Winter/Spring Previews
Submitted by Jacki Fogarty, Editor

Concord
Wednesday, January 10
12:30 Registration/Refreshments, 1:00 Program
Tad’s Place, Heritage Heights Main Gate,
149 East Side Drive, Concord

Conway
Monday, January 8, 10:30 a.m.
~ AND ~
Wednesday, January 17, 5:30 p.m.
Granite State College, Conway

Manchester
Friday, January 12
9:00 Registration/Refreshments, 10:00 Program
Bethany Covenant Church
1 Covenant Way, Bedford

Seacoast
Thursday, January 11, 1:00 p.m.
St. John’s United Methodist Church
28 Cataract Avenue, Dover

Registration Notes

Online registration begins
Thursday, February 1, 9:00 a.m.
If you want to pay by credit card, you must register online.
You may mail in your registration and pay by check. Mailed registrations will begin to be processed by office staff and volunteers on February 1 also.
Your best chance and getting a seat in the most popular courses is to enroll online early on Thursday.

If your membership is due for renewal February 1, be sure you renew it before you register for classes.

Registration Help
Submitted by Jacki Fogarty, Class of 2012

Online registration is convenient and fast. If you run into a snag, if you don’t remember how to get started, if you want some reassurance that you’re doing it correctly, we have help for you.

1. Remember that you start on the OLLI website, olli.granite.com and click the Sign In/Register button at the top right.
2. Enter your username and password to sign in to your existing account. DO NOT CREATE A NEW ACCOUNT!
3. At any point, if you need a reminder of how to do something, click the link near the top right “Instructions.” A document with full instructions will open and you may choose your topic.

Click here to review that document now.

Onsite guidance: Concord will hold a clinic on February 1 and 2, 9:00 a.m. until 4:00 p.m. for any member who wants hands-on assistance registering online. Come in to the Computer Lab at GSC, Concord.

Call in to the office: Call (603) 513-1377 and a staff member or trained volunteer will walk you through the online process.

Learning for the Fun of It
Need another New Year’s resolution? 
(NOTE: not an ad for diet and exercise)

Volunteerism is an integral and intentional piece of our OLLI. From an organizational perspective volunteerism equals commitment, commitment equates to ownership and ownership is key to the health and strength of any organization.

But research also speaks to the health benefits for individuals who volunteer and especially those 50+. Significant improvements in mental health, increased brain activity, preservation of cognitive function, lower rates of depression, increased feelings of productivity and an overall sense of improvement of life are just a few of the findings related to the benefits of volunteering. There has even been evidence that the health benefits of volunteering are strongest among rural retirees.

Here’s what some of our very own OLLI volunteers have expressed recently and without me even asking!

- “Volunteering is helping me meet new people.”
- “Volunteering helps me structure my days. It’s good to have someplace to go most days.”
- “The beautiful new OLLI office suite, provided at no cost to us by Granite State College, is generous and beautiful. It makes me want to volunteer more!”

There is a wide variety of ways you can begin improving your health by volunteering for OLLI. Whether you are the “just do it” type, a planner, a teacher or something else, OLLI volunteering is fun and friendly. OLLI offers one-time jobs, occasional jobs and long-term commitments. Find the fit that’s right for you!

Whom do I contact about volunteering and how?

Form/Online: Click this link for a form to indicate your area(s) of interest and contact information. Return the form to the OLLI office and you will be contacted. Or you may find more information and a form on the Get Involved page of the OLLI website.

By email to the OLLI office: Let the OLLI office know what your volunteer interest is and we’ll point you in the right direction: olli.office@granite.edu

By phone: Speak with a staff person or an office volunteer to learn more about the array of available opportunities: (603) 513-1377.

If your 2018 New Year’s resolution is focused on improving your health, consider this . . . a gym membership costs money, volunteering is free!!

Member Quote of the Month:
“There are not many opportunities for my mom and me to do something together that we both enjoy. The OLLI film class was a fun way to spend time together.”

George, Laurie, Tessa and Jane

Your generous donations work to maintain affordable dues and class fees, supplement scholarships, ensure program sustainability and build organizational capacity. Thank you for supporting OLLI at Granite State College.

