1:00-2:30 PM

**Digital Photography Basics**

11/12 10:00 AM-Noon

**Mt. Washington Observatory's Weather Discovery Center**

9/24 10:00 AM-Noon

**Spontaneous Cooking**

10/29-11/19 6:00-8:00 PM

**Stories of Yesteryear in**

**Mt. Washington Valley**

9/24, 10/8-11/5 10-11:30 AM

**SATURDAY**

**Redstone Quarry:**

**History and Viewing**

9/26-10/3 10:00 AM-Noon  
(Also Tuesday 9/22 6:00-7:30 PM)



**Manchester**

**MONDAYS**

**Passionate International Films**

9/28-11/2 1:00-3:00 PM

**TUESDAYS**

**Astronomy for Everyone**

9/22-10/20 1:00-3:00 PM

**Current Events: Here, There and Everywhere**

9/22-11/10 10:00-11:30 AM

**Climate Change and Global Warming**

10/6 9:30-11:00 AM

**From Mystical to Scientific Beauty**

10/27-11/3 9:30-11:00 AM

**Manchester Memories: Abraham Lincoln and More**

11/3-10 4:30-6:00 PM

**There is More to Fighting Fires than Water**

9/22-29 9:30-11:30 AM

**WEDNESDAYS**

**Digital Cameras: An Introduction and More**

9/23-9/30 3:30-5:00 PM

**Flying Through Time:**

**A History of Manchester Airport**

10/14 12:00-1:30 PM

**Isles of Shoals: Lore & History**

9/23-10/21 11:00 AM-12:30 PM

**Much Ado About Nothing – or How "Zero" Changed Our Number System**

10/28 10:00-11:30 AM

**Stitches in Time from England and America**

9/23-10/14 1:30-3:00 PM

**The Historic Palace Theatre**

9/30 9:30-10:30 AM

**Register now! Classes fill quickly. Credit cards accepted by phone.  
Questions? Call the OLLI office at 603.513.1377.**

**The New Americans: Immigrants  
and Refugees in Manchester**  
10/21-11/11 3:30-5:00 PM

**This Is Your Life: Write it Down!**  
10/21-11/11 1:30-3:00 PM

**THURSDAYS**

**A Voyage through Native  
American Culture and Spirituality**  
9/24-10/15 9:30-11:00 AM

**Historic Stark House**  
9/24 3:30-5:00 PM

**Libraries in the 21st Century**  
10/1 10:30 AM-12:30 PM

**Lunch Bytes: I Can Do It Myself**  
10/22-11/12 Noon-1:00 PM

**Sherlock Holmes: The Greatest  
Man Who Never Lived Part 3**  
9/24-11/12 9:30-11:00 AM

**Spanish For Non Spanish  
Speakers: Get Ready for  
Your Next Trip!**  
10/8-11/12 3:30-4:30 PM

**"The Iliad"**  
9/24-10/29 1:30-3:00 PM

**The Spanish Inquisition: The  
Whys and the What Fors**  
9/24-11/12 9:30-11:00 AM

**Union Leader Tour**  
10/15 10:00-11:00 AM

**Zimmerman House:  
The Four Seasons Tour**  
10/1 6:30-8:00 PM

**FRIDAY**

**How the Brain Works—  
and How It Ages**  
10/2-11/6 1:00-2:30 PM

**SATURDAY**

**A Fall Mushroom Foray**  
9/26 10:00 AM-2:00 PM

**Fantastic Foliage and Sculpture:  
The Andres Institute of Art**  
10/10 (rain date 10/17)  
10:00 AM-Noon

**Family Life in 18th Century  
Portsmouth**  
10/7 10:00 AM-Noon

**Senior Investment Fraud:  
How to Detect and Prevent**  
11/4 1:30-3:00 PM

**So, You Want To Be a  
Restaurant Critic**  
10/14 10:00-11:30 AM

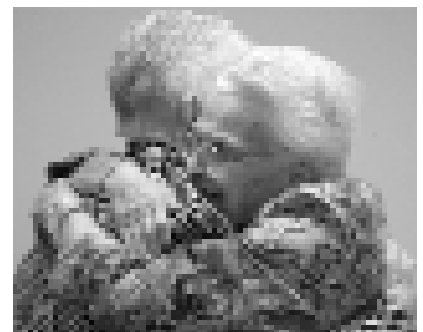
**Trusts for the Average Individual**  
11/4 9:30-11:30 AM

**THURSDAYS**

**American Popular Song in  
New England**  
9/24 1:30-3:30 PM

**Brain Horizons**  
11/12-19 10:00 AM - Noon

**Portsmouth Naval Shipyard and  
Museum Tour**  
10/1 1:00-3:00 PM



*"Together everyone  
achieves more."*  
Spencer Kagan

**Volunteer  
for  
OLLI**

Call 513-1377 for  
more information.

**Seacoast**

**TUESDAYS**

**A Few Blocks Wide, Centuries  
Deep: Shops at Strawberry Banke**  
10/20 10:00 AM-Noon

**Lincoln's Prose**  
10/13-11/3 9:30-11:00 AM

**Local News Production:  
Past, Present and Future**  
10/6 9:30-11:00 AM

**Pakistan's Peshawar Region on  
the Khyber Pass: A Look at  
Family Life Today**  
9/29-10/6 1:30-3:30 PM

**Whales in Danger**  
10/27 1:30-3:30 PM

**Woodturning of the 17th &  
18th Centuries:  
The Great Wheel Lathe**  
9/29 10:00-11:30 AM

**WEDNESDAYS**

**A Trip to the Station -  
Schiller Station**  
9/30 1:30-3:00 PM

**Book Discussions: Portraits of  
the Artists as Young Persons**  
9/23-10/28 10:00-11:30 AM

**Book Discussion: "The  
Assistant" by Malamud**  
10/14-10/28 1:00-2:30 PM

**Climate Change and CO2:  
A Threat to Our Oceans**  
10/21 1:30-3:30 PM

**Coin Collecting Basics**  
9/30 10:00 AM-Noon

## **5,000 Years of Publishing the Bible**

6 Thursdays: 10/1–11/5 1:00–2:30 PM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$30 Class Size: Min: 5 Max: 25

The bestseller of all time has uncounted authors, versions and time frames. This is not a course about faith or beliefs; it does not reflect the views of any church. Rather, it tells the fascinating tale of how the Bible was written and how we are still developing the translations today. There will be discussion about the different ways that Jews, Christians and Muslims have considered the Bible.

Virginia Gerseny had her first Bible class at Ohio Wesleyan (B.S. in Education). Her graduate work was in drama, and for some 50 years she has directed and written various kinds of religious drama. Her interests today include the tremendous advances archeology has made in Biblical history.

## **A Conway Cemetery: Shorthand for History**

2 Wednesdays: 9/23–9/30 1:30–3:00 PM  
GSC at Conway, 150 Technology Lane, Conway  
Class Fee: \$10 Class Size: Min: 3 Max: 8

Two visits to a local cemetery will give us an opportunity to explore family trees in the Conway area. As a group, we will create timelines based on tombstone data to get an idea how lives intertwine and overlap. Bring a portable folding chair, your camera, a notebook, and an interest in local history.

Ray O'Brien, a retired sixth grade teacher, has long used local history and resources to teach concepts in science and social studies. He often travels the woods in search of cellar holes and cemeteries just to see what he can unearth. Since he likes company on these trips, Ray is offering this opportunity to join him in the exploration.

## **A Fall Mushroom Foray**

1 Saturday: 9/26 10:00 AM–2:00 PM  
Livingston Park, Hooksett Road, Manchester  
Class Fee: \$5 Class Size: Min: 8 Max: 30

How many mushrooms can you recognize? Do you know how many varieties grow locally – or how many are edible? These and other mycological and magical mysteries will be revealed by our expert mushroom hunter. Mushroom hunting is right up there with fishing – but no license fees, yet. Wear sensible clothes for the woods; bring lunch, a camera and a flat-bottomed basket or paper bags for your treasures. Come frolic with us.

Charter OLLI member Reta MacGregor has been gathering wild mushrooms for over 30 years. She will help you to know your woods and earth a little better.

## **A Few Blocks Wide, Centuries Deep: Shops at Strawberry Banke**

1 Tuesday: 10/20 10:00 AM–Noon  
Strawbery Banke Museum, 14 Hancock Street, Portsmouth  
Class Fee: \$15 Class Size: Min: 10 Max: 20

From the 18th through the 20th Century, residents of Puddle Dock neighborhood ran small stores and shops from their homes. Today, a visitor to Strawberry Banke can visit a number of these restored shops. This class will trace their history, focusing on the Abbott Store, its place in the community and its role during WWII. Hear about the Museum's restoration of the store, including photos, oral histories, and the challenges of recreating the original package facsimiles. We'll take a field trip to the Abbott Store itself. This program is mostly indoors, with limited walking to the "Little Corner Store."

Tara Vose, Collections Manager, oversees all the historical items (both donated and purchased) that enrich the Museum's collections. In other words, Tara has a role in almost everything that happens at Strawberry Banke Museum. She has a wealth of knowledge to share, and this was greatly appreciated by those who participated in the Spring 2009 sessions.

## **A Trip to the Station - Schiller Station**

1 Wednesday: 9/30 1:30–3:00 PM  
Schiller Station PSNH, 400 Gosling Road, Portsmouth  
Class Fee: \$5 Class Size: Min: 8 Max: 15

Don't miss this visit to PSNH's Schiller Station facility, one of the largest renewable energy projects in the U.S. PSNH replaced one of three coal-fired boilers with this environmentally friendly system that uses wood chips, a clean and renewable resource. While generating cleaner power for about 50,000 NH homes, it reduces coal use by more than 130,000 tons and reduces thousands of tons of emissions each year. It is the only facility currently replacing fossil-fuel generation with an equivalent amount of cleaner, greener electric power. Dress for outdoor conditions. Also, you'll be walking/standing on uneven surfaces and required to wear hard hats, for safety.

This program was arranged by Kathleen Lewis (PSNH Community Relations Manager) and by the Schiller Plant facilities manager. The facilities manager and his staff will conduct the visit and answer questions.

## **A Voyage Through Native American Culture and Spirituality**

4 Thursdays: 9/24-10/15 9:30-11:00 AM  
Elliot Senior Health Center, 138 Webster Street,  
Manchester  
Class Fee: \$20 Class Size: Min: 6 Max: 20

Are you curious about Native Americans and how they truly lived? Come discover facts and stories that wove the fabric of the Native American's life. Discover that NH had a great chief who was respected and revered by all. Indian spirituality, their contact with European settlers and their adaptation to modern-day life will be explored. View Indian artifacts and analyze the stories in their songs.

For the past 20 years, Leo Gagnon has researched Native American culture and has acquired an impressive collection of artifacts. He has shared his knowledge and collection with many NH schools and organizations. Many visits to reservations has enabled Leo to experience, first hand, the life of the modern day Indian.

## **Alternative Medicine: A Variety of Approaches**

2 Fridays: 9/25-10/2 9:00 AM-12:15 PM  
Pleasant View Retirement Theatre, 227 Pleasant Street,  
Concord  
Class Fee: \$30 (incl. coffee) Class Size: Min: 25 Max: 75

The Center for Integrative Medicine combines traditional and complementary medical techniques. Staff members will present four topics, two in each class.

