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# WELCOME TO OLLI (Osher Lifelong Learning Institute) at GRANITE STATE COLLEGE

**OLLI is CELEBRATING 15 YEARS** as a learning for the fun of it, member-driven, volunteer- based educational program for lifelong learners age 50 and better! We offer non-credit courses that do not require college prerequisites, tests, or grades. Events, trips, social activities and volunteer opportunities enhance member benefits. Programing is responsive to our members who are eager to explore ideas and interests in a safe and relaxed environment, with a community of peers.

We are a self-sustaining organization supported by program fees, in-kind contributions from GSC, endowments from the Bernard Osher Foundation, member donors and local corporate sponsorships.

Our Mission is to develop and provide a broad array of affordable and accessible lifelong learning, social and participatory activities for active and intellectually engaged adults over the age of 50.

We value high standards of program excellence with an emphasis on educational and social enrichment, volunteerism, fiscal sustainability, a diverse membership, mutual respect and member safety.

OLLI at GSC is one of 122 OLLIs at colleges and universities nationwide, representing more than 165,430 members nation-wide, serving 364 cities and towns. To learn more about other Osher Lifelong Learning Institutes across the USA consider visiting: <http://nrc.northwestern.edu/>

OLLI is fortunate to be hosted by Granite State College <https://my.granite.edu/> part of the University System of New Hampshire family that includes Keene State College, Plymouth State University and the University of NH. GSC offers OLLI safe and clean classroom space, free parking and administrative support. OLLI classes are primarily offered at GSC campuses in Concord, Conway, Manchester, Rochester and Portsmouth. Addresses for campuses and community programs are indicated within the course descriptions found in this catalog.

Thanks in large part to the generosity of Granite State College our OLLI membership and class fees are among the lowest within the national OLLI network.

Why not join today? ***We invite you to Celebrate OLLI's 15th anniversary with us. Come for the classes and stay for the friends!***

We look forward to meeting you,



Sharon Kace  
Chair, OLLI Steering Committee  
OLLI Class of 2010



Jane Fletcher  
Program Director  
OLLI Class of 2011

## **ABOUT US**

### **Become a Member**

Membership in OLLI is required to participate in the full range of offerings. To join you may:

1. Complete the secure online application found on the OLLI website at [olli.granite.edu](http://olli.granite.edu), or
2. Complete the registration/application in the back of the packet and mail it with your \$40 check to the OLLI office, 25 Hall Street, Concord NH 03301. Please use a separate registration form and a separate check for each member to avoid the potential for errors.

### **Benefits of Membership**

- \$20 discount per class (prices shown in this catalog reflect the discount)
- Reasonably-priced classes, events and trips
- Scholarship for members in need
- Access to programs at four sites (greater Concord, Conway, Manchester/Nashua and Seacoast)
- 500+ programs per year
- Bus trips to museums, theaters, historical venues and other places of interest
- International travel
- Pursuit of active brain, healthy brain
- Talent-sharing opportunities in a variety of volunteer roles
- Learning for pleasure with peers
- Interest groups, social gatherings and opportunities to meet new friends
- Newsletters and catalogs
- Opportunities to volunteer and shape the future of OLLI
- Student ID card which may be accepted for discounts where available
- Support of OLLI mission

### **Contact Us**

The OLLI office is located at Granite State College, 25 Hall Street, Concord NH, and is staffed by three employees with assistance from member volunteers. Hours of operation are 9:00 a.m.-5:00 p.m. Monday through Friday.

For more information about OLLI:

- Visit our website: [olli.granite.edu](http://olli.granite.edu)
- Call us in Concord at 603.513.1377
- Email us: [olli.office@granite.edu](mailto:olli.office@granite.edu)
- Write us: OLLI at GSC, 25 Hall Street, Concord NH 03301

## Registration

Registration for spring classes opens on **Monday February 4, 2018 at 9:00 AM.**

**Classes fill up quickly. Those who register online and early will have the best chance of fulfilling their first choices.** Help is available from staff and volunteers in the OLLI Office. Registration is ongoing throughout the term. You may register until the start date unless the class has reached its maximum class size. Registrations will not be accepted without payment.

### **Online, and mail-in:**

To register online visit the OLLI web site, **olli.granite.edu**. When choosing to register by mail, the application/registration form at the back of the catalog may be returned with your check payable to OLLI at GSC. Please use a separate registration form and a separate check for each student to avoid potential errors. Our mailing address is: OLLI at GSC, 25 Hall Street, Concord NH 03301.

## Payment and Credit Card Security

All payments for OLLI programs and fees must be either completed online (credit card) or mailed (check) directly to the OLLI office. ***For your protection, credit/debit card information should never be left on voicemail, included in an email or faxed.***

## Scholarship Requests

Donations from members and community partners contribute to financial support for members in need, to defray the cost of class fees. Scholarships may not be used for membership fees. Please call the OLLI office to request a scholarship – it's an easy and respectful process and there's no paperwork.

## POLICIES

The following are some key policies intended to ensure optimal enjoyment of the OLLI experience by all.

### **Nonmember Registration**

Nonmembers may enroll in any OLLI class (unless otherwise indicated). Nonmembers do not receive a member discount; the cost of courses for nonmembers is \$20 more than the member price found online or in this catalog.

### **Refunds and Withdrawals**

- Classes that are cancelled by OLLI qualify for refunds/donations.
- Requests for withdrawals from classes or events must be made seven days prior to the start date (of the class or event), to qualify for a refund; after that, fees are no longer refundable.

- Neither absences nor presenter cancellations of a single session in a multi-session class qualifies for a refund. (note: presenters who cancel class sessions are encouraged to offer make-up sessions)
- Special exceptions to this policy will be indicated in the class/event/ trip description, if applicable.

## **Guests**

Members are welcome to invite *nonmember* friends and relatives who might be interested in joining OLLI, to one session of a class, contingent on space/seat availability. **Members MUST CALL the OLLI Office first**, to ensure that there is room in the class for a guest to attend. Guests may attend the class at no charge, however, must pay for class materials or expenses such as: lunch, admission fees or class supplies. The complimentary guest privileges do not apply to day or extended trips.

## **Catalog Limitations and Discrepancies**

The printed catalog describes courses, policies and procedures of OLLI at Granite State College that are in effect at the time of its preparation. Print catalog information including, but not limited to, dates, times, number of sessions, presenters, locations and fees are subject to change without notice. The online catalog is updated with changes as they are made. Any discrepancies should be clarified with the OLLI office.

## **Academic Integrity**

Academic integrity and intellectual truth are among the foremost priorities in institutions of higher learning. Without these, there is no real learning, critical thinking, creativity, or development of new knowledge.

It is essential that OLLI presenters have the right to express their views in a professionally responsible manner. It is also essential that diverse opinions are expressed and discussed. The views and opinions expressed in OLLI at Granite State College classes and presentations are those of the individual presenters and class participants and do not necessarily represent the views and opinions of Granite State College or of OLLI.

## **Care Assistants**

OLLI at Granite State College supports member accessibility. When a member requires the assistance of a caregiver or other support person during a class, the program fee will be waived for the member's care assistant. When applicable, material fees or admission charges related to the class or event will be collected to defray specific materials/event costs.

## Code of Conduct

Members of the GSC/OLLI community are expected to treat each other with respect. Some conduct may seem respectful to one party and not to the other. The GSC conduct standard recognizes and accommodates these differences in perspective by providing a confidential, fair and expeditious process for resolving these differences before they escalate. Members of the GSC/OLLI community are expected to know and comply with this conduct policy. Behavior that threatens or endangers the welfare of members of the College community or substantially disrupts or threatens to substantially disrupt the operation of the College is prohibited and shall be grounds for disciplinary action, including possible dismissal from OLLI. Such prohibited behaviors include, but are not limited to disruptive or disrespectful conduct, harassment, bullying, discrimination, sexual violence, sexual harassment, intimidation and threatening behaviors.

## Inclement Weather Policy

Granite State College's winter weather closure process can be found at: [my.granite.edu/safety-security](http://my.granite.edu/safety-security). Announcements of closures will be posted on WMUR TV and its website [www.wmur.com](http://www.wmur.com). Please do not call the OLLI Office as that recording does not get updated for weather closings. The OLLI Office will be closed if GSC Concord is closed.

***For safety reasons, all OLLI meetings and activities are cancelled if the local GSC campus is closed.*** If GSC remains open but OLLI decides to cancel an event/class due to weather conditions, an email will be sent to all members and phone calls made to all who registered or RSVP'd. OLLI members are personally responsible for their own safety and must exercise good judgment when making traveling choices in inclement weather. The College advises you not to travel if you believe you are putting yourself in harm's way

## Pets and Service Animals

In an effort to reduce risk to allergy sufferers and fragile or less physically-stable members, pets are prohibited in OLLI classes, tours and other OLLI events. Service animals are exempt from this policy.

Find us on  
**Facebook** 

[www.facebook.com/olligsc](http://www.facebook.com/olligsc)

Classes are listed in order by site and day of the week. Keep this page for your records.

KEY | M: Members NM: Non-Members

**CONCORD**

<input type="checkbox"/>	Covered Bridges of New Hampshire Past & Present	M	3/18	1:00-2:30 PM	\$20	pg 40
<input type="checkbox"/>	Implications of Evolution	M	3/25-4/22	1:00-3:00 PM	\$40	pg 66
<input type="checkbox"/>	In the Evil Day: Villainy, Violence and Heroism	M	5/6	1:00-3:00 PM	\$20	pg66
<input type="checkbox"/>	Better Cooking Through Chemistry	M	5/6-5/13	6:00-7:30 PM	\$25	pg 28
<input type="checkbox"/>	Death in the White Mountains: Hiker Fatalities	M	5/13	2:30-4:00 PM	\$20	pg 44
<input type="checkbox"/>	Walk the Contoocook River Park Trails	M	5/20	1:00-3:00 PM	\$20	pg 104
<input type="checkbox"/>	Analytics, Social Media and Privacy	Tu	2/26	10:00 AM-Noon	\$20	pg 21
<input type="checkbox"/>	Exploring the Universe: Includes Planetarium Show	Tu	3/12	2:00-3:30 PM	\$20*	pg 49
<input type="checkbox"/>	What About Single Payer Healthcare?	Tu	3/19	10:00-11:30 AM	\$20	pg 107
<input type="checkbox"/>	Courage & Conscience: The Risk of Resistance... Third Reich	Tu	3/19-4/16	12:30-2:00 PM	\$40	pg 40
<input type="checkbox"/>	Rise of the Nazis and the Holocaust	Tu	3/26-4/30	10:00 AM-Noon	\$45	pg 86
<input type="checkbox"/>	Nutrition Labels 101 with the Dietitian!	Tu	4/16	10:00-11:00 AM	\$20	pg 80
<input type="checkbox"/>	History & Tour of Globe Manufacturing...Gear for Firefighters	Tu	4/23	9:00-11:30 AM	\$20	pg 62
<input type="checkbox"/>	Boston Massacre: A Fresh Look	Tu	4/23	1:00-3:00 PM	\$20	pg 30
<input type="checkbox"/>	Primer on Representative Government: How Do We Decide	Tu	4/23	6:00-7:30 PM	\$20	pg 84
<input type="checkbox"/>	Antiques: Appreciate, Accumulate and Even Liquidate	Tu	4/30-5/21	3:00-5:00 PM	\$35	pg 22
<input type="checkbox"/>	Film: Behind the Scenes in Hollywood	Tu	5/7-6/11	9:30 AM-Noon	\$45	pg 51
<input type="checkbox"/>	Can Men & Women, Hardened by Years of Incarceration...	Tu	5/7	1:00-3:00 PM	\$20	pg 34
<input type="checkbox"/>	Dog Training in Today's World	Tu	5/7-5/21	6:00-7:00 PM	\$30	pg 47
<input type="checkbox"/>	Vernal Pool Exploration	Tu	5/14	10:00 AM-Noon	\$20*	pg 102

\*Materials not included.

<input type="checkbox"/>	D-Day: June 6, 1944 - The 75th Anniversary	Tu	5/28-6/4	1:00-3:00 PM	\$25	pg 44
<input type="checkbox"/>	Shakespeare Awaits YOU!!	W	2/20	1:00-2:30 PM	\$20	pg 91
<input type="checkbox"/>	Computers: Tips and Techniques: Using Microsoft...	W	3/6-3/13	1:00-3:30 PM	\$25	pg 38
<input type="checkbox"/>	Spies, Lies and Sunken Subs	W	3/20-4/17	10:00 AM-Noon	\$40	pg 94
<input type="checkbox"/>	What a Journey: 3,200 Births Later (And I'm Still Standing)	W	3/27	1:00-3:00 PM	\$20	pg 106
<input type="checkbox"/>	Holistic Approach to Eating for Weight Loss and Health	W	4/3	10:30 AM-Noon	\$20	pg 63
<input type="checkbox"/>	Vikings Part II: Across the North Atlantic to Greenland...	W	4/3-4/10	1:00-3:00 PM	\$25	pg 103
<input type="checkbox"/>	Learning the iPhone and iPad	W	4/24-5/15	9:30-11:30 AM	\$35	pg 70
<input type="checkbox"/>	Touring the Research Facilities at the University of NH	W	4/24	1:00-3:00 PM	\$20	pg 102
<input type="checkbox"/>	Bruce Springsteen: Early Years in Asbury Park	W	4/24	6:00-7:00 PM	\$20	pg 33
<input type="checkbox"/>	Mah Jongg for Beginners	W	5/1-6/12	1:00-3:00 PM	\$50*	pg 73
<input type="checkbox"/>	Conflict Resolution: Mediation in NH Courts	W	6/12	10:00 AM-Noon	\$20	pg 38
<input type="checkbox"/>	Designing a Perennial Garden	Th	2/21	1:00-3:00 PM	\$20	pg 45
<input type="checkbox"/>	Stress Busters	Th	2/28	10:00-11:30 AM	\$20	pg 96
<input type="checkbox"/>	The Aging Brain	Th	3/7	10:00-11:30 AM	\$20	pg 99
<input type="checkbox"/>	Rogers Rangers—"The Stark and Rogers Brothers in the..."	Th	3/14	9:30-11:30 AM	\$20	pg 88
<input type="checkbox"/>	Judaism - Home Traditions	Th	3/14	10:00-11:30 AM	\$20	pg 67
<input type="checkbox"/>	Moonshine, the Brinks Job and the NH Connection	Th	3/21	10:00-Noon	\$20	pg 76
<input type="checkbox"/>	George Carlin: A Retrospective	Th	3/21-4/11	1:30-3:30 PM	\$35	pg 56
<input type="checkbox"/>	The White Family of Concord	Th	3/21	2:00-4:00 PM	\$20*	pg 99
<input type="checkbox"/>	Nutrition Labels 101 with the Dietitian!	Th	3/28	10:00-11:00 AM	\$20	pg 80
<input type="checkbox"/>	Games and Puzzlers - All Among My Favorites	Th	4/4-4/18	10:00 AM-Noon	\$25	pg 55
<input type="checkbox"/>	Tai Chi - Learn the Slow Movement Art	Th	4/4-4/25	1:00-2:00 PM	\$35	pg 97
<input type="checkbox"/>	Carroll Studio Visit	Th	4/18	10:00 AM-Noon	\$20	pg 34



<input type="checkbox"/>	Homer Comes Alive	Th	4/18	1:00-3:00 PM	\$20	pg 63
<input type="checkbox"/>	Shakespeare's Othello: What's It All About?	Th	4/18-5/9	1:00-3:45 PM	\$35	pg 91
<input type="checkbox"/>	History & Tour of Globe Manufacturing...Gear for Firefighters	Th	4/25	9:00-11:30 AM	\$20	pg 62
<input type="checkbox"/>	Liberation! St. Pierre and Miquelon in World War II	Th	4/25	10:00 AM-Noon	\$20	pg 72
<input type="checkbox"/>	Nice and Naughty	Th	4/25	1:00-3:00 PM	\$20	pg 79
<input type="checkbox"/>	Three Terrific Sports Novels	Th	5/2-5/30	10:00 AM-Noon	\$40	pg 100
<input type="checkbox"/>	Rocks from Space	Th	5/16	1:00-2:30 PM	\$20	pg 87
<input type="checkbox"/>	Freedom Trail Stories	Th	5/23	1:00-3:00 PM	\$20	pg 54
<input type="checkbox"/>	Walking Tour of Blossom Hill Cemetery	Th	6/6	10:00-11:30 AM	\$20	pg 104
<input type="checkbox"/>	Bringing in the Sheaves: The Women's Land Army of WWII	Th	6/6	2:00-3:30 PM	\$20	pg 32
<input type="checkbox"/>	Barbershop Harmony - How Do They Do That?	Th	6/6	6:00-7:30 PM	\$20	pg 24
<input type="checkbox"/>	Tour NH State Veterans Cemetery	Th	6/13	10:00 AM-Noon	\$20	pg 101
<input type="checkbox"/>	Snowshoe the Broken Ground Trails	F	2/22	10:00 AM-Noon	\$20	pg 93
<input type="checkbox"/>	We Promised You a Lawyer: We Didn't Promise...	F	3/1	10:00 AM-Noon	\$20	pg 105
<input type="checkbox"/>	Of Plants, Packets, Pots & Promise...The Buying & Selling...	F	3/8	1:00-2:30 PM	\$20	pg 80
<input type="checkbox"/>	Curtain Up! The Concord Theatre's Next Act	F	3/15	10:00 AM-Noon	\$20	pg 43
<input type="checkbox"/>	Tour of Federal Courthouse	F	3/22	10:00 AM-Noon	\$20	pg 101
<input type="checkbox"/>	Impeachment American Style! Will Pres Trump be Next?	F	3/29-4/5	10:00 AM-Noon	\$25	pg 65
<input type="checkbox"/>	Community Radio in Concord	F	4/12	2:00-3:30 PM	\$20	pg 37
<input type="checkbox"/>	Savvy Buying and Selling with Craigslist	F	4/19	10:00 AM-Noon	\$20	pg 88
<input type="checkbox"/>	Corps of Discovery: The Lewis and Clark Expedition	F	4/19-4/26	1:00-3:00 PM	\$25	pg 39
<input type="checkbox"/>	Mary Baker Eddy Tour	F	5/3	1:00-2:30 PM	\$20	pg 74
<input type="checkbox"/>	Laughter: An Exercise for Happiness	F	5/10	10:00-11:30 AM	\$20	pg 70
<input type="checkbox"/>	Shibori: Indigo Dye Workshop	F	5/10	10:00 AM-1:00 PM	\$20*	pg 92

\*Materials not included.

<input type="checkbox"/>	Freedom Trail Stories	F	5/17	1:00-3:00 PM	\$20	pg 54
<input type="checkbox"/>	Dietrich Bonhoeffer: Spiritual Formation & Social Action...	F	6/7	9:00-11:30 AM	\$20	pg 46
<input type="checkbox"/>	Supreme Court --What's Happening	F	6/14	10:00 AM-Noon	\$20	pg 97
<input type="checkbox"/>	Weave a Muffin Basket	Sa	3/9	Noon-4:00 PM	\$20*	pg 105
<input type="checkbox"/>	Weaving a Handy Tote Basket	Sa	3/16	Noon-4:00 PM	\$20*	pg 106
<input type="checkbox"/>	Lazy Daisy Mini Pastel	Sa	4/6	10:00 AM-3:00 PM	\$20*	pg 70
<input type="checkbox"/>	Creative Silk Scarf Dyeing	Sa	4/13-4/20	10:00 AM-Noon	\$25*	pg 42
<input type="checkbox"/>	Boscawen Town Forest Hike: The Rise and Fall of a Family...	Sa	5/11	10:00 AM-Noon	\$20	pg 30

### MANCHESTER

<input type="checkbox"/>	Exploring Japanese Art: Wabi-Sabi, Humility, and Hidden...	M	2/18-3/4	10:00 AM-Noon	\$30	pg 49
<input type="checkbox"/>	Simple Magic: The Four Foundations of Mindfulness	M	2/18-3/11	2:00-3:30 PM	\$35	pg 93
<input type="checkbox"/>	Globalization: Promise and Problems	M	3/4-3/25	1:00-2:30 PM	\$35	pg 57
<input type="checkbox"/>	Learning to Read Poetry and Love it More	M	3/18	10:00-11:30 AM	\$20	pg 71
<input type="checkbox"/>	Be Heard: Voice Training for Performance & Public Speaking	M	4/1	10:00 AM-Noon	\$20	pg 25
<input type="checkbox"/>	Aristotle's "Nicomachean Ethics": A Seminar Based on...	M	4/1-4/22	1:30-3:00 PM	\$35	pg 22
<input type="checkbox"/>	Financial Planning in Retirement & Elder Law Issues	M	4/1-4/22	3:30-5:00 PM	\$35	pg 52
<input type="checkbox"/>	2038: Technology and Our Future, Part 2: Action Plans	M	4/8	9:45 AM-Noon	\$20	pg 17
<input type="checkbox"/>	Collecting Weather Data in Your Own Backyard	M	4/15	10:00 AM-Noon	\$20	pg 36
<input type="checkbox"/>	Coping with Serious Illness	M	4/29-5/20	10:00-11:30 AM	\$35	pg 39
<input type="checkbox"/>	Plato's Republic: Book One- What is Justice?	M	4/29-5/13	10:00-11:30 AM	\$30	pg 83
<input type="checkbox"/>	French vs. Irish: Why the Beef?	M	5/6	10:00-11:30 AM	\$20	pg 54
<input type="checkbox"/>	Life's Purpose: Discover your Golden Thread!	M	6/3-6/10	10:00 AM-Noon	\$25*	pg 72
<input type="checkbox"/>	Boy, You've Got a Lot of MOXIE!	M	6/3	1:00-2:30 PM	\$20	pg 31
<input type="checkbox"/>	Reading the Existentialists: Kierkegaard	Tu	2/19-3/5	9:30-11:30 AM	\$30	pg 85

\*Materials not included.