Click here to access the online donation form or mail your check payable to OLLI at Granite State College, OLLI Office, 25 Hall Street, Concord NH 03301.
Not all gifts come wrapped in fancy paper and tied with a bow.

I took a trip to Plymouth, New Hampshire, in mid-December to meet David “Lou” Ferland, OLLI’s presenter for the popular CSI classes. Winding along the highway past hills blanketed with snow, my mind wandered from the upcoming interview and fretted instead over the state of the country (“all that fake news”), the state of my household (“...tree to be trimmed, Christmas cookies to bake and oh, yeah, fit a couple loads of laundry in somewhere...”) and the upcoming holiday (“will Dad really like the book I got him?”). All months have their challenges, I suppose, but December somehow seems to get an extra share.

David and I met at The Main Street Station, a Fifties-style diner straight out of Happy Days. I’d wondered if David’s thirty years with the Portsmouth Police Department meant I’d be interviewing a serious law-and-order, no-horsing-around, mind-your-p’s-and-q’s kind of guy. Instead, his broad, beaming smile and sunny disposition reminded me of a time when life was as cheerfully uncomplicated as the Fifties diner, when we heartily believed, as David put it, that “most people are basically good,” and the police were not just officials in the community, they were our friends.

“I got into police work because I love helping people,” David said, as the waiter served us omelets. And to prove it, his laid-back style was laced with stories: stories of his work with the newly-created canine unit, his love of police dogs and his dogs’ love of service to the community. “They actually smile as they work,” he insisted. David recounted stories of Portsmouth’s bawdy history at the start of the 20th century, the economic role prostitution once had and the speed with which Portsmouth eventually closed it down. He recalled the stress of defending his doctoral dissertation — yes, this police officer has his doctorate — and defusing it by showing up in a historic uniform, something that he’s done in OLLI classes, to the delight of students. He chuckled as he explained why someone named David came to be known informally as Lou. “There were too many officers named David, so my boss decided to call me Lou. And it stuck.”

An author as well as an OLLI presenter, David teaches very popular courses in CSI (Crime Scene Investigation) with two sessions coming up this Spring. Students can expect him to bring to it his considerable expertise in police work and a huge dose of good humor.

My short time with David reminded me that not all gifts come wrapped in fancy paper, tied with a bow. Sometimes, a gift arrives in an antique police officer’s uniform, tells great stories, informs us and helps us remember that most people are good. Looking forward to the new academic term, I made a note to give myself a spring-time gift and register for David’s classes. It’s a gift I look forward to with huge enthusiasm.
The OLLI Travel Committee had another fun-filled meeting in December and will next meet on Thursday, January 4 at 10:00 a.m., in Concord.

With 17 OLLI members looking forward to our first international trip to Ireland in May of 2018, the OLLI Travel Committee has partnered with Grand Circle Travel for our second international trip. Although the exact date won’t be set until late March or early April, you can secure your spot now with a $500 refundable deposit. Our fourteen-day river cruise – Eastern Europe to the Black Sea – will depart in May of 2019.

Those requesting one of the limited single cabins (subject to an additional fee) are advised to reserve a spot now. For more information, call Grand Circle Travel at 877-220-2540 and use OLLI code 69-27564.

Interested in a day trip? Do you like Rogers and Hammerstein music? You can register now to enjoy the Portland Maine Symphony Orchestra for a Sunday matinee on April 22, 2018.

Enjoy a “Dutch Treat” lunch at DiMillo’s On the Water before the show where you will choose your own lunch and pay by cash or credit card. Register now, as seats are limited. $110 paid at registration covers the cost of the bus with stops in Concord and Portsmouth, the OLLI class fee, the concert tickets and a small snack for the bus ride home.

Reserve today at olli.granite.edu or by calling the OLLI office at (603) 513-1377. Non-OLLI friends are welcome, subject to an additional $20 fee. Additional information is available at olli.granite.edu.

Always looking ahead with our plans, the OLLI Travel Committee is considering a day trip to the Museum of Russian Icons in Clinton, Massachusetts in June of 2018.

Having enjoyed multi-day bus trips to Philadelphia and the Finger Lakes Region in 2017, the Travel Committee is exploring options for a multi-day bus trip in the summer or fall of 2018.