Heather Tallman-Ruhm, M.D. will present information on keeping your brain healthy, looking at environment, emotions, and your intestinal tract. Naturopathic medicine, its history and how it works, will be presented by Christine Kuhlman, N.D., ARNP.

Dave Berger, P.T., L.C.M.H.C., M.A. practices physical therapy and psychotherapy. He will explore the links with distress and illness, and techniques to counter the distress response. Oriental medicine is quite different from Western medicine; its twists and turns will be explored by Jeanne Ann Whittington M.Ac., Lic. Ac. She may practice acupuncture on a volunteer.

## **American Architecture: The Virginia Colony**

4 Tuesdays: 9/22-10/13 10:00-11:30 AM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$20 Class Size: Min: 6 Max: 25

The Virginia Colony was the largest and wealthiest colony in the New World. The colonists who settled Virginia brought with them the same rich heritage as did those who settled Plymouth and Boston a few years later. Yet the styles of each region differ in several respects because the people came for different reasons and to different lands. The building of Williamsburg, a planned capital, and the river plantations, including Mount Vernon, reflect this difference. In the work of Thomas Jefferson, we see a new style evolving as we consider his home at Monticello and the building of our nation's capital.

Art historian and lecturer Nancy Hartford has been associated with Boston's Museum of Fine Arts for many years. She specializes in the study of American architecture and furniture and has planned and led art history tours in this country and abroad. Nancy has served as chairman of the Needham Historical Commission and as the President of the Pierce Brigade.

## **American Popular Song in New England**

1 Thursday: 9/24 1:30-3:30 PM  
Exeter Public Library, 4 Chestnut Street, Exeter  
Class Fee: \$5 Class Size: Min: 15 Max: 30

Learn about the contribution that New England made to American Popular Song in the 18th and 19th centuries, through lecture, demonstrations of the songs and handouts of interesting material. Maybe there'll be a singalong.

Pamela Gore has lectured on the history of American popular song for Elderhostel since 1987. She has had a distinguished career as a concert and opera singer, and has taught singing at Dartmouth for 20 years. Pamela, who currently teaches at Phillips Exeter Academy, has performed at Boston's Symphony Hall, Carnegie Hall and the Kennedy Center.





## **Are Your Affairs in Order? Wills, Trusts, Powers of Attorney and Medicaid**

4 Wednesdays: 10/21-11/11 2:30-3:30 PM  
 Granite State College, 8 Old Suncook Road, Concord  
 Class Fee: \$20 Class Size: Min: 10 Max: 25

Learn how changes in New Hampshire laws and federal estate tax laws over the past several years could affect your current estate plan. In this class we'll review the legal documents essential to an "estate plan" – documents that distribute your assets at death (Will, Trust) and those that govern during your lifetime if you become incompetent (Durable Power of Attorney and NH Advance Directive). We'll also discuss the probate process, Medicaid laws and planning opportunities.

Virginia Symmes Sheehan, Esq. is a founding member of Flood, Sheehan & Tobin, PLLC. Her practice focuses on estate planning, probate and trust administration, estate and gift tax, and elder law. Virginia is a member of the American College of Trust and Estate Counsel. A graduate of Macalester College, she received her J.D. from Northeastern.

## **Astronomy for Everyone**

5 Tuesdays: 9/22-10/20 1:00-3:00 PM  
 Bentley Commons classes, 66 Hawthorne Drive, Bedford  
 Class Fee: \$35 (includes admission and fees)  
 Class Size: Min: 10 Max: 20

How big is the universe? Where are we in space? What causes the seasons? Discover the answers to these and other questions in this introductory astronomy course. Enjoy all the wonders of the night skies and learn to identify major constellations. You'll also learn about telescopes and binoculars for home use. The final class ("Tonight's Sky") will be at the McAuliffe-Shepard Discovery Center.

Robert Veilleux taught astronomy and science in Manchester for 35 years. His dream of flying in space led him to apply to the NASA "Teacher in Space" program in 1984. Bob was selected, along with Christa McAuliffe, as NH's finalists and has been present for five space shuttle launches. Now retired, Bob remains active as a part-time Planetarium Educator at the McAuliffe-Shepard Discovery Center.

## **Believe It or Not – This is New Hampshire!**

6 Thursdays: 10/8-11/12 11:00 AM-Noon  
 Granite State College, 8 Old Suncook Road, Concord  
 Class Fee: \$30 Class Size: Min: 8 Max: 15

Do you remember Robert Ripley who made a career of reporting strange and unusual artifacts and people? This class will view an historical New Hampshire in much the same manner. Hear stories of Hannah Dustin, Count Rumford, the NH oil refinery and secession!

Steve Leavenworth, often a presenter at OLLI, worked for 28 years as a civil engineer in NH. Upon retiring he earned a bachelor's degree in history at UNH. He is delighted to share the many "unbelievable" events and artifacts of his home state.

## **Bike Maintenance and Riding Skills: The Basics**

2 Tuesdays: 9/22-9/29 10:00-Noon  
 GSC at Conway, 150 Technology Lane, Conway  
 Class Fee: \$10 Class Size: Min: 5 Max: 10

Do you want to become confident and independent on your bike? Learn how to perform basic mechanical checks on your bike, to fix a flat, what to take on a bike ride, and basic bike handling skills for riding in a group and in traffic. The first session will be classroom-based with parking lot practice, followed by a group ride in the second session. Bring your bike both days.

Sally McMurdo is a certified instructor of the League of American Bicyclists. Peter Minnich is a certified bike mechanic and author of a local bicycling column. Together, Sally and Peter have ridden and led tours for both mountain and road bike riders in the Mount Washington Valley area.

## **Book Browsing**

2 Tuesdays: 11/3-11/10 9:30-11:30 AM  
 Granite State College, 8 Old Suncook Road, Concord  
 Class Fee: \$10 Class Size: Min: 10 Max: 20

This class will discuss many kinds of books, featuring the unusual and interesting. Among these will be the very expensive, richly bound volumes of vanity memorials, published tributes to the rich and famous largely ignored by the reading public but fascinating examples of book making. The second session will be a tour of Cellar Door Books for those who wish to browse, particularly among the offerings of Tasha Tudor.

John Hare's reading started with an extensive family library where he devoured "The Bobbsey Twins." The People's Book Club from Sears Roebuck introduced him to the novels of the '40s. Formerly a librarian at NHTI in Concord, John is now an avid book collector and owner of Cellar Door Books.

## **Book Discussion: "The Assistant" by Malamud**

3 Wednesdays: 10/14-10/28 1:00-2:30 PM  
The Woods at RiverWoods, 7 RiverWoods Drive, Exeter  
Class Fee: \$15 Class Size: Min: 8 Max: 12

There are three notably great Jewish-American authors in recent years—Saul Bellow, Bernard Malamud and Philip Roth. Many critics have declared "The Assistant" to be Malamud's best novel. It is the story of a Jewish father and daughter and an Italian-American man, the assistant in the title. It is a novel of fierce moral power and of the relationships among the three principal characters. It is also a profound revelation of subtle similarities between Judaism and Christianity. Please obtain the Farrar, Straus, Giroux edition of the book, and read pp. 1-88 before the first class.

Charles Terry, Ph.D., has taught English at the University of Michigan, at Dartmouth, and, for over 30 years, at Phillips Exeter Academy.

## **Book Discussions: Portraits of the Artists as Young Persons**

6 Wednesdays: 9/23-10/28 10:00-11:30 AM  
The Woods at RiverWoods, 7 RiverWoods Drive, Exeter  
Class Fee: \$30 Class Size: Min: 8 Max: 12

Participants will read and discuss two monumental and challenging classics of the 20th century: "To the Lighthouse" by Virginia Woolf and "A Portrait of the Artist as a Young Man" by James Joyce. Please obtain the books—and read pp. 1-40 in "To the Lighthouse" before the first class.

Peter Greer, who received his B.A. at Yale and his M.A. at U.C. Berkeley, has newly retired after teaching English at Phillips Exeter Academy for 40 years. He has been praised for teaching his students how to think and not what to think. Peter recently spent 9 months teaching English Literature at Kings Academy in Madaba, Jordan.

## **Bowling 101**

2 Thursdays: 10/22-10/29 1:00-2:00 PM  
Saco Valley Sports Center, 95 Pine Street, Fryeburg, Maine  
Class Fee: \$10 (plus games bowled)  
Class Size: Min: 5 Max: 20

Candlepin bowling is a fun, non-impact sport enjoyed by people of all ages and physical abilities. In this short course, you'll learn the rules and how to keep score — and you'll get instructions on how to hit those stationary (but still somehow elusive) pins. Bowling can be a great supplement to your exercise regimen. Even a little proficiency will dazzle your grandkids! Instruction and rental shoes are included; you'll pay \$3 for each game you play (discounted for OLLI).

Professional bowler Frank Layne has been teaching bowling for 29 years.

## **Brain Horizons**

2 Thursdays: 11/12-11/19 10:00 AM – Noon  
GSC, Pease International Tradeport, 51 International Drive, Portsmouth  
Class Fee: \$10 Class Size: Min: 8 Max: 15

Much media attention has been focused on recent breakthroughs in understanding the human brain. Join us to learn more about your brain in contemporary terms such as multiple intelligences, brain styles, and emotional dimensions. Use individual self-assessment tools to learn about your personal learning styles and brain preferences. You'll also get to examine programs for optimum brain health, considering the frequently referenced "Nun Study".

Jerry Kelly, Ph.D., a former high school English teacher, is currently the co-course leader of the Belize-UNH Teacher Program. Throughout his teaching career and during graduate work in literacy studies, Jerry has worked with students to help them understand the workings of their own brains and how to optimize their cognitive potential.

## **Broadway's Musical Turkeys**

3 Thursdays: 10/29-11/12 9:30-11:00 AM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$15 Class Size: Min: 8 Max: 30

Famous stars and composers have had their share of major flop shows on Broadway - Mary Martin, Ray Bolger, Carol Channing, Robert Preston, Rogers and Hammerstein, to name a few. The shows are mostly forgotten but have some of the best music ever recorded. What happened? Let's listen, discuss and enjoy!

Bill Twibill lived in Manhattan for over 60 years and loved the Broadway theater experience. Now at Heritage Heights he has magically become a director creating and directing "The Pretty Good Talent Company" in their annual musical comedy show. "We perform, the audience laughs, and we love the applause."

## **Climate Change and CO2: A Threat to Our Oceans**

1 Wednesday: 10/21 1:30-3:30 PM  
Seacoast Science Center, 570 Ocean Boulevard, Rye  
Class Fee: \$15 Class Size: Min: 10 Max: 25

It sparkles, it roars, it's beautiful, it's scary! The ocean has a powerful attraction for many people. Yet one third of the CO2 emitted into the atmosphere ends up dissolving in lakes and oceans, creating acidification. Just as an acidic rating in a backyard pool spells trouble for humans, acidity in oceans and lakes has serious implications for many species. We'll explore what is happening to our oceans via videos of coastal life, findings of Gulf of Maine researchers and engaging activities. Hear an overview of the problem, the cause and the potential effects on all marine life as well as a sense of what you can do to help.

Perrin Chick is the Education Director for the Seacoast Science Center. A former public school teacher, Perrin has developed and delivered a wide range of educational programs for the Science Center. To add to Perrin's background in marine sciences, several colleagues at the Center and UNH specialists may assist in the program.

