

Register now! Classes fill quickly. Check off the classes you have registered for. *Keep this for your records!*

Out and About

Guests: additional \$5 fee on space-available basis only.

- A Trip to the Station – Schiller Station**
M 9/27 1:30-3:30 PM
- A View of Excellence: St. Paul's School and Mill Brook Gallery**
M 10/4 9:30 AM-1:30 PM
- Protecting Portsmouth Harbor**
M 9/13 10:00 AM-3:30 PM

- Lobster Lady**
T 10/5 1:30-3:30 PM
- Local News Productions**
T 10/5 9:30-11:00 AM
- Preparing for Winter: The Gardens & Hearths of Strawberry Banke Museum**
T 10/19 10:00-Noon
- The Isles of Shoals Through Time**
T 10/12 1:30-3:30 PM
- The NH Air National Guard: Mid-Air Refueling**
T 11/9 1:30-3:30 PM
- Welcome Aboard! U.S. Coast Guard Station Portsmouth Harbor**
T 9/21 1:00-3:00 PM

- A Whale of Comparisons**
Th 10/21 1:30-3:30 PM
- New Boston Satellite Tracking Station Tour**
Th 10/7 1:00-3:00 PM
- OLLI Goes to Seabrook Basic Tour**
Th 9/30 9:15-11:30 AM
- OLLI Goes to Seabrook PLUS Tour**
Th 9/30 9:15 AM-3:00 PM
- Portsmouth Naval Shipyard**
Th 10/7 1:00-3:00 PM
- Rambling, Scrambling or Walking for Fall Sightings**
Th 9/23 1:30-3:30 PM
- The Bretton Woods IMF Conference**
Th 10/14 10:00 AM-12:30 PM

- Franklin Pierce Manse plus Lunch**
F 10/22 10:30 AM-1:30 PM
- From California Art to Concord Gardens to European Wines**
F 10/15 10:30 AM-2:30 PM
- John Marshall: A Conversation**
F 11/5 12:00-2:30 PM

- OLLI at the Pipe Organ**
F 11/12 1:30-2:30 PM
- Sabbathday Lake Shaker Village**
F 10/1 9:00 AM-4:00 PM

- Robert Frost Farm Tour**
S 10/2 10:00 AM - Noon
- Shop, Lunch and Learn with OLLI**
S 9/25 10:00 AM-2:00 PM

Concord

- A View of Excellence: St. Paul's School and Mill Brook Gallery**
M 10/4 9:30 AM-1:30 PM
- Belize: Life Today in a Mayan Village**
M 9/27-10/4 1:30-3:30 PM
- Concord Walks**
M 9/13-10/4 10:30 AM-Noon
- Digital Scrapbooking, Part 2**
M 9/20-11/1 9:00 -11:00 AM
- Fraud: Detection and Prevention**
M 10/11-10/18 9:30-10:30 AM

- Great Plays, Great Actors**
T 9/21-10/12 10:00-11:30 AM
- Honoring a Patient's Wishes: Ethical Dilemmas**
T 10/5 10:30 AM-12:30 PM
- Making the Healthcare System Work for You**
T 9/21-9/28 1:00-2:30 PM
- Our Founding Fathers: What Were They Thinking?**
T 10/12-11/9 9:30-11:00 AM
- Political Propaganda**
T 10/5-11/9 1:00-2:30 PM

- Computers: PC100**
W 10/27-11/17 1:00-3:00 PM
- Downsizing Dilemmas: Solved!**
W 9/22-10/13 9:30-11:00 AM
- It's About Time - Clocks in the Rocks**
W 10/13-11/17 9:30-11:00 AM
- Japanese Free Style Weaving: SAORI**
W 9/29 10:00 AM-2:30 PM
- Karl Marx vs. the Realities of Revolution**
W 9/22-10/13 1:00-2:30 PM
- Watch the Hawks Fly By**
W 9/8-9/22 11:00 AM-Noon

- Bridge the Fun Way**
Th 9/23-10/14 1:00-2:30 PM
- Great Broadway Turkeys: Part 2**
Th 9/30-10/14 9:30-11:00 AM
- Great Decisions 2010: Part 2**
Th 10/21-11/4,18 9:30-11:00 AM
- Shakers: Their Lives and Simple Gifts**
Th 9/16 10:00-11:30 AM
Th 9/23 9:00 AM-3:00 PM
- Stress: Don't Let It Get To You!**
Th 10/21-11/4,18 9:30-11:00 AM

- Franklin Pierce Manse Plus Lunch**
F 10/22 10:30 AM-1:30 PM
- From California Art to Concord Gardens to European Wines**
F 10/15 10:30 AM- 2:30 PM
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F 11/5 12:00-2:30 PM
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F 11/12 1:30-2:30 PM
- Sabbathday Lake Shaker Village**
F 10/1 9:00 AM-4:00 PM

- Shop, Lunch and Learn with OLLI**
S 9/25 10:00 AM-2:00 PM

Conway

- Knitting: Back By Popular Demand**
M 10/18-11/8 10:00 AM-Noon
- Native American Culture**
M 9/20 9:30-11:30 AM

- Basic Organics**
T 9/21 9:30-11:00 AM
- Basket Weaving: Basic Techniques**
T 10/19-11/9 9:30 AM-12:30 PM
- Books To Read in 2010 and Beyond!**
T 10/5-10/12 1:00-2:00 PM
- Composting**
T 9/28 9:30-11:00 AM
- Hydrangea and Herb Wreath**
T 10/5 10:00 AM-1:00 PM
- Shape Up and Shimmy**
T 10/19-11/9 Noon-1:00 PM

- Drawing Made Simple and Fun**
W 9/22-11/10 1:00-2:00 PM
- Financial Planning**
W 9/22-11/10 6:30-8:00 PM
- White Mountain Art as History**
W 10/27-11/3 9:30-11:00 AM

- Movement for Relaxation**
Th 10/7 10:00-11:30 AM
- Quillow: Quilt or Pillow?**
Th 10/28 1:00-2:30 PM
- The Bretton Woods IMF**
Th 10/14 10 AM-12:30 PM
- Your Life Story: Its Many Facets!**
Th 9/23-10/14 1:00-2:30 PM

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- Behind the Actor's Curtain**
F 10/1 3:00-4:30 PM
Th 10/7 7:30 PM show

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- Hiking**
S 9/25, 10/9-10/16 10:00 AM-Noon

Manchester

- Advanced Beginner Spanish**
M 9/20-10/25 10:00-11:30 AM
- Coping With Chaos**
M 9/20-10/18 10:30 AM-Noon
- Digital Cameras**
M 11/1-11/8 10:00-11:30 AM
- Films: Men on the Edge**
M 9/20-11/1 1:00-3:30 PM
- Stories From the Front Lines**
M 10/4 Noon-1:30 PM

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- Current Events: Here, There and Everywhere**
T 9/21-11/9 10:30 AM-Noon

- Demystifying Death and Dying**
T 9/21-10/26 1:00-2:30 PM
- Robert Burns: His Life and Poetry**
T 11/2 1:00-2:30 PM

- Sherlock Holmes: Keeping His Memory Green**
T 9/21-11/9 9:30-11:00 AM

- Which is Supreme: The Court or the Constitution?**
T 9/21-11/9 2:30-4:00 PM

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- Fearless Computing 101: Section 1**
W 9/22-10/6 10:00-11:30 AM
 - Fearless Computing 101: Section 2**
W 10/13-10/27 10:00-11:30 AM
 - Good Queen Bess Knew How to Dress!**
W 9/22-9/29 9:30-11:00 AM
 - Healthy Living at Any Age**
W 10/6-10/20 9:30-11:00 AM
 - King Arthur: Come Back to Camelot**
W 9/22-11/3 3:00-4:30 PM

- Meet the Authors**
W 9/22-10/27 1:00-2:30 PM

- Reading the Bible Again**
W 10/13-11/10 1:00-2:30 PM

- Rwanda: Land of a Thousand Hills**
W 11/10 3:00-5:00 PM

- What If The Pilgrims Had Needed A Visa: Immigration in the U.S. Today**
W 11/3-11/10 10:30-Noon

-
- Aristotle's "Politics:" What's Good About It?**
Th 9/23-11/4, 18 1:30-3:00 PM

- Dogs, Dogs and More Dogs**
Th 9/23-10/14 11:00 AM-12:30 PM

- New Boston Satellite Tracking Station Tour**
Th 10/7 1:00-3:00 PM

- Plagues: Causes and Consequences**
Th 9/23-11/4, 18 9:30-11:00 AM

- The Holocaust and Anti-Semitism**
Th 9/23-10/14 1:00-3:00 PM

- "The New Yorker"**
Th 10/21-11/4, 18 3:30-5:00 PM

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- How the Brain Works – Part III**
F 9/24-11/5 1:30-3:00 PM

-
- Robert Frost Farm Tour**
S 10/2 10:00 AM-Noon

Seacoast

- A Trip to the Station - Schiller Station**
M 9/27 1:30-3:30 PM

- Evolution of Exeter's Religious Landscape**
M 10/4, 10/18-11/1 10:00-11:30 AM

- Exploring NH Architecture**
M 9/27 10:00-11:30 AM

- Haiti - Before and After the Earthquake of 2010**
M 10/4 1:30-3:00 PM

- Nutrition for the Golden Years**
M 9/20 10:00-11:30 AM

- Protecting Portsmouth Harbor**
M 9/13 10:00 AM-3:30 PM

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- 21st Century Diseases**
T 10/12 10:00-11:30 AM

- Lobster Lady**
T 10/5 1:30-3:30 PM

- Local News Production**
T 10/5 9:30-11:00 AM

- Preparing for Winter: The Gardens and Hearths of Strawberry Banke**
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- That Reminds Me of a Story**
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- The Isles of Shoals Through Time**
T 10/12 1:30-3:30 PM

- The NH Air National Guard: Mid-Air Refueling**
T 11/9 1:30-3:30 PM

- Treasure Hunting with Maps**
T 10/5 10:00 AM-Noon

- Welcome Aboard! US Coast Guard Station Portsmouth Harbor**
T 9/21 1:00-3:00 PM

-
- Bicycle Across America? (At 70?)**
W 10/6 1:30-3:00 PM

- Inside the Walls: Phillips Exeter Academy**
W 10/27-11/3 1:30-3:00 PM

- Poland: 40 Years of Challenge & Change**
W 10/13-10/20 1:30-3:30 PM

- Saved by Revision: The Evolution of Two Great Sonnets**
W 10/6-10/20 1:30-3:00 PM

- West Africa: Nomads & RAIN**
W 9/22-9/29 1:30-3:30 PM

-
- A Whale of Comparisons**
Th 10/21 1:30-3:30 PM

- Extraordinary Eggs**
Th 10/28-11/4 1:30-3:30 PM

- Line Dancing: Get Started**
Th 10/7-10/21 1:00-2:15 PM

- New Hampshire in the Revolution**
Th 10/7-10/14 10:00-11:30 AM

- OLLI Goes to Seabrook Station Basic**
Th 9/30 9:15-11:30 AM

- OLLI Goes to Seabrook Station PLUS**
Th 9/30 9:15 AM-3:00 PM

- Portsmouth Naval Shipyard Visit**
Th 10/7 1:00-3:00 PM

- Rambling, Scrambling or Walking**
Th 9/23 1:30-3:30 PM

- Water, Water Everywhere and...**
Th 10/28-11/4 1:30-3:30 PM

21st Century Diseases in a Flat and Crowded World CRN 10334

Tuesday: 10/12 10:00-11:30 AM
Granite State College, Pease International Tradeport,
51 International Drive, Portsmouth
Class Fee: \$5 Class Size: Min: 8 Max: 25

Survey the many diseases that have emerged as serious global health problems. From newer diseases such as HIV and AIDS back to ancient diseases that continue to pose threats, we will investigate the disease process from its origin to treatment and prevention. From an international perspective, we will explore and discuss public health policies and cultural differences with respect to disease detection, treatment and prevention.

Rich Di Pentima holds a BA and BS in Nursing and an MPH from the University of Oklahoma. He has held numerous public health positions with the U.S. Air Force, the State of NH and the City of Manchester and was recently elected to the NH House, serving on the Health and Human Services Committee.

A Trip to the Station - Schiller Station CRN 10335

Monday: 9/27 1:30-3:30 PM
Schiller Station, PSNH, 400 Gosling Road, Portsmouth
Class Fee: \$5 Class Size: Min: 12 Max: 25

Don't miss this visit to PSNH's Schiller Station facility, one of the largest renewable energy projects in the U.S. PSNH replaced one of three coal-fired boilers with this environmentally friendly system that uses wood chips, a clean and renewable resource. While generating cleaner power for about 50,000 NH homes, it reduces coal use by more than 130,000 tons and reduces thousands of tons of emissions each year. It is the only facility currently replacing fossil-fuel generation with an equivalent amount of cleaner, greener electric power. Dress for outdoor conditions. Also, you'll be walking/standing on uneven surfaces and required to wear hard hats for safety.

This program was arranged by Kathleen Lewis, PSNH Community Relations Manager. After a short presentation, Richard Dispins, Plant Manager, will lead a guided tour of the processes involved in receiving, storing, cleaning and moving wood chips to feed the furnaces.