<input type="checkbox"/>	New Tax Laws! How Will They Affect You?	Tu	2/19	10:00-11:30 AM	\$20	pg 78
<input type="checkbox"/>	Speculative Literature: Fantasy	Tu	2/19-4/9	1:00-2:30 PM	\$55	pg 94
<input type="checkbox"/>	Current Events: Here, There, and Everywhere	Tu	2/19-4/9	3:00-4:30 PM	\$55	pg 43
<input type="checkbox"/>	Creative Listening—Enhancing the Enjoyment of Music	Tu	4/2-5/21	10:00-11:00 AM	\$50	pg 41
<input type="checkbox"/>	New Middle Eastern Dynamic: Where Do We Go From Here?	Tu	4/2-4/30	10:00-11:30 AM	\$40	pg 78
<input type="checkbox"/>	Mah Jongg for Beginners	Tu	4/9-4/30	10:00 AM-Noon	\$35*	pg 73
<input type="checkbox"/>	Get Ready for the First in the Nation Primary - 2020	Tu	4/9-4/16	1:30-3:00 PM	\$25	pg 57
<input type="checkbox"/>	Alaska: An Intro to the People and History of Alaska's...	Tu	4/16-4/30	7:00-8:15 PM	\$30	pg 19
<input type="checkbox"/>	Introduction to Judaism	Tu	4/30-6/11	Noon-1:30 PM	\$50	pg 67
<input type="checkbox"/>	Beekeeping: Love and Heartache	Tu	5/14	9:30-11:00 AM	\$20	pg 25
<input type="checkbox"/>	Freedom Trail Stories	Tu	5/21	1:00-3:00 PM	\$20	pg 54
<input type="checkbox"/>	Aging Attentively: Improving Your Quality of Life	W	2/20-3/6	9:30-11:00 AM	\$30	pg 18
<input type="checkbox"/>	Films: Madness and the Movies VI	W	3/6-4/24	9:30 AM-Noon	\$55	pg 51
<input type="checkbox"/>	Astronomy Myth and Misconception	W	3/6	1:00-2:30 PM	\$20	pg 23
<input type="checkbox"/>	Grand Tour of the Universe	W	3/13	1:00-2:30 PM	\$20	pg 58
<input type="checkbox"/>	Beyond "Love the Stranger": The Ethics of Borders and...	W	3/20-4/10	10:00-11:30 AM	\$35	pg 28
<input type="checkbox"/>	Telling Stories Thru Music: An Exploration of Adaptation	W	3/20-4/24	10:00-11:00 AM	\$45	pg 98
<input type="checkbox"/>	How a Black Hole Can Kill You	W	3/20	1:00-2:30 PM	\$20	pg 63
<input type="checkbox"/>	Great Decisions - Manchester	W	3/27-5/15	3:00-5:00 PM	\$55*	pg 59
<input type="checkbox"/>	Tour of the Alva de Mars Chapel Art Center at St Anselm	W	4/17	10:30 AM-Noon	\$20	pg 101
<input type="checkbox"/>	Story of the Amoskeag Manufacturing Company	W	4/17	11:00-12:30 PM	\$20*	pg 96
<input type="checkbox"/>	Learning to Look at Art	W	4/17	1:30-3:30 PM	\$20*	pg 71
<input type="checkbox"/>	Learning the iPhone and iPad	W	4/24-5/15	1:00-3:00 PM	\$35	pg 70
<input type="checkbox"/>	How to Discover a Brand New, Marine Organism	W	5/1	11:00 AM-Noon	\$20	pg 64
<input type="checkbox"/>	Creaky Critters: Medical Issues with Aging Cats & Dogs	W	5/8	10:00-11:30 AM	\$20	pg 41

\*Materials not included.

<input type="checkbox"/>	Immigration: Still a Mess	W	5/15	10:00 AM-Noon	\$20	pg 65
<input type="checkbox"/>	Frank Lloyd Wright Legacy & the Zimmerman House	W	5/15	1:00-4:00 PM	\$20*	pg 53
<input type="checkbox"/>	All Things Immigration	W	5/22	10:00-11:30 AM	\$20	pg 20
<input type="checkbox"/>	Begin with Yes	W	5/22	10:00 AM-Noon	\$20	pg 26
<input type="checkbox"/>	Rocking your World: Hands on Geology	W	5/22	1:00-3:00 PM	\$20	pg 87
<input type="checkbox"/>	Tap the Brakes on Rolling Over your 401K—"What's a QCD?"	W	5/29	Noon-1:30 PM	\$20	pg 97
<input type="checkbox"/>	18th Century NH: When Every Man Carried a Gun And...	W	6/5-6/12	1:00-3:00 PM	\$25	pg 17
<input type="checkbox"/>	New Tax Laws! How Will They Affect You?	Th	2/21	10:00-11:30 AM	\$20	pg 78
<input type="checkbox"/>	Shakespeare's Tragedy of Macbeth	Th	2/21-3/14	10:00 AM-Noon	\$35	pg 92
<input type="checkbox"/>	Savvy Caregiver	Th	2/21-3/28	1:00-3:00 PM	\$45	pg 88
<input type="checkbox"/>	Buddhist Parables and Folk Tales	Th	2/28	9:30-11:30 AM	\$20	pg 33
<input type="checkbox"/>	Jefferson as Philosopher	Th	3/7	9:30-11:00 AM	\$20	pg 69
<input type="checkbox"/>	Film: Beautiful Equation: Einstein, Bohr & Grandmothers	Th	3/21	9:30-11:30 AM	\$20	pg 51
<input type="checkbox"/>	Senior Safety	Th	3/28	10:30 AM-Noon	\$20	pg 90
<input type="checkbox"/>	Remembering the Holocaust: Memory and Prevention	Th	4/4-5/9	10:00 AM-Noon	\$45	pg 86
<input type="checkbox"/>	Scottish History, Part 1: Before the Act of Union	Th	4/4-4/18	10:00 AM-Noon	\$30	pg 89
<input type="checkbox"/>	Paddling Down the Beautiful Missinabi	Th	4/18	1:00-2:30 PM	\$20	pg 81
<input type="checkbox"/>	Scottish History, Part 2: How They Figured Out the...	Th	4/25-5/9	10:00 AM-Noon	\$30	pg 89
<input type="checkbox"/>	Boston Massacre: A Fresh Look	Th	4/25	1:00-3:00 PM	\$20	pg 30
<input type="checkbox"/>	New Yorker (The): The Best Magazine in the World	Th	4/25-6/13	3:30-5:00 PM	\$55	pg 79
<input type="checkbox"/>	Plan Your own Funeral or Memorial Service - It Can Be Fun!	Th	5/2-5/9	1:00-2:30 PM	\$25	pg 82
<input type="checkbox"/>	TED Talks Revisited	Th	5/9-5/30	1:00-3:30 PM	\$35	pg 98
<input type="checkbox"/>	Scottish History, Part 3: Invasion	Th	5/16-5/30	10:00 AM-Noon	\$30	pg 90
<input type="checkbox"/>	Beyond the Hearing Aid: Lo-High Hearing Assistive Tech	Th	6/6	10:30 AM-Noon	\$20	pg 29
<input type="checkbox"/>	Financial Fraud	Th	6/6	3:00-4:30 PM	\$20	pg 52

<input type="checkbox"/>	How a Church Organ Gets That Sound	Th	6/13	10:00-11:30 AM	\$20	pg 64
<input type="checkbox"/>	It's the Sugar, Stupid! How Caloric Sweeteners Make You...	Th	6/13	1:00-3:15 PM	\$20	pg 68
<input type="checkbox"/>	Fusion of Art and Glass	F	3/1-3/8	1:00-2:30 PM	\$25	pg 55
<input type="checkbox"/>	Affordable Care Act - A Historical Perspective	F	3/15-3/22	1:00-2:30 PM	\$25	pg 17
<input type="checkbox"/>	Chocolate Adventure at The Dancing Lion	F	4/5	10:00 AM-Noon	\$20*	pg 35
<input type="checkbox"/>	Virtual Visit: Off to Swaziland and South Africa	F	4/12	1:00-2:30 PM	\$20	pg 103
<input type="checkbox"/>	Experience and Taste Morocco!	F	4/26	4:00-6:00 PM	\$20*	pg 48
<input type="checkbox"/>	Avian Adventures	F	5/3	9:00-11:00 AM	\$20*	pg 23
<input type="checkbox"/>	Bridge for your Brain: Intro to Bidding & Hand Eval Part 2	Sa	4/27-5/25	10:00 AM-12:30 PM	\$40	pg 31
<input type="checkbox"/>	Lazy Daisy Mini Pastel	Sa	5/4	10:00 AM-3:00 PM	\$20*	pg 70
<input type="checkbox"/>	Creative Silk Scarf Dyeing	Sa	5/11-5/18	10:00 AM-Noon	\$25*	pg 42
<input type="checkbox"/>	Korean Culture and Cooking Demonstration	Sa	5/11	1:00-3:00 PM	\$20*	pg 69
<input type="checkbox"/>	Amoskeag Millyard Walking Tour: Energy, Transportation...	Sa	6/1	9:30-11:30 AM	\$20	pg 20
<input type="checkbox"/>	Creativity and Sculpture in the Woods: Tour of Andres...	Sa	6/1	10:00 AM-12:30 PM	\$20	pg 42
<input type="checkbox"/>	Amoskeag Millyard Walking Tour: The Southern Division	Sa	6/8	9:30-11:30 AM	\$20	pg 21
<b>SEACOAST</b>						
<input type="checkbox"/>	Psychohistory	M	2/25-4/29	10:30 AM-Noon	\$45	pg 84
<input type="checkbox"/>	Current Diet Trends: The Facts, The Myths and Everything...	M	3/11	1:00-2:00 PM	\$20	pg 42
<input type="checkbox"/>	Nature Poetry of Robert Frost	M	5/13	10:30 AM-Noon	\$20	pg 76
<input type="checkbox"/>	Quilting: Introduction to Foundation Paper Piecing	Tu	2/26	9:30 AM-Noon	\$20*	pg 85
<input type="checkbox"/>	Controlling Bugs in the Garden Using Integrated Pest...	Tu	3/5	10:30-11:30 AM	\$20	pg 38
<input type="checkbox"/>	Designing a Perennial Garden	Tu	3/12	10:00 AM-Noon	\$20	pg 45
<input type="checkbox"/>	Shakespeare's Henry IV, Part I	Tu	3/19-4/9	10:00 AM-Noon	\$35	pg 91

\*Materials not included.

<input type="checkbox"/>	Exploring the Seacoast's Art Venues	Tu	4/16	10:30-11:30 AM	\$20	pg 49
<input type="checkbox"/>	Genetic Engineering: the Good, the Bad, the Ugly	Tu	4/23	10:00 AM-Noon	\$20	pg 56
<input type="checkbox"/>	Aging in Place	Tu	4/30	9:30-11:00 AM	\$20	pg 18
<input type="checkbox"/>	Making Goat Milk Cheese	Tu	4/30	10:30 AM-Noon	\$20*	pg 73
<input type="checkbox"/>	Exploring the Wild and Scenic Lamprey River	Tu	5/7-5/14	See Description	\$25	pg 50
<input type="checkbox"/>	Great Bay National Wildlife Refuge Walk	Tu	5/14	10:30 AM-Noon	\$20	pg 58
<input type="checkbox"/>	Operation Paperclip: The Secret Intelligence Program that...	Tu	5/21-5/28	10:00 AM-Noon	\$25	pg 81
<input type="checkbox"/>	Freedom Trail Stories	Tu	5/28	1:00-3:00 PM	\$20	pg 54
<input type="checkbox"/>	Spring Blooms & Birds: Hike	Tu	6/4	10:00-11:30 AM	\$20	pg 95
<input type="checkbox"/>	Explore Bedrock Gardens	Tu	6/11	10:00 AM-Noon	\$20*	pg 49
<input type="checkbox"/>	Introduction to Beekeeping	W	2/20	6:30-8:30 PM	\$20*	pg 67
<input type="checkbox"/>	Behind the Scenes at NHPBS	W	3/13	10:00 AM-Noon	\$20	pg 27
<input type="checkbox"/>	Shaker Lands & Gardens: Hands to Work... in the Dirt	W	3/20	1:00-2:00 PM	\$20	pg 90
<input type="checkbox"/>	Soil Health for Gardeners and Farmers	W	3/27	10:30-11:30 AM	\$20	pg 93
<input type="checkbox"/>	Marine Mammal Rescue	W	4/3	10:30 AM-Noon	\$20*	pg 74
<input type="checkbox"/>	Black Heritage Trail "Sankofa" Trolley Tour in the Classroom!	W	4/10	1:30-3:30 PM	\$20	pg 29
<input type="checkbox"/>	Beginner Kumihimo Braiding For Jewelry Making	W	4/17-5/8	1:00-2:30 PM	\$35*	pg 26
<input type="checkbox"/>	Portsmouth Naval Shipyard Tour: From Sails to Atoms	W	4/24	10:00 AM-12:30 PM	\$20	pg 83
<input type="checkbox"/>	Hiking the Hampstead Trail System	W	5/8	10:00 AM-1:00 PM	\$20	pg 61
<input type="checkbox"/>	Beer Brewery, Farm and Tasting at Throwback Brewery	W	5/15	2:00-3:00 PM	\$20*	pg 25
<input type="checkbox"/>	Portsmouth Naval Shipyard Tour: From Sails to Atoms	W	5/22	10:00 AM-12:30 PM	\$20	pg 83
<input type="checkbox"/>	Microscopic Marvels	W	5/29	9:00 AM-12:30 PM	\$20*	pg 75
<input type="checkbox"/>	Explore Bedrock Gardens	W	6/5	10:00 AM-Noon	\$20*	pg 49
<input type="checkbox"/>	New Hampshire's Own Merry Mac Sailboat	W	6/5	10:00 AM-Noon	\$20	pg 77
<input type="checkbox"/>	Great Decisions Part 1 - Seacoast	Th	3/28-4/18	10:00 AM-Noon	\$35*	pg 59

<input type="checkbox"/>	Solar 101	Th	4/25	1:00-3:00 PM	\$20	pg 94
<input type="checkbox"/>	Headlong Dives into Human Folly	Th	5/9-5/16	10:30 AM-Noon	\$25	pg 60
<input type="checkbox"/>	How to Cut Your TV Cable	Th	5/16	1:30-3:30 PM	\$20	pg 64
<input type="checkbox"/>	Model Railroadng ... A Great Hobby That Taps Your...	Th	5/23	1:30-3:30 PM	\$20	pg 75
<input type="checkbox"/>	Gripping Tale of Art Forgery and Theft - The Last Painting...	Th	5/30-6/6	10:30 AM-Noon	\$25	pg 59
<input type="checkbox"/>	Who Lives in Great Bay?	Th	6/6	1:30-3:00 PM	\$20*	pg 107
<input type="checkbox"/>	iPhone and iPad: Basics and Fun Stuff	F	3/1-3/15	10:00-11:30 AM	\$30	pg 68
<input type="checkbox"/>	Broadway: a History of America's Musical Theatre	F	3/1-3/22	1:00-2:30 PM	\$35	pg 33
<input type="checkbox"/>	Opera - Die Walküre by Richard Wagner	F	3/29	10:00 AM-Noon	\$20	pg 81
<input type="checkbox"/>	Watch Your Mouth!	F	3/29	1:00-3:00 PM	\$20	pg 105
<input type="checkbox"/>	Carved by the Sea: A Relatively Brief History of the NH...	F	4/5	10:00-11:30 AM	\$20*	pg 34
<input type="checkbox"/>	Flintlock Musket Development & Use from the Early 17th...	F	5/3	10:00-11:30 AM	\$20	pg 53
<input type="checkbox"/>	Games and Puzzlers - All Among My Favorites	F	5/10-5/17	10:00 AM-Noon	\$25	pg 55
<input type="checkbox"/>	Needle-Felted Flowers and Dancing Fairy	F	5/10	1:00-3:00 PM	\$20*	pg 77
<input type="checkbox"/>	Hike and Tour: Finding the First New Hampshire Governor	F	6/7	1:00-3:30 PM	\$20*	pg 61
<input type="checkbox"/>	Walk Around Wagon Hill Farm	F	6/14	10:30 AM-Noon	\$20	pg 104
<input type="checkbox"/>	Computer Fraud: Keep Yourself Safe from Scammers	Sa	4/6	1:00-2:30 PM	\$20	pg 37
<input type="checkbox"/>	Tour Great Bay by Boat	Su	6/2	10:00 AM-3:30 PM	\$20*	pg 100
<input type="checkbox"/>	Appledore Walking Tour - Isle of Shoals	Su	6/16	10:00 AM-3:00 PM	\$20*	pg 22

## CONWAY

<input type="checkbox"/>	Ethics in Everyday Life	M	3/11-3/18	1:00-3:00 PM	\$25	pg 47
<input type="checkbox"/>	Decorate a Ukrainian Style Egg: Beginner	M	4/1	1:00-4:00 PM	\$20*	pg 45
<input type="checkbox"/>	Mah Jongg for Beginners	M	4/15-5/6	10:00 AM-12:30 PM	\$35*	pg 73

<input type="checkbox"/>	Bethlehem, NH's Unique Hotel Era of the Past with a...	M	5/13	10:00-11:30 AM	\$20	pg 27
<input type="checkbox"/>	Chronic Pain in America	M	6/3	10:30 AM-Noon	\$20	pg 35
<input type="checkbox"/>	Analytics, Social Media and Privacy	Tu	2/26	10:00 AM-Noon	\$20	pg 21
<input type="checkbox"/>	Why Can't I Get the New Wonder Drugs?	Tu	3/19	10:00-11:30 AM	\$20	pg 107
<input type="checkbox"/>	How to Use Sales Skills in Your Everyday Life	Tu	3/26	10:00-11:30 AM	\$20	pg 65
<input type="checkbox"/>	Great Decisions - Conway	Tu	4/16-5/14	10:00 AM-Noon	\$40*	pg 58
<input type="checkbox"/>	Spring Birding in the Mount Washington Valley	Tu, W	5/7-5/8	See description	\$25	pg 95
<input type="checkbox"/>	Best Books of 2019 and Beyond	Tu	5/21	10:00 AM-Noon	\$20	pg 27
<input type="checkbox"/>	Come Take a Taste of Dandelion Wine	Tu	6/11	10:30 AM-12:30 PM	\$20	pg 36
<input type="checkbox"/>	Needle-Felted Wool Chicken	W	2/27	1:00-3:00 PM	\$20*	pg 77
<input type="checkbox"/>	Why I Can't Remember US History Class	W	3/20-3/27	10:00-11:30 AM	\$25	pg 108
<input type="checkbox"/>	Aviation in the Mount Washington Valley	W	4/3	1:00-4:00 PM	\$20	pg 24
<input type="checkbox"/>	Both Women and Men Excelled in Mathematics	W	4/10-4/17	10:30 AM-12:30 PM	\$25	pg 31
<input type="checkbox"/>	Aldo Leopold - Birth of the Land Ethic	W	4/24	10:00-11:30 AM	\$20	pg 19
<input type="checkbox"/>	Film: A Date with Kate	W	5/15	10:00 AM-Noon; 1:00-3:00 PM	\$25	pg 50
<input type="checkbox"/>	Reflective Herbal Wreath - "Spiral of Joy"	Th	3/14	10:00 AM-Noon	\$20*	pg 86
<input type="checkbox"/>	American Empire: How North America's Geography...	Th	4/18-4/25	5:00-6:30 PM	\$25	pg 20
<input type="checkbox"/>	Diplomatic History of the First World War	Th	5/9-5/23	10:30 AM-Noon	\$30	pg 46
<input type="checkbox"/>	History of our Medicine: From the Colonial Era - Mid 20th	Th	6/6	1:00-4:00 PM	\$20*	pg 62
<input type="checkbox"/>	Bridge, a New Language	F	2/22-3/29	10:00-11:30 AM	\$45	pg 32
<input type="checkbox"/>	Phony Numbers, Fake News	F	3/29	1:00-2:30 PM	\$20	pg 82
<input type="checkbox"/>	Decorate a Ukrainian Style Egg: Intermediate	F	4/5	1:00-4:00 PM	\$20*	pg 45
<input type="checkbox"/>	Pond Hikes	F	5/24-6/7	1:00-3:00 PM	\$30	pg 83
<input type="checkbox"/>	Wildflower Walk at the Rocks Estate	Sa	6/1	2:00-3:30 PM	\$20*	pg 108



## **18th Century NH: When Every Man Carried a Gun And Every Woman Could Load**

Learn of the forgotten time when Indians and Frenchmen prowled New Hampshire, kidnapping citizens and marching them to Canada for ransom; a time when every man carried a gun, when everyone feared the scalping knife, the Redcoats and the Tories. Explore the life, music and food of the 18th Century and, weather permitting, a tour of one of New England's most fascinating cemeteries.

Julia Schappals is a semi-retired business lawyer, a transplant from southern California who became fascinated with the colonial history of New England, particularly the 18th century's nearly forgotten dramas, heroes and heroines.

Member tuition: \$25

2 W: 6/5 - 6/12 | 1:00 - 3:00 PM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **2038: Technology and Our Future, Part 2: Action Plans**

This one-time dialog session focuses on our future challenges and some possible actions to address them. Prior class experience not needed, but a review of materials at <https://is.gd/TheNext20Years> is strongly encouraged (along with viewing some of the videos or reading some of the books!).

Jim Isaak is a retired computer wizard with an eclectic background and set of interests. He has been active in the Society on Social Implications of Technology for some years (see blog at <http://TechnologyAndSociety.org>) and is trying to track the many aspects of change affecting our future including genetics, artificial intelligence, the Internet, augmented humanity, and more.

Member tuition: \$20

1 M: 4/8 | 9:45 AM - 12:00 PM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Affordable Care Act - A Historical Perspective**

The course will consist of two sessions. The first session will deal with the theory and practice of insurance as applied to auto, homeowners, life insurance and social security. It will deal with issues such as the requirement in most states to purchase, and the requirement that insurers provide, auto insurance. It will also address issues such as differential pricing according to risk, and behind the scenes subsidies for risky classes of insureds.

The second session will focus on the Affordable Care Act (ACA). It turns out that many of the features of the ACA have their roots in general insurance. The session will draw parallels between the features of the ACA and their less controversial counterparts in other lines of insurance. It also will compare the ACA with similar health insurance plans in other countries.

Glenn Meyers is a retired actuary with a PhD in mathematics and is a Fellow of the Casualty Actuarial Society. In his 37-year career as an actuary he worked on underwriting and pricing for many different lines of personal and commercial insurance. He also has had extensive experience serving on advisory committees on insurance solvency regulation. He has been closely following the development of the ACA since its inception in 2009 and would like to share his general insurance perspective on the ACA to OLLI.

Member tuition: \$25

2 F: 3/15 - 3/22 | 1:00 - 2:30 PM | Class Limit: 15

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Aging Attentively: Improving Your Quality of Life**

Research on aging has shown how mindful awareness of self in the environment (“Let me get that for you sweetie.”), social isolation (“Nobody calls me any more.”) and sedentary life (“I hurt too much to do anything.”) all have profound effects on our well being and longevity. The course will present a blueprint for healthy aging based on Paul Finn’s work in psychology and coaching. Recommended reading for the course is “Spark: The Revolutionary New Science of Exercise and the Brain” by John Ratey (any version).

Paul Finn is a Professor of Psychology at Saint Anselm. His research, teaching and psychology practice focus on healthy/optimal living. He is a licensed psychologist in NH and is a USA Track and Field, Level I and Level II Coach.

Member tuition: \$30

3 W: 2/20 - 3/6 | 9:30 - 11:00 AM | Class Limit: 25

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Aging in Place**

As we live longer and healthier, many seniors are expressing their wish to stay in their own homes for as long as possible. While living independently is the goal, some needs may arise where help is called for: transportation, errand running, and ceiling battery changing. You may need to make modest adaptations to your home to make it safer or more comfortable. Or perhaps you would like to feel more connected with your community for social purposes. Learn some hints and hear about services available to support your wish to “age in place.”

Nancy Euchner, RN, is the founder of the Seacoast Village Project; Rob Daisey, OTR/L, ECHM, is an Occupational Therapist and owns a business offering advice on space modification for safety and comfort.

Member tuition: \$20

1 Tu: 4/30 | 9:30 - 11:00 AM | Class Limit: 25

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

## **Alaska: An Intro to the People and History of Alaska's Native Peoples**

You will be introduced to the five major cultural/language groups in Alaska: Inupiaq and Yup'ik, sometimes referred to as Eskimos; Unangan and Sugpiaq who were subject to Russian colonization and renamed Aleut; Tlingit and Haida people who welcome you to their homeland if you are on a cruise; and Athabaskans who have lived in the interior of Alaska. Learn about their history and the Alaska Native Claims Settlement Act and some current events.