## **Climate Change and Global Warming**

1 Tuesday: 10/6 9:30-11:00 AM  
Elliot Senior Health Center, 138 Webster Street,  
Manchester  
Class Fee: \$5 Class Size: Min: 6 Max: 25

This program presents an overview of the climate change/global warming problem, emphasizing the impact on New England weather. Starting with a brief history of the science of global warming, we'll proceed to an analysis of recent weather trends, and a discussion of how the changing climate will likely impact our region.

Arlo Gambell is a meteorologist with WSI Corporation in Andover, MA. He has been a weather officer in the USAF Air Weather Service, a forecaster with the National Weather Service and a researcher on atmospheric chemistry with the U. S. Geological Survey. Arlo is a certified Consulting Meteorologist and a member of the American Meteorological Society.

## **Coin Collecting Basics**

1 Wednesday: 9/30 10:00 AM-Noon  
Exeter Public Library, 4 Chestnut Street, Exeter  
Class Fee: \$5 Class Size: Min: 8 Max: 15

This presentation, by a serious collector, will introduce you to many varied aspects of coin collecting, from state quarters to ancient and world coins. The class was developed/created originally by the American Numismatic Association and sponsored by Spectrum Numismatics.

Bob Fritsch is a volunteer district representative in the local area for the American Numismatics Association. He is also a genuine, long-time devotee of Sherlock Holmes.

## **Computers 101: Getting Started**

2 Wednesdays: 10/7-10/14 11:30-1:30 PM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$20 Class Size: Min: 4 Max: 8

Designed for people with little or no computer experience, this course will cover parts of the computer, basic terminology, using email, and getting around on the internet. The course is tailored to address students' needs and interests. You'll practice "mousing" skills and try some of the interesting and fun things you can do on a computer. Handouts and online tutorials will be used, together with individualized hands-on instruction.

Denise Thum and Peg Wallace are retired computer professionals with 15 and 20 years experience, respectively. Both presenters also teach computer classes at the Elliot Hospital Senior Center.

## **Computers 102: Beyond the Basics**

4 Wednesdays: 10/21-11/11 12:30-2:00 PM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$35 Class Size: Min: 4 Max: 8

For people who use a home computer comfortably but want to learn more, this hands-on course (following Computers 101) addresses using files and folders, email, basic word processing, computer security, and internet searching. Class content will be tailored to students' needs and interests. Students will be encouraged to raise computer "issues" in class for group discussion.

Denise Thum and Peg Wallace - see bios under "Computers 101."

## **Current Events: Here, There and Everywhere**

8 Tuesdays: 9/22-11/10 10:00-11:30 AM  
Bentley Commons, 66 Hawthorne Drive, Bedford  
Class Fee: \$40 Class Size: Min: 8 Max: 20

In this weekly discussion group, we'll explore the news of NH, the U.S., and the world—focusing on the interests of the attendees. In a combination of multi-media, participant contribution and discussion, we'll delve into the issues of the day, adding in historical perspectives and implications for the future. Occasional guest speakers will add depth to certain topics.

Josh Shaine has been teaching courses through the MIT Educational Studies Program for more than 30 years and works with schools and families on issues of underachievement and gifted education.

## **Digital Cameras: An Introduction and More**

2 Wednesdays: 9/23-9/30 3:30-5:00 PM  
Bentley Commons, 66 Hawthorne Drive, Bedford  
Class Fee: \$10 Class Size: Min: 8 Max: 20

Do you have a digital camera but don't know how to use it to get good pictures? If so, bring your camera and your questions with you. The first class will cover the basics (e.g., general camera operation and which details are important). Class two presents ways to create an efficient structure for your photos. Learn how to preserve, present and share your life's memories and how to use free online web sites to store, organize, and share images—and more.

Barbara Reichard, who has been teaching camera classes since 1985, is the manager of the Ritz Camera Store in the Mall of NH.

## Digital Photography Basics

1 Thursday: 11/12 10:00 AM-Noon  
GSC at Conway, 150 Technology Lane, Conway  
Class Fee: Free Class Size: Min: 3 Max: 10

With a better understanding of your digital camera, you'll take better pictures. In this class, you'll learn to download your photos to your computer or a CD, along with simple editing fixes and basic digital file management. Bring your camera and your questions. You'll love your new photos!

Ed Bergeron, a longtime, serious amateur photographer, made the transition to digital photography about 10 years ago. With his primary interest in nature photography, Ray has attended photography workshops all over the US and France. He and his wife, Kathy, teach photography workshops year-round at the Tin Mountain Conservation Center.

## Digital Scrapbooking: Beyond the Basics

8 Wednesdays: 9/23-11/11 9:00-11:00 AM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$80 Class Size: Min: 5 Max: 8

Tell your family stories – or share your special occasions, vacations, memories – by turning your photos (traditional or digital) into a DVD complete with sound track. The possibilities are limitless. Participants must know their way around a computer and be comfortable doing it. For anyone who has taken a previous "Digital Scrapbooking" class, this is an opportunity to hone your skills AND learn some new "tricks."

Barbara Grant received her B.A. from Granite State College and her M.A. from U.N.H. She has created countless DVD's using Microsoft Movie Maker and enjoys teaching others how to do the same. Formerly an OLLI staff member, Barbara now works for Granite State College.

## Don't Let Anyone Else Become You!

1 Wednesday: 10/21 9:30-11:00 AM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: Free Class Size: Min: 6 Max: 30

Learn where dangers lurk and how to protect yourself from the myriad ways that criminals use identity theft to defraud us. Stolen credit cards and Social Security numbers, computer viruses and phishing are some of the threats you'll hear about in this presentation.

David Stone, manager of Staples in Concord, is an experienced and knowledgeable expert in the prevention of identity theft. He will discuss internet fraud as well as theft from paper records.

## eBay 101

3 Thursdays: 9/24, 10/8, 10/15 1:00-2:30PM  
GSC at Conway, 150 Technology Lane, Conway  
Class Fee: \$20 Class Size: Min: 5 Max: 15

Learn the basics of selling on eBay in this fun, hands-on class. Learn to research and price items, to estimate shipping costs, and to market your product. Most importantly, learn how much fun it is to sell your stuff on eBay. Bring a digital camera with a picture of an item you want to sell, or the object itself. Participants must be comfortable using a computer and the internet.

Nancy Marquis is an eBay junkie. She has bought and sold items ranging from trash bags to antiques. From travelling around the world for 37 years as a flight attendant with United, Nancy has a well-honed eye for treasures. She moved to the Valley 3 years ago from Manhattan.

## Embroidery: More Than Embellishment?

2 Wednesdays: 11/4-11/11 9:30-11:00 AM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$10 Class Size: Min: 6 Max: 20

Follow the stitching journey of Lea Stark as she travels from kits to copying and far beyond, recording the growth of both her confidence and her artistry. See examples of her Asian work along with authentic vintage pieces. View embroidery techniques that adapt well to modern interpretations and learn about new and fascinating threads now available.

Lea Stark has been embroidering since the early sixties. A charter member of the Northern NE chapter of the Embroiderer's Guild of America, she has attended many workshops and seminars to broaden her stitching skills. Although Asian embroidery is one of her special interests, she also designs and teaches other forms of embroidery.

## Family Life in 18th Century Portsmouth

1 Wednesday: 10/7 10:00 AM-Noon  
Warner House, 150 Daniel Street, Portsmouth  
Class Fee: \$5 Class Size: Min: 6 Max: 10

Participants will get a look at life in colonial times as lived in two of Portsmouth's outstanding house museums. Tours of the 1714 Warner House (Daniel Street) and the 1760 Moffat-Ladd House will provide insight into the values and complexities of mercantile families in 18th century Portsmouth. We'll discuss the purposes and procedures of house museums in the 21st Century.

Ronan Donohoe, now retired, taught history at Exeter High School for 20+ years. He earned a B.A. from St. Francis Xavier University and an M.A. from Columbia University. Locally, Ronan has served as president of the Portsmouth Athenaeum and is co-chairman of the Warner House Association.

## **Fantastic Foliage and Sculpture: The Andres Institute of Art**

1 Saturday: 10/10 (rain date 10/17) 10:00 AM–Noon  
Andres Institute of Art, 98 Route 13, Brookline  
Class Fee: Free Class Size: Min: 5 Max: 20

Enjoy both nature's foliage art and man's sculpture art. Join a tour of the Andres Institute of Art, a 140-acre sculpture park on Big Bear Mountain in Brookline, featuring about 50 sculptures along miles of walking trails. There are two options: (1) A 2+-hour hike in the woods (over invigorating grades on uneven trails), to see the most sculptures, or (2) A car ride up the mountain viewing those sculptures visible from the road. Please indicate your choice when you register; wear comfortable shoes; bring a water bottle, insect repellent, and walking stick if you have one.

All docent/guides are Board members of the Andres Institute of Art. You'll find them enthusiastic about sharing their knowledge of the trails, the sculptures and the artists. We will have our own docent/guides to lead the way and provide information about the sculptures and artists.

## **Final Gifts**

6 Tuesdays: 9/22–10/27 12:00–1:30 PM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$30 Class Size: Min: 6 Max: 20

This course will explore the topics of death and dying, loss and grief. Participants will discuss various end of life issues. Through lecture, PowerPoint, video and class discussion, you will learn about the dying process, hospice care, companioning the dying and how to help someone in their grief—as well as information about advanced directives/living wills.

Lisa Woods is a Licensed Social Worker and Bereavement Coordinator for Beacon Hospice.

## **Financial Planning: A Comprehensive Approach**

7 Wednesdays: 9/23–11/4 6:00–7:30 PM  
GSC at Conway, 150 Technology Lane, Conway  
Class Fee: \$45 (includes binder)  
Class Size: Min: 10 Max: 40

Develop a basic understanding of how to create a personalized, comprehensive financial plan. Topics include the current state of the economy, safe harbor investing, navigating Social Security, and five essential legal documents. We will also investigate tax planning, IRAs, Veterans' benefits and the insurance quandary. You will go home knowing how to develop your own lifetime financial plan.

Anthony Cloutier, owner of Cloutier Group's Estate & Financial Strategies, is a Registered Investment Advisor specializing in comprehensive financial planning for individuals throughout the Lakes and Mount Washington Valley regions. His background includes banking, financial marketing and teaching. He is a graduate of Charter Oaks State College in CT.

## **Flying Through Time: A History of Manchester Airport**

1 Wednesday: 10/14 12:00–1:30 PM  
Aviation Museum of NH, 13 East Perimeter Road,  
Londonderry  
Class Fee: \$5 Class Size: Min: 8 Max: 30

Manchester has long had a love affair with flying. Join Ed Brouder at the Aviation Museum of NH for an illustrated lecture that will take you from the infancy of hot air ballooning to the current hard economic times in the aviation industry. Special emphasis will be placed on the airport's days as Grenier Field, a major point of embarkation for US troops in WWII. NOTE: Participants will need to navigate a lengthy flight of stairs at the Aviation Museum.

Ed Brouder, a longtime NH resident, is currently a news editor with WZID/WFEA/WMLL. His radio work has been nationally recognized, including receipt of the prestigious George Foster Peabody Award. Ed is a co-author of "Manchester's Airport: Flying Through Time," a history published in 2006. (Ed's book will be for sale in the Museum gift shop—and he'd be happy to sign it.)