A View of Excellence: St. Paul's School and Mill Brook Gallery CRN 10336

Monday: 10/4 9:30 AM-1:30 PM
(A) St. Paul's School, 325 Pleasant Street, Concord
(B) Mill Brook Gallery, 236 Hopkinton Road, Concord
Class Fee: \$10 Class Size: Min: 15 Max: 25

Meet the guides at 9:30 in the parking lot of the prestigious St. Paul's School where we start a carpool through the campus while learning about the school, its history and its reputation for excellence. Next is a visit to the Mill Brook Gallery and Sculpture Garden with Tam Tarbell

as a guide to the excellent artists' works displayed in the gallery and garden. Lunch follows at the Blaser's Fireside Tavern in Hopkinton, ordering from the menu with separate checks.

Virginia Gerseny, an Ohio Wesleyan University graduate, will coordinate this event.

A Whale of Comparisons CRN 10338

Thursday: 10/21 1:30-3:30 PM
Seacoast Science Center, 570 Ocean Boulevard, Rye
Class Fee: \$15 Class Size: Min: 10 Max: 20

Stop! Look! It's a skeleton! There's the rib cage, a spine, a skull, arms. If you were on the CSI forensic science squad, you'd be investigating human remains. But could it be some other mammal? There are an amazing number of similarities when comparing anatomy between species. Photos of the Center's whale pre- and post-exhibits and other sources provide interesting comparisons of form and function between marine mammals and humans. Exploration and discussion of the similarities between humans and marine mammals will be followed by a tour of the Center's whale exhibit.

Steven Engstrom, aquarist and educator at the Seacoast Science Center, holds a Master's Degree in Oceanography from the University of Maryland. At SSC, he performs marine life research, feeds the tank bound creatures and plans program exhibits. His favorite job is guiding and teaching the young and the not so young about marine life, its environment and significance to human life.

Advanced Beginner Spanish Conversation CRN 10339

6 Mondays: 9/20-10/25 10:00-11:30 AM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$30 Class Size: Min: 15 Max: 20

If you took OLLI's introductory Spanish conversation course last Fall, welcome back. If you are new and willing to try, this course, designed for the very beginning Spanish student, is also for you. If you are comfortably conversant in Spanish and want a refresher, this course is not for you. The course, taught in Spanish as much as possible, will include rudimentary Spanish grammar. Please bring a good English/Spanish dictionary (Roget's or Cassel's) and a notebook.

Bruce Baxter was employed in public schools for 35 years, usually as an administrator. He was a language teacher for both Spanish and French for the first 6 and the last 10 years. Bruce loves teaching interested adults.



Aristotle's "Politics:" What's Good About It?

CRN 10340

8 Thursdays: 9/23-11/4, 18 1:30-3:00 PM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$40 Class Size: Min: 8 Max: 12

What 'good' can we expect from the political process? Insights may emerge as we read and talk about ideas in Aristotle's "Politics" — and perhaps works by other thinkers, like Plato and DeTocqueville, who pioneered democracy. [Text: Justin Kaplan's "The Pocket Aristotle," Mass Market Paperback, Simon & Schuster (ISBN - 0671463772)]. Please read pp. 278-282 before the first class.

Philip Valley, an OLLI philosopher king and a former Director of Humanities at Saint Anselm College, is the Director of Moore Center's Options for Seniors. Robert Michael, promoter of lively discussion, is a seasoned professor of English Literature and Humanities at colleges and universities around the country, most recently at Notre Dame and Saint Anselm Colleges. They always seek ways to associate the ancients and moderns.

Basic Organics for the Everyday Gardener

CRN 10341

Tuesday: 9/21 9:30-11:00 AM
Granite State College, 53 Technology Lane, Conway
Class Fee: \$5 Class Size: Min: 8 Max: 15

Understand the what and why of good organic gardening. Discover that when a method feels good to you and it's earth friendly, it's also good for the garden. We'll explore building healthy soils, companion planting, safe pest management practices and more.

Gardening has been Jackie Hamblet's passion for over 20 years. A recent retiree, she became a Master Gardener through the UNH Cooperative Extension program. Earth-friendly gardening practices have always been a priority for Jackie.

Basket Weaving: Basic Techniques

CRN 10342

4 Tuesdays: 10/19-11/9 9:30 AM-12:30 PM
Granite State College, 53 Technology Lane, Conway
Class Fee: \$60 Class Size: Min: 4 Max: 10

You've seen many beautiful baskets, now you'll learn the techniques and skills you need to create your own. You will create two hand-woven baskets: a Friendship Basket (approx. 6" square base) and a Prairie Keepsake Basket (approx. 6" round base). All basket weaving materials and printed patterns will be provided. Bring your enthusiasm, a pencil, tape measure, sharp scissors, and a spray bottle for water.

Pat Libby, a long-time basket weaver and Sabbathday Lake Shaker Library volunteer, is also a former guide and neighbor at Shaker Village. Pat is "replete with Yankee ingenuity" and has a wealth of experience in basket-weaving techniques. Her baskets can be seen at Shaker Village in their Reception Center Gift Shoppe.

Behind the Actor's Curtain: "The Pitch"

CRN 10343

Friday 10/1 3:00-4:30 PM
Thursday, 10/7 7:30 PM show
M&D Productions, Route 16, Willow Place, North Conway
Class Fee: \$30 Class Size: Min: 5 Max: 30

Did you ever want to see how a play is produced? What happens behind the scenes? Who creates the theater music? Well, check out "Behind the Actor's Curtain" and see how the original musical debut of "The Pitch" from M&D Productions is created. Everything about script, music, actors, and director will be revealed in this workshop. All participants will receive a ticket to the October 7th production of "The Pitch."

Mark DeLancey is well-known in the Conway area as the co-founder of M&D Productions in 1999. The goal of the theater company is that "theater should make a difference in people's lives by serving their community." Mark is excited to share his theater knowledge with OLLI members.

Belize: Life Today in a Mayan Village

CRN 10344

2 Mondays: 9/27-10/4 1:30-3:30 PM
Granite State College, 8 Old Suncook Road, Concord
Class Fee: \$10 Class Size: Min: 8 Max: 25

After the class studies the ancient Mayan cycle that ends 21 December 2012, the focus changes to the great southern Belize Maya village transformations. As a result of more than 20 years of work with local teachers and families, the Belize/UNH teacher program has seen many changes in these rain forest villages. New roads, electricity, solar technology, wells and sustainable farming have improved health and the quality of life. Photos, every-day craft and household items make this class on Mayan life fun, real and interesting.

Retired teacher Karolina Bodner has participated in the Belize/UNH teacher program since the program began in 1991. She has returned every year since and lived there for one year on sabbatical. While in the villages, she lives with Maya families and works with women's craft cooperatives helping with their effort to generate income to meet educational needs. Karolina's continuing work with teachers and students involves developing educational strategies to promote high school graduation, especially among girls.

Bicycle Across America? (At 70?)

CRN 10345

Wednesday: 10/6 1:30-3:00 PM
Exeter Public Library, 4 Chestnut Street, Exeter
Class Fee: \$5 Class Size: Min: 8 Max: 30

Bicycle across America? At 70? Hear about the experiences - joys and challenges - of the author of a book about spending weeks on her bicycle. We will hear of Barbara's six cross-country rides including the lengths of both coasts of the U.S., as well as tips on what (and

who) to take with you. The stories will amuse and amaze you.

Barbara Siegert's interest in bicycling began when she was a young suburban wife and mother. Several years ago she celebrated her 71st birthday in Texas as she was cycling from California to Florida.

Books To Read in 2010 – and Beyond!

CRN 10346

2 Tuesdays: 10/5-10/12 1:00-2:00 PM
Granite State College, 53 Technology Lane, Conway
Class Fee: \$10 Class Size: Min: 8 Max: 25

What is the saying, "so many books, so little time"? Reading shouldn't be stressful and picking a good book should be easy. We will talk about all the hot new books that came out in 2010, as well as what to look forward to in 2011. The emphasis will be on fiction, but we'll also discuss biography, history, young adult and children's books. Come ready to share your favorite books and authors.

Laura Lucy, White Birch Books owner, loves to read and is a member of three book clubs. She reviews books for a local radio station and has also been published in the Boston Globe, New Hampshire Magazine and Indie Next list. Laura, who sits on the NE Independent Booksellers Advisory Council, always has a book at her desk, by her bed and an audio book in her car.

Bridge the Fun Way

CRN 10347

4 Thursdays: 9/23-10/14 1:00-2:30 PM
Granite State College, 8 Old Suncook Road, Concord
Class Fee: \$20 Class Size: Min: 8 Max: 12

Playing bridge is an excellent way to keep your mind active and to develop social contacts. This class introduces beginners to the challenging world of contract bridge and serves as a refresher for former players to learn current methods of counting points and to brush up on new duplicate bridge systems.

Peg Gross, a graduate of Gettysburg College, is a long-time resident of Concord. She has taught beginning bridge to many area residents and has worked extensively with intermediate and experienced players to improve the level of their play.

Composting: How, What, When, Where and Why?

CRN 10349

Tuesday: 9/28 9:30-11:00 AM
GSC Conway, 53 Technology Lane, Conway
Class Fee: \$5 Class Size: Min: 8 Max: 15

The art of composting has been part of our global culture since ancient times but the basic principles remain quite simple. Home composting can divert an average of 700 lbs. of material per household per year from the waste stream; yard and food wastes make up approximately 30% of the waste stream in the U.S. Join us and all those ancient composters and turn your waste into food

for your garden. We'll explore bin design, a variety of composting strategies and uses for composted material. Go green and compost!

Gardening has been Jackie Hamblet's passion for over 20 years. A recent retiree, she became a Master Gardener through the UNH Cooperative Extension program. Earth-friendly gardening practices have always been a priority for Jackie.

Computers: PC100 – Easy Start for Beginners

CRN 10350

4 Wednesdays: 10/27-11/17 1:00-3:00 PM
Granite State College, 8 Old Suncook Road, Concord
Class Fee: \$25 Class Size: Min: 6 Max: 12

Do you want to get an e-mail account so you can contact children, grandchildren and friends? Do you want to see what surfing the web is all about? Is it time to buy your first PC, or do you need to upgrade an old one? This class is for you. You will get a basic introduction to computing, set up an e-mail account and explore the web. We will help you configure a PC that fits your lifestyle, as well as decide on the hardware and software you need. We will help you understand your internet connection alternatives. This course is for true beginners.

Michael Bujnowski, retired after 35 years in computers and project management, has managed hardware and software projects, including programs involving people, process and technology integration. He has developed and taught product management seminars worldwide and has been an Adjunct Instructor at the NH Career Institute.

Concord Walks

CRN 10351

4 Mondays: 9/13-10/4 10:30 AM-Noon
Forest Society Conservation Center, 54 Portsmouth Street, Concord
Class Fee: \$20 Class Size: Min: 8 Max: 10

Have fun doing what's good for you. Join us for four morning walks at a pace and terrain grade suitable for healthy, moderately active seniors interested in exploring some of Concord's natural settings: the Merrimack River, the Forest Society, the Audubon Society and other conservation tracts, city or state park lands, with a possibility for future adventure walks. Required: comfortable layered clothing, sturdy walking footwear, water bottle. Strongly suggested: trekking poles and binoculars.

John and Martha Chandler, practicing attorney and retired teacher, have created family conservation easements on 212 rural acres in Maine. They enjoy many year-round outdoor activities and indoor cultural pursuits.



Coping With Chaos

CRN 10352

5 Mondays: 9/20-10/18 10:30 AM-Noon
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$25 Class Size: Min: 8 Max: 10

Many events can create chaos in our lives. Most recently, the dynamics of the financial and political world have impacted all our lives. This class provides tools to handle the chaos in your life. You will have an opportunity to evaluate how you can make the best of current situations working with yourself, other class members, a trained therapist and an experienced financial planner. Journaling will be used as a tool in capturing and analyzing the changes in your relationships, finances, feelings and physical well-being during these chaotic times.

Cathy Main, an experienced therapist with Bedford Counseling, completed her graduate degree in Social Work at Boston University. She has helped individuals change their lives by changing their attitudes. Rick Sherman, a longtime financial planner, has worked for 30 years around investment issues.

Current Events: Here, There and Everywhere

CRN 10353

8 Tuesdays: 9/21-11/9 10:30 AM-Noon
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$40 Class Size: Min: 8 Max: 15

In this series, we'll explore the news in New Hampshire, the U.S. and the world, focusing on the interests of the attendees. In a combination of multi-media presentation, participant contribution and discussion, we'll look at the issues of the day, including historical perspectives and implications for the future. Guest speakers may add depth to some topics.

Josh Shaine has been teaching courses through the MIT Educational Studies Program for more than 30 years. He also works with schools and families on issues of underachievement and gifted education.

Demystifying Death and Dying

CRN 10354

6 Tuesdays: 9/21-10/26 1:00-2:30 PM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$30 Class Size: Min: 8 Max: 24

It's a given that we all die. It's also probably a given that we don't like to talk about it and might get anxious when we think about it too much. Despite this fear, it is also a given that most of us would like to have our wishes regarding how we want to die respected and carried out by our families. How do we make sure that happens? Join us to discuss hospice care choices, the dying process, Advanced Directives, how to communicate your wishes to your loved ones, and much more. We'll address your concerns in an open environment, enabling you to voice thoughts and questions about this delicate topic.

Lisa Woods is a Licensed Social Worker and Bereavement Coordinator at Beacon Hospice. Her previous OLLI class on this subject got rave reviews.