Jane Haigh earned a PhD from University of Arizona (Tucson) in History of the US West with a minor in American Indian Studies. Prior to her degree she lived in Alaska and wrote a number of books about the Gold Rush. After her degree she was hired at Kenai Peninsula College where (through the magic of technology) she continues to teach History of Alaska and History of Native Americans while living in NH.

Member tuition: \$30

3 Tu: 4/16 - 4/30 | 7:00 - 8:15 PM | Class Limit: 24

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Aldo Leopold - Birth of the Land Ethic**

Aldo Leopold was one of the most influential conservationists in American history. His initiatives affect the way Americans view our relationship with the land to this day. From 1919 when he was hired in the first wave of US Forest Service employees to the publication in 1948 of his conservation classic, "A Sand County Almanac," Leopold was a leader of the 20th century conservation movement. Just a few of his accomplishments: he proposed the founding of the first wilderness area, created the field of game management while becoming the first professor of game management, advocated for watershed protection, and initiated the first prairie restoration. In this class, we will view Jeff Ryan's 40-minute documentary, then discuss the arc of Leopold's life, his significant accomplishments and their relevance today.

Author, photographer and documentary filmmaker Jeffrey Ryan has a passion for the outdoors and for the people that helped create the wild lands throughout America. Jeff has backpacked more than 8,000 miles throughout the country, has written two books about the Appalachian Trail and is the creator of a documentary film series entitled "Voices of the Wilderness."

Member tuition: \$20

1 W: 4/24 | 10:00 - 11:30 AM | Class Limit: 30

GSC Conway, 53 Technology Lane, Conway, NH, 03818

## **All Things Immigration**

A brief review of the history of immigration in the US beginning with the first permanent limitation on immigration in 1924 will lead to comments about the major reasons for migrating and the different categories of migrants (refugee, asylum seeker, work, lottery, family). A discussion of visa allocations, country applicants, and sample wait times will be followed by an explanation of the naturalization process and the immigration detention and deportation system.

Dennis Sweetland is a retired Professor of Theology at St. Anselm College.

Member tuition: \$20

1 W: 5/22 | 10:00 - 11:30 AM | Class Limit: 12

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **American Empire: How North America's Geography Created America's Empire-Building Ethos**

North America's dramatic, diverse, demanding geography required different kinds of people to conquer it. Through many generations Americans developed the requisite innovative abilities to cope with this challenge, creating in the process a unique American character that has shaped the nation's role since its inception and continued. As our baseline for discussion we will read and analyze Robert Kagan's best-selling "Earning the Rockies" (ISBN 978-0-399-58822-8) (180 pages). Read the first three chapters for first session.

John Peterson holds an MA in English Literature from UNH. He has presented numerous OLLI reading/discussion group classes on literature, film, history and current events. He is also active in organizing OLLI outdoor excursions.

Member tuition: \$25

2 Th: 4/18 - 4/25 | 5:00 - 6:30 PM | Class Limit: 20

GSC Conway, 53 Technology Lane, Conway, NH, 03818

## **Amoskeag Millyard Walking Tour: Energy, Transportation And Nature**

Learn how Samuel Blodget built his riverboat canal at Amoskeag Falls and how the Amoskeag Manufacturing Company harnessed the Merrimack River to power its mile of textile mills. The walk includes views of Amoskeag Falls, the Amoskeag Bridge and Dam, the gate houses, the basin of the water power canal system, the islands where Native Americans and early settlers fished, the Jefferson Mill and the Eversource campus that centers on a re-purposed power plant. Moderate walking required.

Aurore Eaton is a freelance writer whose history column "Looking Back" appears weekly in the "New Hampshire Union Leader." She is the former Executive Director of the Manchester Historic Association and the author of the book, "The Amoskeag Manufacturing Company: A History of Enterprise on the Merrimack River."

Member tuition: \$20

1 Sa: 6/1 | 9:30 - 11:30 AM | Class Limit: 25

Eversource Upper Parking Lot, 780 N. Commercial Street, Manchester, NH,

### **Amoskeag Millyard Walking Tour: The Southern Division**

This walk will explore the area once known as the Amoskeag Southern Division. You'll hear stories of the Manchester Print Works, the Pandora Mill and the Granite Street Bridge. The tour will include a look at what's going on in this vibrant section of the Millyard, home to a major facility of SNHU, WMUR-TV's studios and the Cats ballpark. The group will also visit the Hands Across the Merrimack pedestrian bridge, a converted railway trestle connecting the east and west sides of the river. Moderate walking is required. Meet at the Millyard Museum entrance on the Commercial Street side of the building.

Aurore Eaton: For presenter bio see Amoskeag Millyard Walking Tour: Energy, Transportation and Nature.

Member tuition: \$20

1 Sa: 6/8 | 9:30 - 11:30 AM | Class Limit: 25

Millyard Museum, 200 Bedford Street, Manchester, NH,

### **Analytics, Social Media and Privacy**

Recent events involving Facebook and other platforms have made it clear that our personal data is being acquired and used in ways we did not anticipate. We will walk through the recent Cambridge Analytica events and see how this spans from thousands of Facebook users to 230 million US adults, including us. Presenter will be physically located in Concord and the class will be live-streamed to Conway. Both sites will be able to interact with the presenter.

Jim Isaak: For presenter bio see 2038: Technology and Our Future.

Member tuition: \$20

1 Tu: 2/26 | 10:00 AM - 12:00 PM

#### **SEC C01**

GSC Concord, 25 Hall Street, Concord, NH, 03301

Class Limit: 30

#### **SEC W01 — Live-Streamed**

Class Limit: 18

GSC Conway, 53 Technology Lane, Conway, NH, 03818



## **Antiques: Appreciate, Accumulate and Even Liquidate**

Would you like to learn more about the “treasures” you’ve acquired but don’t know whom to ask or trust. Learn to appreciate the beauty and history of the items you own - or wish you owned. Hear about methods of accumulating and liquidating possessions including the upsides and downsides of these activities. Each class includes a show-and-tell along with Q&A. We’ll conclude with a mini “Antiques Road Show” to discover your treasures.

Sharon Kace owned Bell Hill Antiques, is a past president of the NH Antiques Dealers Association and created the successful “Antique Week in NH.” Richard Thorne is a collector, dealer, past officer of the NH Auctioneers Association and owner, with his wife, of Resser-Thorne Antiques, Manchester. Sharon and Richard have each been studying, collecting, buying and selling antiques for over 35 years.

Member tuition: \$35

4 Tu: 4/30 - 5/21 | 3:00 - 5:00 PM | Class Limit: 30

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Appledore Walking Tour - Isle of Shoals**

Join this educational cruise aboard the research vessel, the R/V Gulf Challenger, to Appledore Island. Enjoy a guided tour of Celia Thaxter’s garden and the Shoals Marine Lab. The 40-minute boat ride has minimal seating so be prepared to stand or lean, not sit. The onboard facilities include a marine toilet. Required: ability to navigate the boat ramp, unstable docks, and uneven terrain. Bring a lunch/drink and dress in layers suitable for any weather. Each participant must sign a waiver.

Cruise under the guidance of the enthusiastic and knowledgeable UNH Marine Docents who are volunteers dedicated to the preservation and wise use of our marine resources. They provide a lens through which the marine and associated environments can be viewed, understood and enjoyed. Their knowledge and enthusiasm will make your tour memorable.

Member tuition: \$20.

\$50 boat rental fee will be added to your registration. Total cost \$70.

1 Su: 6/16 | 10:00 AM - 3:00 PM | Class Limit: 32

UNH Pier, next to US Coast Guard Station, 25 Wentworth Road, Fort Point, New Castle, NH, 03854

## **Aristotle’s “Nicomachean Ethics”: A Seminar Based on Selections**

The course will provide an opportunity to read or reread this important philosophical work, “The Pocket Aristotle.” Justin Kaplan (ed), ISBN 978-1-4767-1122-5 is required for this course. Read selections from Books 1 and 2 for the first seminar.

Philip Valley is a former Professor of Humanities and participant in the Great Books Program at St. Anselm College.

Member tuition: \$35

4 M: 4/1 - 4/22 | 1:30 - 3:00 PM | Class Limit: 12

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Astronomy Myth and Misconception**

You can balance an egg on the vernal equinox! We never landed on the Moon! UFOs are real! The Mayans predicted the end of the world! Yes, there are a lot of spacey ideas about space. This presentation will strive to right the wrongs and set the record straight on a wide variety of unusual astronomical beliefs from astrology to faces on Mars. Come find out what real astronomy is all about.

Mathew Marulla has been an astronomer and telescope maker since the age of five, when he received his older sister's hand-me-down 60mm Tasco telescope. He has given talks on telescope making, astronomy, and astrophotography at many astronomical society events. He is a former president of the N.H. Astronomical Society, a contributing author to the latest edition of "The Oxford Astronomy Encyclopedia" and a regular speaker at the McAuliffe Sheppard Discovery Center. Matt holds a degree in Astrophysics from the University of Arizona and is currently the Principal Systems Engineer for the SLOOH online observatory, which operates telescopes in Chile and the Canary Islands.

Member tuition: \$20

1 W: 3/6 | 1:00 - 2:30 PM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Avian Adventures**

Welcome back our spring migrants as we delve into the fascinating world of the migratory and resident birds that visit the beautiful sanctuary of the Massabesic Audubon Center. Learn about the behavior of our brilliantly-colored migrants through exploration of their behaviors, songs and nesting strategies. Our walk will take us through the fields and forests of the sanctuary, with a stop along the picturesque shores of Massabesic Lake. Bring your binoculars. Students need ability to walk over uneven trails for two hours.

Kelly Dwyer is an educator and naturalist with Audubon. She served as a Trustee for eight years and as a volunteer for several decades. As an avid birder, Kelly loves to share her knowledge of birds with people of all ages!

Member tuition: \$20.

\$10 admission fee will be added to your registration. Total cost \$30.

1 F: 5/3 | 9:00 - 11:00 AM | Class Limit: 20

Massabesic Audubon Center, 26 Audubon Way, Auburn, NH, 03032

## **Aviation in the Mount Washington Valley**

Learn about the exciting and little known history of flight in the White Mountains and the local airports that have served our communities along with their historical aviation triumphs, tragedies and advancements. The class will be a combination of lecture and slide show and also a walking tour (paved and unpaved pathways, gentle terrain) of the Eastern Slopes Regional Airport's operation in Fryeburg. So if you have an interest in planes, helicopters and aviation, this is the class for you.

David Cullinan, a lifelong resident of the Mount Washington Valley, has a passion for history, flying, and photography. Joking that he was "born with the hospitality gene." David has been a bartender, chef, restaurant owner, and manager of Eastern Slope Regional Airport for the past 10 years. He has been a registered private pilot for over 20 years, and is working towards completing his commercial pilot and instruction certifications. Byron Danforth of Danforth Aviation has been involved in aviation since 1966 in aircraft maintenance and inspection, flight instruction and safety counseling. He currently specializes in repairing and restoring vintage aircraft.

Member tuition: \$20

1 W: 4/3 | 1:00 - 4:00 PM | Class Limit: 20

Eastern Slope Regional Airport, 210 Lyman Dr, Fryeburg, ME, 04037

## **Barbershop Harmony - How Do They Do That?**

Through live performances, video examples and audience participation, Eric Ruthenberg and the Concord Coachmen Chorus will show (and sing!) for all (men and women!) about the great American art form of barbershop. Come listen to them sing, hear about how it all began and maybe even try your hand at singing! This fun performance/demonstration will leave you wanting more and will prove that you can do it, too!

Eric Ruthenberg has conducted the Concord Coachmen since 1994. He received his Bachelor's degree in Music Education from BU in 1993. In 1993 he moved to NH, where Eric served as the choral director at Newport Middle High School until 2006. Eric has served as chairman of the Barbershop Harmony Society's Young Men in Harmony committee, and has coordinated the NH High School Barbershop Festival. Ruthenberg was honored by the chorus as "Barbershopper of the Year" in 1996, and was awarded the "Volunteer of the Year" in 1999 by Harmony Foundation. He has been a member of the faculty at Harmony College Northeast, and at the Great Northern Harmony Workshop in Montreal. In 2005 he was guest conductor at an international choral festival in Indonesia. Eric is a two-time district quartet champion, singing baritone with Overdrive (2000), and tenor with Average Joes (2011).

Member tuition: \$20

1 Th: 6/6 | 6:00 - 7:30 PM | Class Limit: 70

GSC Concord, 25 Hall Street, Concord, NH, 03301



## **Be Heard: Voice Training for Performance and Public Speaking**

This two-hour workshop will focus on voice for the public speaker or actor. From basic breath support to honest voice to being heard in the last row of the balcony, we will turn our attention to this important building block of all performance or public speaking. No experience or prior training is necessary. Participants will leave with a very basic vocal warm-up and some practical tips for improving their voice as an actor and speaker. Come prepared to move a little and to speak!

Carey Cahoon creates and performs regularly with theatre Kapow. Last season, she appeared in "Mr. Burns, a Post-Electric Play" and in "Living in Exile as Brise's," for which she won the 2017 NH Theatre award for Best Actress (professional). She also won the 2017 NH Theatre Award for Best Actress (Community) as Queen Marguerite in "Exit the King." Carey has also performed and directed with Boston Playwright's Platform, Stage One Productions, Jean's Playhouse, the Palace Theatre, and the Anselmian Abbey Players. She holds a BA in Classics from St. Anselm College and trained at the Atlantic Acting School, Shakespeare & Amp; Co., and with SITI Company.

Member tuition: \$20

1 M: 4/1 | 10:00 AM - 12:00 PM | Class Limit: 20

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Beekeeping: Love and Heartache**

This course will describe the process of beekeeping, including the life cycle of a bee, a year in the life of a bee hive, collection of pollen and nectar, harvesting honey, winterizing the hive and controlling pests.

Jennifer Cattin grew up on Cape Cod in Woods Hole, moved to NH to raise her family and has now returned to the Cape with her husband. Jen began beekeeping classes in 2015. She also serves as a mentor to new beekeepers as a member of the Barnstable Beekeepers Association.

Member tuition: \$20

1 Tu: 5/14 | 9:30 - 11:00 AM | Class Limit: 25

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Beer Brewery, Farm and Tasting at Throwback Brewery**

Join fellow OLLI beer lovers at Throwback Brewery, located at Hobbs Farm in North Hampton, NH. Throwback is dedicated to acquiring all of its ingredients from within a 200 mile radius and was founded in 2010 by Annette Lee and Nicole Carrier. At Throwback, we will discuss beer styles, glassware, pairings, and how beer is made. Participants will sample 6 beers and snack on an Amuse-bouche. Weather dependent, we will then visit the animal barns and the hop yard. This part of the experience includes walking and is not handicapped accessible. Tour participants get a 16 oz Throwback Brewery Belgian tulip glass to take home. The restaurant is

open for dinner at 4 PM, and you are welcome to eat there after our tour at your own expense.

Nicole Carrier is one of the founders of Throwback Brewery where she wears many hats: handling marketing, social media, technology and business strategy. Nicole home brewed for over 10 years but now dreams up new recipes for the team to craft. Her favorite aspect of owning a brewery is getting to meet and interact with all of the amazing people in the community- from farmers, to chefs, to fellow brewers and, of course, customers. She has a BA in economics and math from Dartmouth College and MBA from the Tuck School at Dartmouth.

Member tuition: \$20

\$25 for materials (beer tasting/appetizer) will be added to your registration.

Total cost \$45.

1 W: 5/15 | 2:00 - 3:00 PM | Class Limit: 20

Throwback Brewery, 7 Hobbs Rd, North Hampton, NH, 03862

### **Begin with Yes**

“Begin with Yes” is all about asking the right questions, taking the right actions, and navigating safely through obstacles and roadblocks. After a discussion of Boynton’s book, dealing with realizing our potential to make dreams come true, we will have an in-depth discussion. Recommended reading “Begin with Yes” by Paul Boynton.

Paul Boynton is the award-winning CEO of the Moore Center, an agency serving the developmentally disabled, the brain injured and elders. A motivational speaker with degrees in social work and counseling, he has authored a number of books including, “Begin With Yes” which can be downloaded online. His current work in progress is “Be Amazing.”

Member tuition: \$20

1 W: 5/22 | 10:00 AM - 12:00 PM | Class Limit: 20

Moore Center 4th Floor, 195 McGregor Street, Manchester, NH, 03101

### **Beginner Kumihimo Braiding For Jewelry Making**

Kumihimo is an ancient Japanese braiding technique. This course teaches participants a round braid made on a kumihimo disc used for jewelry making. Braids incorporating beads will be included for those interested in more advanced jewelry designs. Other applications and more complex braiding structures will be discussed. Online and print resources for further study will be provided.

Judith Deshaies is an avid beader and jewelry maker. With a background in teaching, she enjoys guiding others on a journey of self expression and creativity.

Member tuition: \$35

\$7 for materials will be added to your registration. Total cost \$42.

4 W: 4/17 - 5/8 | 1:00 - 2:30 PM | Class Limit: 6

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

## **Behind the Scenes at NHPBS**

What does it take to put a TV show together? Learn more about the preparation, production and presentation of programming at NHPBS.

Susan Adams is the NHPBS Education Manager and producer of NHPBS High School Game Show "Granite State Challenge."

Member tuition: \$20

1 W: 3/13 | 10:00 AM - 12:00 PM | Class Limit: 30

NHPBS, 268 Mast Rd., Durham, NH, 03824

## **Best Books of 2019 and Beyond**

What are the hot new books? Get ready to make your lists. The class will focus mainly on fiction books and will include all the highly anticipated titles coming out soon, as well as some sleeper hits that you can discover first. There will also be a concerted effort to include upcoming nonfiction titles. Plus, we will talk about smaller press regional titles. Share your favorite reads, too. As an added bonus, participants will go home with a new book to read.

Laura Cummings is the owner of White Birch Books in North Conway Village. A major part of her job is to steer people to the books they might love, so she is constantly reading in a variety of genres and discussing what she reads with anyone who will listen.

Member tuition: \$20

1 Tu: 5/21 | 10:00 AM - 12:00 PM | Class Limit: 30

GSC Conway, 53 Technology Lane, Conway, NH, 03818

## **Bethlehem, NH's Unique Hotel Era of the Past with a Glimpse of the Present**

This class views Bethlehem's History and Hotel Era and what remains today. We begin with its early history, then follow with the hotel era which sprang up after the Civil War and the impact of the railroads bringing tourists to the mountains for the clean air. The discussion will then turn to the influence of the Jewish culture and migration to the area and the strong presence of the Cuban community. We will finish with a survey of what is left of the vintage town buildings, golf courses, Colonial Theatre and the Heritage Building.

Clare Brown has lived in Bethlehem most of her life except for military service with her husband. She graduated from Concord Hospital School of Nursing, worked in hospital, home health care and for 22 years as a school nurse at Profile High School. She retired in 2002 and worked at the Rocks Estate Christmas Tree farm for 13 years. Her interest in Bethlehem history has been passed down through six generations. Brown is a founder of the Bethlehem Heritage Society.

Member tuition: \$20

1 M: 5/13 | 10:00 - 11:30 AM | Class Limit: 25

GSC Conway, 53 Technology Lane, Conway, NH, 03818

### **Better Cooking Through Chemistry**

Understanding some very basic chemistry will hone your cooking skills. Why might you brush pastry with egg whites? What does salt have to do with flavor? What does it contribute to the boiling process? What about many other additives? Is an aluminum pan, stainless steel pan, copper pan, clay pot, or a cast iron skillet better for what you are cooking? Why? No previous understanding of chemistry is necessary. Explore ingredient modifications for those individuals with intolerance to gluten or lactose. A basic introduction to chemistry quickly leads into understanding why some ingredients lead to better taste or texture in the final product.

Ava Honan is a professional engineer with a love of both chemistry and cooking. A former chemistry student of hers once informed her that his love of chemistry helped make him an excellent professional chef. She would love to share chemistry and cooking with others.

Member tuition: \$25

2 M: 5/6 - 5/13 | 6:00 - 7:30 PM | Class Limit: 20

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **Beyond “Love the Stranger”: The Ethics of Borders and Immigration**

Immigration policy for the US has always been both a practical and a moral issue. Even practical considerations of commerce and diversity have moral implications. So how do we identify and then rank the moral principles that are invoked in debates over immigration policy? How do we know when we should take people in and when we should concentrate on improving life where they already live? We will look at contemporary American religious explorations of “who is my brother/sister” and how the biblically-based obligations to “love your neighbor” and “love the stranger” relate to each other. We will look at interpretations of immigration and humanitarian aid and intervention by governments in the work of contemporary moral philosophers.

Rabbi Jon Spira-Savett serves Temple Beth Abraham, a synagogue based in Nashua. He was ordained by the Jewish Theological Seminary of America in 1995 and was the coordinator of a 1998 conference on academic biblical scholarship and its relevance to Jewish religious education.

Member tuition: \$35

4 W: 3/20 - 4/10 | 10:00 - 11:30 AM | Class Limit: 25

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Beyond the Hearing Aid: Lo-High Hearing Assistive Technology**

Never miss a sound with new technology. Learn about Assistive Listening Devices, Loops, TV EARS, Clear Blue, visual-alert doorbells, smoke detectors, phone flashers and transmitters. Learn all about Apps for accessibility that can be used to enhance hearing, vision, and speech access. Telecommunications is the connection to people all over NH and the USA. Learn about the various options for communicating on the phone and how to read what is being said by others. Watch a video about how Relay Services are provided.

Joan Marcoux, Communication Access Specialist with DHHS, promotes communication access for individuals who have hearing, vision, and speech challenges. In addition to conducting trainings statewide, she meets with individuals to identify the technological devices to enhance their hearing. She has been employed in the field of Hearing Loss and Rehabilitation for over 25 years.

Member tuition: \$20

1 Th: 6/6 | 10:30 AM - 12:00 PM | Class Limit: 20

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Black Heritage Trail “Sankofa” Trolley Tour in the Classroom!**

This informative overview of the Portsmouth Black Heritage Trail is just right for someone who prefers an alternative to a walking tour. Sankofa Scholars narrate the stories of Black people from the time they arrived on the colonial-era wharves lining the waterfront, to laboring in the local maritime-related industries, until NH joined the Union by adopting the MLK Holiday in 2000. From the docks of Portsmouth, where merchants engaged in the trans-Atlantic slave trade unloaded their cargo, to the northern border with Canada where many escaping captives found their first moment of freedom, the Granite State holds a multitude of stories that mark the milestones of its complex history. Regarding the derivation of the word “Sankofa,” a bit of historical context is needed. During a building excavation in Lower Manhattan in 1991, a cemetery for free and enslaved Africans was discovered. Over 400 remains were identified, but one coffin in particular stood out. Nailed into its wooden lid were iron tacks, 51 of which formed an enigmatic, heart-shaped design that could be a Sankofa symbol.

JerriAnne Boggis, the Director of the Portsmouth Black Heritage Trail, is a writer, educator, and community activist who works to correct the historical record on the racial complexity and richness of NH’s diverse past. Boggis was the driving force behind the formation of the Harriet Wilson Project, a nonprofit organization that was formed to promote the study of Wilson’s life and work. Through the development of several community programs that focus on history and race, Boggis has raised the awareness of NH’s little known people of color and increase the visibility of Black History in the state.