Are you especially fond of travel? Would you like to be in on the early planning? You are welcome to attend an OLLI Travel Committee meeting to find out more about our planning process.

Contact Martha Walsh at marthajimwalsh@myfairpoint.net for more information.

Submitted by Martha Walsh, Class of 2014
**Concord OLLI Book Club**  
*Submitted by Mary Davies, Class of 2007*

If your New Year’s resolution is to read more in 2018, and enjoy lively discussions with other readers, you are invited to come to the *Chapter Chat* meetings, the second Monday of each month, 12:30 – 2:00 p.m., at Granite State College in Concord. New participants are always welcome.

**January 8 – *Dark Money* by Jane Mayer – Sally Embley, Leader**  
Jane Mayer is a staff writer for The New Yorker magazine. She presents a timely account of how our politics is dominated by money from well-organized wealthy donors.

**February 12 – *Midnight in Broad Daylight* by Pamela Rotner Sakamoto – Joyce Prowse, Leader**  
This is the true story of a Japanese-American family caught on two sides during World War II. It reads like a novel. It is the story of ordinary people and their experience during wartime. One brother returned to the U.S. after the family had moved back to Japan and was sent to an internment camp. The rest of the family spent the war years in Hiroshima.

**March 12 – *The Plot Against America* by Philip Roth – Mary Davies, Leader**  
What if Charles Lindbergh, American hero and rabid isolationist had been elected president of the United States in 1940, defeating FDR? The novel is told from the point of view of the Roth family, living in Newark, NJ. Philip Roth serves as narrator and central character as his family faces increased anti-Semitism. The New York Times review called the book “...a terrific political novel” and “creepily plausible.”

**April 9 – *Pachinko* by Min Jin Lee – Donna Frost, Leader**  
This multi-generational saga follows a Korean family through the 1900s. It is set in both Korea and Japan, against the background of the complicated relationship between the two cultures. This book was a National Book Award finalist.
The Conway OLLI Central Committee is doing something new this January. We are holding two previews instead of one in order to attract more people who are working! The first will be Monday January 8, at 10:30 a.m. and the second January 17 at 5:30 p.m. For the first time we will offer six late afternoon or evening classes; we will highlight these at the 5:30 preview which will be more informal than our usual previews. Please encourage your friends to join you at either of these events.

This year also we will have a number of winter programs including a sleigh ride in the fields. Our SIGs (Special Interest Groups) are expanding and there will be lots of fun ahead. Do come to one of the previews to learn more!

**Conway’s Corner**
*Submitted by Betsy Gemmecke, Class of 2008*

---

**Substitute Teaching, Anyone?**
*Submitted by Jane Fletcher, Director*

OLLI recognizes the generosity of our host institution, Granite State College (GSC), in many ways. Exploring options to promote the mission and the work of GSC is specifically mentioned in the OLLI strategic plan. Recently while working with the Manchester School District, GSC learned of a community need that presents an opportunity of potential interest to OLLI members. And it offers OLLI the chance to support GSC.

The Manchester School District is currently seeking qualified substitute teachers across all grade levels and subject matter areas. Qualifications for substitute positions include a high school diploma (although a college degree is preferable) and successful criminal records check.

The District welcomes candidates who are interested in employment options, and additional professional development opportunities for interested individuals may be available. The Granite State College community is excited for the opportunity to partner with the Manchester School District to address this area of K-12 student and classroom need, and to extend the opportunity to OLLI members.

To learn more please send your Manchester substitute teacher inquiry to: olli.office@granite.edu

---

**Editor’s Note: To all OLLI Outlook contributors and readers who want to be contributors:**

Members love to hear from other members! Whether you report on an interesting class or an Out & About you enjoyed, wax poetic on your OLLI frame of mind, have comments on a program, share your thoughts about OLLI, sketch, cartoon or photograph your OLLI experiences, I’d love to publish your work!

The standard deadline for Outlook submissions is the 20th of the month. Usually I can and will accept submissions through the 23rd but no guarantees. Please submit your work to OLLIOutlook@aol.com. Written materials should preferably be in Word rather than PDF files and art and photographs in JPG format if possible. But, if you don’t know or can’t manage the formatting, submit anyway and we’ll try to work it out.