Digital Cameras: An Introduction and More

CRN 10355

2 Mondays: 11/1-11/8 10:00-11:30 AM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$10 Class Size: Min: 8 Max: 20

Do you have a digital camera but don't really know how to use it well? We'll start with the basics (universal camera operation and the importance of aspect ratio to print size) and then progress to pixels, resolution, file formats and more. In the second class, create a structure for your "My Pictures" folder in Windows XP. You'll leave knowing how to preserve, present and share your life's memories and how to use free web sites to manage storage, sharing and printing. This class is designed for the beginning digital photographer. Bring both your camera and your questions.

Barbara Reichard, who has been teaching camera classes since 1985, is the manager of the Ritz Camera Store in the Mall of NH. Barbara's OLLI class last year got rave reviews — so, she's back!

Digital Scrapbooking, Part 2

CRN 10356

7 Mondays: 9/20-11/1 9:00 -11:00 AM
Granite State College, 8 Old Suncook Road, Concord
Class Fee: \$80 Class Size: Min: 4 Max: 6

Have you taken Digital Scrapbooking before? Do you long for a refresher course on the basics of Movie Maker and, perhaps expand on these basics? If the answer is "yes," then this is the course for you. Requirements: You must have taken Digital Scrapbooking during a previous session.

Barbara Grant received her BA from Granite State College and her MA from UNH. She has created countless DVDs using Microsoft Movie Maker and enjoys teaching others how to do the same. Formerly an OLLI staff member, Barbara now works for Granite State College.

Dogs, Dogs and More Dogs

CRN 10357

4 Thursdays: 9/23-10/14 11:00 AM-12:30 PM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$20 Class Size: Min: 8 Max: 20

Some say human life has "gone to the dogs" because we have come to rely on these smart, dedicated, extremely social creatures to a much greater extent than we realize. More than 750 million of us share our lives with dogs. As our companions, dogs have done extraordinary things and have played a part in human history, culture and civilizations. How did our pups evolve from the fierce wolf? Why are there so many breeds? Do you know why dogs developed spots? How does their evolu-

tion help us learn about our own? Whether or not you are a dog person, come enjoy the extraordinary Nature and Nova award-winning DVD series along with discussion.

The many dogs that have enriched Joan Stergiou's life have prompted her to present this entertaining, informative and insightful view into one of the most diverse animals on earth (5,000+ breeds). Joan is a graduate of Notre Dame College and UNH.

Downsizing Dilemmas: Solved! **CRN 10358**

4 Wednesdays: 9/22-10/13 9:30-11:00 AM
Granite State College, 8 Old Suncook Road, Concord
Class Fee: \$40 Class Size: Min: 15 Max: 30

You've decided you want to simplify or downsize in place. You have more stuff than you'd like but that stuff encompasses decades of memories. Learn about no-regrets decision making, where to begin, how to keep motivated and what to do with what you no longer want. Bring your questions AND a downsizing project to work on during this course.

Sue West, a certified Professional Organizer and Organizing Coach, opened her own business in 2004 after a 20-year corporate career. Sue specializes in organizing support through mid- and later-life transitions such as downsizing-in-place, for a move or for creating a next chapter in your life. She is a member of the National Association of Professional Organizers and National Study Group on Chronic Disorganization with certificates in ADD, life transitions and Chronic Disorganization.

Drawing Made Simple and Fun **CRN 10359**

8 Wednesdays: 9/22-11/10 1:00-2:00 PM
GSC Conway, 53 Technology Lane, Conway
Class Fee: \$40 Class Size: Min: 8 Max: 20

Learn to see like an artist! We will explore shadows, values and perspective and how to work with lines. Depending on the interest of the group, the last few sessions could include painting with oils. We will definitely have lots of fun!

Artist Carl Owen works in oils, watercolor and drawing. He was educated at the Museum of Fine Arts and at Southeast Massachusetts University. Carl teaches at the Gibson Center in North Conway and the MWV Arts Association, where he is also a member.

Evolution of Exeter's Religious Landscape **CRN 10360**

4 Mondays: 10/4, 10/18-11/1 10:00-11:30 AM
Exeter Public Library, 4 Chestnut Street, Exeter
Class Fee: \$20 Class Size: Min: 8 Max: 30

In 1637, Reverend John Wheelwright found himself accused of being too spiritually motivated even for the Puritan Massachusetts Bay Colony. Convicted and exiled from Massachusetts, Wheelwright traveled to the wilderness of New Hampshire and founded the town of

Exeter. Explore the theology, schisms, dissenters, politics, customs and controversies that evolved in New England throughout Exeter's long history as the religious landscape changed over time.

Barbara Rimkunas, Curator of the Exeter Historical Society, writes a bi-weekly history column for the Exeter News-Letter. A former high school teacher, she was also a member of the University of Maine 1984 archeology crew at Ft. Pentagoet in Castine. She holds a BA and MA in history and is the author of "Historically Speaking: Exeter."

Exploring New Hampshire Architecture As Seen in Dover **CRN 10361**

Monday: 9/27 10:00-11:30 AM
Granite State College, Pease International Tradeport,
51 International Way, Portsmouth
Class Fee: \$5 Class Size: Min: 8 Max: 25

Discover how the design of houses in NH has evolved from the late 1600s to the elegant Victorian era. The predominant architectural styles in the city of Dover will be highlighted by viewing and examining a collection of historic and more recent photographs. Learn to identify how weather, building materials and culture influenced our ancestors' choices. The role of historic preservation will be considered as well as the controversy that surrounds the regulation of historic districts. Stories about the historic houses you have lived in will be welcome!

Tessa McDonnell, former president of the Dover Historic Society, has a long-time interest in historic preservation. As an amateur researcher, camera in hand, she photographed old houses in her community. Scouring the library archives, she compared old images with new and pieced together the story of Dover's growth and change. Tessa is the Dean of Learner Services at Granite State College.

Extraordinary Eggs: Traditions Around the World **CRN 10362**

2 Thursday: 10/28-11/4 1:30-3:30 PM
Granite State College, Pease International Tradeport, 51
International Drive, Portsmouth
Class Fee: \$20 Class Size: Min: 8 Max: 15

Though mostly seen in the U.S. during our spring festivities, the perfectly-shaped egg is artfully decorated throughout the year in various styles unique to many cultures. After studying many of these intricate beauties, we will create our own eggs using the Polish and Ukrainian wax-resist method. Make a unique holiday gift, a decoration you can use for your own pleasure or just have some fun trying something new and interesting.

First learning to decorate eggs as a child with her Polish grandmother, Karolina Bodner has continued to pass on the tradition to all ages from her third and fourth grade students to adults.

Fearless Computing 101: Getting Started - Section 1

CRN 10363

3 Wednesdays: 9/22-10/6 10:00-11:30 AM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$35 Class Size: Min: 6 Max: 8

"Fearless Computing" is designed for people with little or no computer experience. We will cover parts of the computer, basic terminology, using email, and getting around on the internet. The course is tailored to address students' needs and interests. You will have the opportunity to practice "mousing" skills and to try some of the interesting, useful and fun things you can do on a computer. Handouts and online tutorials will be used, together with individualized hands-on instruction.

Denise Thum and Peg Wallace are retired computer professionals with 15 and 20 years experience, respectively. Both Denise and Peg have taught basic computer classes at the Elliot Hospital Senior Health Center in Manchester and have taught classes for OLLI for the past several years.

Fearless Computing 101: Getting Started - Section 2

CRN 10364

3 Wednesdays: 10/13-10/27 10:00-11:30 AM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$35 Class Size: Min: 6 Max: 8

See "Fearless Computing 101: Getting Started - Section 1" for information.

Films: Men on the Edge

CRN 10365

7 Mondays: 9/20-11/1 1:00-3:30 PM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$35 Class Size: Min: 10 Max: 30

Come explore seven memorable classic films (1920s-1960s). The choices are domestic and international films that focus on men (and women) caught in circumstances outside their normal lives, and on the very edge of their own societies, straining to maintain old or search for new identities. Films include Metropolis, The Blue Angel, Amarcord, Woman in the Dunes, The Third Man, The Battle of Algiers, and The Loved One. Classes will allow time for discussion.

Bob Jones, a lifelong film fanatic, holds a BA in liberal arts from Bowdoin and MS from Stanford in Engineering.

Financial Planning: A Comprehensive Approach

CRN 10366

8 Wednesdays: 9/22-11/10 6:30-8:00 PM
Granite State College, 53 Technology Lane, Conway
Class Fee: \$50 Class Size: Min: 10 Max: 25

Develop a basic understanding of how to create a comprehensive financial plan. Topics include the current state of the economy, safe harbor investing, navigating

Social Security, and essential legal documents. We will also investigate tax planning, IRAs, veteran's benefits and the insurance quandary. You will go home knowing how to develop your own lifetime financial plan.

Anthony Cloutier, owner of Cloutier Group's Estate & Financial Strategies, is a Registered Investment Advisor specializing in comprehensive financial planning for the Lakes Region and Mount Washington Valley residents. He is a graduate of Charter Oaks State College in CT and has a background in banking, financial marketing and teaching.

Franklin Pierce Manse Plus Lunch

CRN 10367

Friday: 10/22 10:30 AM-1:30 PM
Franklin Pierce Manse, 14 Horseshoe Pond Road, Concord
Class Fee: \$25, includes lunch Class Size: Min: 16 Max: 32

Pilgrimages to presidential homes are a favorite tourist activity. The OLLI pilgrimage is to the Manse of President Franklin Pierce. Park at street level or in the Manse parking lot. Enter the main entrance where you will meet your Manse tour guides. Following the tour, enjoy lunch in the Brigade Room and a tour of the 2010 summer exhibit "Century of Lace." For directions to the Manse call 225-4555.

The Pierce Brigade is a volunteer organization formed over 40 years ago to restore and maintain the former Montgomery Street home of Franklin Pierce now located at 14 Horseshoe Pond Lane, Concord and to honor and preserve the legacy of the 14th President of the United States.

Fraud: Detection and Prevention

CRN 10368

2 Mondays: 10/11-10/18 9:30-10:30 AM
Granite State College, 8 Old Suncook Road, Concord
Class Fee: \$10 Class Size: Min: 8 Max: 20

Educated buyers make wise decisions. You need to know how to detect investor fraud and prevent personal loss. Learn to recognize the techniques that unscrupulous salespeople use to target seniors and to sell them unsuitable products. Understand investment opportunities offered to you, evaluate their appropriateness and know the salesperson's responsibilities to you, the client.

Barry Glennon, Deputy Director of the NH Bureau of Securities Regulation, an attorney with the Bureau for 7+ years, has had many years of experience in insurance and financial services. Tom Boulter, a Special Consultant to the Bureau for Investor Education, has 40+ years of financial services experience plus many years as Chief Compliance Officer with a major national broker and investment advisors.



From California Art to Concord Gardens to European Wines

CRN 10369

Friday: 10/15

10:30 AM- 2:30 PM

School of Art at Kimball Jenkins Estate, 266 North Main Street and 430 Loudon Road, Concord

Class Fee: \$35

Class Size: Min: 12 Max: 20

This Kimball Jenkins School of Art tour with Ryan Linehan, begins in the Jill C. Wilson Gallery, looking at "California Missions on El Camino Real" followed by a visit to the Carriage House Gallery to see "Eight Over Eighty," a show by eight artists all over 80 years of age. After lunch at the Red Apple Buffet (tip not included) and a short drive to Cole Gardens, the day's offering includes a tour of the greenhouses and a workshop where you make a take-home terrarium – great indoor gardening! There are delicious wines for sale at the Garden.

Virginia Gerseny, an Ohio Wesleyan University graduate, received her MA and MFA in Dramatic Arts from Western Reserve University. She taught at Texas Christian University before becoming a theatrical costumer. She directed, and often produced, over one hundred plays and musicals before coming to New Hampshire.

Good Queen Bess Knew How to Dress!

CRN 10370

2 Wednesdays: 9/22-9/29

9:30-11:00 AM

Granite State College, 195 McGregor Street, Manchester

Class Fee: \$10

Class Size: Min: 8 Max: 20

Elizabeth I to Elizabeth II - 400 years of dressing the Royals. A visual romp through the history of English fashion designed for and worn by the reigning monarchs and their courts. Explore jewelry, crowns, tiaras, gowns, wigs, hats, feathers and fans. Imagine a bird nest in your hair-do. What did Queen Anne hide in her shoe? Come, let's peek into the closets of the Royal Palace.

Betsy Leiper, nationally known in the textile field, has been an embroidery teacher, designer and lecturer for over 40 years. She has led numerous needlework tours through Europe, visiting museums and costume collections. Betsy is a member of the Costume Society of England & America as well as keeper of the textiles & costumes at the Sandwich Historical Society where she puts on yearly exhibits.

Great Broadway Turkeys: Another Serving

CRN 10371

3 Thursdays: 9/30-10/14

9:30-11:00 AM

Granite State College, 8 Old Suncook Road, Concord

Class Fee: \$15

Class Size: Min: 15 Max: 30

Come on along and listen to the lullaby of Broadway. The hip hooray and ballyhoo, the lullaby of Broadway ... wait a Broadway minute, you're not going to hear hit songs from famous musicals. What you will hear is great music and stories from fabulous Broadway flops. Some

reprises and some surprises. Have you heard of "Bombay Dreams"? "Play On"? "The Pirate Queen"? "Chess"? No? Better register now. You will surely enjoy the music and tales of these Great Broadway Turkeys.