Member tuition: \$20

1 W: 4/10 | 1:30 - 3:30 PM | Class Limit: 25

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

### **Boscawen Town Forest Hike: The Rise and Fall of a Family Farm and A Successful Hazardous Waste Remediation**

This course is a one and a half mile, two-hour hike through the Boscawen Town Forest where we will discuss habitat, the history of the Weir Family Farmstead, and the clean-up of the Allied Leather Hazardous Waste site. We will see the ongoing improvements to the forest and view the foundation of the Weir Farm with its restored fields and view of an active beaver pond. The hike is fairly flat but footing is rugged.

For the last couple of years, Raymond Mercier has been hiking and photographing the many trails mapped out by the Concord Conservation Commission. He has blogged about these hikes at [hikeconcordnhblog.wordpress.com](http://hikeconcordnhblog.wordpress.com). He also has a strong interest in local NH history.

Member tuition: \$20

1 Sa: 5/11 | 10:00 AM - 12:00 PM | Class Limit: 25

Boscawen Town Forest, Weir Rd., Boscawen, NH, 03303

### **Boston Massacre: A Fresh Look**

The Boston Massacre on March 5, 1770 is a window into a turbulent and fascinating period of American history, the beginnings of the American Revolution in Boston. We will explore what led up to the event and how it was used to mold public opinion. We will examine the role of Sam Adams and Paul Revere in the opinion-molding process, and the surprising role of John Adams, including why and how he defended the British soldiers in the ensuing trials. We will look at the changing portrayals of Crispus Attucks and see that history is not an unchanging account of the "facts," but instead changes depending on who tells the story and why and when.

Eleanor Strang has been presenting popular classes for OLLI since 2013. She received her MA from Michigan, and her MLS from Simmons. She was the director of the Kelley Library (Salem, NH) for 15 years, and has pursued her interest in American and Canadian history since retiring.

Member tuition: \$20.

### **SEC C01**

1 Tu: 4/23 | 1:00 - 3:00 PM | Class Limit: 24

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **SEC M01**

1 Th: 4/25 | 1:00 - 3:00 PM | Class Limit: 25

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Both Women and Men Excelled in Mathematics**

Archimedes and Agnesi, Descartes and Germain, Hypatia and Zeno, Somerville and Fermat, Newton and Noether, Lovelace and Pascal—Who were they? When were they? What were their achievements? Should we at least recognize their names? Choose this class if you wish to hear about the lives and achievements of Great Mathematicians. You will not be expected to know any math already, nor to learn any complicated formulas.

Bill Faulkner has presented 23 times with OLLI, eight unique courses in five cities. Now in his 53rd year of teaching, he likes to interact with inquiring minds and welcomes suggestions for the content of his upcoming courses.

Member tuition: \$25

2 W: 4/10 - 4/17 | 10:30 AM - 12:30 PM | Class Limit: 25

Moultonboro Library, 4 Holland St, Moultonboro, NH, 03254

## **Boy, You've Got a Lot of MOXIE!**

Moxie beverage was born in 1885 as "Moxie Nerve Food," a healthy concoction of herbs and roots in an era of strange patent medicines and elixirs. Created in Lowell, MA by a Maine-born physician, Moxie took the New England market by storm and, through clever and extensive advertising, dominated the beverage field for decades, even outselling Coca-Cola. Trials and tribulations, innovations, sugar shortages, a U.S. President and Ted Williams are all part of the brand's 135 year-old history. Learn the full story of this signature New England tonic and taste-test the Moxie of today, bottled in Londonderry, NH.

Sasseville is a die-hard New Englander who loves maple syrup, NECCO wafers, Indian pudding, and especially Moxie! Professionally, he has a degree in geoscience and is a water quality specialist who worked on projects from Millinocket to the Mohave.

Member tuition: \$20

1 M: 6/3 | 1:00 - 2:30 PM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Bridge for Your Brain: Introduction to Bidding and Hand Evaluation Part 2**

The course follows directly from Bridge for your Brain - Introduction to Bidding and Hand Evaluation offered in the Fall of 2018. The course will focus on rebids by opener and responder, overcalls and advances to overcalls and takeout doubles and responses, stressing how to evaluate one's cards and how to interpret bids made by one's partner and opponents. The course is based on materials sponsored by the American Contract Bridge League (ACBL). The text for the class is "Bidding in the 21st Century," available free on the internet through the ACBL. Participants are encouraged to come with an open mind, a willingness to learn new methods and discard old

notions that have been replaced by modern approaches to the game. Most of all, the class is intended to be fun and thought-provoking.

Rick Weinstein is one of six accredited American Contract Bridge League teachers in New Hampshire. He has been playing bridge competitively for twenty-eight years. He has attained the rank of Silver Life Master and is working on becoming a Ruby Life Master.

Member tuition: \$40.

5 Sa: 4/27 - 5/25 | 10:00 AM - 12:30 PM | Class Limit: 20

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Bridge, a New Language**

Bridge is a competitive card game that requires strategy and planning skills. This class will teach you to communicate with a partner by bidding showing the strength and shape of your hand. Bridge can be played at any level with social bridge “parties” at the beginner and intermediate levels. Duplicate is more serious and challenging. You never stop learning new skills if you choose to advance.

Susan Henry enjoys playing bridge and would like to share her love of the game with others. She has taught beginner bridge two other semesters for OLLI from materials collected through the years and a manual provided by Master Bridge Teachers.

Member tuition: \$45

6 F: 2/22 - 3/29 | 10:00 - 11:30 AM | Class Limit: 16

GSC Conway, 53 Technology Lane, Conway, NH, 03818

### **Bringing in the Sheaves: The Women’s Land Army of WWII**

By 1942, over two million men had left the farms to join the military, yet the crops had to be harvested to feed the U.S., its troops and our Allies. Gas and rubber rationing impacted the use of migrant workers. Learn how the Women’s Land Army was formed and saved the agricultural industry from ruin.

Linda Shenton Matchett is an author, blogger and history geek. A native of Baltimore, Maryland, she was born a stone’s throw from Fort McHenry and has lived in historic places all her life. When she is not researching or writing, she is a volunteer docent at the Wright Museum of WWII and a trustee for her local public library.

Member tuition: \$20

1 Th: 6/6 | 2:00 - 3:30 PM | Class Limit: 35

GSC Concord, 25 Hall Street, Concord, NH, 03301



## **Broadway: a History of America's Musical Theatre**

This class will take you through 90 years of Broadway theatre history, covering shows, actors, and composers, using video of many musicals to illustrate the narrative. The presenter has played for many area theaters and loves the Broadway format.

Michele Boulanger is a retired music educator who taught band, chorus, guitar, keyboards, and classroom music for 38 years. She now stays busy in retirement playing in an adult band and orchestra, playing for her church, and directing two summer community bands.

Member tuition: \$35

4 F: 3/1 - 3/22 | 1:00 - 2:30 PM | Class Limit: 24

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

## **Bruce Springsteen: Early Years in Asbury Park**

We will comb through the early years of musical legend, Bruce Springsteen and listen to the early years music. What inspired him, what made him a tower of Rock and Roll.

Rob Azevedo is the host of Granite State of Mind, Music Columnist for the "Concord Monitor" and MC at New England College monthly events.

Member tuition: \$20

1 W: 4/24 | 6:00 - 7:00 PM | Class Limit: 20

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Buddhist Parables and Folk Tales**

Buddhism has developed an astounding body of literature over its 2,500 years of existence. Included are many teaching stories similar in purpose to those found in Christianity and other major religions. This program explores some of the more well-known Buddhist parables and folk tales, including insightful stories from the Buddha's "original" teachings, and selections from the Jataka Tales that tell of lessons the Buddha learned from his past lives in human and animal forms.

Aurore Eaton: For presenter see Amoskeag Millyard Walking Tour: Energy, Transportation and Nature.

Member tuition: \$20

1 Th: 2/28 | 9:30 - 11:30 AM | Class Limit: 25

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Can Men and Women, Hardened by Years of Incarceration, Find Jesus, Change Their Lives and Stop the Revolving Door?**

This course will take you on a journey through the history, methods and successes of a unique prison Ministry—the Kairos Prison Ministry—that has been changing lives and impacting society for over 40 years. Required reading: visit <http://www.kairosprisonministry.org/our-approach-to-prison-ministry.php>.

Tony Coriarty, retired after 23 years military service and 23 years in industry, has been involved in Kairos Prison Ministry since 1995. He currently serves as State Chair for Kairos of NH.

Member tuition: \$20

1 Tu: 5/7 | 1:00 - 3:00 PM | Class Limit: 30

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Carroll Studio Visit**

David Carroll, winner of the MacArthur Genius Award, will detail his background and process with pen and ink drawings and watercolors in the natural history genre, which were produced to illustrate his five nature books. He will follow this presentation with a showing and discussion of examples from his non-nature-based art, including figure studies, cubist-related pieces and paintings and collages. Laurette Carroll will show paintings in the broad range of her approaches to art, from realism to impressionism and abstraction, which she executes in an equally broad range of media: oils, acrylics, watercolor, pastels and collage. Her work in the tonalist tradition in recent years will also be featured, along with subjects, inspirations, and approaches central to the course of her personal art history.. Both artists will welcome comments, discussion and Q&A in general from the class. Preliminary background on these artists and their work can be found at [carrollstudiogallery.com](http://carrollstudiogallery.com) and [lake-sunapee-living.com](http://lake-sunapee-living.com), artists' pages.

David Carroll is a MacArthur Genius Award winner. He is renowned for his art and writing about turtles and other swamp creatures.

Laurette Carroll is an artist who works with a vast array of subjects and medias.

Member tuition: \$20

1 Th: 4/18 | 10:00 AM - 12:00 PM | Class Limit: 22

Carroll Gallery and Studio, 237 East Main St., Warner, NH, 03278

## **Carved by the Sea: A Relatively Brief History of the NH Seacoast**

Odiorne Point State Park has massive structures, mysterious foundations, and beautiful stone walls. Join Michael Doherty on a walk through our park, and take a look at the past conditions and events that have shaped this piece of land over thousands of years. Visit an ancient drowned forest, see

where indigenous people fished and lived, and learn why summer homes turned into military installments in the last century. Explore to see just how deep our connections to the sea go. This program will mostly be outside, and require comfortable walking shoes. The trails are an easy walk but not paved. Expect approximately one mile of walking. The \$10 admission fee will be collected at the door. Seacoast Science Center memberships and passes cannot be accepted as payment for the \$10 admission fee.

As a Naturalist at the Seacoast Science Center, Michael Doherty began to delve into the rich history of the park we call home, Odiorne Point State Park. His fascination with the geology, natural history and social history of this place continues to this day.

Member tuition: \$20

\$10 admission will be payable at the door.

1 F: 4/5 | 10:00 - 11:30 AM | Class Limit: 30

Seacoast Science Center, 570 Ocean Boulevard, Rye, NH, 03870

### **Chocolate Adventure at The Dancing Lion**

Journey into the magical world of chocolate! Sip the drinking chocolate the ancient Mayans called "Xocoatl." Grind cacao beans into chocolate with your own hands. Learn to taste chocolate like a chocolatier. Chocolate Adventure will answer your questions: Are we running out of chocolate? Is white chocolate really chocolate? Can milk chocolate be darker than dark? This class will be an interactive (eating and drinking) journey into the myths and realities of fine chocolate.

Originally a physicist, Richard Tango-Lowy has been working with chocolate since 1996. He graduated with honors from Ecole Chocolat in Vancouver, and has earned Master Chocolatier designations from Ecole Du Grand Chocolat Valrhona in Tain Hermitage, France and Ecole Chocolat's Master Chocolatier course in Tuscany. He opened Dancing Lion Chocolate in Manchester, NH in 2007.

Member tuition: \$20

\$20 for materials will be added to your registration. Total cost \$40.

1 F: 4/5 | 10:00 AM - 12:00 PM | Class Limit: 14

Dancing Lion Chocolate, 917 Elm St, Manchester, NH, 03101

### **Chronic Pain in America**

Pain is a part of our lives and for many, pain becomes a chronic condition that alters our ability to live the life that we had planned. This class should allow participants to understand the nature of the problem, the challenges faced by the victims of pain and the management tools available to stabilize or reverse the condition.

Gerard J. Hevern, MD, has four decades of managing simple to complex medical conditions. As a family physician, he has done everything from delivering babies to managing the care of centenarians. He is Board Certified from both the Canadian

and American Boards of Family Medicine and has the distinction of being Board Certified by the American Board of Addiction Medicine. He has served as a medical director of a 10-bed inpatient substance abuse unit for 20 years and has been a medical director of a comprehensive pain management center for ten years. Dr. Hevern was honored in 2016 by being named the NH Academy of Family Physicians, Family Physician of the Year and in 2018 was recognized by the American Academy of Family Physicians as the Family Physician of the Year.

Member tuition: \$20

1 M: 6/3 | 10:30 AM - 12:00 PM | Class Limit: 20

Moultonboro Library, 4 Holland St, Moultonboro, NH, 03254

### **Collecting Weather Data in Your Own Backyard**

Calling all weather hobbyists! If you have a weather station in your backyard or are looking to establish one, this course will teach you everything you need to know about the data you can collect, how to properly site the station, maintenance, weather terminology, and more. Come with your “if I could ask a meteorologist” questions.

Cyrena Arnold is a Meteorologist and Vice President at Athenium Analytics. She is a previous Director of Summit Operations for the Mount Washington Observatory and NH1TV Meteorologist. Before living in NH, Cyrena installed weather stations on the Alaskan tundra in helicopter access only locations and completed icing and turbulence test flights with a NASA contractor in Colorado.

Member tuition: \$20

1 M: 4/15 | 10:00 AM - 12:00 PM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Come Take a Taste of Dandelion Wine**

Discuss the brilliant coming-of-age story by Ray Bradbury. Enter his sensory imagination as he takes us on a stroll through the summer of 1928. Meet some unforgettable characters such as Bill Forrester, Helen Loomis, Colonel Freeleigh and the Lonely One. Please read “Dandelion Wine” by Ray Bradbury ISBN 0-553-27753-7 by first class.

Mike Baker, a former teacher and administrator, is a frequent presenter for the OLLI program.

Member tuition: \$20

1 Tu: 6/11 | 10:30 AM - 12:30 PM | Class Limit: 20

Moultonboro Library, 4 Holland St, Moultonboro, NH, 03254

## **Community Radio in Concord**

There is a category of radio station that is still required by the FCC to be locally owned and operated and it is called LPFM, for Low Power FM. Two of the mainstays of Concord's nonprofit, non-commercial jazz-blues-progressive-talk LPFM offer a look into the world of radio from this unique perspective. We'll review the history of non-commercial radio over the years and how we have come to where we are today. LPFM is an environment for flexible programming, development of new talent, and content you will not hear on the big stations.

Recovering politician Arnie Arnesen ("keeping the pot stirred so the scum doesn't rise to the top"), longtime volunteer host of "The Attitude with Arnie Arnesen" daily on award-winning WNHN-LP, can also be heard as a regular commentator on WGBH, Boston, WGIR, Manchester, WKBK, Keene, and occasionally on CNN and other national outlets. Following her run for Congress, she occupied a Fellowship at the Institute of Politics at Harvard's Kennedy School.

Volunteer Fred Portnoy is WNHN-LP's technical support guy, and producer of the weekly "State House Watch" program. Fred began his career many years ago spending his summers helping to produce the Boston Symphony radio broadcasts from Tanglewood, then went on to spend some years recording and mixing sound at Maryland Public Television. In 1979 he came to NH, where he has contributed to various radio stations, including as sometime folk and classical host, and technician, with WUNH, and the former Granite State Public Radio, now NHPR.

Member tuition: \$20

1 F: 4/12 | 2:00 - 3:30 PM | Class Limit: 70

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Computer Fraud: How to Keep Yourself Safe from Scammers**

Tech support scammers reach us through our email, phones and computers. While they may seem legit, their only goal is to part us from our money. This class will help you recognize a scam and develop techniques to avoid becoming a victim of cyber crime.

Andrea Libby, a native of Mount Washington Valley, has over fifteen years experience in Information Technology. She has several certifications in her field. She started her own business, Libby Computer, in 2013. Andrea provides computer and networking services to individuals and businesses from Mount Washington Valley to Portland, Maine and Manchester, NH.

Member tuition: \$20

1 Sa: 4/6 | 1:00 - 2:30 PM | Class Limit: 20

GSC Rochester, 35-E Industrial Way, Rochester, NH, 03867

## **Computers: Tips and Techniques: Using Microsoft Excel and Microsoft Word for Mailing Lists, Letters and Labels**

Nonprofits are often small in size and need to keep track of large amounts of data. Microsoft Excel and Microsoft Word can be used to efficiently sort and filter membership/customer lists and create letters, labels and other documents. This course will give you powerful tools and techniques to save time and money for your nonprofit. Participants must have some familiarity with Excel and Word.

Jen Graf worked as a training professional for nearly 30 years. She started off as a computer trainer and most recently was a training manager in the HR Department at the State Department of Transportation, focusing on securing trainers in all subjects necessary for employees—ranging from engineering to human resources topics such as “Introduction to Supervision” or “Emotional Intelligence.” Currently retired, she enjoys playing pickle ball, going to the theater, Christian spiritual formation, and various forms of volunteering.

Member tuition: \$25

2 W: 3/6 - 3/13 | 1:00 - 3:30 PM | Class Limit: 15

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Conflict Resolution: Mediation in NH Courts**

How do we resolve conflict? Live free or die does not mean it is okay to shoot your neighbor. There are options between fight or flight. Learn how conflicts are resolved in NH courts through mediation, without a judge.

Phyllis Benoit’s prior life was spent as an English teacher in both high school and college. Her second career was as a certified divorce mediator and included eight years as a volunteer in the NH Attorney General’s office of Consumer Protection. Phyllis and her husband Herb love to travel.

Member tuition: \$20

1 W: 6/12 | 10:00 AM - 12:00 PM | Class Limit: 27

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Controlling Bugs in the Garden Using Integrated Pest Control**

Integrated Pest Management (IPM) is an ecological approach to pest control that protects pollinators and is safer for the environment. IPM is knowing the proper method to use at the proper time. Good cultural practices and proper selection of plant varieties, coupled with mechanical and biological controls will help control pest populations. Pesticides should be used judiciously, wisely and safely. Rachel will discuss the major groups of garden pests and give tips to identify the most common ones found in and around gardens in NH. She will help you learn how to incorporate important IPM strategies to control garden pests.

Rachel Maccini is a graduate of UNH and has degrees in Accounting, Entomology and Adult Education. She is currently working toward a second Master’s degree in

Urban Entomology. Her interests include Urban, Entomology, and Pesticide Safety education.

Member tuition: \$20

1 Tu: 3/5 | 10:30 - 11:30 AM | Class Limit: 35

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

### **Coping with Serious Illness**

Patients and families often struggle with complex and serious medical conditions. Our medical system can be overwhelming and intimidating. These discussions are intended to guide us through these difficult times. This course will cover four aspects of serious illness.

Therapeutic Cannabis (aka Medical Marijuana) Makes Everything Better, Right? by Jill Hunter, APRN. Advance Care Planning: It's Not Just Teenagers That Need to Have "The Talk" by Linda Kornfeld, MD. Palliative Care: Isn't That the Same as Hospice? by Mary Kazanowski, APRN. Unloading Some of the Burden of Living with Illness by Kimberley Cushing, LICSW.

Through Linda Kornfeld's training in Internal Medicine, she came across many situations where patients and families often struggled with complex and serious medical conditions. Our medical system can be overwhelming and intimidating. These discussions are intended to guide us through these difficult times.

Secondary presenter(s): Jill Hunter, APRN, Mary Kazanowski, APRN, and Kimberly Cushing LICSW.

Member tuition: \$35

4 M: 4/29 - 5/20 | 10:00 - 11:30 AM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Corps of Discovery: The Lewis and Clark Expedition**

Thomas Jefferson held many interests and visions for the young republic he led as its third president. Among these was discovery in the northwest part of what would become the U.S. The first step came with Louisiana Purchase, followed by the need to discover what had been purchased. The Corps of Discovery, as it came to be called, had several purposes, foremost of which were finding a navigable passage to the Pacific Ocean via the Missouri and Columbia River systems, the exploration and cataloging of flora, fauna and geology, and cementing relations with the Indians of the region. To head up the mission, Jefferson chose Merriweather Lewis who selected Willi AM Clark as his co-leader. The story of their journey, discoveries, and hardships will be described in these two class sessions.

Dan Crean of Pembroke is a now-retired municipal lawyer and has served in numerous local government positions. He currently maintains a municipal consulting practice and is Executive Director of the NH Municipal Lawyers' Association for which he presents continuing legal education seminars. His interests range from history to travel to photography and more.

Member tuition: \$25

2 F: 4/19 - 4/26 | 1:00 - 3:00 PM | Class Limit: 45

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **Courage and Conscience: The Risk of Resistance During the Third Reich**

This course tells the stories of so many people who found a way and were willing to put their lives on the line to rescue thousand of Jews in Europe. There are very different ways to resist and oppose evil in the world. When Hitler came to power a majority of people went along with his hatred for the Jews. However, many people like the German minister Dietrich Bonhoeffer, the Warsaw social worker Irena Sender, the French in Le Chambon, and the American, Varian Fry who came to France to find a safe passage for the Jews.

While studying in Poland, Virginia Jones-Newton visited Treblinka, Auschwitz-Birkenau, and Plaszow. These experiences were so powerful she wondered why no one tried to prevent the deaths of so many Jews. After extensive research she discovered compelling stories of many unsung heroes who did.

Member tuition: \$40

5 Tu: 3/19 - 4/16 | 12:30 - 2:00 PM | Class Limit: 30

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **Covered Bridges of New Hampshire, Past & Present**

A century ago, the covered bridge was a ubiquitous part of New Hampshire's landscape. Fire, flood and progress have destroyed 90% of them so that only slightly over 50 remain. Take a virtual tour of some of the state's past and present covered bridges while learning about their designs, the craftsmen who built them, how the bridges met their demise and the efforts to preserve those which remain.

Bill Caswell has been interested in covered bridges for over 30 years. In 2003, he co-founded Covered Spans of Yesteryear, a project which has documented over 13,000 existing and former covered bridges in the U.S. and Canada. The research is available to others at [www.lostbridges.org](http://www.lostbridges.org). In 2013, he became president of the National Society for the Preservation of Covered Bridges, a non-profit organization dedicated to preserving America's Historic Covered Bridges.

Member tuition: \$20

1 M: 3/18 | 1:00 - 2:30 PM | Class Limit: 30

GSC Concord, 25 Hall Street, Concord, NH, 03301



## **Creaky Critters: Medical Issues with Aging Cats & Dogs**

Like people, many older pets experience health changes as they age. This lecture will help you understand some of the more common issues of older pets and guide you in making decisions to help keep your furry companions healthy and comfortable as they age.