Thank you for your anticipated assistance! I look forward to receiving your articles and pictures -- getting your view of OLLI activities is one of the fun parts of the job for me.

Finally, if you already contribute, thank you for your articles, pictures and creative expressions to Outlook -- OLLI members across the state appreciate the work you do.

---

*Jacki Fogarty*
*Editor*
Chair’s Chat
Submitted by Sharon Rase, Class of 2010,
Steering Committee Chair

Your OLLI Steering Committee took a holiday break and did not have a meeting in December but committed to a full day (10:00 a.m. - 3:00 p.m.) for the first meeting in the new year. So, I don’t have a meeting report but many of your representatives have been working to retrieve background information that will serve as the base for our afternoon workshop on January 22, 2018.

Our director, Jane Fletcher, has written an interesting article for this issue of the OLLI Outlook about volunteering and its health benefits (see Hall St. Journal, page 2). I’d like to piggyback on her article by addressing some of the reasons why you might not choose to volunteer for OLLI . . . and we understand there are many reasons that make it seem impossible: time limitations, already volunteering for other nonprofits, over-scheduled, still working, family commitments and more.

However, a new year is beginning and perhaps you’re ready for a fresh project and/or activity. Let me make a few suggestions to help you on deciding to volunteer for OLLI. First, investigate the possibilities by learning as much as possible about the organization: the beginning pages of the Course Catalog (print version) provide basic organization information; OLLI Outlook, our monthly newsletter, provides up-to-date information on activities with the names of those involved, and the Get Involved page on the OLLI website offers general information about opportunities.

Then talk with some OLLI members who volunteer on different projects or those who are the leaders at your site, all of whom would be more than delighted to discuss their projects. Or contact me, I’m always interested in talking to members interested in volunteering . . . you may even get dessert and a cup of tea.

Think about this: all the classes and activities that we enjoy are planned and organized by volunteers. Do you have a skill to share? Good on the computer? Super organized? Love meeting new people? Not afraid to speak to a group? Party planning is your specialty? Your baked goods and casseroles are outstanding? You travel frequently? We all have special skills and comfort zones that would add to OLLI’s success. (Note: did you notice that none of the opportunities I mentioned require joining a committee or a long-term time commitment . . . many can be done at home; we refer to them as “bunny slipper” jobs.)

Do something different in 2018 and make a difference . . . don’t let the other OLLI members have all the fun.