Bill Twibill, who lived in Manhattan for over 60 years, loved the Broadway theater experience. He now lives at Heritage Heights in Concord, where he creates and directs the annual "The Pretty Good Talent Company" musical comedy show.

Great Decisions 2010: Part 2

CRN 10372

Class Fee: \$40 Includes book

CRN 10373

Class Fee: \$20 No book

4 Thursdays: 10/21-11/4, 11/18 9:30-11:00 AM

Granite State College, 8 Old Suncook Road, Concord

Class Size: Min: 8 Max: 16

Should the U.S. withdraw its military from Iraq by the end of 2011 or would that lead to increasing violence and instability in Iraq? Each week class participants read a well-documented article on such current topics and the discussion begins! Topics for the fall include: the global financial crisis, U.S. and the Persian Gulf and enhancing security and the peace-building process. Experienced class participants may take an active role in leading a discussion.

Peg Fargo has facilitated the Concord Great Decisions group for two years. She has been an active member of the League of Women Voters and maintains a lively interest in world affairs.

Great Plays, Great Actors: Theater Appreciation 101

CRN 10374

4 Tuesdays: 9/21-10/12

10:00-11:30 AM

Granite State College, 8 Old Suncook Road, Concord

Class Fee: \$20

Class Size: Min: 8 Max: 20

As history progresses, cultures are born and lost. Cultures are reflected in the drama of the era. Come to this class to meet actors from Thespis to Shakespeare and more. Learn about the technical progression of theater. No required reading, just contemplation of theater masterpieces including melodramas, realism plays and message plays. Discuss how these are reflected in today's drama – or not.

Virginia Gerseny, an Ohio Wesleyan University graduate, received her MA and MFA in Dramatic Arts from Western Reserve University. She taught at Texas Christian University before becoming a theatrical costumer. She directed, and often produced, over 100 plays and musicals before coming to New Hampshire.



Haiti - Before and After the Earthquake of 2010 CRN 10375

Monday: 10/4 1:30-3:00 PM
Exeter Public Library, 4 Chestnut Street, Exeter
Class Fee: \$5 Class Size: Min: 8 Max: 30

By the end of the 20th century, Haiti was the poorest nation in the Western Hemisphere, just 700 miles from the richest nation in the world. In 2003, with the help of a friend, Mike Spinelli raised funds to finance an orphanage and create a technical school to train young people in Haiti. He will cover the economic and social conditions of Haiti, efforts to improve those conditions, and the immediate and long-term effects of the earthquake on Haiti's future.

Mike Spinelli, who has been in the travel business since 1959, operates Global Tourism Consultants from Rye Beach. He devotes much of his free time to helping the people of Haiti and has met personally with both the Prime Minister and the President of Haiti.

Healthy Living at Any Age CRN 10376

3 Wednesdays: 10/6-10/20 9:30-11:00 AM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$15 Class Size: Min: 8 Max: 25

Three "healthy living" practitioners will share their areas of expertise. A Registered Dietician will review nutritional risk factors that contribute to disease and then explore ways to decrease those risk factors (e.g., how to evaluate ingredients in packaged foods and how to create healthy meals and snacks). A naturopathic doctor will cover the core principles of naturopathic medicine and describe what sets NDs apart from other practitioners, including the conditions they treat. The third presenter will discuss Eastern healing traditions including acupuncture, Asian Bodywork therapy, and Chinese herbal medicine. Join us to broaden your knowledge of alternative medicine practices.

Kim Dorval is a Registered Dietician with expertise in metabolic and autoimmune disorders. Her practice includes management of cardiovascular disease, weight and gastrointestinal disorders. Dr. Kristen O'Dell is a Board Certified Doctor of Naturopathy with her own practice in Bedford, NH. She is a member of the American Association of Naturopathic Physicians. Christopher Dunning completed a full course of study in Zen Shiatsu and is a New Hampshire Licensed Asian Bodywork Therapist. He is nationally certified as a Diplomat in Asian Bodywork Therapy by the National Certification Commission for Acupuncture and Oriental Medicine.



Hiking? Where Do You Think You're Going and Are You Prepared To Get There?

CRN 10377
3 Saturdays: 9/25, 10/9-10/16 10:00 AM-Noon
Granite State College, 53 Technology Lane, Conway
Class Fee: \$15 Class Size: Min: 8 Max: 10

What to wear and bring on any hike in the woods and how to use a compass: both questions will be answered by preparing for and taking two short hikes. The first session covers an introduction to hiking gear and may conclude with a short hike. The second session involves following a compass bearing and making a compass course. Students will estimate distances using paces and find hidden stones along the trail to the Madison Cascades. The last session is a hike that includes great views. Hike difficulty and pace will be geared to the slowest hiker so no one gets left behind.

Don Gemmecke and Ray O'Brien have been hiking in the Whites and elsewhere for years. Don hikes with his wife, Betsy, and their Fox Terrier, Sophie. Ray has taught basic compass reading through his involvement with Boy Scouts over the past 20 years. Being aware of the direction you are heading has practical and far-reaching implications. He can keep it simple and make it fun.

Honoring a Patient's Wishes: Ethical Dilemmas CRN 10378

Tuesday: 10/5 10:30 AM-12:30 PM
Granite State College, 8 Old Suncook Road, Concord
Class Fee: \$5 Class Size: Min: 8 Max: 25

Increase your understanding of the dynamics of ethical concerns and conflicts that arise when dealing with older adults in both outpatient and inpatient settings. Dr. Hayes draws on his career experiences to provide examples for discussion of these ethical dilemmas.

Dr. Francis Hayes, a certified geriatric physician, practices family medicine with Concord Family Medicine. He is a founding member of the Ethics Committee at Concord Hospital and a member since 1985.

How the Brain Works – Part III CRN 10379

7 Fridays: 9/24-11/5 1:30-3:00 PM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$35 Class Size: Min: 8 Max: 25

This class deepens our study of how the brain works, focusing on reward systems, drugs, fear, music, differences between male and female brains, consciousness, Alzheimer's disease and brain wellness. This class is the third in a series. Handouts and a review of basic concepts will allow this class to stand on its own. Please join us even if you didn't attend previous classes. The class combines selections from Teaching Company lectures with lively class discussion.

The course will be facilitated by Bob Jones (BA in liberal arts from Bowdoin College and MS in Engineering from Stanford).

Hydrangea and Herb Wreath: "Sweet Devotion"

CRN 10380

Tuesday: 10/5

10:00 AM-1:00 PM

Granite State College, 53 Technology Lane, Conway

Class Fee: \$20

Class Size: Min: 6 Max: 10

Do you love those dried floral wreaths that you see at the florist and in gift shops? Now you can save money and have fun in the process. The end of September is perfect for cutting mauve pink hydrangeas and preserving their dark color. We'll combine the hydrangeas with the fragrant herb 'Sweet Annie' on a twig wreath to make the perfect indoor fall decoration. Hang it as a wreath or use it with a glass candle holder as a center piece.

Herbal floral wreath designer and gardener, Lisa Holcomb, MEd, has been creating from and in the garden professionally since 1988, and all her life as a hobby. Through outdoor programs and movement arts, Lisa shares the language of flowers. Lisa owns GardenScapes, teaches workshops and has worked with McSherry's Garden Center since 2001.

Inside the Walls: Phillips Exeter Academy

CRN 10381

2 Wednesdays: 10/27-11/3 1:30-3:00 PM

Academy Library, Phillips Exeter Academy, Front Street, Exeter

Class Fee: \$10

Class Size: Min: 6 Max: 12

What you've heard, read and observed about PEA may be right, or not! Here's an opportunity to get behind the scenes and to learn some of the history and reality of one of America's most well-regarded secondary schools. The course will include brief presentations about the Academy, combined with a walking tour of many of the school's most interesting facilities.

Edouard Desrochers is a longtime veteran at the Academy, currently holding the titles of Interim Academy Librarian and Academy Archivist. Rick Mahoney is a graduate of Exeter and recently retired from PEA after 42 years in a variety of administrative and coaching positions as well as dormmaster.

It's About Time - Clocks in the Rocks

CRN 10382

6 Wednesdays: 10/13-11/17 9:30-11:00 AM

Granite State College, 8 Old Suncook Road, Concord

Class Fee: \$30

Class Size: Min: 8 Max: 24

How old is the earth and how can we know? Until the 18th century, the ideas of its origin were mythological or theological. They became geological when we began to carefully observe and measure the rocks, their sequences, their fossils and the dynamic processes of change in the world about us. We will review some of the creation stories, but most sessions will examine the geological and radioactivity methods of age determination — the field of Geochronology, or "Clocks in the Rocks."

George Stevens (PhD, Johns Hopkins) was a university Professor of Geology and Geotectonics. He has held senior positions at universities in the U.S., Canada and Norway, with field experiences on three continents, and has been consultant to Industry and to Governments. Retired from Acadia University in Nova Scotia, Dr. Stevens lives near Warner.

Japanese Free Style Weaving: SAORI

CRN 10383

Wednesday: 9/29

10:00 AM-2:30 PM

Granite State College, 8 Old Suncook Road, Concord

Class Fee: \$15

Class Size: Min: 5 Max: 10

SAORI weaving was created 40 years ago in Japan and is now used around the world for therapy, rehabilitation, social recreation and inward discovery. SAORI blends simple weaving techniques with the wisdom of our inner nature to create a rare opportunity for expressive freedom. This course includes an introduction to the history of SAORI, full demonstration and display of finished woven projects, and hands-on experience for all participants resulting in a class banner that will be donated to the OLLI office in Concord. Bring your own lunch for the break.

Bobbie Herron, SAORI coach and owner of Freedom Weavers Studio, began weaving in 1980 and has explored fiber arts her entire life. Prior to opening her studio in Penacook, she worked with VSA arts of NH, providing creative expression opportunities for people of all ages with and without disabilities. Her passion in life is helping people rediscover joy, hope and a sense of eager curiosity in a safe, welcoming environment.

John Marshall: A Conversation

CRN 10384

Friday: 11/5

12:00-2:30 PM

Concord Country Club, 22 Country Club Lane, Concord

Class Fee: \$35

Class Size: Min: 30 Max: 60

Lunch at the Country Club is a Concord OLLI tradition. Our speaker this year is Professor Richard Hesse who will interpret the story of John Marshall. The year is 1835. The place is Washington, D.C. John Marshall has been the Chief Justice of the Supreme Court of the U.S. since 1801. Throughout the years of his public service, he fought to establish a strong national government although opposed by such powerful politicians as Thomas Jefferson, James Madison, James Monroe and Andrew Jackson. Marshall prevailed in advancing his views on the law and the Constitution.

Richard Hesse is Professor Emeritus at Franklin Pierce Law Center where he taught Constitutional Law and Civil Rights for more than 25 years. He is a civil rights lawyer and twice was awarded the NH Civil Liberties Union Bill of Rights Award. Dick is a frequent speaker on civil liberties issues, lectures on the life of Daniel Webster, and presents a living history portrayal of John Marshall.

Karl Marx vs. the Realities of Revolution

CRN 10385

4 Wednesdays: 9/22-10/13 1:00-2:30 PM

Granite State College, 8 Old Suncook Road, Concord

Class Fee: \$20 Class Size: Min: 8 Max: 100

Short readings and discussion will be used to examine Karl Marx's philosophy and writings. The class will look at the various examples of Marxist-type revolutions, some of which were substantially changed from the original Karl Marx concepts. The focus will be on how Marxist language was applied to circumstances that differed considerably from Marx's original intentions.

Beverly Almgren (BA, Radcliffe, PhD, Brown) is a retired professor of history. She has lived and traveled extensively in Russia.

King Arthur: Come Back to Camelot

CRN 10386

7 Wednesdays: 9/22-11/3 3:00-4:30 PM

Granite State College, 195 McGregor Street, Manchester

Class Fee: \$35 Class Size: Min: 8 Max: 12

Take a fresh look at the medieval tales of King Arthur. How does that lore relate to our modern values? Tennyson's "Idylls of the King" is the starting point as we explore Arthur's origins and the quest for the Holy Grail. [Text: Tennyson, "Idylls of the King," Penguin Classics (ISBN 0-14-042253-6)] Please read pp. 21-75, introducing the King Arthur romances, for the first class.

See "Aristotle's Politics" for bio.

Knitting: Back By Popular Demand

CRN 10387

4 Mondays: 10/18-11/8 10:00 AM-Noon

Granite State College, 53 Technology Lane, Conway

Class Fee: \$20 Class Size: Min: 6 Max: 8

Join Ginger to create a knitted vest. This class is for an intermediate knitter who can knit and purl with ease. You will select and supply your own materials after meeting with Ginger. Further details will be supplied to class participants at a later time.

Ginger Burks worked in the New York garment industry for 25 years and has taught knitting for the past 30 years. She has taken knitting classes from experts all over the world and has a trunk show that includes over 300 originally designed sweaters.

Line Dancing: Get Started

CRN 10388

3 Thursdays: 10/7-10/21 1:00-2:15 PM

Exeter Parks & Recreation Department, 32 Court Street, Exeter

Class Fee: \$15 Class Size: Min: 8 Max: 16

Line dancing — in all its many forms — is a great way to exercise and have fun! Learn the basic line dance steps as you learn beginning line dances. When the class is over you can continue line dancing at any of the seven

year-round classes taught by Gerry Mullen in the Seacoast area. Come on your own or with a dancing partner!