Sharon Sernik DVM is a small animal veterinarian who has a BA in biology from UT Austin and graduated from Texas A&M College of Veterinary Medicine in 1994. Dr. Sernik practiced small animal medicine in Florida for 18 years before moving to NH. Once here, she started Journey's End Home Euthanasia Service

Member tuition: \$20

1 W: 5/8 | 10:00 - 11:30 AM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Creative Listening—Enhancing the Enjoyment of Music**

This course demonstrates how the members of the audience can participate more fully in the musical experience. We will explore how musicians prepare to perform and how that improves the experience for both them and the audience. We will show how the audience can do many of the same things. We will discuss the reason different instruments do not sound alike and how to help distinguish one from another. We will look at specific pieces of music and consider why the composer wrote the pieces in the way he or she did. We will consider the differences in preparing to hear something familiar and something unfamiliar to you. And we will discuss ten performances of a very familiar piece of music with ten different conductors and let you decide which one(s) you prefer. The class will consist of presentations, copious recorded musical excerpts and time for everyone to participate with discussions, opinions and questions. Please note the class does not meet on 5/7.

Robert Hoffman is a professional musician, a Double Bassist with extensive experience in performing symphonic music, operas, ballets, and chamber music, as well as Pops and musical theatre. He has played with well-known organizations including the Boston Pops and Goldovsky Opera, and currently performs regularly with Symphony NH, Portsmouth Symphony, Longwood Symphony (the "Doctor's Orchestra"), and New England Philharmonic, among others.

Member tuition: \$50

Class does not meet 5/7.

7 Tu: 4/2 - 5/21 | 10:00 - 11:00 AM | Class Limit: 30

Manchester Community Music School, 2291 Elm Street, Manchester, NH, 03104

## **Creative Silk Scarf Dyeing**

Create a silk scarf using dyes and men's silk ties. Simple homework between sessions will be required. Bring sharp scissors to class.

Sue Mangano is an award-winning fine and decorative artist. She loves painting in all media, especially pastels. Pastels allow paintings to be vibrant!

Member tuition: \$25

### **SEC C01**

\$40 for materials will be added to your registration. Total cost \$65.

2 Sa: 4/13 - 4/20 | 10:00 AM - 12:00 PM | Class Limit: 20

GSC Concord, 25 Hall Street, , Concord, NH, 03301

### **SEC M01**

\$40 for materials will be added to your registration. Total cost \$65.

2 Sa: 5/11 - 5/18 | 10:00 AM - 12:00 PM | Class Limit: 20

GSC Manchester, 195 McGregor Street, , Manchester, NH, 03101

## **Creativity and Sculpture in the Woods: Tour of Andres Institute of Art**

On a 140-acre tract of woodland on Big Bear Mountain in Brookline, NH sits the internationally-known and honored Andres Institute of Art, devoted to the development of sculpture and sculptors. More than 50 works of sculpture are scattered along walking trails throughout this unique nature-preserve "museum." Participants may choose EITHER a 1 1/2 hour hike in the woods at a relaxed pace to encounter the sculptures traversing some invigorating grades on uneven paths (the best views) OR a car ride up the mountain viewing those sculptures near the road and on the summit. Thus, wear comfortable shoes, bring a walking stick, a bottle of water, insect repellent (if needed) and an enthusiasm to engage with true artistic expression in the natural surroundings.

Robin Clark has been a board president and continues as an active board member of the Andres Institute, which is directed by John Weidman, a co-founder. Robin has conducted previous tours of the property for OLLI members. Participants have been very impressed with her knowledge, amiable demeanor and commitment to the arts.

Member tuition: \$20

1 Sa: 6/1 | 10:00 AM - 12:30 PM | Class Limit: 20

Andres Institute of Art, 98 Route 13, Brookline, NH, 03033

## **Current Diet Trends: The Facts, The Myths and Everything in Between**

Paleo, Gluten Free, Mediterranean, Intermittent Fasting, Low Sodium/Fat/Carb, High Protein. With so many different "diets" it can be really hard to know what to eat anymore. Come spend an hour with Jessica as she provides insight into these diet trends and helps clear the waters about what a healthy diet should look like. A grocery store tour will be provided

to look at products that are hot right now and Jessica will show participants how to determine if it's a fad or a healthy choice to incorporate into a healthy diet.

Jessica O'Connell, MBA, RD, LD is an energetic and fun loving dietitian with over 12 years of experience in the field of nutrition and dietetics. Areas of interest include pediatrics, food allergies and overall nutrition wellness. She has a passion to help clients make small changes that make a big difference and impact a lifetime of health and wellness.

Member tuition: \$20

1 M: 3/11 | 1:00 - 2:00 PM | Class Limit: 12

Hannaford Supermarket Exeter, 141 Portsmouth Avenue, Exeter, NH, 03833

### **Current Events: Here, There, and Everywhere**

Explore the news in NH, the US and the world with focus on the interest of the attendees. In a combination of multi-media presentations, participant contribution and discussion, we'll look at the issues of the day, including historical perspectives and their implications for the future. There may be guest speakers to add depth to some of our topics.

Josh Shaine has been teaching courses through the MIT Educational Studies Program for more than thirty years. He also works with schools and families on issues of under-achievement and gifted education. He's been teaching for OLLI since 2008.

Member tuition: \$55

8 Tu: 2/19 - 4/9 | 3:00 - 4:30 PM | Class Limit: 15

GSC Manchester, 195 McGregor Street, , Manchester, NH, 03101

### **Curtain Up! The Concord Theatre's Next Act**

After 25 years of sitting dormant, the former Concord Theatre is about to reopen as a performing arts venue. Author Paul Brogan talks about the importance of preserving its rich past and welcoming the unlimited possibilities of its future.

Paul Brogan is the recipient of a NH Press Association Award for his writing. His latest book, "The Concord Theater and Concord's Love Affair with the Movies," is due to be published shortly by Plaidswede Press. He worked in the Concord Theatre from 1967 until 1994. Paul has presented more than three dozen film classes for OLLI at all locations in the past six years. In the process of sharing his love for film with others, he has made many new friends.

Member tuition: \$20

1 F: 3/15 | 10:00 AM - 12:00 PM | Class Limit: 30

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **D-Day: June 6, 1944 - The 75th Anniversary**

Described as the “most complex and massive military venture in world history,” June marks the 75th Anniversary of what, for most Americans, was the single defining event of World War II. In fact, our second class on June 4th is exactly 75 years to the day Ike made his fateful “Go-No Go” decision which, in retrospect, almost certainly sealed the fate of “Operation Overload.” We will explore the planning of the invasion, including its location and timing, the preparation, massive build-up, sabotage and incredible Allied deception effort to confuse and mislead the German defenders, and the doubts, anxieties and fear as to whether it would fail. We will relive Ike’s “Go-No Go” decisions and the invasion itself, beginning with the first American and British paratroop airdrops at almost precisely midnight through the “softening-up” air and sea bombardments, to the five beachhead landings and thrusts inland in the face of German resistance and counterattacks. Finally, we will look at the cost in terms of casualties in lives lost, maimed and forever changed.

Dave Hess is a retired trial lawyer who served as NH Assistant Attorney General under Warren Rudman and David Souter, and was a member of the NH House of Representatives for 25 years. Dave developed a passion for politics more than 50 years ago when he became involved in the 1964 presidential primary as a Dartmouth student. Dave has presented a number of diverse and varied classes at OLLI. History, in general, and western, political, and military history, in particular, have been interests of his over his entire life.

Member tuition: \$25.

2 Tu: 5/28 - 6/4 | 1:00 - 3:00 PM | Class Limit: 45

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Death in the White Mountains: Hiker Fatalities and How to Avoid Being One**

Julie Boardman wrote “Death in the White Mountains” in the belief that by studying past fatalities and identifying the mistakes that caused them, we can learn how to survive in the mountains. Using a variety of sources, she compiled a list of 219 hikers, climbers and backcountry skiers who have died in the White Mountains. She categorized the fatalities according to cause of death and determined what fatal errors were made by the victims. “A majority of the deaths didn’t have to happen,” Julie stated. “They were the result of an oversight or one or more bad decisions.” Julie will discuss some of the common mistakes that hikers make and share interesting facts from her research.

Julie Boardman is the author of two books about the White Mountains: “When Women and Mountains Meet” ( a history of women in the White Mountains), and “Death in the White Mountains.” The latter book focuses on the mistakes made by the many people who have died in the region. A free lance writer for many years, Julie has written for Appalachia, the Sierra Club magazine, Connecticut Audubon and many other publications. She has hiked extensively in the White Mountains and is a member of the White Mountain and New England 4,000-footer clubs.

Member tuition: \$20

1 M: 5/13 | 2:30 - 4:00 PM | Class Limit: 70

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **Decorate a Ukrainian Style Egg: Beginner**

These are not your grandkids' Easter eggs! Decorate your own holiday egg in the distinctive Ukrainian pysanka style, using wax-resist method on a real egg. Melt beeswax over a candle, draw lines of wax on a raw egg with a traditional waxing tool, dip the egg in dye, and watch your pattern appear. The finished eggs will be varnished and hollowed, creating a permanent keepsake. No previous artistic experience required! Every year, my students amaze themselves with the beautiful and unique eggs that even first-timers produce. If you have previously taken this class, consider the Intermediate class.

Jodi Smith lives in Lovell, Maine. Her ancestors came to America from Lusatia (a Slavic minority in what is now Germany) in 1854, on the sailing ship Ben Nevis, hoping to protect their Slavic language, culture and religion. Jodi has been decorating eggs in pysanka style for over 30 years, and teaching classes for about 25 years. Her eggs have been displayed at the Texas Wendish Heritage Museum.

Member tuition: \$20

\$3 for materials will be added to your registration. Total cost \$23

1 M: 4/1 | 1:00 - 4:00 PM | Class Limit: 8

GSC Conway, 53 Technology Lane, Conway, NH, 03818

### **Decorate a Ukrainian Style Egg: Intermediate**

This class session is geared to people who have some previous experience making pysanky. We will be doing a different, more complex design than the beginner class.

Jodi Smith: For presenter bio see Decorate a Ukrainian Style Egg: Beginner.

Member tuition: \$20

\$3 for materials will be added to your registration. Total cost \$23.

1 F: 4/5 | 1:00 - 4:00 PM | Class Limit: 8

GSC Conway, 53 Technology Lane, Conway, NH, 03818

### **Designing a Perennial Garden**

Designing and maintaining a perennial bed can be a daunting task. The location and size of the bed, soil type, the amount of light available, color and texture of plants, garden pests, and design elements are all considerations for the garden designer. In addition many people associate perennial gardening with little or no work gardening. That is not the case, although there are things the gardener can do to mitigate the amount of work involved with keeping a garden looking well kept. This presentation will be a slide show and discussion of the various aspects of garden design.

Questions are encouraged. The presenter is an amateur gardener who has worked seasonally in the perennial yard at a large Seacoast greenhouse for the past six years.

Sandy O'Neill is a retired language arts/ science teacher who enjoys writing, gardening, hiking and crafting. She keeps a journal regularly.

Member tuition: \$20

### **SEC C01**

1 Th: 2/21 | 1:00 - 3:00 PM | Class Limit: 25

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **SEC S01**

1 Tu: 3/12 | 10:00 AM - 12:00 PM | Class Limit: 24

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

## **Dietrich Bonhoeffer: Spiritual Formation and Social Action in Dangerous Times**

One of many martyrs during the Holocaust, Dietrich Bonhoeffer's action in the world was formed by his faith and his response to dangerous times, starting with the loss of his brother in World War I. Early loss led to Christian faith, an interest in theology, travel to the U.S., and a strong interest in communities of faith, pacifism, and in African American spirituality as expressed in gospel music. After the rise of Hitler in 1933, Bonhoeffer spoke out against the German State Church, which was becoming infected with Fascism—a tribalist heresy. In 1939, Bonhoeffer escaped to the U.S. but did not stay. He chose instead to move back to Germany. During World War II he participated in several dangerous plots against Hitler. This class will be about Dietrich Bonhoeffer's journey from a privileged young boy, to a pastor and theologian, to a spy and, eventually, a martyr. What led him to embark on this difficult journey and what led to such a deep sense of peace and an embrace of life despite the horrors around him? Let us look at Bonhoeffer's life and find out.

Jen Graf: For presenter bio see Computers: Tips and Techniques.

Member tuition: \$20

1 F: 6/7 | 9:00 - 11:30 AM | Class Limit: 15

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Diplomatic History of the First World War**

In remembrance of the centennial of WW I this three session lecture/discussion class will examine: 1) How and why diplomacy failed to prevent the war; 2) The effect of the many complex wartime treaties, agreements and declarations; 3) The long-lasting impact on the 20th century world, continuing to this day, of the controversial 1919 Peace Conference and the Treaty of Versailles.

Fay Melendy, a recently retired attorney, practiced in the Mount Washington Valley. Her undergraduate degree was in European History, and she has spent the past 40 years continuing her study of 19th and 20th century Europe. She recently attended conferences held at Oxford University on World War I remembered.

Member tuition: \$30

3 Th: 5/9 - 5/23 | 10:30 AM - 12:00 PM | Class Limit: 25

Moultonboro Library, 4 Holland St, Moultonboro, NH, 03254

## **Dog Training in Today's World**

Come learn about the types of problems today's dogs suffer from and what we can do to prevent them. From the basic biology and evolution of dogs to breed specific problems, this course is jam-packed with information to make you a better dog lover.

Helen St. Pierre is the owner and operator of No Monkey Business Dog Training. Based in Concord, she is a Certified Professional Dog Trainer—Knowledge and Skills Assessed (CPDT-KSA) and a Certified Dog Behavior Consultant (CDBC) and a Operation Socialization Certified Trainer (OSCT). Helen has been training dogs for over 12 years. She is a professional member of the Association of Pet Dog Trainers, a member of the Association of Animal Behavior Professionals and is a certified member of the International Association of Animal Behavior Consultants and a member of the Pet Professional Guild. Helen is also a licensed Dogs and Storks presenter, a licensed Dogs and Toddlers presenter, and a certified AKC evaluator. She volunteers countless hours at the local SPCA and works with homeless dogs to help them learn skills to find a home faster.

Member tuition: \$30

3 Tu: 5/7 - 5/21 | 6:00 - 7:00 PM | Class Limit: 25

GSC Concord, 25 Hall Street, , Concord, NH, 03301

## **Ethics in Everyday Life**

Even in our daily pursuits we are all likely to encounter a circumstances putting us in an awkward, perhaps stressful ethical dilemma with colleagues at work, with family or friends, with total strangers in the public square. Some situations are superficial; others more complex and consequential. In each discussion, we will read and dissect several real-life, very specific stories of ethical conflict as detailed in recent and archived columns of "The Ethicist" from the Sunday New York Times Magazine. If the quandary cited were yours, would you recognize the ethical course of action? Would you take it? Compare your solution to that of NYU philosophy professor Kwame Anthony Appiah who analyzes each situation and offers advice or renders judgment.

John Peterson holds an MA in English Literature from UNH. He has presented numerous OLLI reading/discussion group classes on literature, film, history and current events. He is also active in organizing OLLI outdoor excursions.

Member tuition: \$25

2 M: 3/11 - 3/18 | 1:00 - 3:00 PM | Class Limit: 20

GSC Conway, 53 Technology Lane, Conway, NH, 03818

### **Experience and Taste Morocco!**

Come to the Kasbah! Experience the rich culture of Morocco through shared experiences, photos and food as you participate in a six-course feast of traditional dishes.

Dalene Roy is an experienced teacher, cooking enthusiast, and amateur photographer. Dalene has lived and taught in seven countries and when home enjoys bringing people together to foster friendships, make memories and enjoy exotic foods.

Member tuition: \$20

\$15 for materials will be added to your registration. Total cost \$35.

1 F: 4/26 | 4:00 - 6:00 PM | Class Limit: 16

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Explore Bedrock Gardens**

Bedrock Gardens is an oasis for horticulture, art and inspiration. It has been described as a haven in the ever expanding land of stop-lights and traffic jams on our formerly quiet by-ways. Over the last 30 years, this 37-acre 1740's farm site was recreated as a unique garden journey through numerous outdoor rooms with artful installations, rare botanical collections, diverse habitats, and a whole lot of joy. Today this private garden is in the process of transferring ownership from the founders so that it might be shared with the general public for generations to come. When you tour this garden, you are supporting the non-profit, Friends of Bedrock Gardens. A tour through the garden with executive director John Forti will take from 1.5 - 2 hours. The terrain is flat to gently sloping and covers about 3/4 of a mile. There are many places to pause and lots of seating along the way. Feel free to bring a lunch and stay a while. Bedrock Gardens was named 'Best Cultural Oasis' by NH Magazine, and described by the Boston Globe as one of the most beautiful and intriguing landscapes in New Hampshire.

John Forti is a nationally recognized lecturer, garden historian, ethnobotanist and garden writer. He has worked at Mass Horticultural Society, Strawberry Banke Museum and Plimoth Plantation Museum.

Member tuition: \$20

\$20 admission fee will be added to your registration. Total cost \$40.

### **SEC S01**

1 W: 6/5 | 10:00 AM - 12:00 PM | Class Limit: 20

Bedrock Gardens, 45 High Road, Lee, NH, 03861



## **SEC S02**

1 Tu: 6/11 | 10:00 AM - 12:00 PM | Class Limit: 20  
Bedrock Gardens, 45 High Road, Lee, NH, 03861

### **Exploring Japanese Art: Wabi-Sabi, Humility, and Hidden Beauty**

The Japanese aesthetic can look alien to Western eyes if we don't have an understanding of the culture that created it. In this class we will learn about Japanese history and how it has impacted the culture and specifically the visual arts. As we look at objects we will start to appreciate the beauty of transience and imperfection. The final class we will discuss The Way of Tea, and we will create a classroom version of a tea ceremony experience.

Betsy Holmes, an artist and a librarian, has taught art history at NH Institute of Art and Saint Anselm College. She loves sharing her passion about art—it's not about dates—it's about people!

Member tuition: \$30

3 M: 2/18 - 3/4 | 10:00 AM - 12:00 PM | Class Limit: 30  
GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Exploring the Seacoast's Art Venues**

Ever wish you could view and or purchase art in the Seacoast but don't know where to go? This class will describe some available venues in the Seacoast and suggest tips on what types of art is offered. Information on recurring art shows/festivals will also be offered.

Joann Portalupi is an oil painter who works out of her home studio in Lee, NH. She has exhibited her work in and around the seacoast area. She is a juried member of the NH Art Association.

Member tuition: \$20

1 Tu: 4/16 | 10:30 - 11:30 AM | Class Limit: 30  
GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

### **Exploring the Universe: Includes Planetarium Show**

Explore the basics of studying the universe. How does a telescope work? How does a spectroscope explore the stars and the planets? What does our universe look like? This workshop will have two main parts: a lecture and hands-on activities plus a 45-minute Planetarium show.

Presenter: Staff MSDC

Member tuition: \$20

\$15 admission fee will be added to your registration. Total cost \$35.

1 Tu: 3/12 | 2:00 - 3:30 PM | Class Limit: 20  
McAuliffe-Shepard Discovery Center, 2 Institute Dr., Concord, NH, 03301

## **Exploring the Wild and Scenic Lamprey River**

The Lamprey River is a hidden gem on the NH Seacoast. It is no accident that the river has a largely undeveloped landscape offering outstanding ecological variety, significant archaeological and historic resources, and is home to one of the best river herring runs on the East Coast. In Session 1, participants will learn how a proposed hydroelectric facility energized local residents to seek protection through the Wild and Scenic Rivers Act and what subsequent Wild and Scenic designation has meant for the river and its communities. Session 2 will allow participants to visit significant sites and see this special river up close. Visiting some sites will involve uneven terrain. Some sites have limited parking; carpooling is encouraged.

Suzanne Petersen is the outreach specialist for the Lamprey Rivers Advisory Committee. The Lamprey River has been in the National Wild and Scenic Rivers System since 1996. In partnership with the National Park Service, local volunteers have helped to permanently protect almost 3500 acres, conducted ecological and historic research, enhanced access for passive recreation, ensured uninterrupted water quality testing, and engaged the public in learning about their river that the US Congress recognizes as outstandingly remarkable.

Member tuition: \$25

2 Tu: | Class Limit: 20

5/7 | 1:00 - 2:00 PM | GSC Portsmouth, 51 International Drive, Portsmouth

5/14 | 1:00-3:00 PM—numerous sites along the Lamprey River.

## **Films: A Date with Kate**

Katharine Hepburn was able to do just about anything during her 96 years and that included starring on stage, screen, television and even tackling a Broadway musical in 1969. In the process she won four Academy Awards as Best Actress, a record to this day. We'll talk about that legendary career and her visit to NH in 1980 to film, "On Golden Pond" as well as watch clips from several of her movies. In 1978 she teamed with Director George Cukor for their 10th and final teaming for the television remake of "The Corn is Green," getting her third Emmy nomination in the process. We'll watch this rarely seen gem in the afternoon session. This is a two-session class conducted on the same day with a morning (10:00 AM-Noon) and an afternoon (1:00 -3:00 PM) session.

Paul Brogan is the recipient of a NH Press Association Award for his writing. His latest book, "The Concord Theater and Concord's Love Affair with the Movies," is due to be published shortly by Plaidswede Press. He worked in the Concord Theatre from 1967 until 1994. Paul has presented more than three dozen film classes for OLLI at all locations in the past six years. In the process of sharing his love for film with others, he has made many new friends.

Member tuition: \$25

1 W: 5/15 | 10:00 AM - Noon, and 1:00 - 3:00 PM | Class Limit: 26

GSC Conway, 53 Technology Lane, Conway, NH, 03818

## **Films: Behind the Scenes in Hollywood**

We will learn about the movie business by viewing six films: William Holden and Gloria Swanson in "Sunset Boulevard" (1950), followed by a change of pace with "S.O.B." (1982 with its large cast—Julie Andrews, Robert Preston, Robert Vaughn, and Richard Mulligan). Then we will view two movies that blend comic and serious modes: Joel McCrea as a director in "Sullivan's Travels" (1941), and Tim Robbins as a producer in "The Player" (1992). We conclude with two documentaries: "Tab Hunter Confidential" (2015) and "Bombshell: The Hedy Lamar Story" (2018). More information can be found at [IMBD.com](http://IMBD.com).

Bob Pingree has been teaching film courses for fifty years and previously led seventeen different courses for OLLI in Concord.

Member tuition: \$45

6 Tu: 5/7 - 6/11 | 9:30 AM - 12:00 PM | Class Limit: 16

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Films: Beautiful Equation: Einstein, Bohr & Grandmothers**

Einstein and Bohr, two giants of 20th-century physics, were governed by a deeply rooted faith in our intuitive intelligence (along with a grand sense of play). The film follows eight older women as they rehearse for an uncommon stage presentation about the two great physicists. The grandmothers give vivid expression to the personal lives of the scientists in this delightful film, spinning the tales of Einstein and Bohr with grace, depth, and wit. As the women progress, they reveal their own strengths. Einstein, Bohr and grandmothers combine for a film whose powerful message extends beyond age, gender and even science is an affirmation of the value of imagination within us all. (Winner "Best International Film" Sunrise Film Festival 2015). Join us as we view the film together and then discuss its messages and meaning for our own lives.