Sharon
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Concord</strong></td>
<td><strong>Concord Membership Committee</strong>, Bob Pearson’s house – 10:30 a.m.</td>
</tr>
<tr>
<td><strong>Concord</strong></td>
<td><strong>Concord Central Committee</strong> – 9:30 a.m.</td>
</tr>
<tr>
<td><strong>Concord</strong></td>
<td><strong>Concord Book Club</strong> – 12:30 p.m.</td>
</tr>
<tr>
<td><strong>Concord</strong></td>
<td><strong>Concord Communications Committee “Sticker Day”</strong> – 9:00 a.m.</td>
</tr>
<tr>
<td><strong>Concord</strong></td>
<td><strong>Concord Winter/Spring Preview</strong> – 12:30 p.m.</td>
</tr>
<tr>
<td><strong>Concord</strong></td>
<td><strong>Concord Catalog Distribution Social</strong> – 9:30 a.m. (Snow Day – January 16)</td>
</tr>
<tr>
<td><strong>Concord</strong></td>
<td><strong>Concord Curriculum Committee</strong> – 10:00 a.m.</td>
</tr>
<tr>
<td><strong>Concord</strong></td>
<td><strong>Concord Lunch Bunch</strong>, Red Blazer Restaurant – 1:00 p.m.</td>
</tr>
<tr>
<td><strong>Concord</strong></td>
<td><em>RSVP by January 15 to Phyllis Benoit at <a href="mailto:ppigula@att.net">ppigula@att.net</a> or 774-7721</em></td>
</tr>
<tr>
<td><strong>Conway</strong></td>
<td><strong>Conway SIG-Snowshoe/Cross Country Ski</strong></td>
</tr>
<tr>
<td><strong>Conway</strong></td>
<td><strong>Conway Winter/Spring Preview I</strong> – 10:30 a.m.</td>
</tr>
<tr>
<td><strong>Conway</strong></td>
<td><strong>Conway SIG-Cribbage/Games</strong>, N. Conway Community Center – 1:00 p.m.</td>
</tr>
<tr>
<td><strong>Conway</strong></td>
<td><strong>Conway SIG-Cribbage/Games</strong>, N. Conway Community Center – 10:15 a.m.</td>
</tr>
<tr>
<td><strong>Conway</strong></td>
<td><strong>Conway Winter/Spring Preview II</strong> – 5:30 p.m.</td>
</tr>
<tr>
<td><strong>Conway</strong></td>
<td><strong>Conway Central Committee</strong> – 9:30 a.m.</td>
</tr>
<tr>
<td><strong>Manchester</strong></td>
<td><strong>Manchester Communication Committee</strong> – 10:00 a.m.</td>
</tr>
<tr>
<td><strong>Manchester</strong></td>
<td><strong>Manchester Winter/Spring Preview</strong> – 9:00 a.m.</td>
</tr>
<tr>
<td><strong>Manchester</strong></td>
<td><strong>Manchester Curriculum Committee</strong> – 10:00 a.m.</td>
</tr>
<tr>
<td><strong>Manchester</strong></td>
<td><strong>Manchester Central Committee</strong> – 10:00 a.m.</td>
</tr>
<tr>
<td><strong>Manchester</strong></td>
<td><strong>Manchester Mug ‘n’ Muffin/Game Day</strong> – 10:00 a.m.</td>
</tr>
<tr>
<td><strong>Seacoast</strong></td>
<td><strong>Seacoast Winter/Spring Preview</strong> – 1:00 p.m.</td>
</tr>
<tr>
<td><strong>Seacoast</strong></td>
<td><strong>Seacoast Handwork SIG, GSC-Portsmouth</strong> – 1:00 p.m.</td>
</tr>
<tr>
<td><strong>Seacoast</strong></td>
<td><em>Contact <a href="mailto:sandy_oneill@comcast.net">sandy_oneill@comcast.net</a></em></td>
</tr>
<tr>
<td><strong>Seacoast</strong></td>
<td><strong>Seacoast Central Committee</strong> – 1:00 p.m.</td>
</tr>
<tr>
<td><strong>Seacoast</strong></td>
<td><strong>Seacoast SIG-Memoir Writing</strong> – 1:00 p.m.</td>
</tr>
<tr>
<td><strong>Statewide Meetings and Events</strong></td>
<td><strong>GSC Closed for New Years Day</strong></td>
</tr>
<tr>
<td><strong>Statewide Meetings and Events</strong></td>
<td><strong>Travel Committee, GSC-Concord</strong> – 10:00 a.m.</td>
</tr>
<tr>
<td><strong>Statewide Meetings and Events</strong></td>
<td><strong>GSC Closed for Martin Luther King Day</strong></td>
</tr>
<tr>
<td><strong>Statewide Meetings and Events</strong></td>
<td><strong>Steering Committee, GSC-Concord</strong> – 10:00 a.m.-3:00 p.m.</td>
</tr>
<tr>
<td><strong>Statewide Meetings and Events</strong></td>
<td><strong>Curriculum Council</strong> – 10:00 a.m.</td>
</tr>
<tr>
<td><strong>Looking Ahead</strong></td>
<td><strong>Winter/Spring Registration begins</strong> – 9:00 a.m.</td>
</tr>
<tr>
<td><strong>Looking Ahead</strong></td>
<td><strong>Winter/Spring Term</strong></td>
</tr>
<tr>
<td><strong>Looking Ahead</strong></td>
<td><strong>OLLI on the Road to Portland Maine Symphony and Lunch</strong></td>
</tr>
<tr>
<td><strong>Looking Ahead</strong></td>
<td><strong>OLLI on the Road to Ireland</strong></td>
</tr>
</tbody>
</table>

*The OLLI Outlook is published monthly and sent to all current OLLI members. OLLI members are invited to submit articles of interest to the general membership. Articles and comments may be emailed to OLLIOutlook@aol.com. Thank you.*

Jacki G. Fogarty, Editor

Class of 2012