## **From Mystical to Scientific Beauty**

2 Tuesdays: 10/27–11/3 9:30–11:00 AM  
Elliot Senior Health Center, 138 Webster Street,  
Manchester  
Class Fee: \$10 Class Size: Min: 8 Max: 20

"If nature were not beautiful, it would not be worth knowing." (Poincaré) The presentation "From Astrology to Astronomy" will show how the mystical beauty of ancient myth, illumined by art, birthed the mathematical beauty of modern science. The second class will illustrate the transition from mystical to mathematical beauty in American thought: from theologian Jonathan Edwards, through Thoreau, to mathematician Mandelbrot's discovery of fractals.

Paul H. Carr (B.S., M.S., MIT; Ph.D., Brandeis) led a branch at the AF Research Lab. His 80 scientific papers and 10 patents contributed to new components for TV. His course at U Mass Lowell inspired his recommended book, "Beauty in Science and Spirit." See [www.MirrorOfNature.org](http://www.MirrorOfNature.org).



## **From Sand to the Moon: Stained Glass**

1 Friday: 9/25 9:15 AM–1:30 PM  
Wesley United Methodist Church, 79 Clinton Street,  
Concord  
Class Fee: \$15 (includes lunch)  
Class Size: Min: 10 Max: 25

Tour four churches in Concord to study examples and the history of the art of stained glass starting from the Egyptian discovery of glass to the use of "God's light" in Medieval times to the renaissance of the art in the middle of the 1800s. Between churches, we will have lunch at the "Red Apple Buffet" (included). Meet at the Wesley United Methodist Church, and we'll carpool from there.

Virginia Gerseny, for whom stained glass is a fascinating interest, created this tour. She hopes the tour will create an awareness of the designs and beauty of this art.

## **From Tin Pan Alley to Broadway**

4 Wednesdays: 10/14–11/4 1:00–3:00 PM  
GSC at Conway, 150 Technology Lane, Conway  
Class Fee: \$20 Class Size: Min: 6 Max: 20

American Popular Music was born in the late 1800's with the arrival of immigrants through Ellis Island, bringing creativity, diversity, hard work and energy to their new home. Manhattan became the birth place of "Tin Pan Alley," Ziegfeld Follies and the Broadway Musical. Enter the world of Gershwin, Berlin, Rogers and Hammerstein, among others. Listen to songs and watch DVD's focusing on musicals whose stories or songs often went beyond entertainment, raising social, ethical and political questions. A concert presentation will follow the course.

Michelle Haber is a music educator, choral director, pianist, organist and vocal clinician, who has worked in public education, churches and synagogues for 40 years. She was music director for numerous community theater and high school productions of Broadway shows. She has done extensive graduate work in music.

## **Granite State Candy Shoppe Tour**

1 Friday: 11/6 2:00–3:00 PM  
Granite State Candy Shoppe, 13 Warren Street, Concord  
Class Fee: Free Class Size: Min: 10 Max: 25

Sweetest tour of the year—the Granite State Candy Shoppe. Established and managed by the Bart Family since 1927, the shop still hand dips chocolates one by one using their special blend of premium chocolate. Watch the chocolatiers create their wares still following original recipes to the letter. Of course, we'll taste along the way. Park in the Municipal Garage on Warren Street.

Jeffrey Bart will share the history of this family-owned business and introduce us to the candy maker, his brother Michael Bart. They say they're in the "Happiness Business"! Virginia Gerseny is your tour assistant.

## **Great Decisions: Part 2**

4 Wednesdays: 9/23–10/14 9:30–11:30 AM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$40 (includes book) or \$20 (if you own the book)  
Class Size: Min: 6 Max: 20

Every time we turn on a lamp or pull up at the gas station, every time we button our coat or look at the headlines, we are confronted with the major issues of the day: energy, the global food crises, the Arctic age, or human rights in a new era. Each week the participants of Great Decisions read a well-documented article on these topics and then the discussion begins! This is your ticket to the New World.

Peg Fargo has been a teacher/facilitator in adult learning on many community issues. A long-time member of the League of Women Voters, Peg maintains a lively interest in world affairs.

## **“Great Expectations”**

5 Thursdays: 9/24–10/22 9:30–11:00 AM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$25 Class Size: Min: 6 Max: 25

Charles Dickens is one of the world's most beloved authors, and "Great Expectations" is among the most admired of his books. We will study it closely, focusing on its internal development and its historical and cultural background. An unusual feature of this novel is that Dickens wrote two very different endings—and by the finish you'll be ready to debate which is the "right" one. We might even have a good argument about it in the last class.

June Frazer was educated at Stetson University and at UNC. She has taught at several universities, most recently at Western Illinois University, until her retirement in 1999. June has taught introductory fiction, women's literature and 19th century British literature, among others.

## **Historic Stark House**

1 Thursday: 9/24 3:30–5:00 PM  
John Stark House, 2000 Elm Street, Manchester  
Class Fee: Free Class Size: Min: 10 Max: 24

New Hampshire's most famous soldier, Gen. John Stark, hero of Bunker Hill and Bennington, was the right man in the right place at the right time. Born in Londonderry in 1728, he moved when he was 8 to Derryfield/Manchester, his home for the rest of his life. Come learn the history of this 1736 home, Manchester's oldest dwelling. The property is now owned by the Molly Stark Chapter of the DAR.

Gail Richards has been a member of the Molly Stark Chapter of the DAR since 2001 assisting with upkeep, inventory and house tours. She is a member of many NE genealogical and historical societies. Phyllis Gagnon, Vice Regent of the Molly Stark Chapter DAR, has been giving house tours for the past 5 years. She is also a Corresponding Docent with the National DAR Museum.

## How the Brain Works—and How It Ages

6 Fridays: 10/2-11/6 1:00-2:30 PM  
Elliot Senior Health Center, 138 Webster Street,  
Manchester  
Class Fee: \$30 Class Size: Min: 5 Max: 25

This class will introduce us to how the brain is organized, how it works, and how it fails to work. After learning this structure, lectures will cover some issues of the aging brain including stroke, continued plasticity and symptoms and risk-reduction of Alzheimer's Disease. The material will consist of videos from public television and selections from Teaching Company lectures on the brain.

The course will be facilitated by Phoebe Stone and Bob Jones. Phoebe holds her degree in History from the University of Maine, and is a well-seasoned OLLI facilitator. Bob has a B.A. in liberal arts from Bowdoin and an M.S. in Engineering from Stanford.

## Isles of Shoals: Lore & History

5 Wednesdays: 9/23-10/21 11:00 AM-12:30 PM  
Bentley Commons, 66 Hawthorne Drive, Bedford  
Class Fee: \$25 Class Size: Min: 8 Max: 20

Experience the Isles of Shoals throughout its 400-year history, from the original fishermen who viewed America as a separate country to the 19th century tourist attraction and artist colony headed by poet Celia Thaxter, and on to the Unitarian-Universalist Church summer retreats on Star Island.

Co-facilitators Steve Leavenworth (retired Coast Guardsman and amateur N.H. historian) and Roy Shoults (participant at Star Island retreats since 1965) engaged three Isles of Shoals professionals: Andrea Melville, producer of the fascinating video "An Island Kingdom," Sharon Stephan, author of "One Woman's Work" on Celia Thaxter, and Stephanie Voss, a Celia Thaxter re-enactor, who will appear in costume to present a real-life performance.

## Knitting: Rekindle Your Love

3 Tuesdays: 10/13-27 9:30-11:00 AM  
GSC at Conway, 150 Technology Lane, Conway  
Class Fee: \$20 (includes supplies)  
Class Size: Min: 4 Max: 8

Join the latest "in" fad—knitting. Everyone is doing it, both young and old. If you once knitted but have forgotten how, this is the class for you. We will review techniques and, hopefully, learn some new tricks. The new yarns are outstanding and well worth trying. Please bring #8 or 9 knitting needles; yarn will be provided.

Presenter Ginger Burks says "I have never not knitted!" Over the past 30 years she has taught off & on, and has taken classes from experts all over the world. Ginger has a trunk show that includes over 300 originally designed sweaters. For 25 years she worked in the garment industry in NYC.

## Layered Art

2 Tuesdays: 11/3-10 9:30-11:30 AM  
GSC at Conway, 150 Technology Lane, Conway  
Class Fee: \$10 Class Size: Min: 8 Max: 20

Layered art is abstract in nature. Many media can be applied. The process of layered art honors the human quest to reach beyond boundaries – whether it be a mood, a passion, hobby, sport, person or an environmental preference. For example, if the goal is to create imagery of water, one could use – photos, paint, special papers, blue & green sea glass, thin beads, sections of a failed painting, etc. A list of materials needed will be distributed before the classes start.

Merle Sciacca's commissioned work throughout the Mt. Washington Valley includes Pet & House portraits & landscapes in various media – oil, acrylics, water color & pastels. Merle states "one can never acquire enough knowledge about art to be satisfied. It is an enjoyable process & a need for every artist's soul."

## Libraries in the 21st Century

1 Thursday: 10/1 10:30 AM-12:30 PM  
Manchester City Library, 405 Pine Street, Manchester  
Class Fee: Free Class Size: Min: 8 Max: 25

Libraries are a great, often untapped, resource for inquiring minds. Tour the Manchester City Library and discover both its history and its future! See how librarians are the data miners of the 21st century, and how the Internet and rapid changes in technology have dramatically improved library services. Particular attention will be devoted to services, collections and the newest technology: downloadable digital audio books.

Dee Santoso, Head of Reference and Information Services, has been with the Library for 13 years. With a master's degree in library science, she is active in professional library organizations around NH. Lichen Rancourt has been Head of Technology at the Library for 2 years. She has led web services at the UNH Dimond Library, and is a frequent lecturer on open-source software at library conferences.

## Lincoln's Prose

4 Tuesdays: 10/13-11/3 9:30-11:00 AM  
The Ridge at RiverWoods, 10 White Oak Drive, Exeter  
Class Fee: \$20 Class Size: Min: 10 Max: 15

Reading Lincoln's letters and speeches reveals not only his mastery of language, but also his leadership techniques. His piloting of the nation through the secession crisis, the Civil War and emancipation depended on his ability to enlist public support and secure political acceptance. Participants will select favorite documents to discuss in class meetings. Prior to the first class, sample material in the first 85 pages of "Selected Speeches and Writings: Abraham Lincoln" (Vintage, 1992) and come with observations and questions.

Ted Bedford is a retired Phillips Exeter Academy history teacher. He is the author of seven books on American history, including one directly relevant to Lincoln's period, "The Union Divides."

## **Local News Production: Past, Present and Future**

1 Tuesday: 10/6 9:30–11:00 AM  
Seacoast Media Group, 111 New Hampshire, Ave.,  
Pease International Tradeport, Portsmouth  
Class Fee: \$5 Class Size: Min: 10 Max: 25

Join this tour of the Seacoast Media Group Facilities, newsroom and presses. Participants will have the opportunity to interact with executive editor Howard Altschiller and other staff, to discuss the future of news and newspapers.

As Seacoast Media Group executive editor, Howard Altschiller oversees the editorial operations of the Portsmouth Herald, Exeter Newsletter, Hampton Union, York Weekly, York County Coast Star and seacoastonline.com

## **Lunch at the Concord Country Club**

1 Friday: 10/23 Noon–2:00 PM  
Concord Country Club, 22 Country Club Lane, Concord  
Class Fee: \$35 (includes lunch)  
Class Size: Min: 25 Max: 100

Michael Chaney, President and CEO of the NH Political Library, will speak to us at our Country Club luncheon. He will bring us insights into the NH political system, some amusing and some unusual.