Gerry Mullen has been a line dance instructor for over 25 years. She is a strong advocate of line dancing as both a fun exercise and great for your health.

Lobster Lady: Lobsters from Many Perspectives

CRN 10389

Tuesday: 10/5 1:30-3:30 PM

Seacoast Science Center, 570 Ocean Boulevard, Rye

Class Fee: \$15 Class Size: Min: 8 Max: 20

Learn all about New England's world-wide reputation for its specialty, the American Lobster. Live lobsters, underwater images and hands-on activities will illuminate the lobster's adaptations and lifecycles. From images of lobsters molting to the lobster industry tales, SSC's own lobster lady will tell stories of hauling traps, collecting key data for the Lobster Conservancy in support of a thriving fishery and, of course, a story of the one that got away. After the inside program, the lobster lady will offer an optional walk along the shoreline in search of small lobsters. Appropriate footwear is recommended.

Ashley Stokes, a marine biology University of Rhode Island graduate, is a full-time employee of the Seacoast Science Center. She holds a recreational lobstering license, allowing her to pull a limited number of traps for pleasure as well as for gathering Lobster Conservancy data. A valued member of the N.E. Marine Mammal Stranding Team, Ashley assists in efforts to return stranded mammals to the sea.

Local News Production: Past, Present and Future

CRN 10390

Tuesday: 10/5 9:30-11:00 AM

Seacoast Media Group, 111 New Hampshire Avenue, Portsmouth

Class Fee: Free Class Size: Min: 10 Max: 25

Join this tour of the Seacoast Media Group facilities, newsroom and presses. Participants will have the opportunity to interact with executive editor Howard Altschiller and other staff to discuss the future of news and newspapers.

As Seacoast Media Group executive editor, Howard Altschiller oversees the editorial operations of the Portsmouth Herald, Exeter Newsletter, Hampton Union, York Weekly, York County Coast Star and seacoastonline.com

Making the Healthcare System Work for You

CRN 10391

2 Tuesdays: 9/21-9/28 1:00-2:30 PM

Granite State College, 8 Old Suncook Road, Concord

Class Fee: \$10 Class Size: Min: 8 Max: 25

Learn how to understand, maneuver and get what you want from the complex healthcare system. Dr. Bryant presents ways to develop and maintain control of our lives. The course also includes discussion about the healing processes that bring peace and grace to life, from birth to death.

Karen Bryant, a practicing geriatric physician, is the Medical Director for Elder Care Services at Concord Hospital. She enjoys teaching about the nuances of aging and its effects on a person's health and well being. She has been closely involved in end-of-life-care and is passionate about helping to bring peace and understanding to life's "greatest transition."

Meet the Authors

CRN 10392

6 Wednesdays: 9/22-10/27 1:00-2:30 PM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$30 Class Size: Min: 10 Max: 25

Brian Woodbury of the Toadstool Bookshop (Milford) is bringing six local authors to OLLI to discuss their books and themselves. Avid readers and budding authors alike will get a chance to ask the authors directly, "What were you thinking when you were writing your book?" (We'll list the authors' names on the OLLI website when available.) Books will be available for purchase with a discount for OLLI participants.

Fran Wiggin, avid reader and retired head librarian of the Bedford Public Library, will join OLLI members and the invited authors as the class facilitator. She previously presented the highly successful OLLI class "Artistic NH: The Feast."

Movement for Relaxation

CRN 10393

Thursday: 10/7 10:00-11:30 AM
Granite State College, 53 Technology Lane, Conway
Class Fee: \$5 Class Size: Min: 8 Max: 20

Do you want to feel good in your body? Jane Biggio will guide you to feel a sense of peacefulness by using a simple Trager® Approach. You will be amazed at how easy it is to relax and feel good again! You will develop the ability to use recall to invite that fantastic feeling into your life on a regular basis. Jane provides a basic routine of relaxing movements that you can then expand on, just by using your imagination. Discover stress-releasing movements that are natural to your unique body and mind.

Jane Biggio is a certified Trager Practitioner and Aikido Kokikai instructor. Fascinated with the interaction of the mind and body, Jane enjoys leading people to the experience of relaxation combined with strength and integrity. She brings a spirit of joy, compassion and humor.

Native American Culture and Spirituality

CRN 10394

Monday: 9/20 9:30-11:30 AM
Granite State College, 53 Technology Lane, Conway
Class Fee: \$8 Class Size: Min: 5 Max: 30

Experience Native American culture and spirituality through stories, poetry, and craft from both male and female perspectives. Participate in a Talking Circle led by Daniel Straight Arrow. His ancestry was kept a secret from him until his grandmother's death at which time she revealed that her great, great grandmother was a

Native American. "What I heard was interesting, but it was the Spirit inside me that placed my first step upon the Red Road. I have worn out many physical and emotional moccasins on my earth-bound journey," says Daniel about the discovery of his heritage.

Daniel Straight Arrow Lessard has been walking the Red Road (the path of a Native American with strong spiritual connections with the Great Spirit) while performing personal ceremonies for 25 years, including a public ceremony called "The Beaver Medicine Ripple Ceremony." He is starting on his fourth and final regalia and has also written poetry for over 30 years. Star Dancer is of Native American descent. She was taught how to honor the spirits of her ancestors by her grandfather. Star Dancer has an extensive background with crafts, herbal medicine, native spirituality, and powwow dancing. She manages Sister Crow's Native American store.

New Boston Satellite Tracking Station Tour

CRN 10395

Thursday: 10/7 1:00-3:00 PM
New Boston Air Force Station, 317 Chestnut Hill Road, New Boston
Class Fee: \$10 Class Size: Min: 10 Max: 20

OLLI tours the New Boston Satellite Tracking Station, (NBAFS) adding to its list of interesting tours of U.S. government sites. The New Boston Air Force Station is one of eight Air Force Satellite Control Network Remote Tracking Stations. These stations provide U.S. Strategic Command with critical satellite command and control capability to more than 140 Department of Defense, national and civilian satellites performing intelligence, weather, navigation, early-warning and communications operations. This program will explain the mission and operations of Air Force Space Command and NBAFS. You'll visit both the mission control center and the antenna domes.

The tour will be conducted by members of the 23rd Space Operations Squadron.

New Hampshire in the Revolution: The Battlefield and the Homefront

CRN 10396

2 Thursdays: 10/7-10/14 10:00-11:30 AM
American Independence Museum, 1 Governor's Lane, Exeter
Class Fee: \$10 Class Size: Min: 8 Max: 15

Although no battles were fought in NH during the Revolution, the state played an important role in America's fight for independence. Our troops fought valiantly in many key battles. Many American troops used French muskets imported through the port of Portsmouth. Exeter served as the state capital during the war. On the homefront, thrifty NH residents made their own clothes and furniture. Learn what life was like for NH residents on the field of war and at home during the Revolutionary era. Expect some walking and standing.

Revolutionary War enthusiast and military historian Douglas Aykroyd is a 23-year Army veteran, where he was a military historian. He is a proprietor of the Portsmouth Athenaeum

and a member of the Company of Military Historians. Gail Nessel Colglazier, Executive Director of the American Independence Museum, has worked extensively with the NH Preservation Alliance and the Division of Historic Resources. Gail is actively involved with the NE Museum Association and the American Association of State and Local History.

Nutrition for the Golden Years

CRN 10397

Monday: 9/20 10:00-11:30 AM
Portsmouth Public Library, 175 Parrott Avenue, Portsmouth
Class Fee: Free Class Size: Min: 15 Max: 75

If you have arrived at or are approaching the “golden years,” this program provides ideas to help you eat better and, hopefully, live longer. Topics include precepts for healthy living, diet changes that can improve your health and energy and making better choices when eating out. Bring your questions about the effect of good nutrition on your daily life. This program is offered in collaboration with the UNH Speaker’s Bureau, OLLI, Portsmouth Public Library and Wentworth Connections.

Colette Janson-Sand is an associate professor of Nutritional Science at UNH. Her areas of interest include nutrition assessment and pediatric nutrition. Dr. Janson-Sand often shares her expertise beyond the classroom through the UNH Speaker’s Bureau.

OLLI at the Pipe Organ

CRN 10398

Friday: 11/12 1:30-2:30 PM
Wesley United Methodist Church, 79 Clinton Street, Concord
Class Fee: Free Class Size: Min: 25 Max: 200

Were you one of the lucky OLLI participants in the audience for Warren Gessinger's 2008 organ recital at the Wesley UM church? If you were, you know that it was "standing room only" and that it was a wonderful treat. The good news is that Warren Gessinger is returning for another performance this fall. Based on past history, this promises to be a very popular OLLI offering, so sign up early.

Warren Geissinger is a graduate of West Chester State College with a major in music. After serving as a bombardier during World War II, he taught music for 40 years. Warren's graduate work was at Temple University and Union Theological Seminary of Sacred Music.

OLLI Goes to Seabrook Station Basic Tour

CRN 10399

Thursday: 9/30 9:15-11:30 AM
Science & Nature Center, Seabrook Station, Intersection of
Routes 1 and 107, Seabrook
Class Fee: \$10 Class Size: Min: 10 Max: 30

Learn more about nuclear power and the generation of electricity. With your government-issued ID in hand, the guardhouse staff will direct you to the Science and Nature Center. Following a movie and a Q&A period, you'll take a self-guided tour of the process from the start

of construction to sending electricity down the lines. From an observation area, you'll look down on the control room training lab and appreciate the level of training required of control room personnel. If you have time, you can walk the Nature Trail. The entire experience is enlightening and fascinating.

David Barr is a former public school science educator who initially worked part-time at Seabrook Station. He is now the Director of the Science and Nature Center at Seabrook.

OLLI Goes to Seabrook Station PLUS Tour

CRN 10400

Thursday: 9/30 9:15-11:30 AM, 1:00-3:00 PM
Science & Nature Center, Seabrook Station, Intersection of
Routes 1 and 107, Seabrook
Class Fee: \$15 Class Size: Min: 5 Max: 10

After the “Basic Tour” (see above), and lunch on your own, you'll take a guided tour through the high-security facilities adjacent to the nuclear reactor. Your guide will explain the processes from the reactor to the turbines and what goes on before 23,000 volts of electricity head down the power lines to feed the New England Power Grid. **REQUIREMENTS:** You must provide OLLI with your SS number, be able to walk a mile and climb up to 5 flights of stairs as well as provide government-issued picture ID and SS number to the security check-in at the Station. If you have any metal in your body (e.g., knee replacement, open heart surgery), you need to present a letter from your physician confirming the procedure. Do not wear anything metallic (jewelry, belt) that would set off the metal detector. You will be unable to enter the secured part of the facility if you do not follow all the requirements listed.

See previous listing for bio.

Our Founding Fathers: What Were They Thinking?

CRN 10401

5 Tuesdays: 10/12-11/9 9:30-11:00 AM
Granite State College, 8 Old Suncook Road, Concord
Class Fee: \$25 Class Size: Min: 6 Max: 25

Explore the cast of characters called “founders”, the problems they faced and the basis for the solutions they created. In 1787, delegates gathered in Philadelphia to address a wide variety of crises facing the young United States of America and to produce a new government. In modern times, competing political and legal claims are frequently based on what the Constitution framers intended. Mythology about the founders and their work at the 1787 Convention has obscured both the facts and the legitimate analysis of the events leading to the agreement called the Constitution. The course uses both lecture and discussion to determine “What Were They Thinking?”

See "John Marshall: A Conversation" for bio.

Plagues: Causes and Consequences

CRN 10402

8 Thursdays: 9/23-11/4, 18 9:30-11:00 AM

Granite State College, 195 McGregor Street, Manchester

Class Fee: \$40

Class Size: Min: 8 Max: 20

Why do plagues fascinate us? What kind of imagery does the Black Plague conjure up for you? Do you see dancing skeletons? Just how much would you like to learn about rats and fleas? Were the "emerods" of the Philistines truly hemorrhoids, as the accepted biblical translation says? How about the Ten Plagues? Would we all be speaking Greek if not for the Plague of Justinian? How did the Black Death transform Europe? Is *Yersinia pestis* truly one cool-looking bacterium?

Merle Luber Friedenber, PhD, has been a college professor for many years. Recently, she has taught at lifelong-learning programs at Brandeis and Rivier College, as well as OLLI. Merle's classes always reflect her in-depth historical reading and research and her ability to present serious topics as both education and entertainment.

Poland: 40 Years of Challenge and Change

CRN 10403

2 Wednesdays: 10/13-10/20 1:30-3:30 PM

Granite State College, Pease International Tradeport,

51 International Way, Portsmouth

Class Fee: \$10

Class Size: Min: 10 Max: 22

From rebuilding destroyed cities after WWII, through living under the repressive military crackdown and the challenges of Soviet rule, the Polish people have exhibited great strength and creativity. Using photos, videos, music and artifacts, we will explore the folkloric arts, culture and the traditions that still enrich the lives of Poland's citizens. From medieval castles, a somber visit to Auschwitz, remembering the 70th Katyn anniversary, Chopin concerts and life on the farm, there is much to learn and experience. We'll discuss the impacts of historic and political issues on families and discover how they are coping and benefiting as members of the European Union.

Karolina Bodner grew up in the Manchester Polish-American community, spending childhood weekends and summers on the surrounding farms. She made her first trip to Poland in 1968 to find relatives east of Krakow, where her mother had lived until she left just before WWII. Photos of family, not seen for 35 years, stirred emotions that have led to many memorable mother/daughter trips back to the homeland.