Joreen Hendry is a retired math and science educator who loves to share her love of learning and thinking with others

Member tuition: \$20

1 Th: 3/21 | 9:30 - 11:30 AM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Films: Madness and the Movies VI**

Films have a long history of portraying mental illnesses in its many dimensions. They have shown the patient to be either a monster or a victim; the therapists as either scheming villains, bungling fools or compassionate heroes; and mental institutions either as chambers of cruelty or corridors of caring. This year we will not only offer only almost all the exciting newer films depicting mental illnesses but also revisit some of the classic movies from the first five showings. In this survey, we will look

at eight films revealing the cinematic approach to mental illness and then how each movie helps us to understand mental illness. Some of the new movies included: "Still Alice" (2015), "Charlie Bartlett" (2008), "The Perks Of Being A Wallflower" (2012), "Welcome To Me" (2015) and "The Skeleton Twins" (2014). The revisited ones include: "Girl, Interrupted" (1999), "Rain Man" (1988) and "Temple Grandin" (2010).

Stephen Soreff, M.D., is a nationally known author, lecturer and teacher in the field of mental health services. He has authored ten books including: "The Handbook of the Treatment of the Seriously Mentally," "The Documentation Survival Handbook," and "EMS Street Strategies, Edition 2."

Member tuition: \$55

8 W: 3/6 - 4/24 | 9:30 AM - 12:00 PM | Class Limit: 25

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Financial Fraud**

This course will examine the ever-growing threat of financial fraud to seniors. It has been estimated that this is a \$37 billion issue in the United States affecting at least five million seniors annually. Given that many victims don't report their losses, chances are excellent that these figures understate the problem. What are some of the most common schemes that you or someone you know may encounter? What are some red flags to help you spot an attempt to defraud you? What behaviors might you observe in someone you know to help you identify when a family member or friend may be the victim of fraud? We will discuss resources that may be available to help one evaluate their suspicions We will also share strategies to help lessen the risk to one's financial resources. If someone does use fraud to get access to your money, what are some next steps you might take?

Abbe Shaine has twenty years of experience working in the area of financial fraud, including a significant period of time addressing the needs of victims, many elderly. Most recently she served as Special Counsel to the NH State Bank Commissioner in his capacity as Liquidator of a trust company, in connection with which, she helped victims of a ponzi scheme and life insurance fraud recover funds they had invested. She now focuses her private practice on helping fraud victims, with a focus on elderly fraud victims and on Medicaid planning and the application process.

Member tuition: \$20

1 Th: 6/6 | 3:00 - 4:30 PM | Class Limit: 20

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Financial Planning in Retirement & Elder Law Issues**

If the prospect of actually creating a formal financial plan for retirement seems overwhelming to you come to this class where Jenny Rivard will help you develop a basic understanding of how to create just such a plan.

Four major topics are included in this course: investing, taxes, Medicaid, and estate planning. You will leave with a wealth of information and a solid financial foundation to create your own retirement plan.

Jenny Rivard is a licensed attorney in MA and NH as well as a licensed financial advisor and focuses her practice solely on providing retirees a smooth transition into retirement and the ability to age gracefully as the need for nursing care arises.

Member tuition: \$35

4 M: 4/1 - 4/22 | 3:30 - 5:00 PM | Class Limit: 16

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Flintlock Musket Development and Use from the Early 17th Century through the Late 18th Century**

This course will display and demonstrate flintlock muskets and related equipment and clothing.

William Payson is a re-enactor and history geek of the 17th and 18th century military and civilian life.

Member tuition: \$20

1 F: 5/3 | 10:00 - 11:30 AM | Class Limit: 35

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

### **Frank Lloyd Wright Legacy & the Zimmerman House**

In this course, participants will learn about how Frank Lloyd Wright, iconic American architect, created a mid-century masterpiece in Manchester and how this home, once owned by Dr. and Mrs. Zimmerman, was transformed from private home to the biggest work of art in the Currier Collection! After an in-classroom talk at the Currier about Frank Lloyd Wright and his work, participants will be transported via Currier shuttle to the Zimmerman House for a private tour of this stunning 1950 architectural gem. After the tour participants will return to the Currier Museum of Art where they can enjoy the museum collection until 5:00 p.m. Museum admission and the Zimmerman House tour are included in the class. Please note the Zimmerman House tour requires 90 minutes of standing and walking and there are no working restrooms at the house. The house also has limited accessibility.

Carolyn Hollman is a retired professor and a volunteer docent for the Currier Museum and the Zimmerman House.

Pamela Harvey is a retired librarian and educator and a volunteer docent for the Currier Museum and the Zimmerman House.

Member tuition: \$20

\$25 admission fee will be added to your registration. Total cost \$45.

*Last date to register is April 15, and the admission fee is non-refundable after this date.*

*The class must have a minimum of 12 to proceed.*

1 W: 5/15 | 1:00 - 4:00 PM | Class Limit: 12

Currier Museum of Art, 150 Ash Street, Manchester, NH, 03104

## **Freedom Trail Stories**

The sites on Boston's Freedom Trail were chosen primarily for their connection with the American Revolution, but they were also involved in parts of our New England story that preceded and followed the Revolution. We'll focus on just two of the Freedom Trail's sites, Faneuil Hall and King's Chapel. We'll explore the stories of five people associated with them: Peter Faneuil, Samuel Adams, Lucy Stone, Thomas Hutchinson, and Isaac Royall. Not all these people are well known today, and not all are heroes. However, each one represents an important facet of New England history, including slavery, the American Revolution (from both a patriot and a loyalist perspective) and the women's suffrage movement. This is an opportunity to better understand those big topics by exploring the stories of some fascinating individuals.

Eleanor Strang: For presenter bio please see Boston Massacre.

Member tuition: \$20

### **SEC C01**

1 F: 5/17 | 1:00 - 3:00 PM | Class Limit: 25

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **SEC MO1**

1 Tu: 5/21 | 1:00 - 3:00 PM | Class Limit: 25

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **SEC C02**

1 Th: 5/23 | 1:00 - 3:00 PM | Class Limit: 25

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **SEC S01**

1 Tu: 5/28 | 1:00 - 3:00 PM | Class Limit: 25

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

## **French vs. Irish: Why the Beef?**

This course examines the historical reasons why Franco- Americans and Irish-Americans did not get along for many generations, from the mid-19th century until the late 20th century

Robert Perreault has worked as a research assistant/oral history interviewer, librarian/archivist, freelance writer, historical tour guide, public speaker, photographer, and conversational French teacher to promote Manchester's history

and New England's Franco-American culture since 1973. His works of nonfiction and fiction, written in French, in English, or in both languages, include seven books and more than 160 articles, essays, and short stories published in the US, Canada and France. Perreault holds an MA in French with specialization in New England Franco-American studies from Rhode Island College and an MFA in Creative Writing/Fiction from SNHU. In June 2012, Manchester's Centre Franco-American named him "Franco-American of the Year."

Member tuition: \$20

1 M: 5/6 | 10:00 - 11:30 AM | Class Limit: 25

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Fusion of Art and Glass**

An introduction to the fine art of fused glass will allow members to view and ask questions about this rather unique process of creating beautiful permanent images of the world around us, especially the sea and the play of light. The base of fusible glass, powders, inclusions and tools, including the kiln firing, will be discussed and demonstrated to some extent (no firing will be done). Colors can be mixed pre-firing or layered to blend when melted in the kiln. The larger, valuable part of the process is the dichotomy of continuous visual thoughts that work through the techniques and are ultimately the artist's voice. Finished works will be shared and the opportunity for local workshops teaching fused glass will be explored. Come to witness a new art form.

With a BFA in Graphic Design from BU, Verne Orlosk started a career in the advertising and print media industries for ten years while pursuing mural painting and developing school enrichment programs in art and jewelry design. Volunteering at the Toledo Museum of Art for two years followed by seventeen years as an instructor at the Currier Museum of Art allowed Verne to teach the fine arts in several media while maintaining her love of drawing. Verne discovered fused glass and directed the Center's program for years.

Member tuition: \$25

2 F: 3/1 - 3/8 | 1:00 - 2:30 PM | Class Limit: 25

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Games and Puzzlers - All Among My Favorites**

Starting with a one-person game, the Tower of Brahma (1883), we'll consider a two-person game Nim (probably one of the oldest games in the world) and do a compass-and-straight-edge construction finding a Square Through Any Four Given Points. Mathematician George Polya wisely said, "Solving problems is a fundamental human activity. In fact, the greater part of our conscious thinking is concerned with problems." Some may be familiar, others will not. For each, we will work toward a complete solution during class.

Bill Faulkner has presented 23 times with OLLI, eight unique courses in five cities. Now in his 53rd year of teaching, he likes to interact with inquiring minds and welcomes suggestions for the content of his upcoming courses.

Member tuition: \$25

### **SEC CO1**

2 Th: 4/4 - 4/18 | 10:00 AM - 12:00 PM | Class Limit: 20

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **SEC SO1**

2 F: 5/10 - 5/17 | 10:00 AM - 12:00 PM | Class Limit: 25

GSC Rochester, 35-E Industrial Way, Rochester, NH, 03867

## **Genetic Engineering: the Good, the Bad, the Ugly**

This course shares an unique perspective on risk to human health and the environment that is not on the public's radar. Mixing slides, video clips, and interactive questioning, participants will learn how genetic engineering has revolutionized medicine, will see how life's most fundamental molecules work, and will be challenged to consider apocalyptic scenarios based on scientific facts that scientists do not want to talk about publicly. Participants will witness first-hand accounts of biologists who convened in the 1970's to decide how to regulate the early stages of genetic engineering. Technology and knowledge that has developed over the last 40 years will be weaved into the discussion. Ultimately, the message is intended to be hopeful, and an alternative to current practices will be presented.

Matt Endrizzi is a former molecular biologist who was a team leader on the Human Genome Project and other genome sequencing projects at the Whitehead Institute in Cambridge, Massachusetts from 2000-2002. Previously he worked as a research assistant at Harvard Medical School and Florida State University. Currently, he teaches high school science in NH.

Member tuition: \$20

1 Tu: 4/23 | 10:00 AM - 12:00 PM | Class Limit: 25

GSC Rochester, 35-E Industrial Way, , Rochester, NH, 03867

## **George Carlin: A Retrospective**

When American culture began to change in the late 1960s (i.e. old comics on The Ed Sullivan Show were looking tired and irrelevant to a younger generation experimenting with drugs and protesting the war in Vietnam), George Carlin evolved into the most important comedian in America. Along with Lenny Bruce and Richard Pryor, Carlin established a new wave of comic genius that transformed our thought process about conventional wisdom and literally rocked the establishment. The transformation Carlin helped bring about in comedy has become so ingrained that he has become immortalized as one of America's most radical and courageous artists. This course will include a review of Carlin's life with segments



from Carlin's HBO specials, books, albums et al; students will have with an opportunity for comment and discussion. Please note: You will be exposed to Carlin's colorful language. Please do not sign up for this course if you are thin-skinned, have a closed mind, never think in the abstract and/or believe that "Live Free or Die" is a state law.

Dennis Hebert is a retired professional who worked in the public, private and nonprofit sectors. He has had a life long interest in certain historical periods and characters. He has researched and written about Benedict Arnold over many years. Most recently he has presented courses in Manchester and Concord to include (1) Benedict Arnold: An Alternative View and (2) George Carlin: When will Jesus Bring the Pork Chops. Hebert lives in Canterbury, NH, with his Llewellyn Setter, Ruffian; she is now 12 years old and is aging gracefully with her owner.

Member tuition: \$35

4 Th: 3/21 - 4/11 | 1:30 - 3:30 PM | Class Limit: 35  
GSC Concord, 25 Hall Street, Concord, NH, 03301

### **Get Ready for the First in the Nation Primary - 2020**

Now that the mid-term elections are over, get ready for more action closer to home. Who is getting ready to run for the presidency and is scoping out the landscape? Who are the serious candidates? We in NH are fortunate, we get to hear and see them in person. What should we be looking for?

Prior to spending 20 years as executive Director of the NH Housing Finance Authority, Clairia Monier was Regional Director of the U.S. Department of Health and Human Services during the Reagan Administration and prior to that was Executive Director of the N.H. State Council on Aging.

Member tuition: \$25

2 Tu: 4/9 - 4/16 | 1:30 - 3:00 PM | Class Limit: 25  
GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Globalization: Promise and Problems**

The course will examine the nature of globalization, explore its potential for contributing to human development and its many problems. Among the specific topics addressed are global inequality, global institutions, human rights and global values. The course is intended as an introduction to the topic. Several article-length readings will be assigned and discussed.

Dennis MacDonald received his Ph.D. in Sociology from UNH in 1985. He taught a course on Global Society for many years and has published on various aspects of globalization.

Member tuition: \$35

4 M: 3/4 - 3/25 | 1:00 - 2:30 PM | Class Limit: 20  
GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Grand Tour of the Universe**

Starting from the Earth and Moon, reaching across the solar system, on to the nearest stars, out into the Milky Way galaxy and across the Universe to the most distant Quasars; The Grand Tour is a top-level survey of the universe and all the things we find in it. We'll cover our place in the cosmos, stars from white dwarves to red giants, gas, dust, nebulae, galaxies, star clusters, and more.

Mathew Marulla: For presenter bio please see Astronomy Myths.

Member tuition: \$20

1 W: 3/13 | 1:00 - 2:30 PM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Great Bay National Wildlife Refuge Walk**

Join us for a walk around this hidden gem of the Seacoast, home to fox, deer, osprey, kestrel, and an occasional bald eagle. We will walk the William Furber Ferry Way Trail (2 miles) and, if time permits, the Peverly Pond Trail (1/2 mile). Both trails are graded and include gentle inclines. Wear good walking shoes (no sandals or flip-flops), long pants (there may be ticks) and a hat. Cameras, binoculars and walking sticks are optional.

John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. He is a retired quality engineer, former trip leader for the Appalachian Mountain Club and sometime poet.

Member tuition: \$20

1 Tu: 5/14 | 10:30 AM - 12:00 PM | Class Limit: 12

Great Bay National Wildlife Refuge, 4 Arboretum Drive, Newington, NH,

## **Great Decisions - Conway**

Developed by the Foreign Policy Association (FPA) to promote understanding of American Foreign Relations, this course provides the perfect opportunity to learn about issues concerning U.S. policy makers today and pose foreign policy challenges for tomorrow. Read, watch and join the discussion particularly from your peers on contemporary international issues.

Sharon Meyer graduated from college with a degree in history and sociology and worked for many years as a Human Resources Manager at Boston Scientific Corporation. She never lost her passion for history and has continued to read historical non-fiction and fiction.

Member tuition: \$40

\$32 non-refundable book fee will be added to your registration. Total cost is \$72.

5 Tu: 4/16 - 5/14 | 10:00 AM - 12:00 PM | Class Limit: 20

GSC Conway, 53 Technology Lane, Conway, NH, 03818

### **Great Decisions - Manchester**

Developed by the Foreign Policy Association to promote understanding of American Foreign Relations, "Great Decisions" provides the perfect opportunity to learn about issues concerning U.S. policy-makers today and pose foreign policy challenges for tomorrow. Read, watch and join the discussion. Visit [fpa.org/great\\_decisions](http://fpa.org/great_decisions) for this year's current topics.

Merle Luber-Friedenberg, PhD, has been a college professor for many years. Recently, she has taught at lifelong-learning programs at Brandeis and Rivier College, as well as OLLI. Merle's classes always reflect her in-depth historical reading and research and her ability to present serious topics as both education and entertainment.

Member tuition: \$55

\$32 non-refundable book fee will be added to your registration. Total cost is \$87.

8 W: 3/27 - 5/15 | 3:00 - 5:00 PM | Class Limit: 20

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Great Decisions Part 1 - Seacoast**

Developed by the Foreign Policy Association to promote understanding of American Foreign Relations, "Great Decisions" provides the perfect opportunity to learn about issues concerning U.S. policy-makers today and pose foreign policy challenges for tomorrow. Read, watch and join the discussion. Visit [fpa.org/great\\_decisions](http://fpa.org/great_decisions) for this year's current topics.

Tessa McDonnell works for OLLI supporting the efforts of Seacoast and Conway volunteers. A skillful moderator and always curious about the complexities of public policy, Tessa will facilitate discussions for Great Decisions deliberations.

Member tuition: \$35.00

\$32 non-refundable book fee will be added to your registration. Total cost is \$67.

4 Th: 3/28 - 4/18 | 10:00 AM - 12:00 PM | Class Limit: 20

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

### **Gripping Tale of Art Forgery and Theft - The Last Painting of Sara de Vos**

Three locations, three time frames: Amsterdam in 1631; New York City in 1957; and Sydney, Australia in 2000. What links the three is a painting, "The Last Painting of Sara de Vos," painted in 1631; stolen and replaced in 1957 by a forgery; and resurfacing as both a forgery and original in 2000.

That is the structure of the novel “The Last Painting of Sara de Vos,” and only a highly skilled author could pull it off. We will see how the author, Dominic Smith, navigates this complex structure while creating a book that is both a page turner and an intellectual delight. The course will touch on the relationship of Dominic Smith’s novel with Michael Frayn’s novel “Headlong.” Interested readers are encouraged to take another class offered by this presenter, “Headlong Dives into Human Folly,” which will focus on Frayn’s novel. Both writers use great works of art to propel plots of mystery and intrigue. The courses are offered separately so that readers can either choose to take both classes or to take one or the other. Required reading prior to class is “The Last Painting of Sara de Vos” by Dominic Smith ISBN 978-1-250-11832-5 paperback.

Judith Castle has a passion for novels and the light they shed on the human condition. She has led several courses in English and American Literature at the Harvard Institute for Learning in Retirement. She has a degree in English from the University of London and a master’s degree from Harvard.

Member tuition: \$25

2 Th: 5/30 - 6/6 | 10:30 AM - 12:00 PM | Class Limit: 12

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

### **Headlong Dives into Human Folly**

“Headlong” is a literary tour de force. It’s a thriller, a farce, an exploration of art history, and a clever dissection of a marriage. The book’s author, Booker Prize finalist Michael Frayn, has been described as the master of what is seriously funny. The novel begins as Martin Clay gazes on what he wants to believe is the discovery of a lifetime. On the soot-covered wooden board that a neighboring aristocrat has been using to block the draft from a fireplace, Martin sees (or thinks he sees) a lost work by Bruegel. That moment will turn out to be his triumph and torment and downfall. We will follow Frayn’s hilarious trail of lies and concealments, desperate schemes and soaring hopes. Along the way we’ll learn a lot about Bruegel and the Netherlands of the 16th century and we’ll talk about how Frayn manages to combine his comedy of errors with an exploration of the risks of obsession and the search for a moral compass. The course will also touch on the relationship of Frayn’s novel with Dominic Smith’s novel “The Last Painting of Sara de Vos,” which will be discussed in the course titled, “A Gripping Tale of Art Forgery and Theft.” Both writers use great works of art to propel plots of mystery and intrigue. The courses are being offered separately so that you can either choose to take both or to take one or the other. Required reading prior to class: “Headlong” by Michael Frayn. ISBN: 0-312-26746-0.

Judith Castle: For presenter bio please see Gripping Tale.

Member tuition: \$25

2 Th: 5/9 - 5/16 | 10:30 AM - 12:00 PM | Class Limit: 12

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

### **Hike and Tour: Finding the First New Hampshire Governor**

Wentworth-Coolidge Mansion Historic Site was the home of NH's first royal governor, Benning Wentworth, who served in office from 1741 to 1767. The mansion, which overlooks Little Harbor in Portsmouth, is an outstanding colonial era home. We will tour the house with state park staff; then walk the Little Harbor Loop Trail to discover more nearby treasures: Creek Farm Reservation, Portsmouth Conservation Land, and lovely shoreline vistas of Little Harbor and Sagamore Creek. The hike is about 1.5 miles.

Nan Nutt pursued a career in scientific research and software engineering, but she claims that having an English teacher mother and a college-chaplain father may have had as much impact on her long-term interests. Reading and theology discussions, as well as land and underwater adventures, are among her favorite activities. She has spent some time studying various subjects in US and world history.

Member tuition: \$20

Admission will be payable at the site - \$4 under 65, \$5 non-resident.

1 F: 6/7 | 1:00 - 3:30 PM | Class Limit: 20

Wentworth-Coolidge Mansion State Historical Site, 375 Little Harbor Rd., Portsmouth, NH, 03801

### **Hiking the Hampstead Trail System**

Did you know the town of Hampstead, NH has an extensive trail system, approximately 43 total miles, that was started back in the 1970s? Join us as we explore a 3 to 5 mile section of these trails. The length of the hike will be dependent upon the participants and how far they wish to go. The trails are studded with rocks and roots, and have some short, fairly steep inclines so be sure to wear sturdy shoes. Don't forget water and your bug spray as mosquitoes and ticks are always around. Dogs are welcome.

Cheryl Sprinkle is a retired biology/science teacher who resides in Hampstead. She loves to travel, especially when science and nature are involved. Cheryl also enjoys hiking and frequents the trails of Hampstead on a weekly basis.

Member tuition: \$20

1 W: 5/8 | 10:00 AM - 1:00 PM | Class Limit: 12

Hampstead Conservation Area, Stage Road, Hampstead, NH, 03841

## **History and Tour of Globe Manufacturing, Inventors of Turnout Gear for Firefighters**

Globe Manufacturing, operating in Pittsfield, NH, invented turnout gear in 1887. They are the oldest, largest and most trusted manufacturer of turnout gear, the protective coats and pants that firefighters wear, in the world. Learn about the history of innovation, including the invention of Gore-Tex as you tour their state-of-the-art manufacturing facility.

Brandi Smith has been employed at Globe for 2 1/2; years now. She lives in Barnstead, grew up there and actually purchased the home next to the house she grew up in!

Member tuition: \$20

### **SEC CO1**

1 Tu: 4/23 | 9:00 - 11:30 AM | Class Limit: 17

Globe Manufacturing, 37 Loudon Rd, Pittsfield, NH, 03263

### **SEC CO2**

1 Th: 4/25 | 9:00 - 11:30 AM | Class Limit: 17

Globe Manufacturing, 37 Loudon Rd, Pittsfield, NH, 03263

## **History of our Medicine: From the Colonial Era - Mid Twentieth Century**

Do you remember doctors making house calls; taking a sugar cube with a polio vaccine; seeing quarantine signs on the front door? Do you have an ancestor who died in the 1918 flu pandemic or spent months in a sanitarium recovering from tuberculosis? Can you believe mothers gave their children cocaine tooth drops and the makers of Bayer Aspirin also manufactured Bayer Heroin? The Remick Country Doctor Museum and Farm will show a power point presentation entitled "The History of our Medicine." Then we will tour the Captain Enoch Remick House where both doctors practiced medicine for ninety-nine years. Then the class moves on to the Main Museum for a guided tour of our exhibit "Our Medicine Through Time" where herbal remedies may be sampled. Admission includes all daily activities and trails.

June O'Donal, Museum Educator at the Remick Country Doctor Museum, has been studying the lives and medical practice of Dr. Edwin Remick (1866-1935) and his son Dr. Edwin C. Remick (1903-1993) for over four years. She has compiled a Home School Study Guide entitled "Twelve People who Changed the World Through Medicine," wrote a children's book, "The Country Doctor's Son," and helped design the Museum's exhibit, "Our Medicine Through History."

Member tuition: \$20

\$5 admission fee will be added to your registration. Total cost \$25.