## **Lunch Bytes: I Can Do It Myself**

4 Thursdays: 10/22–11/12 Noon–1:00 PM  
Bentley Commons, 66 Hawthorne Drive, Bedford  
Class Fee: \$20 Class Size: Min: 8 Max: 20

This class is for you if you have any undone projects in your home. What should be in your toolbox, and how and why do you use each tool? Get ready to tackle small household projects and repairs. Learn to cure your plumbing woes, improve your household environment and know when you need a handyman—and where to find the right one. Gain confidence about handling all types of home maintenance yourself! (Bring lunch and your desire to know more about "things that need fixing"!)

Phil LeBlanc, owner of family-operated LeBlanc Hardware Store in Manchester, has over 40 years' experience in his trade. Phil's expertise and easygoing personality will make the class interesting, informative and useful.

## **Making Better Financial and Medical Decisions**

4 Tuesdays: 10/20–11/10 9:30–10:45 AM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$20 Class Size: Min: 10 Max: 18

It is hard to make good decisions when living in a world where mistakes are costly and dangerous. We often don't have the information we need or the best available tools at our disposal. A new technology is emerging to help us. Nobel prizes (in Economics) are being awarded for major developments in "decision theory." Sid will report on this new technology and show how it may help us in our personal lives focusing specifically on ways to make financial and medical decisions.

Sidney Schoeffler is a retired professor of Economics from U.Mass. and a business consultant.

## **Manchester Memories: Abraham Lincoln and More**

2 Tuesdays: 11/3–11/10 4:30–6:00 PM  
Millyard Museum, 200 Bedford Street, Manchester  
Class Fee: \$10 Class Size: Min: 5 Max: 40

Learn about Manchester's surprising connections to President Abraham Lincoln through an illustrated lecture and exploration of the Museum's exhibit "Abraham Lincoln: Manchester Remembers." In the second class we'll learn that Manchester was a bustling city with thriving industries and thousands of soldiers stationed at Grenier Army Airfield. Hear about the extensive programs and multifaceted efforts of the USO in Manchester, including first-hand accounts from the women involved.

Aurore Eaton, Manchester native and Executive Director of the Manchester Historic Association, has been researching the history of Manchester and giving tours and talks about the city for 20 years.

## **Mount Washington Observatory's Weather Discovery Center: A Visit**

1 Thursday: 9/24 10:00 AM–Noon  
Weather Discovery Center, 2779 Main Street,  
North Conway  
Class Fee: \$10 (includes admission)  
Class Size: Min: 8 Max: 50

Dubbed as "Home of the World's Worst Weather," Mount Washington has certainly proven to be one of the most interesting places on Earth. Known for its bitter cold, dense fog and heavy snow, it is also known for recording the world record wind speed of 231 mph back in 1934. Through interactive exhibits and our "Live from the Rockpile," a video conference to the summit weather room, you will find out more about how the Observatory's meteorologists conduct their work and life in such extreme weather conditions.

**Visit**  
**[www.oli.granite.edu](http://www.oli.granite.edu)**

Michelle Cruz, Outreach Coordinator, has been working with Mount Washington Observatory for over four years and has traveled all around the New England area providing interactive weather/science program for schools and other groups.

## **Movement for Relaxation**

4 Tuesdays: 10/6-10/27 11:00 AM -Noon  
GSC at Conway, 150 Technology Lane, Conway  
Class Fee: \$20 Class Size: Min: 5 Max: 10

Feel good in your body! Learn the principles of the Trager Approach to guide you in discovering simple ways to release tension and ease chronic pain. You'll be amazed at how quickly you can reconnect with yourself and enjoy moving in a way that feels great. Wear comfortable clothes.

Jane Biggio is a certified Trager Practitioner and Aikido Kokikai instructor. Fascinated with the interaction of the mind and body, Jane enjoys leading people to the experience of relaxation combined with strength and integrity. She brings a spirit of joy, compassion and humor.

## **Movie Talk with Lunch**

1 Wednesday: 11/4 10:00 AM-2:00PM  
Majestic Theater, 36 Main Street, Conway  
Class Fee: \$15 (includes movie and lunch)  
Class Size: Min: 10 Max: 48

Watch a movie (Alfred Hitchcock's "Psycho") at the Majestic Theater in Conway, have lunch at the Conway Café, and participate in a discussion afterwards with Rich Russo, who has extensive background in film and theater. Learn what goes on behind the scenes—and more.

Rich is a retired NYS teacher with a strong background in English, film and theater. He has taught film for Granite State College and currently directs and acts for M and D Productions in Mt. Washington Valley. Rick, his wife, Sandra, and their German Shepherd puppy live in Glen.

## **Much Ado About Nothing – or How "Zero" Changed Our Number System**

1 Wednesday: 10/28 10:00-11:30 AM  
Bentley Commons, 66 Hawthorne Drive, Bedford  
Class Fee: \$5 Class Size: Min: 8 Max: 20

Have you ever wondered how long division was done in Roman Numerals? The invention of a symbol to represent zero simplified the operations of multiplication and division, and enabled systems of counting to become systems of computation. The idea of creating a symbol to denote an empty column is a fantastic invention that simplified all quantitative thinking. We will discuss the concept's development from invention to universal acceptance.

Reed Johnston's career began with a B.S. in math and physics from McGill, as well as an M.S. and a Ph.D. in quantum chemistry from Stanford.

## **New Hampshire Historical Society Tour**

1 Friday: 10/9 10:00-11:30 AM  
NH Historical Society, 30 Park Street, Concord  
Class Fee: Free Class Size: Min: 10 Max: 25

One of Concord's most splendid buildings houses the NH Historical Society. Financed by Edward Tuck, designed by architect Guy Lowell (who also designed Boston's Museum of Fine Arts), it was built in 1911. Sculptor Daniel Chester French, associated with the Lincoln Memorial, designed the carvings. What a treasure! Park at the Historical Museum lot on Storrs Street; we'll car pool to the Historical Society and return to the Barley House for lunch (ordering from the menu).

Mr. William Veillette, director of the NH Historical Society, will guide us through the building and to the Abraham Lincoln exhibit.

## **Pakistan's Peshawar Region on the Khyber Pass: A Look at Family Life Today**

2 Tuesdays: 9/29-10/6 1:30-3:30 PM  
GSC, Pease International Tradeport, 51 International Drive, Portsmouth  
Class Fee: \$10 Class Size: Min: 10 Max: 20

With America's political/military involvement with Pakistan and Afghanistan, there is much to learn about this region. Using photos, videos, music, Urdu language and artifacts, we will discuss life for a few families living in the Peshawar region on the Khyber Pass. Experience simple daily pleasures from awakening to the sounds of the call to prayer from the ancient nearby mosque, to daily meals, shopping in the intensely colorful bazaars, and sleeping on a rope bed atop the roof and under the moon and stars. Through discussions of education, dress styles, and celebrations of weddings and religious holidays, we'll examine unique traditions and universally shared values.

When Karolina Bodner was not teaching her 3rd and 4th graders, she was learning about people of other cultures. For over 20 years she lived with Mayan families during vacations. She has lived and travelled in Pakistan on two trips, for several months, including living for two months with a family in Peshawar. Her travel included the now famous Northwest Territories. Her insights are first hand and similar to those of Greg Mortenson, author of "Three Cups of Tea."

## Passionate International Films

6 Mondays: 9/28-11/2 1:00-3:00 PM  
Keene State College Safety Center, 175 Ammon Drive  
Suite 104, Manchester  
Class Fee: \$30 Class Size: Min: 10 Max: 25

Come enjoy classic and contemporary international films that focus on passion, quests and identity. Films include the classics "La Passion de Jeanne d'Arc," "Aguirre der Zorn Gottes," "Rashomon," and the more contemporary Belgian film "Ma Vie En Rose" (not about Edith Piaf!) and Korean "Spring, Summer, Fall, Winter, ...and Spring." Classes will include time for discussion.

Bob Jones holds a B.A. in liberal arts from Bowdoin and M.S. from Stanford in Engineering, and has been a life-long film fanatic.

## Portsmouth Naval Shipyard and Museum Tour

1 Thursday: 10/1 1:00-3:00 PM  
Portsmouth Naval Shipyard, Portsmouth  
Class Fee: \$10 Class Size: Min: 15 Max: 30

The Portsmouth Naval Shipyard has a venerable heritage and a rich tradition. For more than 200 years Yankee ingenuity and craftsmanship have been the keys to the "Yard's" success. Learn about its role and achievements in times of war and peace. Through history and human interest stories and from "Sails to Atoms" the "Yard" will come alive. Participants will leave with great respect for the many accomplishments of personnel past and present. (Participants must bring a government-issued picture I.D. and may be asked to state their citizenship prior to entering the Yard. Participants will be bused from St. Raphael's Church parking lot promptly at 1P.M. to stops in the Yard. Note: the bus cannot accommodate fixed-framed wheel chairs; restrooms are not handicapped accessible.)

Gary Hildreth is a retired submariner who fell in love with the "Yard" and New Hampshire's Seacoast. After 28 years in the Navy, Gary began his second career as a member of the Public Affairs Office at the "Yard". His knowledge and enthusiasm make history and the "Yard's" fact and folklore come alive. He is presently working on a Master's Degree in American New England Studies at the University of Southern Maine.



## Redstone Quarry: History and Viewing

1 Tuesday, 9/22 6:00-7:30 PM  
2 Saturdays: 9/26-10/3 10:00 AM-Noon  
GSC at Conway and quarries, 150 Technology Lane,  
Conway  
Class Fee: \$15 Class Size: Min: 15 Max: 20

After an informative lecture, slideshow and memorabilia of Redstone's history, participants will take a fieldtrip to Redstone Quarry and to a more modern quarry in Madison. The presenter's great-grandfather founded John Swenson Granite Co. in Concord, NH, in 1883; he'll share maps and original photographs that will bring the past alive, especially when Redstone was in its heyday in the early 1900's.

Steve Swenson, a retired school psychologist and NH native, was born in Concord. With a BA in Geology from Dartmouth, Steve has been leading Redstone Quarry tours for local schools and Tin Mountain for several years.

## Refresher Bridge

8 Wednesdays: 9/23-11/11 1:00-3:00 PM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$40 Class Size: Min: 8 Max: 16

Have fun brushing up on your bridge game! Refresher Bridge is a stress-free approach to bidding and playing for those who have played some bridge but still approach the table with some apprehension.

New Hampshire native Lou Rule began playing bridge in college and in the six decades that followed he has played in many local duplicate games and several state tournaments. He loves the game and wants everyone to be able to play and enjoy!

## Salem Witch Trials: Fact and Fiction

4 Tuesdays: 10/13-11/3 1:00-2:30 PM  
GSC at Conway, 150 Technology Lane, Conway  
Class Fee: \$20 Class Size: Min: 6 Max: 12

In 1692 thirteen women and six men were hanged for witchcraft in Salem, Massachusetts. An additional man, Giles Corey, was pressed to death. We will explore some current theories that might explain why such mass hysteria was allowed to take 20 lives from a small town during the early colonial period in New England. Others who were accused died in jail. Included will be a viewing of the film "Three Sovereigns for Sarah," which depicts Sarah Nurse's suit against England for the death of her sister Rebecca. Handouts and a bibliography will be provided.