Political Propaganda: Detecting It. De-bunking It.

CRN 10404

6 Tuesdays: 10/5-11/9 1:00-2:30 PM

Granite State College, 8 Old Suncook Road, Concord

Class Fee: \$30

Class Size: Min: 8 Max: 20

Judging by all available objective evidence, the modern democratic market-oriented system is the most successful way of governing a society. But it is a messy process, full

of contention, noise, deception and error. Among its most regrettable aspects is the wide prevalence of political propaganda employed by all sides in the public debate. What techniques are available to us, as voters, to distill fact and truth from all the lies, distortions, and deceptions that surround us all the time? Specifically, how can the procedures we have learned in the administration of justice, in medicine, and in the practice of science help us? What credible sources of information exist?

Sid Schoeffler was a professor of economics at UMass and a visiting research fellow at Harvard. He was also Manager of Strategic Planning at General Electric and Director of the Strategic Planning Institute.

Portsmouth Naval Shipyard History Tour and Museum Visit

CRN 10405

Thursday: 10/7

1:00-3:00 PM

Portsmouth Naval Shipyard, , Portsmouth

Class Fee: \$10

Class Size: Min: 15 Max: 30

For more than 200 years, Yankee ingenuity and craftsmanship have been the keys to the "Yard's" success. Learn about its role and achievements in times of war and peace and from "sails to its atoms." Note: A government-issued picture I.D. is required; participants will be bused from St. Raphael's Church (Kittery) parking lot to stops in the "Yard." Please plan to arrive at 12:45; the bus will leave promptly at 1:00 PM. Neither the bus nor the available restrooms are handicapped-accessible.

Gary Hildreth is a retired submariner who fell in love with the Portsmouth Naval Shipyard and the New England coastline. After 28 years in the Navy, Gary began his second career in the Public Affairs office at the "Yard." Gary's knowledge and enthusiasm make history and the "Yard's" fact and folklore come alive.

Preparing for Winter: The Gardens and Hearths of Strawberry Banke Museum

CRN 10406

Tuesday: 10/19

10:00 AM-Noon

Strawbery Banke Museum, 14 Hancock Street, Portsmouth

Class Fee: \$15

Class Size: Min: 15 Max: 20

Join John Forti and the Strawberry Banke Museum (SBM) hearth cooks for a special tour and program about how our ancestors prepared for the long winter months over several centuries. Focus will be on gathering seeds, roots, fruits and vegetables for winter, as well as methods of storage (canning, preserving, pickling) and the preparation of home and garden for winter. We will investigate a kitchen garden, Victorian garden and Victory garden, concluding with the hearth cooks preparing a seasonal treat in Wheelwright House. Wear weather-appropriate clothes and comfortable walking shoes. (Program fee includes admission to the entire site.)

John Forti has been Curator of Historic Gardens and Landscapes at Strawberry Banke since 2002. Prior to this, he

was Horticulture Department Manager at Plimoth Plantation where he oversaw numerous key initiatives, including the introduction of native 17th century seeds and plants in period and teaching gardens. The hearth-cooking program at SBM reflects the high level of interest and historic rigor among this group of docents -- the past comes alive through their culinary endeavors.

Protecting Portsmouth Harbor CRN 10407

Monday: 9/13, rain date 9/20 10:00 AM-approx. 3:30
Great Island Common, 301 Wentworth Road (Rte 1B), Newcastle
Class Fee: \$15 Class Size: Min: 10 Max: 40

Bring your picnic lunch to Great Island Common. Discover the military history of Newcastle. Military forts and camps nearly cover its eastern shore. We'll start at Great Island Common (Camp Langdon) enjoying the views. We then visit and climb Portsmouth Harbor Lighthouse or tour Fort Constitution, guided by Jeremy D'Entremont. At 12:30, enjoy your lunch with other OLLI members at Great Island Common. After lunch, tour Fort Stark, which Carol White and the Fort Stark Brigade have recently taken back after years of neglect. At approximately 2:30, we'll return to Great Island Common and watch the tide come in. In addition to bringing a picnic lunch, wear appropriate footwear for walking and climbing to the top of the lighthouse.

Jeremy D'Entremont is a writer, photographer, filmmaker, and co-chair of the Friends of Portsmouth Harbor Lighthouse, a chapter of the American Lighthouse Foundation. Jeremy revised and updated the book "America's Atlantic Coast Lighthouses: A Traveler's Guide," and he has edited and updated several new editions of books by historian Edward Rowe Snow.

Quillow: Quilt or Pillow? CRN 10408

Thursday: 10/28 1:00-2:30 PM
Granite State College, 53 Technology Lane, Conway
Class Fee: \$45 Class Size: Min: 4 Max: 10

A quillow is a 72-inch quilted lap throw that folds up into a 16- or 18-inch pillow. Quillows are great to have for long car rides, a trip to the beach, or a compact addition to the pillows on your couch. If you'd like to make one for the holidays, join us. You have a choice of a Thanksgiving/Autumn theme or a Christmas theme. You will go home with your completed project. This is a great class for a beginning sewer but more experienced sewers will also enjoy making these. Bring your sewing machine and have some fun.

Leslie Mallett is co-owner of Grandma's Attic craft shop in Bartlett. Leslie learned the secret to making quillows from her aunt who made and sold quillows up and down the east coast for 25 years. She is looking forward to sharing this craft with OLLI members.

Rambling, Scrambling or Walking for Fall Sightings CR 10409

Thursday: 9/23 1:30-3:30 PM
Seacoast Science Center, 570 Ocean Boulevard, Rye
Class Fee: \$15 Class Size: Min: 8 Max: 30

What better way to enjoy a fall day than rambling through Odiorne State Park? We'll take both more- and less-traveled pathways as we walk through some of the seven habitat zones identifying plants, trees, birds and more. Over 1,600 species have been identified in the last 7 years. We'll be on the lookout for things special, perhaps the newly identified species recorded in the Seacoast Science Center's (SSC) 2010's Bioblitz program. SSC will provide some field guides and binoculars to share, but feel free to bring your own.

Henry Burke is a naturalist and Youth Camp Coordinator at the Seacoast Science Center. He has a degree in Ecology from the University of Vermont and enjoys outdoor activities from kayaking to mushroom hunting. He has recently taught a Shitake Mushroom Log Cultivation class for York's Adult Education Program, is an experienced "birder" and thrives on leading outdoor programs.

"Reading the Bible Again for the First Time: Taking the Bible Seriously But Not Literally" CRN 10410

5 Wednesdays: 10/13-11/10 1:00-2:30 PM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$25 Class Size: Min: 8 Max: 20

This discussion group focuses on the book and DVD "Reading the Bible Again for the First Time," by theologian Marcus J. Borg. Borg discusses two very different ways of reading the Bible: the "literal-factual" and the "historical-metaphorical." His book represents the historical-metaphorical way of reading and interpreting the Bible, using many well-known stories as illustration. Please read the first two chapters of Borg's book (PB ISBN 0060609192) before the first class.

Happy Beale is a former middle school history teacher and librarian. She has a BA from Grinnell. Happy is a life-long seeker of knowledge and has always had a keen interest in the inter-relatedness of history and religion.

Robert Burns: His Life and Poetry CRN 10411

Tuesday: 11/2 1:00-2:30 PM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$5 Class Size: Min: 8 Max: 25

Robert Burns (1759-1796) is known worldwide as "Scotland's Favorite Son" and in Scotland simply as "The Bard." His writing captures so much: the beauty both of the folklore and of one of the Scottish dialects, that of southwest Scotland (Galloway), where he lived all his life. Burns was a farmer, a patriot, a romantic lyric poet, an egalitarian political writer and a man of many

love affairs. This class covers these many aspects of Burns' life and includes readings of poetry in authentic Scots dialect.

James McGhee taught theology, humanities and ethics at St. Anselm College for many years. James was born and raised in Clydebank, Scotland, near the home of Robert Burns.

Robert Frost Farm Tour

CRN 10412

Saturday: 10/2 10:00 AM-Noon
Robert Frost Farm, Route 28, Derry NH
Class Fee: \$5 Class Size: Min: 10 Max: 25

This visit to the Robert Frost Farm begins with a video, followed by a tour of the house where the Frost family lived from 1900 through 1911. Frost, one of the nation's most acclaimed poets, attributed many of his poems to memories from the Derry years. The simple two-story white clapboard farmhouse is typical of New England in the 1880s. The tour includes the Hyla Trail, a path inspired by Frost's nature poetry. Take a look at robertfrostfarm.org,

Tours are led by members of the Friends of the Robert Frost Farm.

Rwanda: Land of a Thousand Hills

CRN 10414

Wednesday: 11/10 3:00-5:00 PM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$10 Class Size: Min: 10 Max: 25

In tourist brochures, Rwanda is referred to as the Land of a Thousand Hills and it's easy to see why. It has a spectacular landscape of green rolling hills and a climate surprisingly cool and comfortable for a country so close to the equator—sort of a blend of Tuscany and Hawaii, with gorillas and safari animals thrown in for fun. And yet the poverty is overwhelming. The lack of food, clean water and healthcare affects everyone. A devastating genocide in 1994 left 800,000 dead at the hands of their fellow countrymen. The country is now rebuilding under the direction of President Paul Kagame and has a promising future. Experience this country of extremes as we explore Rwanda together.

Monica Shannon went to Rwanda in August '09 to work with local leaders as part of a mission trip. After a career in information technology and with interests in music, opera and dance, Monica found the people and sights in this third-world country life-changing. She continues her study of ways to assist the poor without doing harm and is looking forward to another trip to Africa.



Sabbathday Lake Shaker Village

CRN 10415

Friday: 10/1 9:00 AM-4:00 PM
United Society of Shakers, 707 Shaker Road, New Gloucester, ME
Class Fee: \$65 Class Size: Min: 20 Max: 50

Join OLLI for a bus trip to the Sabbathday Lake Shaker Community in Maine. Visit the only active and functioning Shaker community in the world. Tour the 27 exhibit rooms exploring over 200 years of Shaker history. Telephones, electricity, central heating and even the automatic washing machines attest to the Shaker belief in modernization and technology. Don't leave without checking their modern culinary herb and herbal tea business.

OLLI member Peg Fargo will coordinate this trip.

Saved by Revision: The Evolution of Two Great Sonnets

CRN 10416

3 Wednesdays: 10/6-10/20 1:30-3:00 PM
The Woods at RiverWoods, 7 RiverWoods Drive, Exeter
Class Fee: \$15 Class Size: Min: 8 Max: 12

Join this session to investigate early versions of William Butler Yeats' "Leda and the Swan" and Robert Frost's "Design" to discover how two poets of the 20th century revised unpromising first versions of these poems and created brilliant, final versions. Reading materials will be provided.

Charles Terry, PhD, has taught English at the University of Michigan, at Dartmouth, and, for over 30 years, at Phillips Exeter Academy. At Princeton, he was a student of Lawrance Thompson, Frost's official biographer and author of the book "Fire & Ice."

Shakers: Their Lives and Simple Gifts

CRN 10417

Thursday 9/16, 10:00-11:30 AM (A)
Thursday, 9/23, 9:00 AM-3:00 PM (B)
(A) Granite State College, 8 Old Suncook Road, Concord,
(B) Shaker Village, Canterbury,
Class Fee: \$25 Class Size: Min: 8 Max: 15

Shaker Village historical interpreter Darryl Thompson presents a course on the Shaker community and its impact on our culture and religion. The first class, which introduces you to the Shakers, meets at GSC. The second class, held at the most industrialized Canterbury Shaker Village, includes two tours: Shaker Story Tour (history) in the morning and Shaker daily life in the afternoon. Lunch on your own is available on site at Greenwood's or the Shaker Box Lunch and Farmstand.

See also "Sabbathday Lake Shaker Village" for another Shaker adventure.

Darryl Thompson, who lived at the Canterbury Shaker village for many years, grew up learning about the community first

hand. He has an advanced degree in American history and is known for his talks and publications about the many Shaker historical contributions and achievements. Darryl has been a researcher for Ken Burns' documentaries, including the recent National Parks series.

Shape Up and Shimmy **CRN 10418**

4 Tuesdays: 10/19-11/9 Noon-1:00 PM
Granite State College, 53 Technology Lane, Conway
Class Fee: \$20 Class Size: Min: 8 Max: 10

Come on and shimmy your way to fitness! Join Teri Perkins for four hours of fun with an invigorating belly-dance-inspired cardio workout combined with effective toning moves for a total fitness experience. Have fun, get in shape and discover your inner Goddess! This workout is for every level of fitness. Come and see what the fun is all about! Bring a 3- or 5-pound pair of dumbbells or the equivalent.

Teri Perkins, a certified group exercise instructor/personal trainer and trained wellness coach, has been taking bellydance classes for 5 years. She is looking forward to blending her love of fitness and dancing into one exciting class!

Sherlock Holmes: Keeping His Memory Green **CRN 10419**

8 Tuesdays: 9/21-11/9 9:30-11:00 AM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$40 Class Size: Min: 10 Max: 20

This class is open to one and all — the only requirement is a love for the stories of Sherlock Holmes. We will read at least two short stories per week for discussion and analysis. Please read the third Holmes novel, "The Hound of the Baskervilles," before the first class.

Interest in Sherlock Holmes and his times have fascinated Bob Fritsch most of his life. A member of several Sherlock Holmes groups, Bob is the Teller (Secretary) of Cox and Company of New England, a scion society of the Baker Street Irregulars.