1 Th: 6/6 | 1:00 - 4:00 PM | Class Limit: 15

Remick Museum and Farm, 58 Cleveland Hill Road, Tamworth, NH, 03886

## **Holistic Approach to Eating for Weight Loss and to Maintain Health**

Weight gain could be a side-effect of food sensitivities or intolerances that lead to inflammation or could be related to a diet high in refined sugar and carbohydrates along with a lack of physical activity. It could also be that your hormones - insulin and cortisol - are out of whack due to stress. Explore the "Top 10 Factors Weighing You Down," "Top 10 Tips to Drop Pounds" and "Ten Ways to Feed Your Soul!" Learn why diets don't work and how to put an end to "Yo-Yo" dieting.

Trish Manning enjoyed a successful career as an RN in a variety of roles - Critical Care Nurse, Nurse manager, Director of Nursing, Clinical Educator, Electronic Medical Record Implementation and Director of Quality Improvement. She brings these skills to her role as a Health Coach, along with additional education/certification and experience in holistic health including Meditation, Reiki, and Therapeutic Touch. Her personal health journey over the past 6 years has been transformational. Begin your unique journey to optimal health and wellness and with her support and guidance become a more vibrant you!

Member tuition: \$20

1 W: 4/3 | 10:30 AM - 12:00 PM | Class Limit: 30

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Homer Comes Alive**

Using the well-known scenes of "The Odyssey," Sebastian Lockwood delivers the passion and intensity of the great epic that deserves to be heard told as it was by bards in the days of old. Lockwood says, "The best compliment is when a ten-year-old comes up and says, "felt like I was there."

Sebastian Lockwood is a traveling bard and performer. He studied the roots of storytelling, classics and anthropology at Boston University and Cambridge UK. He has recorded a series of classic novels and poems including Homer's "Odyssey," the "Epic of Gilgamesh," and more.

Member tuition: \$20

1 Th: 4/18 | 1:00 - 3:00 PM | Class Limit: 26

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **How a Black Hole Can Kill You**

Black Holes are among the most mysterious objects known. What are they? Where can they be found? What are they made of? How do they form? And most importantly, what happens if you get near one? Find out as we shed some light on these darkest places in the universe.

Mathew Marulla: For presenter bio please see Astronomy Myths

Member tuition: \$20

1 W: 3/20 | 1:00 - 2:30 PM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **How a Church Organ Gets That Sound**

This will be an informal opportunity to get a close view of how an organist produces different sounds from this complex and wonderful machine.

Andrew Thornton has a PH.D. from Stanford University. He was for many years the Director of the Humanities Program at Saint Anselm College. Brother Andrew is the principle organist for the Abbey Church.

Member tuition: \$20

1 Th: 6/13 | 10:00 - 11:30 AM | Class Limit: 15

Abbey Church, St. Anselm College, NH,

## **How to Cut Your TV Cable**

Does anyone still need cable for TV/video services? If you think so, why? This course will provide information on what video streaming services are available, what their subscription costs are and what content is available. Using sources like Consumer Reports and other media articles coupled with over 7 years of actively using video streaming services a comprehensive comparison to cable/TV video services will be presented. Experience with services such as Netflix, Showtime, Starz, HBO, Amazon Prime, Crackle and Hulu will be compared to Comcast video/cable services. After taking this course you will run home and most likely cut your cable service with the benefit of almost never having to watch another TV/video commercial and be able to watch your video selections when you want, not when the cable provider tells you to. Home internet service is required for video streaming. Apple streaming will not be covered in this course. Questions are welcome, but due to the variety of services and individuals equipment differences the instructor may not have all the answers.

John Werner is an organizational improvement specialist with over 35 years of experience. He has consulted with numerous health service providers including hospitals, nursing homes and medical office practices. His experience includes Veterans Affairs hospitals, large medical school teaching centers in New York City and Philadelphia, as well as other medical centers across the northeast. John has presented at numerous health care delivery conferences and has published numerous articles in leading health care improvement magazines and journals. John is a volunteer with 350 NH, an environmental organization in Maine and NH dedicated to reducing CO2 emissions.

Member tuition: \$20

1 Th: 5/16 | 1:30 - 3:30 PM | Class Limit: 22

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

## **How to Discover a Brand New, Marine Organism**

Tom Lee discovered a microorganism growing in a seaweed. It is new to science. He will show you how this happened and the steps required to find, name and announce a previously unknown creature visible only through a microscope.



Thomas Lee has taught for thirty-five years in the Biology Department at Saint Anselm College. His main research interests have centered around algae, particularly marine forms.

Member tuition: \$20

1 W: 5/1 | 11:00 AM - 12:00 PM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **How to Use Sales Skills in Your Everyday Life**

What makes a great sales person? This person must be honest and truthful and put your needs paramount. This class will identify the qualities and techniques of a great sales person and consider how to use these skills to help us in our everyday life. The class will take a short personality survey to help us be the best we can.

Bob Muzerall, a retired VP of Sales and Training for a global medical technology company, has over 34 years experience in various sales, training, and marketing roles in the pharmaceutical and medical device industry. He has received numerous awards and was a frequent speaker and panel member at various medical and educational associations. His unique approach to sales is found in his "Selling with Integrity" series.

Member tuition: \$20

1 Tu: 3/26 | 10:00 - 11:30 AM | Class Limit: 25

GSC Conway, 53 Technology Lane, Conway, NH, 03818

### **Immigration: Still a Mess**

There are always new developments in the world of immigration, with implications for the Dreamers, refugees, Temporary Protective Status seekers, children separated at the border, immigration checkpoints on I-93 and progress on building The Wall. Legal immigration is getting much tougher and more expensive. A big question is how the mid-term elections changed the playing field - or not. These are a few of the topics to be covered along with your questions.

George Bruno is a practicing immigration lawyer with Mesa Law LLC in Manchester, NH and principal in the consulting firm of the International Resource Group LLC. He is the former US Ambassador to Belize.

Member tuition: \$20

1 W: 5/15 | 10:00 AM - 12:00 PM | Class Limit: 35

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Impeachment American Style! Will President Donald J. Trump be Next?**

Is it possible we may see three impeachment proceedings initiated against three duly elected presidents in our lifetimes? After this extraordinary process was invoked only once against a sitting president in the first 183 years of our national existence? Efforts to impeach Andrew Johnson and

William Jefferson Clinton failed, but Richard Nixon almost certainly would have been impeached had he not resigned from office in 1974. We will examine Impeachment American Style from the original debates and votes in the 1787 Constitutional Convention through the present debate, emphasizing the evolution of this process in the 20th century and the attempts to remove sitting presidents; the motives behind those efforts, the grounds cited for initiating those proceedings, and the evidence relied upon to support those efforts. We will see why impeachment is a political and civil procedure, not a criminal action and what constitutes “high crimes and misdemeanors,” the most frequently cited but least understood and undefined reason for impeachment. Finally, we will objectively and civilly explore and evaluate the ongoing discussion, speculation and threats about the possible impeachment of Donald J. Trump.

Dave Hess: For presenter bio please see D-Day.

Member tuition: \$25

2 F: 3/29 - 4/5 | 10:00 AM - 12:00 PM | Class Limit: 35

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Implications of Evolution**

A look at the “missing links” from Darwin’s initial theory -- including genetics, geological time frames, the fossil record -- things that were predicted by his Theory, confirm it, and could have invalidated it if it were wrong.

Leonora Isaak has a BS in Natural sciences and an MS in Science Teaching/ Environmental studies. She finds geology and earth movement fascinating. This hands-on class might re-awaken you to rock collecting.

Jim Isaak is a retired computer wizard with an eclectic background and set of interests. He has been active in the Society on Social Implications of Technology for some years (see blog at <http://TechnologyAndSociety.org>) and is trying to track the many aspects of change affecting our future including genetics, artificial intelligence, the Internet, augmented humanity, and more.

Member tuition: \$40

5 M: 3/25 - 4/22 | 1:00 - 3:00 PM | Class Limit: 25

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **In the Evil Day: Villainy, Violence and Heroism in NH’s North Country**

“Inside each of us is an enormous unanswered question,” read a letter to the Colebrook News and Sentinel in the fall of 1997. “How would we react in a life-threatening situation for which there was no warning, no preparation, no opportunity to plan a response or to consider the consequences?” Such a question was posed and answered many times over in the North Country on August 19, 1997, when a disgruntled property owner took to the streets of Colebrook with an AR-15 and an intent to murder. In this class both the narrative and the causes of that incident are considered, as are

the responses of ordinary citizens and the community as a whole to out-of-the-blue bloodshed.

Richard Adams Carey (Rick) is the author of four books of literary narrative nonfiction, as well as essays, journalism, book reviews, and short stories for a wide variety of publications. He teaches in Southern New Hampshire University's Mountainview MFA program in Fiction or Nonfiction. He became interested in the 1997 shootings in Colebrook, NH, as a way of exploring the responses of ordinary people to sudden-onset violence.

Member tuition: \$20

1 M: 5/6 | 1:00 - 3:00 PM | Class Limit: 70

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **Introduction to Beekeeping**

This is a one session overview of keeping honey bees with a presentation about the time, commitment and financial considerations involved with this rewarding hobby. We will review the equipment necessary to establish a hive including placement in various locations. Seasonal management of hives, pests and diseases along with products of the hive will be discussed. This is an interactive program with time allotted for demonstrations, questions and answers.

Brian Pride is a Certified EAS Master Beekeeper and has been keeping bees for 10 years. He is co-owner of Bee Pride, a beekeeping supply store on a farm in Lebanon, ME. Brian is an enthusiastic teacher of all levels of beekeeping from a one-night Introduction to Beekeeping all the way up to advanced beekeeping. Brian enjoys sharing his beekeeping knowledge with others so that they may also enjoy the honey bees.

Member tuition: \$20

\$10 admission fee will be added to your registration. Total cost \$30.

1 W: 2/20 | 6:30 - 8:30 PM | Class Limit: 20

Bee Pride, 119 Lizotte Rd., Lebanon, ME, 04027

### **Introduction to Judaism**

If you have ever wanted to learn about Judaism, this seven-week course will give you an extensive overview. This will include Hebrew scriptures and texts, basic Jewish theology and the origins of the Sabbath. The course will also cover High Holy Days, Pilgrimage Festivals and other Biblical Holy Days and life cycle events. This class also includes a tour of the synagogue.

After Swarthmore, Rabbi Beth Davidson enrolled at Hebrew Union College-Jewish Institute of Religion in NY. Ordained in 1987, she joined Temple Adath Yeshurun in 2005. Rabbi Davidson has been a student rabbi for deaf Jews, counseled Jewish prisoners and led services in English, Hebrew and ASL.

Member tuition: \$50

7 Tu: 4/30 - 6/11 | 12:00 - 1:30 PM | Class Limit: 15

Temple Adath Yeshuran, 152 Prospect Street, , Manchester, NH, 03101

## **iPhone and iPad: Basics and Fun Stuff**

Do you have an iPhone or iPad, and want to learn more about it? An introduction and/or expansion of your knowledge of the basic elements of the IOS operating system, including apps, buttons, sliders, settings, folders, camera and picture options, copy and paste will be discussed. We will be flexible and topics can be adjusted by those attending. Please bring your own iPhone or iPad to class. This class will not make reference to Android devices. Only iPhones and iPads will be discussed.

Coleen Smead has had an iPhone since version 4 and now has a 7 and loves playing with it and making it work. Many friends over the years have asked Coleen for help with their iPhones.

Member tuition: \$30

3 F: 3/1 - 3/15 | 10:00 - 11:30 AM | Class Limit: 8

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

## **It's the Sugar, Stupid! How Caloric Sweeteners Make You Fat, Sick, Tired and Crazy With Food**

As a nation, our consumption of fats has gone down, yet rates for obesity and type 2 diabetes continue to sky rocket. Why? It's because sugars and other caloric sweeteners are the real culprits in the diet, not fat. In addition to dramatically increasing body fat, girth size, and the production of bad cholesterol, caloric sweeteners lead to chronic systemic inflammation, the common underlying health risk for every major disease you don't want. Unfortunately, sugar and foods that quickly convert to sugar are in almost everything that comes in a package or container which is why it's essential to learn how to identify every kind of sugar and to apply one simple guideline for daily sugar consumption. This seminar also includes an overview of artificial sweeteners, sugar alcohols and blends and explains which are the safest, least objectionable choices. Participants engage in a practical, hands-on "sugar detective" exercise to learn how to make smart, informed and independent food choice decisions. It really is the sugar, stupid!

Karen Bentley is the author of The Sugar-Free Miracle Diet Handbook, the founder of The Sugar-Free Institute, blogger and for the past 20 years she's been passionate adult educator on a mission to increase awareness about health and weight problems linked to the consumption of sugars and processed foods. Visit [www.karenbentley.com/itsthesugarstupid](http://www.karenbentley.com/itsthesugarstupid) for more information.

Member tuition: \$20

1 Th: 6/13 | 1:00 - 3:15 PM | Class Limit: 15

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Jefferson as Philosopher**

This presentation will argue that, in addition to his other achievements, it is helpful to understand Jefferson as a Philosopher. His ideas about human nature inform his political vision. The group discussion will likely reflect the many disagreements about that vision.

Jim Mahoney holds a Ph.D. from the University of Notre Dame. He is Emeritus Professor from Saint Anselm College where he taught Philosophy for forty years. He was strongly involved in the College's core Humanities Program, serving as Chair of the Jefferson unit, and developed the Paris-New York class for that Program. His areas of specialization are Existentialism, American Philosophy and Ethics.

Member tuition: \$20

1 Th: 3/7 | 9:30 - 11:00 AM | Class Limit: 20

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Judaism - Home Traditions**

Judaism is very much a home-based religion. From holiday celebrations to lifecycle rituals related to eating and sleeping, much of Jewish life takes place in the home. In this class, learn about laws and rituals involving food, going to sleep and rising in the morning, as well as the many other home-centered aspects of Jewish life.

Robin Nafshi is the rabbi of Temple Beth Jacob in Concord. She embraces the definition of rabbi as "teacher" and has generously shared her knowledge as an OLLI presenter.

Member tuition: \$20

1 Th: 3/14 | 10:00 - 11:30 AM | Class Limit: 65

Temple Beth Jacob, 67 Broadway, Concord, NH, 03301

## **Korean Culture and Cooking Demonstration**

Members of the Korean Spirit and Culture Promotion Project will demonstrate four traditional Korean dishes and prepare a full Korean meal with traditional table settings in Bangjja bronze ware. In addition to a screening of a short film on Korean culture, they will distribute complimentary recipes and books on Korean history and culture.

The Korean Spirit Culture Promotion Project is a not-for-profit organization that was formed in September 2005 to promote Korean history and culture to the wider world. This multimedia presentation brings to life Korea's rich and unique cultural heritage, from colorful art to modern Korea.

Member tuition: \$20

\$6 for materials will be added to your registration. Total cost \$26.

1 Sa: 5/11 | 1:00 - 3:00 PM | Class Limit: 50

Bethany Covenant Church, 1 Covenant Way, Bedford, NH, 03110

## **Laughter: An Exercise for Happiness**

Laughter can bring happiness into your life. This workshop describes the benefits of laughter, and the opportunity to experience laughter as a form of exercise.

Sandra Maisey became a Certified Laughter Leader with the World Laughter Tour in 2005. She has presented workshops in NH, ME, and VT in many venues, including libraries, workshops and conferences. She believes that laughter causes "healing," and can help us deal with the everyday stresses of life, and she loves to educate people about how laughter can improve their lives.

Member tuition: \$20

1 F: 5/10 | 10:00 - 11:30 AM | Class Limit: 45

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Lazy Daisy Mini Pastel**

Paint a pastel from start to finish including framing. Students will have a choice of doing either a single daisy or a trio of daisies. No experience necessary.

Sue Mangano is an award-winning fine and decorative artist. She loves painting in all media, especially pastels. Pastels allow paintings to be vibrant!

Member tuition: \$20

\$60 for materials, including framing, will be added to your registration. Total cost \$80.

## **SEC CO1**

1 Sa: 4/6 | 10:00 AM - 3:00 PM | Class Limit: 20

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **SEC MO1**

1 Sa: 5/4 | 10:00 AM - 3:00 PM | Class Limit: 20

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Learning the iPhone and iPad**

Did you recently get an iPhone or iPad, and are wondering how to make it work for you? This class will be an introduction to the basic elements of the IOS operating system, including apps, buttons, sliders, settings and whatever other questions you have about how to make sense of these wonderful tools and toys. Please bring your own iPhone or iPad to class.

Bob Jones is lifelong film fanatic, avid outdoorsman, skilled computer user and fan of New Yorker Magazine. Bob shares his many interests by presenting a variety of OLLI courses.

Dottie Nelson is a retired Software Engineer whose interest in foreign films was renewed when she attended an OLLI foreign film class. She has further fed her film interest with back-to-back screenings 3 days running each fall at the Telluride Film Festival in Portsmouth.

Member tuition: \$35

### **SEC CO1**

4 W: 4/24 - 5/15 | 9:30 - 11:30 AM | Class Limit: 16  
GSC Concord, 25 Hall Street, , Concord, NH, 03301

### **SEC MO1**

4 W: 4/24 - 5/15 | 1:00 - 3:00 PM | Class Limit: 16  
GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Learning to Look at Art**

Using the Currier Museum of Art's collection, this course will introduce participants to ways of approaching, thinking about, and appreciating art. We will begin in the classroom with a brief overview of different genres of art followed by an exercise where we look together and discuss one picture in order to introduce some of the fundamental building blocks of art. Participants will then tour the Currier's galleries with a docent to closely examine some of the museum's highlights. The group will return to the classroom to debrief. The tour segment involves some walking and standing; collapsible chairs are available.

Carolyn Hollman is a retired professor and a volunteer docent for the Currier Museum and the Zimmerman House.

Pamela Harvey is a retired librarian and educator and a volunteer docent for the Currier Museum and the Zimmerman House.

Member tuition: \$20

\$20 admission fee will be added to your registration. Total price \$40.

*Last date to register is March 15, and admission is non-refundable after this date. The class must have a minimum of 10 to proceed.*

1 W: 4/17 | 1:30 - 3:30 PM | Class Limit: 10

Currier Museum of Art, 150 Ash Street, Manchester, NH, 03104

## **Learning to Read Poetry and Love it More**

Study and discuss a collection of classic and contemporary poems; learn how poems are structured and how they work. If you already love poetry, you can break into a greater level of enjoyment by learning specific skills in understanding poetry. If you want to like poetry, learning these reading skills will bring you to new understanding and enjoyment. We will read aloud, learn terminology of poetic devices and see how a poem can be appreciated and understood while still eluding our understanding in some ways.

Meg Cronin, a professor of English literature and the Director of College Writing at Saint Anselm College, teaches Romantic and Victorian literature, introduction to poetry and literature, and writing courses. She earned her Ph.D. from the University of Delaware and her B.A. from Villanova University.

Member tuition: \$20

1 M: 3/18 | 10:00 - 11:30 AM | Class Limit: 12

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Liberation! St. Pierre and Miquelon in World War II**

On December 24, 1941, against the wishes of the U.S. government, a small flotilla of Free French naval vessels liberated the tiny French islands of St. Pierre and Miquelon, off the coast of Newfoundland, from the control of Vichy France. Explore this event which sparked an international crisis early in World War II with lasting implications for relations between the United States and Charles de Gaulle as the leader of Free France. Suggested reading: "Free French Invasion: The St. Pierre and Miquelon Affair of 1941" (ISBN-13: 9780968422908) by Douglas Anglin (published 1966, 1999).

Scott Eaton is a lawyer for the NH legislature with an abiding interest in World War II. He is a presenter for the NH Humanities Council on the life and work of French writer-aviator Antoine de Saint-Exupery (1900-1944), and has taught OLLI courses on that subject and others.

Member tuition: \$20

1 Th: 4/25 | 10:00 AM - 12:00 PM | Class Limit: 27

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **Life's Purpose: Discover your Golden Thread!**

Are you curious about doing more in-depth work around your life's purpose, moving through a transition or setting goals? Would you like the support of a creative life coach in a small group setting? Join with Hannah Anderson, founder of Golden Thread Life Coaching, to explore your own 'golden thread' of life. In these sessions you'll have fun making a vision board using images and golden thread. You'll receive coaching from Hannah and wisdom from the small group members. Expect a boost in your energy and greater clarity about following your golden thread in life.

Hannah Anderson, newly retired from full time ministry, now gives her energy and heart to the process of supporting people and organizations as they seek their fullest potential. Hannah is a skilled facilitator, conflict mediator and public speaker with over 30 years of experience working with children, teens and adults around the country.

Member tuition: \$25

\$10 for materials will be added to your registration. Total cost \$35.

2 M: 6/3 - 6/10 | 10:00 AM - 12:00 PM | Class Limit: 8

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101



## **Mah Jongg for Beginners**

Mah Jongg is an ancient Chinese game of skill and luck. It is played with four players using 152 tiles. It is a stimulating mental activity that we all need as we get older. Warning - this game is fun, challenging and addictive! Class time will be spent with hands-on instruction and actual playing of the game. The official National Mah Jongg League card is required.

Manchester: Sam Jamke is a retired chemist and volunteer leader for the Appalachian Mountain Club who has led major hiking and backpacking trips throughout the Americas and other continents. Sam joined a beginner Mah Jongg group many years ago and plays every week with other enthusiasts in the Nashua-Bedford area. She is looking forward to sharing her addition and welcomes others to play with!

Conway: Sue Bergoffen remembers falling off to sleep hearing her mother calling Mah Jongg tiles. She has now played for many years and loves teaching others the joy of the game. Mah Jongg is increasing in popularity as we look for ways to challenge our thinking skills.

Concord: Seventeen years ago, Florette Tilton started playing Mah Jongg and plays in both NH and in Florida where she participates in many tournaments. She is pleased to say that she has started several groups in and around the Concord Area.

Member tuition: \$35

\$9 for materials will be added to your registration. Total cost \$44.

### **SEC M01**

4 Tu: 4/9 - 4/30 | 10:00 AM - 12:00 PM | Class Limit: 12

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **SEC W01**

4 M: 4/15 - 5/6 | 10:00 AM - 12:30 PM | Class Limit: 10

GSC Conway, 53 Technology Lane, Conway, NH, 03818

Member tuition: \$50

\$9 for materials will be added to your registration. Total cost \$59.

### **SEC C01**

7 W: 5/1 - 6/12 | 1:00 - 3:00 PM | Class Limit: 13

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Making Goat Milk Cheese**

Little Miss Muffett sat on her tuffett eating her curds and whey. That is what we do here - make curds and whey. Come, visit our Ladies, tour our farm, and learn how to make your very own goat milk cheese. Participants will receive some goat cheese to take home.

Donna-Lee Woods and her husband, Philip Tambling are both architects turned goat farmers. They will provide you with firm cave raw goat milk cheeses, Yogoatgut, Fudge and Waddles and goat milk soap.

Member tuition: \$20

\$15 for materials will be added to your registration. Total cost \$35.

1 Tu: 4/30 | 10:30 AM - 12:00 PM | Class Limit: 15

Hickory Nut Farm, 22 York Lane, Lee, NH, 03861

## **Marine Mammal Rescue**

The Seacoast Science Center has been at the helm running the marine mammal rescue and response program for NH since 2014. Throughout this time, the Marine Mammal Rescue Team (MMRT) has been responding to all reports of live and dead marine mammals throughout seacoast NH, as well as assisting NOAA Fisheries with the northern MA territory. Learn more about what the MMRT does, species commonly seen in the area, and success stories from this past season. Participants will also learn more about Snowplow the Humpback Whale, the first whale to wash ashore in NH since 2006! The \$10 admission fee will be collected at the door. Seacoast Science Center memberships and passes cannot be accepted as payment for the \$10 admission fee.