Julia King currently teaches Literature and English Composition at the White Mountain Community College in Berlin, NH. She holds a BA in English Literature from Northeastern University and an MS in Liberal Studies from Simmons College where she focused her studies on the history of American women.

## Senior Investment Fraud: How to Detect and Prevent

1 Wednesday: 11/4 1:30-3:00 PM  
Exeter Public Library, 4 Chestnut Street, Exeter  
Class Fee: \$5 Class Size: Min: 8 Max: 20

This session will offer information and tools to detect and prevent investor fraud. Learn how unscrupulous salespeople target seniors and what you need to know to detect fraud and prevent losses. Learn the tricks to be able to protect yourself from salespeople who are selling financial products that are good for them but bad for you.

Barry Glennon, Deputy Director of the NH Bureau of Securities Regulation, has been an attorney with the Bureau for 7+ years, and has had years of experience in insurance and financial services. Tom Boulter, a Special Consultant to the Bureau for Investor Education, has 40+ years of financial services experience plus many years as a Chief Compliance Officer for a major national broker and investment advisors.

## Sherlock Holmes: The Greatest Man Who Never Lived, Part 3

8 Thursdays: 9/24-11/12 9:30-11:00 AM  
Granite State College, Manchester  
Class Fee: \$40 Class Size: Min: 8 Max: 20

Following in the footsteps of the previous two terms, we continue to investigate the Holmes saga with eight more stories. We will focus on stories featuring Sherlock Holmes' smarter brother Mycroft, in addition to discussions of the Victorian Age, Conan Doyle's other writings, and some surprises. Please read the second Holmes novel ("The Sign of Four") before the first class. All stories are available in bookstores and online.

Bob Fritsch has been studying—and appreciating—Holmes since he was a teenager. A member of several Sherlock Holmes groups, he is the Teller (Secretary) of Cox and Co. of NE, a scion society of the Baker Street Irregulars.

## So, You Want To Be a Restaurant Critic

1 Wednesday: 10/14 10:00-11:30 AM  
GSC, Pease International Tradeport, 51 International Drive, Portsmouth  
Class Fee: \$5 Class Size: Min: 10 Max: 20

The world of food and restaurant criticism is both exciting and challenging. Find out all about the career of food writing and reviewing restaurants from the Portsmouth Herald's Food and Dining editor, Rachel Forrest. Learn what to look for and how to post your own reviews. Get useful, inside tips on the restaurant scene on the Seacoast.

Rachel Forrest is a former restaurant owner as well as the Food and Dining editor of the Portsmouth Herald and Ottaway newspapers. She utilizes her experience and knowledge of the industry in fulfilling her role as restaurant and dining critic.

## Spanish For Non Spanish Speakers: Get Ready for Your Next Trip!

6 Thursdays: 10/8-11/12 3:30-4:30 PM  
Bentley Commons, 66 Hawthorne Drive, Bedford  
Class Fee: \$30 Class Size: Min: 12 Max: 20

This class is for the beginning student...no previous Spanish language experience is required. Bring paper and pen (no computers needed) and a good sense of humor. You will be quickly chatting in Spanish with the group. No writing of prose or reading of great works. After 6 hours (or so) of conscientious work, you will be able to communicate successfully in a rudimentary manner, enough to move around in a strange city, ask for the bathroom, order a meal or a drink—and gracefully avoid being "another rude foreigner." Come join us!

Bruce Baxter is a retired public school language teacher and administrator who taught in NH for 37 years and loves teaching.

## Speaking in Public Comfortably

4 Thursdays: 10/22-11/12 1:00-3:00 PM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$30 Class Size: Min: 5 Max: 20

Have you ever had "butterflies" speaking in front of a group? Perhaps you wanted to honor someone with a few nice words, or have your ideas heard effectively at a meeting. You may even be an "expert" but don't know how to communicate to others. Come learn how to "tame those butterflies." This workshop will show you proven techniques for not only boosting your confidence but also feeling more comfortable when your voice needs to be heard.

Carol Goward, retired Director of Marketing at Havenwood-Heritage Heights, is an active instructor and writer of courses in public speaking. She also shares skills and techniques gleaned from her charter membership in Concord Toastmasters.

## Spontaneous Cooking

4 Thursdays: 10/29-11/19 6:00-8:00 PM  
TBA, ,  
Class Fee: \$40 (incl. food) Class Size: Min: 6 Max: 8

This fun hands-on class will progress through the Fall season, starting with a spontaneous hearty soup creation. We'll move on to an assortment of ethnic fusion dishes (class choice) and end with holiday fare. You'll learn to 'play with your food' and still make great meals. Food preparation will be followed by food sampling and good cheer.

Sandy Thoms, who has been cooking for more than 30 years, has learned never to be bored by cooking and is both creative and spontaneous.

## Stitches in Time from England and America

4 Wednesdays: 9/23–10/14 1:30–3:00 PM  
Bentley Commons, 66 Hawthorne Drive, Bedford  
Class Fee: \$20 Class Size: Min: 8 Max: 20

Enjoy a unique experience as you study the history of all types of historical needlework from England and America. Betsy ran Needlework tours of England for many years studying collections in museums, country houses and private homes which she captured on camera. Each week there will be a large assortment of needlework pieces and costumes to study—and participants are encouraged to bring in pieces to share.

Betsy Leiper, nationally known in the textile field, has been an embroidery teacher and designer for 40 years. She has led needlework tours through Europe visiting historical collections and has led Elderhostel tours. Betsy curated a spectacular 2007 exhibit of wedding dresses at the Sandwich Historical Society.

## Stories of Yesteryear in Mount Washington Valley

6 Thursdays: 9/24, 10/8–11/5 10–11:30 AM  
GSC at Conway, 150 Technology Lane, Conway  
Class Fee: \$30 Class Size: Min: 5 Max: 15

Join this fun, interactive course on the “old days” in Mt. Washington Valley. Learn about and discuss local lifestyle, customs, businesses, education and more, using interviews from local residents, old films, books and stories. If you remember when doctors made house calls, life without television, the Brownfield fire, or how to milk a cow, this is the place for you. Classes will be designed around the interests of participants with a focus on local history. Readings, field trips and visits to local historical societies are possible.

Judie Goss was raised in North Fryeburg, Maine and taught in the Tamworth and Conway schools for 32 years. Long interested in local history, Judie loves stories of life in the Valley and hosts “Remember When” for Valley Vision Channel 3, where she has interviewed over 100 people about their memories of Mount Washington Valley.

## Storytelling 101

1 Tuesday: 11/10 1:00–3:00 PM  
GSC at Conway, 150 Technology Lane, Conway  
Class Fee: \$5 Class Size: Min: 6 Max: 20

Would you like an expert to serve as your guide to sharpen your storytelling skills? Plan to refine stories you already know and would like to share with others. Surprise your friends and family this holiday season with your exciting experiences.

David Neufeld has performed original stories before more than a million people of all ages throughout the US and in seven other countries. Combining illusion, character voices and stagecraft, David’s stories come to life in the eyes and minds of his enthusiastic audiences. His experience in the

oral tradition is enhanced by 20 years as a journalist and author.

## Sustainable Agriculture and Food: A New Hampshire View

1 Wednesday: 10/28 9:30–11:00 AM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$5 Class Size: Min: 10 Max: 20

New Hampshire currently produces only 3% of the food its residents eat. Could we produce more? How? You will hear suggestions about how New Englanders can provide food sufficiency and security through their own agricultural efforts.

Dr. John Carroll is Professor of Environmental Conservation at UNH. He is the author of several books about sustainability, his latest being “The Wisdom of Small Farms.”

## Techie Terminology

1 Tuesday: 11/10 1:00–2:30 PM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$5 Class Size: Min: 5 Max: 12

“Twitter,” “Skype,” “Texting,” “Facebook” – teenagers are familiar with these additions to popular vocabulary but many of us are bewildered, mystified and confused by the exciting opportunities for using computers. Bill Hurd will explain and demonstrate technology-related terms and programs. Come with questions and be amazed at the variety of communication avenues available to us.

Currently employed by Computing and Information Services at UNH, William Hurd co-founded brioForge, a web application development company and BookZilla, a textbook sales site for college students. He also owns Speaking Photography which professionally photographs weddings and events.

## The American Constitution: The Foundation of Freedom

6 Tuesdays: 9/22–10/27 10:00–11:30 AM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$30 Class Size: Min: 5 Max: 15

Our National Constitution became the center of major policy debates in the middle of the 20th Century and has remained there since. Because those same policy debates are highly political in nature, debates over the Constitution, its purpose and its meaning have become increasingly political. The course seeks to explore a series of questions in an effort to understand both the historical and the contemporary function of constitutional law

Richard A. Hesse (Emeritus Professor of Law at Franklin Pierce Law Center) joined the Center in 1974 where he concentrated on state and federal constitutional law and international human rights. He has been an advocate for civil and human rights for more than 40 years and was twice awarded the Bill of Rights Award by the NH Civil Liberties Union. He presents programs on Free Speech, Freedom of Religion, the

United States Supreme Court, Daniel Webster and John Marshall

## **The Historic Palace Theatre**

1 Wednesday: 9/30 9:30-10:30 AM  
Palace Theatre, 80 Hanover Street, Manchester  
Class Fee: \$5 Class Size: Min: 15 Max: 30

Spend some time behind the curtain at the historic Palace Theatre in downtown Manchester. Visit the backstage, the green room and join director Peter Ramsey for a lively discussion about the theatre and performance arts in Manchester.

Peter Ramsey, President and CEO of the Palace Theatre Trust, has been called "Manchester's Song and Dance Man" because of his lifelong love of live theater and music. In 1999, Peter was hired to reopen the Palace that had closed due to financial hardship. The renaissance of the Palace has kept this magnificent 860-seat theater alive, vibrant and listed on the National Register of Historic Places.

## **"The Iliad"**

6 Thursdays: 9/24-10/29 1:30-3:00 PM  
Bentley Commons, 66 Hawthorne Drive, Bedford  
Class Fee: \$30 Class Size: Min: 8 Max: 12

"The Iliad" is one of the defining documents in Western life. It dramatically describes bitter conflicts between heroes, the intervention of the gods, the tragic consequences of uncontrolled rage, and the confusion between anger and honor. Are there modern parallels? Text: "The Iliad" (tr. Richmond Lattimore. Univ. of Chicago Press, 1951). Please read the first 4 parts for the first class.

Robert Michael is a humanities enthusiast and a seasoned professor who has taught at both Notre Dame College and Saint Anselm College. He always seeks ways to associate the ancients and moderns. Philip Valley is a former Director of Humanities at Saint Anselm College and Chairman of the Great Books major (1975 to 1990). He is currently the Director of the Moore Center's Options for Seniors.

## **The New Americans: Immigrants and Refugees in Manchester**

4 Wednesdays: 10/21-11/11 3:30-5:00 PM  
Bentley Commons, 66 Hawthorne Drive, Bedford  
Class Fee: \$20 Class Size: Min: 10 Max: 20

Manchester is a major center for both immigrant and refugee communities. Come and learn about these new Americans and what it is like to settle in a new country. Speakers will include representatives of the communities as well as social service providers who help the families adapt to the new language, new climate, and new customs of NH.