Shop, Lunch and Learn with OLLI **CRN 10420**

Saturday: 9/25 10:00 AM-2:00 PM
A) Golden Geese Quilt Shop, 22 Liberty Street,
B) Corrections Creations, 312 N. State Street,
C) Bead It!, 146 N. Main Street, Concord
Class Fee: \$10 Class Size: Min: 15 Max: 20

Meet at the Golden Geese Quilt Shop to hear about the charms of quilting and then visit Corrections Creations, the prison retail hobbycraft shop, to examine handmade furniture and gift items. Pause for a delightful lunch at the Barley House (order from the menu with separate checks). Top off the day viewing an amazing collection of beads and watching a beading demonstration at Bead It! next door.

Virginia Gerseny, an Ohio Wesleyan University graduate, will coordinate this event.

Stories From the Front Lines: Policing Laconia's Motorcycle Week

CRN 10348

Monday: 10/4 Noon-1:30 PM
Granite State College, 195 McGregor Street, Manchester
Class Fee: Free Class Size: Min: 8 Max: 20

Every June, Laconia's Motorcycle Week draws thousands of motorcycle riders, tourists and even a few trouble-makers to the Lakes Region. A former Laconia Police Chief will present an overview of "the event" and answer the questions you've always wanted to ask. Hear about the enforcement philosophy, traffic & pedestrian control tactics and logistics that transformed Bike Week from a free-for-all drinking party to a manageable 9-day event.

Tom Oetinger retired as Chief of the Laconia Police Department after 29 years of service in Laconia and Philadelphia. He is currently an Outreach Coordinator at Granite State College and an adjunct faculty member.

Stress: Don't Let It Get To You!

CRN 10421

4 Thursdays: 10/21-11/4, 11/18 9:30-11:00 AM
Granite State College, 8 Old Suncook Road, Concord
Class Fee: \$20 Class Size: Min: 10 Max: 25

Learn stress management techniques to help you enjoy life to its fullest. The class examines different types of stress, such as anticipatory, current and residual triggers. Wake up every morning anticipating the day with excitement instead of dreading a day full of stress.

Dr. Charles Rotman is Professor of Psychology Emeritus at Babson College where he taught for almost 40 years. He has served as a consultant and lecturer at suburban Boston colleges and health facilities. His expertise extends across age groups and various life settings.

That Reminds Me of a Story: Yankee Humor and the New England Storytelling Tradition

CRN 10422

Tuesday: 10/26 1:30-3:00 PM
The Boulders at RiverWoods, 5 Timber Lane, Exeter
Class Fee: \$5 Class Size: Min: 12 Max: 50

Good stories never die. They evolve from teller to teller. New England has a rich and ongoing storytelling tradition from folklore to "Bert and I", to stories about your family, your life or the town you live in. Humorist Rebecca Rule will share stories she has collected at small-town gatherings, often at historical societies and libraries during the past 10 years, plus a classic or two. Participants will also have the chance to tell a story or two of their own.

Becky Rule, best known for her live presentations of humorous NH stories, has entertained audiences state-wide, prompting NH Magazine to name her "Thalia: The Muse of Comedy." A NH native, she has published several collections of short stories including "The Best Revenge" (named Outstanding

Work of Fiction by the NH Writers Project). Her hilarious new book is "Live Free and Eat Pie: A Storyteller's Guide to N.H."

The Bretton Woods IMF Conference: Gold, Spies, Currency and Oh, So New Hampshire!

CRN 10423

Thursday: 10/14 10:00 AM-12:30 PM
Mount Washington Resort, Rt. 302, Bretton Woods
Class Fee: \$10 Class Size: Min: 8 Max: 20

The United Nations Monetary and Financial Conference (commonly known as The Bretton Woods Conference) was a gathering of 730 delegates from all 44 Allied nations at the Mount Washington Hotel, to regulate the international monetary and financial order after the conclusion of World War II. The Conference began just 21 days after D-Day. NH was selected as the site for the Conference because, by gosh, we know how to do it, with short notice and on a shoestring. Carl Lindblade has done the research and talked to people who were there, learning about American spies and, shhh, Russian female staff sunbathing nude on the roof! A world-class event!

Carl Lindblade began his hotel career at the Balsams Resort in Dixville Notch. For the past 35 years, he has operated 3- and 4-diamond hotels. He has been the Director of NH Tourism and a delegate to the White House Conference on Travel and Tourism; he now teaches Hospitality Management at UNH.

The Holocaust and Anti-Semitism: Then and Now

CRN 10424

4 Thursdays: 9/23-10/14 1:00-3:00 PM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$25 Class Size: Min: 8 Max: 25

Explore the antecedents and precursors to the Holocaust through lecture and the personal experiences of a young Holocaust survivor who returned as a U.S. soldier to Germany in WWII as part of a special intelligence unit. The history of anti-Semitism, prejudice and discrimination will be explored, and we'll learn how it has survived in today's society.

OLLI member Stephan Lewy is a child survivor of the Holocaust; he was part of a group of young men who fled Germany and later returned as soldiers. He is a retired CPA and an honorary Doctor of Humane Letters from Daniel Webster. Tom White is coordinator of Educational Outreach at the Cohen Center for Holocaust Studies in Keene and makes presentations on Holocaust issues. He is active with international groups that combat discrimination.

The Isles of Shoals Through Time - Four Centuries

CRN 10425

Tuesday: 10/12 1:30-3:30 PM
Seacoast Science Center, 570 Ocean Boulevard, Rye
Class Fee: \$15 Class Size: Min: 10 Max: 25

Explore four centuries of life on the nine stark and hauntingly beautiful Isles of Shoals through fascinating historical images. Investigate the role the Isles played in the worldwide fishing trade of the 17th and 18th centuries and the resort industry in the 19th century. Discover the natural and cultural wonders of the Isles of Shoals today in the current conference and educational era. Examine the lore and legends of the Isles of Shoals and determine the truth behind stories of pirates, treasure and ghosts just 10 miles off the coasts of Maine and New Hampshire.

Ann Beattie is an educator with a fascination for the Isles of Shoals. She is past-president of the Isles of Shoals Historical and Research Association, a Director of the Portsmouth Athenaeum and is the Shoals Historian for the Seacoast Science Center. Ann leads tours of Appledore & Star Islands and spends a week each summer on Smuttynose Island as caretaker.

The NH Air National Guard: Mid-Air Refueling

CRN 10426

Tuesday: 11/9 1:30-3:30 PM
Pease International Tradeport - NHANG facility, 302 Newmarket Street, Newington
Class Fee: Free Class Size: Min: 8 Max: 20

Our host, the 157th Air Refueling Wing, NHANG, will provide a tour outlining the basics of a KC-135 tanker plane and its refueling missions. Here is your chance to see, go onboard, and learn how the U.S. military manages flying filling stations. A demonstration of the flight simulator may be possible if it is not servicing military personnel and if the training supervisor is available. With luck, a few OLLI members could get a chance to experience a hands-on take-off and landing of a KC-135. Wear weather-appropriate clothes.

Capt. Sherri Pierce, Public Affairs Officer for the 157th ANG wing, hosts the Mid-Air Refueling tour. Other NH Air National Guard personnel will assist as required.

"The New Yorker:" The Best Magazine in the World?

CRN 10427

4 Thursdays: 10/21-11/4, 18 3:30-5:00 PM
Granite State College, 195 McGregor Street, Manchester
Class Fee: \$20 Class Size: Min: 8 Max: 16

Join us in a new OLLI "tradition" — it's a great opportunity to share your thoughts about all sorts of things, just from reading "The New Yorker." Enjoy lively discussions of this chronicle of our times. Started 85 years ago as a humor magazine, it became a preeminent forum for serious fiction and journalism, with content

— and cartoons — by the most respected writers of today. Facilitators Jones and Monnelly will choose the first readings; after that, the class decides. Maybe you'll choose fiction, maybe articles, maybe even one whole session on cartoons...

Bob Jones is a retired engineer and has never lived in New York, but is an avid "New Yorker" reader in spite of that. John Monnelly, a graduate of UNH, is a New Hampshire native. He loves visiting New York City and has been a serious fan of "The New Yorker" for many years.

Treasure Hunting with Maps **CRN 10428**

Tuesday: 10/5 10:00 AM-Noon
Urban Forestry Center, 45 Elwyn Road, Portsmouth
Class Fee: \$15 Class Size: Min: 15 Max: 30

Did you know that Orienteering (the thinking sport or sport of a lifetime) is the national sport of Sweden and mandatory curriculum for K-12? Hundreds of folks of all ages participate in weekend activities and in the competitive arena in all of the Scandinavian countries. This is not the standard American Boy Scout map and compass exercise, but a light, fun, educational and rewarding experience.

Deborah Humiston makes orienteering maps and teaches navigation in schools, museums, and for corporations. She has presented family programs at the Museum of Science and recently mapped the Rose Kennedy Greenway for the conservancy's public events. She has attended workshops in Sweden where she developed educational models and competed.

Watch the Hawks Fly By **CRN 10429**

3 Wednesdays: 9/8-9/22 11:00 AM-Noon
1) Granite State College, 8 Old Suncook Road,
2) Audubon Center, 84 Silk Farm Road,
3) 73 Carter Hill, Concord
Class Fee: \$15 Class Size: Min: 5 Max: 12

OLLI introduces you to an exciting autumn birding experience. The course includes a classroom-based overview, a tour of the Audubon Center and a hawk watch at Carter Hill. Make sure you bring binoculars to the Carter Hill class.

Joe Quinn, a career-long employee of the NH Division of Parks and Recreation, has spent many years helping people learn about our state's environment and its furred and feathered inhabitants.

Water, Water Everywhere and **CRN 10430**

2 Thursdays: 10/28-11/4
Session 1: 1:30-2:30 PM, Session 2: 1:30-3:30 PM
Exeter Public Library, 4 Chestnut Street, Exeter
Class Fee: \$10 Class Size: Min: 6 Max: 25

Do you want to learn where the water from your faucets actually comes from? How does it get there? What treat-

ment is performed to make it safe? And why is my water bill so high! Join our experts as they discuss one of our most important natural resources.

Carl McMorran, Operations Manager for Aquarion Water Company in Hampton, has worked in the water resources management field for 28 years. Pete Richardson, a retired university administrator who serves on the Exeter Conservation Commission, is a passionate and informed environmentalist.

Welcome Aboard! U.S. Coast Guard Station **Portsmouth Harbor** **CRN 10431**

Tuesday: 9/21 1:00-3:00 PM
Coast Guard Station Portsmouth Harbor, 25 Wentworth Road,
Newcastle
Class Fee: \$10 Class Size: Min: 10 Max: 22

The Coast Guard Station Portsmouth Harbor welcomes you. Start with a presentation touching on high points of Coast Guard history. Learn about the expanded duties and the impact on local operations since being assigned to the Department of Homeland Security. Find out how the collaboration with local law enforcement agencies addresses our efforts to ensure general boating safety, as well as help during search and rescue missions. Take a short walk to the docks to be briefed about the local boats. Fort Point Light Lighthouse and/or Fort Constitution are added points of interest. Wear warm clothes (layers are best) and good walking shoes.

Petty Officer James C. Bushman (GM2) has had assignments both at sea on Coast Guard cutters and more recently at land stations. Like most "Coasties" he must be prepared to wear many hats. OLLI has provided him with a new hat, one of "presenter," earned with his recent presentation.

West Africa: Nomads & RAIN **CRN 10432**

2 Wednesdays: 9/22-9/29 1:30-3:30 PM
Granite State College, Pease International Tradeport, 51
International Way, Portsmouth
Class Fee: \$10 Class Size: Min: 10 Max: 22

Take a virtual trip to little-known Niger. Being ranked by the U.N. as the world's poorest nation has not dampened the hospitality of Niger's warm and generous people. The first class introduces the nomads of Niger, including the Tuareg, famed blue men of the Sahara and the Wodaabe whose men dance in fantastic makeup and robes to attract potential wives. Class 2 introduces the organization RAIN (Rain for the Sahel and Sahara) and its work with its nomadic partners, ranging from school gardens, scholarships and mentoring to girls and women's artisan cooperatives. Slides, video, items of daily life and Bess's touching anecdotes of life among the nomads will enhance this learning experience.

In 2000 Bess Palmisciano vacationed in Niger, West Africa. Taken with the Tuareg people and their desert land, Bess sub-

sequently returned to Africa, learning about the intriguing culture, harsh life, and dire needs of these nomadic people. After discovering that fewer than 15% of Tuareg children attended school, she rallied the parents to action which led to the formation of the international NGO, Rain for the Sahel & Sahara.

What If The Pilgrims Had Needed A Visa: Immigration in the U.S. Today

CRN 10433

2 Wednesdays: 11/3-11/10 10:30-Noon

Granite State College, 195 McGregor Street, Manchester

Class Fee: \$10 Class Size: Min: 12 Max: 25

Despite our history as a nation of immigrants, immigration policy is part of a heated, ongoing cultural debate. We have not been able to fix a system that all sides concede is broken. While faced with a multitude of perspectives and volatile voices, how do we make things right for 11 million illegal immigrants in the U.S. (30,000 in NH)? We will examine current law and structure of immigration, focus on the pros and cons of our present system, consider some practical solutions and review recent state efforts to force the issue.

George Bruno is Managing Director of USA Group International and former U.S. Ambassador to Belize. He has been active in law, politics, education and international relations and consultant on several international humanitarian and legal projects. He has a BA from Hartwick College, a JD from GWU, and a Fellowship from Penn. George also teaches International Law at the NEC School of Graduate Studies and practices immigration law from his global offices in Manchester.

Which is Supreme: The Court or the Constitution?

CRN 10434

8 Tuesdays: 9/21-11/9 2:30-4:00 PM

Granite State College, 195 McGregor Street, Manchester

Class Fee: \$45 Class Size: Min: 8 Max: 24

What is the Supreme Court, and what is its relationship to our Constitution? Join us as we watch and discuss the excellent PBS Supreme Court series. Sessions 5-8 will cover some Supreme Court pros and cons from selections by two history and government professors. We will discuss the landmark decisions from the 1803 Marbury v. Madison trial and others that followed, and also enjoy visits by several Founding Fathers who will travel 230 years through time to present their views and engage in lively discussions.

Roy Shoults is a retired psychiatric social worker who became very interested in the world of American politics from its founding up to the present.

White Mountain Art as History

CRN 10435

2 Wednesdays: 10/27-11/3 9:30-11:00 AM

Granite State College, 53 Technology Lane, Conway

Class Fee: \$10 Class Size: Min: 8 Max: 25

Join us to study White Mountain history through its art. In the early 1800s, when the first artists came to paint the White Mountains, they found a forbidding and largely unexplored region, full of wolves and bears, threatened by landslides, and plagued by terrible storms – exactly what they were searching for. The White Mountains became the epicenter of American Romanticism. Today all of that is long gone, but we can still learn from the art of the period since the artists left behind a record of their world that is both moving and surprisingly detailed.

Doug McVicar has been interested in history all his life. His first publication, a plea to preserve historic street clocks, was printed in the Boston Herald Traveler in 1970. Since then, Doug has shifted his focus northward and upward to the White Mountains. His research interests include place names, economic transitions, and the interaction between visual arts and society's understanding of the world.

Your Life Story: Its Many Facets!

CRN 10436

4 Thursdays: 9/23-10/14 1:00-2:30 PM

GSC Conway, 53 Technology Lane, Conway

Class Fee: \$20 Class Size: Min: 6 Max: 12

Our own life story is one of our richest and enduring resources. We will explore this resource in a variety of ways to capture the memories and treasures. By sharing experiences and techniques, we will begin to create a legacy for ourselves and our families. Helpful suggestions on how to get started, handouts and guidelines will be provided. We'll discover techniques to help recall events and to reminisce. We'll develop strategies on how to process recollections from a respectful perspective. Come join us on this exciting journey that only you can tell!

Nancee Caughey, MSW, CAGS from Boston University and Plymouth State College, has been teaching behavioral and social sciences at Granite State College for more than 15 years. Over that time she has amassed a variety of references and experiences to share.





at Granite State College
8 Old Suncook Road • Concord, NH 03301

Getting to know you

Inside the front cover is the story of who we are. Here we hope you will tell us about you and the things you enjoy. Information will be used in future plans for OLLI.

Please complete this form and send it to the OLLI office at the address above.

Name _____ Date _____

Please tell us about:

Education

In what field?

High School	_____
Certificate	_____
Associate Degree	_____
Some College	_____
Bachelor's Degree	_____
Advanced Degree	_____

Three occupations

Three favorite interests or hobbies

Three community activities in which you have been involved

Three favorite OLLI experiences

How you might like to become more involved with OLLI (check all that apply)

- | | |
|---|--|
| <input type="checkbox"/> Program Development | <input type="checkbox"/> Newsletter production |
| <input type="checkbox"/> Publicity | <input type="checkbox"/> Fundraising |
| <input type="checkbox"/> Coordinate social events | <input type="checkbox"/> Member recruitment |
| <input type="checkbox"/> Office help | <input type="checkbox"/> Class presenter |

Thanks so much for being a part of OLLI and its success—it's learning for the fun of it!

Register now! Classes fill quickly. Credit cards accepted by phone.

Key: (C) Concord (W) Conway (M) Manchester (S) Seacoast

10334	21st Century Diseases in a Flat and Crowded World	S	<input type="checkbox"/>	\$5
10335	A Trip to the Station - Schiller Station	S	<input type="checkbox"/>	\$5
10336	A View of Excellence: St. Paul's School & Mill Brook Gallery	C	<input type="checkbox"/>	\$10
10338	A Whale of Comparisons	S	<input type="checkbox"/>	\$15
10339	Advanced Beginner Spanish Conversation	M	<input type="checkbox"/>	\$30
10340	Aristotle's "Politics:" What's Good About It?	M	<input type="checkbox"/>	\$40
10341	Basic Organics for the Everyday Gardener	W	<input type="checkbox"/>	\$5
10342	Basket Weaving: Basic Techniques	W	<input type="checkbox"/>	\$60
10343	Behind the Actor's Curtain: "The Pitch"	W	<input type="checkbox"/>	\$30
10344	Belize: Life Today in a Mayan Village	C	<input type="checkbox"/>	\$10
10345	Bicycle Across America? (At 70?)	S	<input type="checkbox"/>	\$5
10346	Books To Read in 2010 – and Beyond!	W	<input type="checkbox"/>	\$10
10347	Bridge the Fun Way	C	<input type="checkbox"/>	\$20
10349	Composting: How, What, When, Where and Why?	W	<input type="checkbox"/>	\$5
10350	Computers: PC100 – Easy Start for Beginners	C	<input type="checkbox"/>	\$25
10351	Concord Walks	C	<input type="checkbox"/>	\$20
10352	Coping With Chaos	M	<input type="checkbox"/>	\$25
10353	Current Events: Here, There and Everywhere	M	<input type="checkbox"/>	\$40
10354	Demystifying Death and Dying	M	<input type="checkbox"/>	\$30
10355	Digital Cameras: An Introduction and More	M	<input type="checkbox"/>	\$10
10356	Digital Scrapbooking, Part 2	C	<input type="checkbox"/>	\$80
10357	Dogs, Dogs and More Dogs	M	<input type="checkbox"/>	\$20
10358	Downsizing Dilemmas: Solved!	C	<input type="checkbox"/>	\$40
10359	Drawing Made Simple and Fun	W	<input type="checkbox"/>	\$40
10360	Evolution of Exeter's Religious Landscape	S	<input type="checkbox"/>	\$20
10361	Exploring New Hampshire Architecture As Seen in Dover	S	<input type="checkbox"/>	\$5
10362	Extraordinary Eggs: Traditions Around the World	S	<input type="checkbox"/>	\$20
10363	Fearless Computing 101: Getting Started - Section 1	M	<input type="checkbox"/>	\$35
10364	Fearless Computing 101: Getting Started - Section 2	M	<input type="checkbox"/>	\$35
10365	Films: Men on the Edge	M	<input type="checkbox"/>	\$35
10366	Financial Planning: A Comprehensive Approach	W	<input type="checkbox"/>	\$50
10367	Franklin Pierce Manse Plus Lunch	C	<input type="checkbox"/>	\$25
10368	Fraud: Detection and Prevention	C	<input type="checkbox"/>	\$10
10369	From California Art to Concord Gardens to European Wines	C	<input type="checkbox"/>	\$35
10370	Good Queen Bess Knew How to Dress!	M	<input type="checkbox"/>	\$10
10371	Great Broadway Turkeys: Another Serving	C	<input type="checkbox"/>	\$15
10372	Great Decisions 2010: Part 2 (includes book)	C	<input type="checkbox"/>	\$40
10373	Great Decisions 2010: Part 2 (no book)	C	<input type="checkbox"/>	\$20
10374	Great Plays, Great Actors: Theater Appreciation 101	C	<input type="checkbox"/>	\$20
10375	Haiti - Before and After the Earthquake of 2010	S	<input type="checkbox"/>	\$5
10376	Healthy Living at Any Age	M	<input type="checkbox"/>	\$15
10377	Hiking? Where Do You Think You're Going ?	W	<input type="checkbox"/>	\$15
10378	Honoring a Patient's Wishes: Ethical Dilemmas	C	<input type="checkbox"/>	\$5
10379	How the Brain Works – Part III	M	<input type="checkbox"/>	\$35
10380	Hydrangea and Herb Wreath: "Sweet Devotion"	W	<input type="checkbox"/>	\$20
10381	Inside the Walls: Phillips Exeter Academy	S	<input type="checkbox"/>	\$10
10382	It's About Time - Clocks in the Rocks	C	<input type="checkbox"/>	\$30
10383	Japanese Free Style Weaving: SAORI	C	<input type="checkbox"/>	\$15
10384	John Marshall: A Conversation	C	<input type="checkbox"/>	\$35
10385	Karl Marx vs. the Realities of Revolution	C	<input type="checkbox"/>	\$20
10386	King Arthur: Come Back to Camelot	M	<input type="checkbox"/>	\$35

10387	Knitting: Back By Popular Demand	W	<input type="checkbox"/>	\$20
10388	Line Dancing: Get Started	S	<input type="checkbox"/>	\$15
10389	Lobster Lady: Lobsters from Many Perspectives	S	<input type="checkbox"/>	\$15
10390	Local News Production: Past, Present and Future	S	<input type="checkbox"/>	Free
10391	Making the Healthcare System Work for You	C	<input type="checkbox"/>	\$10
10392	Meet the Authors	M	<input type="checkbox"/>	\$30
10393	Movement for Relaxation	W	<input type="checkbox"/>	\$5
10394	Native American Culture and Spirituality	W	<input type="checkbox"/>	\$8
10395	New Boston Satellite Tracking Station Tour	M	<input type="checkbox"/>	\$10
10396	New Hampshire in the Revolution	S	<input type="checkbox"/>	\$10
10397	Nutrition for the Golden Years	S	<input type="checkbox"/>	Free
10398	OLLI at the Pipe Organ	C	<input type="checkbox"/>	Free
10399	OLLI Goes to Seabrook Station Basic Tour	S	<input type="checkbox"/>	\$10
10400	OLLI Goes to Seabrook Station PLUS Tour	S	<input type="checkbox"/>	\$15
10401	Our Founding Fathers: What Were They Thinking?	C	<input type="checkbox"/>	\$25
10402	Plagues: Causes and Consequences	M	<input type="checkbox"/>	\$40
10403	Poland: 40 Years of Challenge and Change	S	<input type="checkbox"/>	\$10
10404	Political Propaganda: Detecting It. De-bunking It.	C	<input type="checkbox"/>	\$30
10405	Portsmouth Naval Shipyard History Tour and Museum Visit	S	<input type="checkbox"/>	\$10
10406	Preparing for Winter	S	<input type="checkbox"/>	\$15
10407	Protecting Portsmouth Harbor	S	<input type="checkbox"/>	\$15
10408	Quillow: Quilt or Pillow?	W	<input type="checkbox"/>	\$45
10409	Rambling, Scrambling or Walking for Fall Sightings	S	<input type="checkbox"/>	\$15
10410	"Reading the Bible Again for the First Time"	M	<input type="checkbox"/>	\$25
10411	Robert Burns: His Life and Poetry	M	<input type="checkbox"/>	\$5
10412	Robert Frost Farm Tour	M	<input type="checkbox"/>	\$5
10414	Rwanda: Land of a Thousand Hills	M	<input type="checkbox"/>	\$10
10415	Sabbathday Lake Shaker Village	C	<input type="checkbox"/>	\$65
10416	Saved by Revision: The Evolution of Two Great Sonnets	S	<input type="checkbox"/>	\$15
10417	Shakers: Their Lives and Simple Gifts	C	<input type="checkbox"/>	\$25
10418	Shape Up and Shimmy	W	<input type="checkbox"/>	\$20
10419	Sherlock Holmes: Keeping His Memory Green	M	<input type="checkbox"/>	\$40
10420	Shop, Lunch and Learn with OLLI	C	<input type="checkbox"/>	\$10
10348	Stories From the Front Lines	M	<input type="checkbox"/>	Free
10421	Stress: Don't Let It Get To You!	C	<input type="checkbox"/>	\$20
10422	That Reminds Me of a Story	S	<input type="checkbox"/>	\$5
10423	The Bretton Woods IMF Conference	W	<input type="checkbox"/>	\$10
10424	The Holocaust and Anti-Semitism: Then and Now	M	<input type="checkbox"/>	\$25
10425	The Isles of Shoals Through Time - Four Centuries	S	<input type="checkbox"/>	\$15
10426	The NH Air National Guard: Mid-Air Refueling	S	<input type="checkbox"/>	Free
10427	"The New Yorker:" The Best Magazine in the World?"	M	<input type="checkbox"/>	\$20
10428	Treasure Hunting with Maps	S	<input type="checkbox"/>	\$15
10429	Watch the Hawks Fly By	C	<input type="checkbox"/>	\$15
10430	Water, Water Everywhere and	S	<input type="checkbox"/>	\$10
10431	Welcome Aboard! US Coast Guard Station	S	<input type="checkbox"/>	\$10
10432	West Africa: Nomads & RAIN	S	<input type="checkbox"/>	\$10
10433	What If The Pilgrims Had Needed A Visa	M	<input type="checkbox"/>	\$10
10434	Which is Supreme: The Court or the Constitution?	M	<input type="checkbox"/>	\$45
10435	White Mountain Art as History	W	<input type="checkbox"/>	\$10
10436	Your Life Story: Its Many Facets!	W	<input type="checkbox"/>	\$20