Speakers for this class include Kim Calhoun (Refugee Coordinator in the Manchester School system) and Amy Marchildon (Director for International Services for Lutheran Social Services of NE). They are also members of the immigrant/refugee communities themselves.



## **The Spanish Inquisition: The Whys and the What Fors**

8 Thursdays: 9/24-11/12 9:30-11:00 AM  
Bentley Commons, 66 Hawthorne Drive, Bedford  
Class Fee: \$40 Class Size: Min: 8 Max: 20

This class is designed to clarify common misconceptions about one of the most important eras in Jewish-Christian relations. Participants will assess the various reasons the Inquisition was instituted and the extraordinary and unforeseen results which emanated from it. We will concentrate on the history of the "Judaizers," Conversos, and the scholarly controversies which surround the phenomena of the Anusim up to the present day.

Merle Luber Friedenbergh, Ph.D., has been a college professor for many years. For the past several years, she has taught at lifelong learning programs at Brandeis and Rivier College, as well as OLLI. Merle has spent the past 4 years writing and reading on the history of the Spanish Inquisition and the Identity Crisis of Anusim.

## **There Is More To Fighting Fires Than Water**

2 Tuesdays: 9/22-9/29 9:30-11:30 AM  
Elliot Senior Health Center, 138 Webster Street, Manchester  
Class Fee: \$10 Class Size: Min: 8 Max: 20

Alarm bells, screaming sirens, roaring engines, shouted commands, billowing smoke: you are at the scene of a building fire in Manchester! These are the obvious sensory indicators that a conflagration is in progress. But what goes on behind the scenes that makes it possible to save lives and buildings? You'll learn the hows, whats and whys of a modern day fire service.

Captain Kris Soderberg is in his 25th year with the Manchester Fire Department. For many years, he has served as a line officer; he is currently responsible for training both fire fighters and EMS personnel. He also coordinates department activities, serves on the emergency response team and is a senior staff instructor at the NH State Fire Academy. Kris has a BS from Kansas State University.

## **This Is Your Life: Write it Down!**

4 Wednesdays: 10/21-11/11 1:30-3:00 PM  
Bentley Commons, 66 Hawthorne Drive, Bedford  
Class Fee: \$25 (includes book)  
Class Size: Min: 12 Max: 20

Learn how to make memories come alive. Discover how to write in the present about the past. Character development, writing to the reader's five senses and the intrigue of a good description will all be addressed. Students will receive a reference book (included in the class fee), outline handouts and be expected to write after each session.

Mary Lou Fuller, whose studies include Creative Writing and Industrial Psychology, has published four memoirs. She has led writing workshops for bookstores and writing groups—and got rave reviews from her OLLI class in Concord. Mary Lou can also tell you about self-publishing.

## **Tonight's Sky**

1 Tuesday: 10/20 1:00-3:00 PM  
McAuliffe-Shepard Discovery Center, 2 Institute Drive, Concord  
Class Fee: \$15 (includes admission)  
Class Size: Min: 15 Max: 40

"Tonight's Sky" at the Discovery Center is never the same class twice. This exciting show will help you get started observing the wonders of the sky from your own backyard. Class fee includes general admission to the Discovery Center, as well as your ticket to the planetarium show. (If you register for "Astronomy for Everyone," this session is included in that class fee.)

Robert Veilleux—See bio under "Astronomy for Everyone."

## **Trusts for the Average Individual**

1 Wednesday: 11/4 9:30-11:30 AM  
Exeter Public Library, 4 Chestnut Street, Exeter  
Class Fee: \$5 Class Size: Min: 8 Max: 20

Deciding when a trust can/should be used does not depend upon the dollar amount involved. Bob Chase will review the advantages of a trust, common trust provisions and how to handle them in addition to discussing factors to consider when making a decision to establish a trust.

Robert Chase, a resident of Manchester and graduate of UNH was the founder and president of Chase and Durance Insurance Agency for three decades. During that time he was involved with trusts and served often as a trustee.



## **Union Leader Tour**

1 Thursday: 10/15 10:00-11:00 AM  
Union Leader, 100 William Loeb Drive, Manchester  
Class Fee: \$5 Class Size: Min: 8 Max: 25

Come see how a newspaper works! You read it every day—did you ever wonder how it is put together? Tour the "Union Leader" printing facility in Manchester to find the answers. Do it now while newspapers still exist!

Theresa Robinson, the Union Leader Community Relations Manager, will be our guide.

## **Unique and Meaningful Travel Ideas**

3 Tuesdays: 10/13-10/27 6:00-7:30 PM  
GSC at Conway, 150 Technology Lane, Conway  
Class Fee: \$15 Class Size: Min: 5 Max: 20

Do you want to travel more but are low on funds? Learn special travel tips for a tight budget. Want to learn about different cultures, perhaps help others in the process, or maybe even do a short-term, fun job in a new location? Learn about great opportunities to travel with meaning. Hear tales of volunteer vacations and cross-cultural exchange programs, ways to work and play at the same time. This interactive, fun class will get you ready to be on the road again: by air, car, van, bike or your own two feet!

Betsy Gemmecke is a certified trainer of a class titled "Too Young to Retire: 101 Ways to Start the Rest of Your Life." Eileen MacDonald has spent 9 months WWOOFing in New Zealand, Australia and Hawaii. Birdy Ellsmore has taken several Earth Watch trips. Sue Andelman and Betsy will share first-hand tips on paths to inexpensive travel.

## **Vietnam 1968: Through the Looking Glass**

4 Tuesdays: 9/22-10/13 2:00-3:00 PM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$20 Class Size: Min: 10 Max: 20

Hear about the 1968 tour of duty of a 19-year-old combat soldier who led a six-soldier long-range patrol the better part of a year in the jungles and waterways of the Mekong Delta. Returning home in 1969, Bruce entered St. Anselm College and found himself in the middle of the anti-war movement. He'll present his experiences; discussion will be encouraged.

Bruce Sartwell graduated from St. Anselm College with a B.A. in Sociology. He has worked in law enforcement, as a juvenile officer, a patrolman, a chief Deputy Sheriff, and a ski patrolman. A licensed private pilot, Bruce has taught both high school and at the N.H. Police Academy. He served in the U.S. Army from 1966-1969 when the Vietnam War was at its height.

## Viewing War from Home

3 Tuesdays: 10/20-11/3 2:00-3:30 PM  
Granite State College, 8 Old Suncook Road, Concord  
Class Fee: \$15 Class Size: Min: 8 Max: 30

What's it like to be at home when America is at war? Evelyn will share three different answers as she shows and discusses artifacts from three of our wars: what people wore during the Revolution, letters from the Civil War front to Sanbornton, NH and, finally, what was really happening on two continents while we were watching censored news releases during World War II.

Evelyn Auger is a NH native who is a living history re-enactor and a collector/scholar of period clothing, jewelry, artifacts and books.

## Whales in Danger

1 Tuesday: 10/27 1:30-3:30 PM  
Seacoast Science Center, 570 Ocean Boulevard, Rye  
Class Fee: \$15 Class Size: Min: 10 Max: 25

Whether viewed on a whale-watching trip or a TV ad, whales at play are amazing. These acrobatic and curious mammals travel north and south off both Atlantic and Pacific coasts, to feeding and birthing grounds. These powerful creatures regularly encounter significant dangers as they roam the earth's oceans. Even though a few nations continue to hunt whales, ship collisions and net entanglements are the leading causes of mortality of whales. You will be introduced to timely material from regional experts. Join us for a two-part program that allows us to marvel at these magnificent animals as well as understand the severity of man's impact on our ocean's largest creatures.

Perrin Chick: See "Climate Change and CO2" for bio.

## Woodturning of the 17th & 18th Centuries: The Great Wheel Lathe

1 Tuesday: 9/29 10:00-11:30 AM  
GSC, Pease International Tradeport, 51 International Drive, Portsmouth  
Class Fee: \$5 Class Size: Min: 10 Max: 20

Woodturning has existed for thousands of years. Man has developed lathes that meet his needs for the task at hand. Each improvement has enabled man to enhance the woodturnings and improve their quality. Come and experience a home-built facsimile of a Great Wheel Lathe, which was originally developed as a continuous rotation lathe. Be prepared to step into history and turn wood as woodturners did in the 17th and 18th centuries.

Tom Bolko taught 6th graders for 43 years and is now enjoying retirement. He and his wife, Barb, operate B&T Woodturners in Portsmouth. Tom and Barb give demonstrations at Strawberry Banke Museum—and both enjoy a good turn of the wood.

## Writing Your Story: Getting Started

4 Wednesdays: 9/23-10/14 10:30 AM-Noon  
GSC at Conway, 150 Technology Lane, Conway  
Class Fee: \$20 Class Size: Min: 4 Max: 15

The fabric of our stories can weave a treasured record for those yet to come. We can link the generations as we drift apart geographically. This course will create a shared experience of recalling and recording anecdotes and events from your own life. You'll hear helpful suggestions to get started, to clarify your writing style, and to create a rough draft that may become a letter, a page in your journal, a poem, or the beginning of a family history. Bring plenty of paper, a pen, some stories we'd all enjoy, and lots of enthusiasm.

Ann Cullinan (M.A., Boston College) has been a teacher of secondary school English, an instructor in the University System of New Hampshire's writing courses, a columnist for a local paper, librarian of the Conway Library's History Room for seven years, and an Elderhostel instructor.

## Zimmerman House: The Four Seasons Tour

1 Thursday: 10/1 6:30-8:00 PM  
Currier Museum of Art, 150 Ash Street, Manchester  
Class Fee: \$25 (includes admission and refreshments)  
Class Size: Min: 4 Max: 12

Music was a passion for and a great influence on Frank Lloyd Wright and his clients Lucille and Isadore Zimmerman. "The Four Seasons" evening at the Zimmerman House allows you to share and experience this interest. Enjoy refreshments at the Currier Museum in the "Winter Garden," a tour of the Zimmerman House and live music in the house's garden room.

The tour will be led by Currier/Zimmerman House docents who are well trained, enthusiastic and extremely knowledgeable about the house, its occupants, its architect and their love of music.

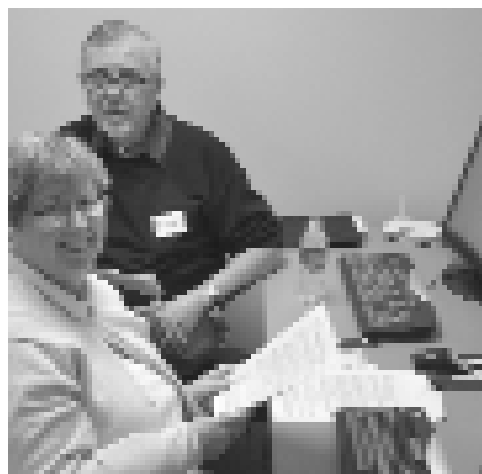


## A Special Thanks to OLLI Friends and Community Partners Fall 2009

Granite State College  
The Bernard Osher Foundation

Andres Institute of Art, Brookline  
Aviation Museum of NH, Londonderry  
Bentley Commons, Bedford  
Bethany Covenant Church, Bedford  
Center for Integrative Medicine, Concord  
Christ Church, Exeter  
Concord Country Club  
Elliot Senior Health Center, Manchester  
Evans Printing, Concord  
Exeter Public Library  
Granite State Candy Shoppe, Concord  
John Stark House, Manchester  
Keene State College Safety Center, Manchester  
LeBlanc Hardware Store, Manchester  
Manchester City Library  
McAuliffe-Shepard Discovery Center  
Millyard Museum, Manchester  
NH Historical Society, Concord  
NH Political Library, Concord  
Palace Theatre, Manchester  
Pleasant View Retirement, Concord  
Portsmouth Naval Shipyard  
Portsmouth Public Library  
Print Solutions, Concord  
PSNH (Manchester and Schiller Station)  
Redstone Quarry, Conway  
Ritz Camera, Mall of NH  
RiverWoods at Exeter  
Saco Valley Sports Center, Fryeburg, ME  
Seacoast Media Group, Portsmouth  
Seacoast Science Center, Rye  
Staples (Concord and North Conway)  
Strawbery Banke Museum, Portsmouth  
The Currier Museum of Art, Manchester  
The Union Leader, Manchester  
Warner and Moffat-Ladd Houses, Portsmouth  
Weather Discovery Center, North Conway

Learning for the Fun of It!





at Granite State College

OLLI at GSC • 8 Old Suncook Road • Concord, NH 03301

# Help OLLI Prepare For The Future

Please fill in this form and return to the OLLI office.

Information will be used for future plans for OLLI.

## Member Information Form (Please print legibly.)

Name \_\_\_\_\_ Date \_\_\_\_\_

Mailing Address \_\_\_\_\_

Email address \_\_\_\_\_ Phone # \_\_\_\_\_

## General Information

Educational Background (Please check):

High School \_\_\_\_ College \_\_\_\_ Bachelor's \_\_\_\_ Master's \_\_\_\_ Doctorate \_\_\_\_ Law \_\_\_\_

Medical \_\_\_\_ Dental \_\_\_\_ Other (specify) \_\_\_\_\_

Occupation (current or previous) \_\_\_\_\_

Are you retired? Yes \_\_\_\_ Year you retired \_\_\_\_\_

No \_\_\_\_ Working full-time? \_\_\_\_ Working part-time? \_\_\_\_

Hobbies/Interests/Activities: \_\_\_\_\_

Community organizations/activities that you are involved with: \_\_\_\_\_

Favorite OLLI experiences: \_\_\_\_\_

How did you first hear about OLLI? (e.g., friend, newspaper) \_\_\_\_\_

Suggestions for future classes, activities and/or presenters: \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

How would you like to be more involved with OLLI? (check all that apply)

\_\_\_\_ Program Development      \_\_\_\_ Newsletter production

\_\_\_\_ Publicity      \_\_\_\_ Fundraising

\_\_\_\_ Coordinate social events      \_\_\_\_ Member recruitment

\_\_\_\_ Office help      \_\_\_\_ Class presenter

*Thanks so much for being a part of OLLI and our success—it's learning for the fun of it!*



# Register now! Classes fill quickly. Credit cards accepted by phone.

**Key:** (O) *Out and About* (C) *Concord* (W) *Conway* (M) *Manchester* (S) *Seacoast*

10332	5,000 Years of Publishing the Bible	C	<input type="checkbox"/>	30	10381	Libraries in the 21st Century	O	<input type="checkbox"/>	Free
10333	A Conway Cemetery: Shorthand for History	W	<input type="checkbox"/>	\$10	10382	Lincoln's Prose	S	<input type="checkbox"/>	\$20
10334	A Fall Mushroom Foray	O	<input type="checkbox"/>	\$5	10383	Local News Production: Past, Present & Future	O	<input type="checkbox"/>	\$5
10335	A Few Blocks Wide, Centuries Deep	O	<input type="checkbox"/>	\$15	10384	Lunch at the Concord Country Club	O	<input type="checkbox"/>	\$35
10336	A Trip to the Station - Schiller Station	S	<input type="checkbox"/>	\$5	10385	Lunch Bytes: I Can Do It Myself	M	<input type="checkbox"/>	\$20
10337	A Voyage through Native American Culture	M	<input type="checkbox"/>	\$20	10386	Making Better Financial & Medical Decisions	C	<input type="checkbox"/>	\$20
10338	Alternative Medicine: A Variety of Approaches	C	<input type="checkbox"/>	\$30	10387	Manchester Memories: Abe Lincoln & More	M	<input type="checkbox"/>	\$10
10339	American Architecture: The Virginia Colony	C	<input type="checkbox"/>	\$20	10388	Mt. Washington Weather Discovery Center	O	<input type="checkbox"/>	\$10
10340	American Popular Song in New England	S	<input type="checkbox"/>	\$5	10389	Movement for Relaxation	W	<input type="checkbox"/>	\$20
10341	Are Your Affairs in Order?	C	<input type="checkbox"/>	\$20	10390	Movie Talk with Lunch	W	<input type="checkbox"/>	\$15
10342	Astronomy for Everyone	M	<input type="checkbox"/>	\$35	10391	Much Ado About Nothing	M	<input type="checkbox"/>	\$5
10343	Believe It or Not - This is New Hampshire!	C	<input type="checkbox"/>	\$30	10392	New Hampshire Historical Society Tour	O	<input type="checkbox"/>	Free
10344	Bike Maintenance & Riding Skills: The Basics	W	<input type="checkbox"/>	\$10	10393	Pakistan's Peshawar Region	S	<input type="checkbox"/>	\$10
10345	Book Browsing	C	<input type="checkbox"/>	\$10	10394	Passionate International Films	M	<input type="checkbox"/>	\$30
10346	Book Discussion: "The Assistant" by Malamud	S	<input type="checkbox"/>	\$15	10395	Portsmouth Naval Shipyard and Museum	O	<input type="checkbox"/>	\$10
10347	Book Discussions: Portraits of the Artists	S	<input type="checkbox"/>	\$30	10396	Redstone Quarry: History and Viewing	W	<input type="checkbox"/>	\$15
10348	Bowling 101	W	<input type="checkbox"/>	\$10	10397	Refresher Bridge	C	<input type="checkbox"/>	\$40
10349	Brain Horizons	S	<input type="checkbox"/>	\$10	10398	Salem Witch Trials: Fact and Fiction	W	<input type="checkbox"/>	\$20
10350	Broadway's Musical Turkeys	C	<input type="checkbox"/>	\$15	10399	Senior Investment Fraud: Detect and Prevent	S	<input type="checkbox"/>	\$5
10351	Climate Change & CO2: Threat to Our Oceans	O	<input type="checkbox"/>	\$15	10400	Sherlock Holmes: Part 3	M	<input type="checkbox"/>	\$40
10352	Climate Change and Global Warming	M	<input type="checkbox"/>	\$5	10401	So, You Want To Be a Restaurant Critic	S	<input type="checkbox"/>	\$5
10353	Coin Collecting Basics	S	<input type="checkbox"/>	\$5	10402	Spanish For Non Spanish Speakers	M	<input type="checkbox"/>	\$30
10354	Computers 101: Getting Started	C	<input type="checkbox"/>	\$20	10403	Speaking in Public Comfortably	C	<input type="checkbox"/>	\$30
10355	Computers 102: Beyond the Basics	C	<input type="checkbox"/>	\$35	10404	Spontaneous Cooking	W	<input type="checkbox"/>	\$40
10356	Current Events: Here, There & Everywhere	M	<input type="checkbox"/>	\$40	10405	Stitches in Time from England & America	M	<input type="checkbox"/>	\$20
10357	Digital Cameras: An Introduction & More	M	<input type="checkbox"/>	\$10	10406	Stories of Yesteryear in Mt. Washington Valley	W	<input type="checkbox"/>	\$30
10358	Digital Photography Basics	W	<input type="checkbox"/>	Free	10407	Storytelling 101	W	<input type="checkbox"/>	\$5
10359	Digital Scrapbooking: Beyond the Basics	C	<input type="checkbox"/>	\$80	10408	Sustainable Agriculture and Food	C	<input type="checkbox"/>	\$5
10360	Don't Let Anyone Else Become You!	C	<input type="checkbox"/>	Free	10409	Techie Terminology	C	<input type="checkbox"/>	\$5
10361	eBay 101	W	<input type="checkbox"/>	\$20	10410	The Constitution - Obsolete For Our Times?	C	<input type="checkbox"/>	\$30
10362	Embroidery: More Than Embellishment?	C	<input type="checkbox"/>	\$10	10411	The Historic Palace Theatre	O	<input type="checkbox"/>	\$5
10363	Family Life in 18th Century Portsmouth	O	<input type="checkbox"/>	\$5	10412	"The Iliad"	M	<input type="checkbox"/>	\$30
10364	Fantastic Foliage and Sculpture - Walking	O	<input type="checkbox"/>	Free	10413	The New Americans	M	<input type="checkbox"/>	\$20
10365	Fantastic Foliage and Sculpture - Driving	O	<input type="checkbox"/>	Free	10414	The Spanish Inquisition	M	<input type="checkbox"/>	\$40
10366	Final Gifts	C	<input type="checkbox"/>	\$30	10415	There Is More To Fighting Fires Than Water	M	<input type="checkbox"/>	\$10
10367	Financial Planning: A Comprehensive Approach	W	<input type="checkbox"/>	\$45	10416	This Is Your Life: Write it Down!	M	<input type="checkbox"/>	\$25
10368	Flying Through Time: Manchester Airport History	O	<input type="checkbox"/>	\$5	10417	Tonight's Sky	O	<input type="checkbox"/>	\$15
10369	From Mystical to Scientific Beauty	M	<input type="checkbox"/>	\$10	10418	Trusts for the Average Individual	S	<input type="checkbox"/>	\$5
10370	From Sand to the Moon: Stained Glass	O	<input type="checkbox"/>	\$15	10419	Union Leader Tour	O	<input type="checkbox"/>	\$5
10371	From Tin Pan Alley to Broadway	W	<input type="checkbox"/>	\$20	10420	Unique and Meaningful Travel Ideas	W	<input type="checkbox"/>	\$15
10372	Granite State Candy Shoppe Tour	O	<input type="checkbox"/>	Free	10421	Vietnam 1968: Through the Looking Glass	C	<input type="checkbox"/>	\$20
10374	Great Decisions: Part 2 with book	C	<input type="checkbox"/>	\$40	10422	Viewing War from Home	C	<input type="checkbox"/>	\$15
10373	Great Decisions: Part 2 without book	C	<input type="checkbox"/>	\$20	10423	Whales in Danger	O	<input type="checkbox"/>	\$15
10375	"Great Expectations"	C	<input type="checkbox"/>	\$25	10424	Woodturning of the 17th & 18th Centuries	S	<input type="checkbox"/>	\$5
10376	Historic Stark House	O	<input type="checkbox"/>	Free	10425	Writing Your Story: Getting Started	W	<input type="checkbox"/>	\$20
10377	How the Brain Works—and How It Ages	M	<input type="checkbox"/>	\$30	10426	Zimmerman House: The Four Seasons Tour	O	<input type="checkbox"/>	\$25
10378	Isles of Shoals: Lore & History	M	<input type="checkbox"/>	\$25					
10379	Knitting: Rekindle Your Love	W	<input type="checkbox"/>	\$20					
10380	Layered Art	W	<input type="checkbox"/>	\$10					

**Questions? Call the OLLI office at 603.513.1377.**

**Check off the classes you have registered for. Keep this for your records.  
No news is good news. Unless you hear from us,  
you are in the classes you requested.**

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