Ashley Stokes is the Manager for the MMRT and Sarah Perez is a Rescue Assistant for the team. Combined, Stokes and Perez have 17 years of experience in marine mammal rescue and both are extremely passionate about the marine mammal rescue field.

Member tuition: \$20

\$10 admission will be payable at the door.

1 W: 4/3 | 10:30 AM - 12:00 PM | Class Limit: 30

Seacoast Science Center, 570 Ocean Boulevard, Rye, NH, 03870

## **Mary Baker Eddy Tour**

Come take a tour of the historic home at 62 North State Street in Concord NH where Mary Baker Eddy, the Discoverer, Founder, and Leader of Christian Science, lived from 1889-1892. You will learn about Mrs. Eddy's deep love for her home state and the significant steps she took to establish the Christian Science movement while living in this house. The tour will also include the history of this Greek Revival structure and, through use of a large-scale diorama, introduce you to Pleasant View, Mrs. Eddy's home on the outskirts of Concord, where she lived for over 15 years. While there are a few steps to get into the house, once inside, the tour is on the first floor. Following the tour of Mrs. Eddy's home, you will walk or drive .3 mile to First Church of Christ, Scientist, which was a gift from Mrs. Eddy. The church was dedicated in 1904 and was recently restored. While touring, you will view the magnificent stained glass windows which were made in England, the chime tower, and the pipe organ.

Holly Morris, the docent for Mrs. Eddy's house in Concord, is a former middle school teacher in St. Louis. After more than 30 years in the classroom, she is delighted to be living in New England. As a house site manager, Holly cares for the home at 62

North Main st, but her favorite activity is to share with visitors the engaging story of Mrs. Eddy's life in Concord.

Member tuition: \$20

1 F: 5/3 | 1:00 - 2:30 PM | Class Limit: 18

Mary Baker Eddy Historic House, 62 North State St., Concord, NH, 03301

### **Microscopic Marvels**

Come join us in exploring the beautiful Wells Reserve! This is a two-part program in which students conduct hands-on investigations of the living and non-living factors that interact within the estuary. What does this mean? Participants will spend part of their time out on the research marsh using equipment to measure and learn about water quality. In the other portion of the program, participants will investigate plankton—a little ocean creature that is a very BIG deal. While in the lab, participants will get to use a variety of microscopes to investigate live animal and plant plankton samples as well as create their own plankton prototype! The program involves a 15 minute walk on uneven ground down and back from the marsh, 30+ minutes of walking/standing on the marsh performing water quality tests in the sun often on very soggy ground.

Caryn Beiter has 15 years of experience teaching outdoor field science programs on both coasts to students of all ages. She has been on the coast of California for the past 10 years as director of a residential science school and most recently as a field researcher.

Member tuition: \$20

\$8 admission fee will be added to your registration. Total cost \$28.

1 W: 5/29 | 9:00 AM - 12:30 PM | Class Limit: 32

Wells Reserve at Laudholm, 342 Laudholm Farm Rd., Wells, ME, 04090

### **Model Railroading ... A Great Hobby That Taps Your Creative Juices**

This class is an overview of model railroading including the different gauges that are modeled (G, O, S, HO, TT, N as well as narrow gauge). In addition participants will learn what it takes to get started in the hobby and how to best select a gauge to model based on space, cost, time investment, indoor/outdoor, clubs, etc. Special emphasis will be given to “garden railroading” since creating a layout outdoors is a unique experience and is very conducive to this form of modeling. Selected models to help illustrate what is available in the hobby will be displayed. Some videos will illustrate the uniqueness of this hobby. Please note that this hobby is not restricted to just men—many women, especially in outdoor garden railroading, have joined the hobby as well.

John Werner is an organizational improvement specialist with over 35 years of experience. He has consulted with numerous health service providers including hospitals, nursing homes and medical office practices. His experience includes

Veterans Affairs hospitals, large medical school teaching centers in New York City and Philadelphia, as well as other medical centers across the northeast. John has presented at numerous health care delivery conferences and has published numerous articles in leading health care improvement magazines and journals. John is a volunteer with 350 NH, an environmental organization in Maine and NH dedicated to reducing CO2 emissions.

Member tuition: \$20

1 Th: 5/23 | 1:30 - 3:30 PM | Class Limit: 25

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

### **Moonshine, the Brinks Job and the NH Connection**

In 1950, a group of armed, masked men emerged from 165 Prince Street in Boston, Massachusetts, dragging bags containing \$1,218,211.29 in cash and \$1,557,183.83 in checks, money orders and other securities. They had just committed the “crime of the century,” the “Brink’s robbery.” Ensuing events were connected to a farm on Old Still Road in Canterbury and Northfield, New Hampshire, where there was an illegal distillery run by members of the gang. The arrest of one of the gangs for bootlegging probably led to bringing these criminals to justice.

Mark Stevens is a licensed land surveyor, certified wetlands scientist, and licensed designer of subsurface disposal systems. He has a degree in engineering from the Community College of the Air Force and a degree in surveying and wildlife and forestry management from Unity College. Mark’s interest in the Brinks case began with discoveries and research conducted in connection with a surveying assignment involving Old Still Road in Canterbury.

Member tuition: \$20

1 Th: 3/21 | 10:00 AM - 12:00 PM | Class Limit: 70

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **Nature Poetry of Robert Frost**

Many of Frost’s better known poems are about events (“Death of a Hired Man”) or settings (“Stopping by Woods on a Snowy Evening” and “The Road Less Taken”). Frost wrote many shorter poems describing nature, “painting pictures with words.” Come learn about and discuss some of these poems which the presenter discovered while walking in the woods. Please be prepared to share your thoughts. Copies of the poems will be provided in advance.

John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. He is a retired quality engineer, former trip leader for the Appalachian Mountain Club and sometime poet.

Member tuition: \$20

1 M: 5/13 | 10:30 AM - 12:00 PM | Class Limit: 15

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

## **Needle-Felted Flowers and Dancing Fairy**

Using some wet felting and needle-felting techniques, learn to make some wool flowers and a 4" high fairy dancing among the blossoms. All materials are included. Additional materials, tools, and books may be purchased after the class.

Diane Cook Johnson has been crafting all her life. She has been a NH 4-H leader for 25+ years and has been needle-felting since 2005. Diane has taught several needle-felting classes for OLLI and over 2000 people from ages 4 to 101+ have learned this wool craft from her. She owns Soft Touch Farm in Center Sandwich, NH.

Member tuition: \$20

\$15 for materials will be added to your registration. Total cost \$35.

1 F: 5/10 | 1:00 - 3:00 PM | Class Limit: 15

GSC Rochester, 35-E Industrial Way, Rochester, NH, 03867

## **Needle-Felted Wool Chicken**

Make a needle-felt a 5-6" decorative wool chicken that will sit on a felted egg. This class is suitable for beginners or experienced needle-felters. All materials are included. Additional materials, tools and books may be purchased after the class. Needle-felting is very easy to master and it requires no previous craft experience. People of all ages find it relaxing; it is much like painting and sculpting with wool. Notched needles create the magic as they pass through layers of wool to connect and tangle the fibers in the color, shape, and size you wish. You will be amazed at what you can create.

Diane Cook Johnson: For presenter bio please see Needle Felted Flowers.

Member tuition: \$20

\$15 for materials will be added to your registration. Total cost \$35.

1 W: 2/27 | 1:00 - 3:00 PM | Class Limit: 15

GSC Conway, 53 Technology Lane, Conway, NH, 03818

## **New Hampshire's Own Merrymac Sailboat**

Famed NH boat designer and builder Edward "Ned" McIntosh produced an estimated 200 Merrymacs between 1953 and the late 1960's. The design and construction of these beloved 13 foot, 6 inch sailboats have stood the test of time, with many of the original numbered fleet still plying the waters along NH's seacoast and beyond. The Merrymac class of boats has experienced a renaissance in recent years and local boat builder (and presenter) Nate Piper is building new numbered boats using Ned's original patterns and molds. Participants will learn about the history, construction and use of these simple yet sophisticated native NH watercraft. This session will require participants to be comfortable standing for a portion of the time. Accommodations can be made for those who need to sit for

the duration of the session, but participants should be prepared to be in a working boatshop.

Nate Piper is the owner of Piper Boatworks in Rye, NH and director of The Boatshop at Strawberry Banke. Over the past 20 years, he has been involved with wooden boats of all shapes, sizes and ages. In addition to his current involvement with The Boatshop, he restores and builds new boats in his own shop, including MerryMac sailboats, Nate previously served as the project manager for the construction of the new gundalow Piscataqua. Nate has also worked on the rebuilding of the Boston Tea Party ships in Gloucester, MA; worked with Harold Burnham on the construction of the Schooner Yacht Isabella in Essex, MA; and worked on the construction of Kalmar Nyckel, Delaware's Tall Ship. Nate once sailed aboard the HMS Bounty as Crew and ship's carpenter and both sailed as crew and worked on a major refit of Martha Lewis, a Chesapeake Bay skipjack. Nate is a graduate of the Landing School of Boat Building and Design in Kennebunkport, ME.

Member tuition: \$20

1 W: 6/5 | 10:00 AM - 12:00 PM | Class Limit: 15

The Boatshop at Strawberry Banke, 14 Hancock Street, Portsmouth, NH, 03833

### **New Middle Eastern Dynamic: Where Do We Go From Here?**

In recent years, the Middle Eastern paradigm set in place by Henry Kissinger and Jimmy Carter has collapsed amidst civil war in Syria, Russian intervention, the establishment of a radical Islamic state known as ISIS and the instability in Iraq. Adding to the tension is a rupture between Israel and Turkey and increased diplomatic hostility between the United States and Iran. This course will explore the new dynamic in the Middle East by providing historical background to present conditions and details into recent events that are shaping the new dynamic in the region.

Joseph Constance is the former Librarian and Professor of Politics at St. Anselm College and fellow of Schusterman Institute at Brandeis University.

Member tuition: \$40

5 Tu: 4/2 - 4/30 | 10:00 - 11:30 AM | Class Limit: 20

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **New Tax Laws! How Will They Affect You?**

The course will look at the new tax laws put forth by the Trump Administration. We will look at what is law, the effective dates and what may still be under consideration. We will examine how this may affect you. This course will be presented in plain vanilla language, not "taxese"!

Norma Boyce has a designation as Enrolled Agent by the IRS. This simply means that she has been tested by the IRS and been found competent to prepare Federal Income Taxes. In addition, she is required by the IRS to obtain qualified continuing education every year. She has been in practice, specializing in individual and small

business income taxes, for over forty years. Locally educated, she currently serves as Secretary of the NH Chapter of the National Association of Tax Professionals.

Member tuition: \$20

### **SEC M01**

1 Tu: 2/19 | 10:00 - 11:30 AM | Class Limit: 33

GSC Manchester, 195 McGregor Street, , Manchester, NH, 03101

### **SEC M02**

1 Th: 2/21 | 10:00 - 11:30 AM | Class Limit: 33

Huntington, 55 Kent Lane, Nashua, NH, 03062

## **New Yorker (The): The Best Magazine in the World**

Join us in a well-established OLLI tradition - lively discussions of this chronicle of our times. Started in 1925 as a humor magazine, "The New Yorker" soon became a preeminent forum for serious fiction and journalism. With a circulation above 1 million and content by the most respected writers of fact and fiction, it is one of the most widely read and influential American magazines. Facilitators Jones and Monnelly will choose the first readings; after that, the class decides. You'll need access to the magazine (subscriptions at [www.newyorker.com](http://www.newyorker.com) or check with your local library.)

Bob Jones is lifelong film fanatic, avid outdoorsman, skilled computer user and fan of New Yorker Magazine. Bob shares his many interests by presenting a variety of OLLI courses.

John Monnelly is a graduate of UNH and a New Hampshire native. He loves visiting New York City and has been a serious fan of "The New Yorker" for many years.

Member tuition: \$55

8 Th: 4/25 - 6/13 | 3:30 - 5:00 PM | Class Limit: 16

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Nice and Naughty**

This duo, Cheryl Sager and Peg Chaffee, has been performing music for many years. You will enjoy their eclectic, touching and sentimental folk music and their suggestive humor. Join these wonderful songwriters for an afternoon of harmony and laughter.

Peg Chaffee and Cheryl Sager play contemporary folk music. They are known for their humorous songs and exquisite harmonies.

Member tuition: \$20

1 Th: 4/25 | 1:00 - 3:00 PM | Class Limit: 75

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Nutrition Labels 101 with the Dietitian!**

Deciphering the nutrition label can be tricky business if you don't know what you're looking for. Come to Hannaford for a nutrition label reading tour with the Dietitian to brush up on your skills for choosing the most healthful foods for you. Snacks provided!

Diana Robinson RD, a Registered Dietitian at Hannaford Supermarkets in Concord, grew up on the NH seacoast and graduated with a degree in Nutrition from Keene State in 1995. She has been working in the field of nutrition for over 20 years in various nutrition disciplines. In her role at Hannaford for the last two years, Diana has focused on helping customers make the best choices for themselves to lead their healthiest and fullest life.

Member tuition: \$20

### **SEC C01**

1 Th: 3/28 | 10:00 - 11:00 AM | Class Limit: 8

Hannaford Supermarket Concord, 73 Fort Eddy Road, Concord, NH, 03301

### **SEC C02**

1 Tu: 4/16 | 10:00 - 11:00 AM | Class Limit: 8

Hannaford Supermarket Concord, 73 Fort Eddy Road, Concord, NH, 03301

## **Of Plants, Packets, Pots & Promise...The Buying and Selling of Seeds and Plants in America**

Explore the history of selling seeds and plants in America and the people who sought to satisfy the "plant bug." With names like Bartram, Burbank, Burpee and Ball, learn of the people behind the evolution of America's plant industry. Yet less well-known people, from ambassadors to a commodore, have also influenced our gardening history in unique ways. The evolution of seed packaging and catalogs, the import/export of plants to "the new world," scientific advancements and cultural shifts have all led up to today's modern breeding, marketing and selling of plants. Using contemporary accounts, drawings, lithographs and photos, this illustrated story follows the development of American horticultural history, from subsistence farming to ornamental gardening.

Kevin Bragg has over thirty years of experience in the horticulture field including time spent as Coordinator of Historic Gardens at Canterbury Shaker Village. Owner of Canterbury Plantation, Kevin enjoys combining his passions for plants and history and exploring the relationships among them.

Member tuition: \$20

1 F: 3/8 | 1:00 - 2:30 PM | Class Limit: 40

GSC Concord, 25 Hall Street, Concord, NH, 03301



## **Opera - Die Walküre, by Richard Wagner**

Die Walküre (The Valkyrie) is an opera by Richard Wagner. It is the second of the four operas that together tell a story of The Ring of the Nibelung. The story continues from the first opera which was called Das Rheingold. It is an opera sung in German. One of most famous pieces from this opera is "Ride of the Valkyries," performed at the beginning of the third act, and it needs no introduction to opera lovers. Die Walküre was first performed on 26 June 1870 in Munich. Come to class, learn all about this opera and then attend a "Live at the Met" performance in a local theater on your own on March 30th.

Walter Pierce is a passionate long-time presenter. He has pursued his passion for opera ever since he audited an undergraduate opera appreciation elective course in 1964.

Member tuition: \$20

1 F: 3/29 | 10:00 AM - 12:00 PM | Class Limit: 20  
Riverwoods, 10 White Oak Drive, Exeter, NH, 03833

## **Operation Paperclip: The Secret Intelligence Program that Brought Nazi Scientists to America**

Author Annie Jacobsen, through extensive research and interviews, has delved into the secret program that ferried Nazi scientists to the US after the close of WWII. By doing so, she uncovered governmental decisions that raised moral and ethical issues at the time and serve as warnings for today. Her book entitled "Operation Paperclip: The Secret Intelligence Program that Brought Nazi Scientists to America" (ISBN 978-0-316-22103-0 paperback), will be the focus of this session. Participants are encouraged to read the book before class and come prepared to discuss it. This is a book that will make one really think about arms races in general and what countries will do to be at the top of the heap.

Michelle Langa is a retired superintendent of schools with a profound interest in history. She has authored two books in education and enjoys writing as a hobby. She is a firm believer in the adage that those who do not learn from history are bound to repeat it.

Member tuition: \$25

2 Tu: 5/21 - 5/28 | 10:00 AM - 12:00 PM | Class Limit: 25  
GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

## **Paddling Down the Beautiful Missinabi**

Come follow me on a virtual adventure in my canoe as we paddle down the Missinabi River, Ontario.. Starting near the north east shores of Lake Superior, we will travel from Dog Lake to the village of Moosonee on James Bay. Packed for 24 days, we pass the height of land into the Arctic Watershed, run many Class II + rapids, manage first the constant sun, then

the rain to end with a tour into James Bay. See what it takes to paddle a remote river, sleep and share meals on a river bank for days rain or shine. It's an adventure you don't want to miss. Suggested reading: "People of the Fur Trade" by Irene Ternier Gordon.

Gwen Hunter has been a paddle leader for Appalachian Mountain Club AMC since 2010. Her first wilderness canoe trip was in 2007 on the Missouri River in Montana. Retirement has allowed time to do more remote trips into Canada, and be on the river for multiple weeks. She enjoys sharing her passion for wilderness canoe tripping with others

Member tuition: \$20

1 Th: 4/18 | 1:00 - 2:30 PM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Phony Numbers, Fake News**

"Figures don't lie, but liars figure." Some people intentionally use numbers to deceive and mislead us; some unconsciously use numbers inappropriately; and some actually know what they're doing with data. This course explores some of the many ways data and numbers are misinterpreted so we can understand what reported facts and figures really mean, separate reality from hype, and tell fact from fiction.

John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. He is a retired quality engineer, former trip leader for the Appalachian Mountain Club and sometime poet.

Member tuition: \$20

1 F: 3/29 | 1:00 - 2:30 PM | Class Limit: 20

Moultonboro Library, 4 Holland St, Moultonboro, NH, 03254

### **Plan Your Own Funeral or Memorial Service - It Can Be Fun!**

In addition to easing the burden for those left behind, planning one's own service affords an opportunity to be creative while looking at what has been meaningful in life. Bring a hymnal, prayer book, poetry, journal and whatever else you need to help you plan. Who might be the participants in the service? Where would you like it to be: in a church, by a lake, in a garden? It's your service; you have the last word!

Jane van Zandt has been an Episcopal priest for 35 years. Her interest in this particular subject started with doing funerals and memorial services for pets. That motivated her to plan her own service ( in great detail!!!). Now she helps others plan theirs.

Member tuition: \$25

2 Th: 5/2 - 5/9 | 1:00 - 2:30 PM | Class Limit: 20

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Plato's Republic: Book One- What is Justice?**

Plato's Republic is often referred to as the most important secular book in Western Civilization. Our exploration of this masterpiece will introduce students to the art and challenge of reading a Platonic dialogue. Required reading for this course is the first book of "Plato's Republic" which can be found at [www.inp.uw.edu.pl/mdsie/Political\\_Thought/Plato-Republic.pdf](http://www.inp.uw.edu.pl/mdsie/Political_Thought/Plato-Republic.pdf). The Bloom translation (ISBN 978-0465094080) is suggested. Please read book 1 pages 3-34 before the first class.

Peter Conklin has taught philosophy and other subjects at Granite State College, UNH Manchester and New England College since 1997. He is ABD in Philosophy from Boston University and a PhD candidate at UNH in Natural Resources.

Member tuition: \$30

3 M: 4/29 - 5/13 | 10:00 - 11:30 AM | Class Limit: 12

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Pond Hikes**

Come join us for a series of hikes around three ponds in the White Mountains. We'll walk along the Swift River at Rocky Gorge to get to/around Falls Pond (off the Kanc), walk into glacial Sawyer Pond (off 302) and finally enjoy the scenery around Mountain Pond in Intervale. Hikes will be around two miles with minimal elevation gains and some rough terrain - easier than our Waterfall Hikes. So come out and join your OLLI friends while enjoying a walk to the pond.

Dave Wright and Marie Walsh, OLLI members, are both outdoor enthusiasts who like to share the beauty of our area with others. They led the Waterfall Hikes last spring.

Member tuition: \$30

3 F: 5/24 - 6/7 | 1:00 - 3:00 PM | Class Limit: 15

GSC Conway, 53 Technology Lane, Conway, NH, 03818

## **Portsmouth Naval Shipyard Tour: From Sails to Atoms**

For more than 200 years, Yankee ingenuity and craftsmanship have been the keys to success for Portsmouth Naval Shipyard. In this popular tour, learn about the role and achievements of the Yard in times of war and peace from a military historian's perspective. A government-issued picture ID is required. Participants will be transported by school bus from the Kittery Lions Club parking lot at 117 State Road, Kittery to stops in the Shipyard. Participants must be able to use the bus and negotiate stairs. Neither the bus nor comfort facilities are handicapped accessible. Gather at the meeting spot by 9:45 AM so the tour can start at 10:00 AM.

Joe Gluckert is the historian at Portsmouth Naval Shipyard (PNSY). MSgt. Gluckert is also the historian for the 439th Airlift Wing at Westover Air Reserve base in MA.

Member tuition: \$20

### **SEC SO1**

1 W: 4/24 | 10:00 AM - 12:30 PM | Class Limit: 34  
Lions Club Parking Lot, 117 State Road, Kittery, ME, 03904

### **SEC SO2**

1 W: 5/22 | 10:00 AM - 12:30 PM | Class Limit: 34  
Lions Club Parking Lot, 117 State Road, Kittery, ME, 03904

## **Primer on Representative Government: How Do We Decide Who Represents What?**

This course will be a discussion on how elective districts at the federal, state and county level are determined in compliance with the state constitution, statutes and court rulings.

David Scanlan, Deputy Secretary of State, has served in that capacity since 2002. Prior to that he served eight terms in the NH House of Representatives.

Member tuition: \$20

1 Tu: 4/23 | 6:00 - 7:30 PM | Class Limit: 65  
GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Psychohistory**

This class provides insights into historical events and the actions of individuals throughout history through the application of psychological principles. It is important to remember that this is a history class and not a psychology class. Psychology will be used as a historical tool, not the reverse. The course will be divided into two parts; the first three weeks will be devoted to psychological and psychohistorical theory; the second three weeks (after the break) will focus on historical figures. The course is designed in this manner for new students or those who took the course previously and just want to focus on particular subjects not theory. Topics to be explored in depth include personality theory as applied to a number of the following: Donald Trump, Adolf Hitler, Ronald Reagan, Richard Nixon, Bill Clinton, Andrew Jackson, George W. Bush, Joseph Stalin, the Vietnam War are among the choices.

Steven Freiberger is a retired educator with a Ph.D. in history whose career spanned 42 years at the secondary and college level. He has taught numerous subject areas within his discipline, including classes on film, psychology, and music.

Member tuition: \$45

6 M: 2/25 - 3/11, 4/15 - 4/29 | 10:30 AM - 12:00 PM | Class Limit: 20  
Please note that classes skip some weeks.  
GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

## **Quilting: Introduction to Foundation Paper Piecing**

If you've tried basic machine-quilted patchwork but assumed that more intricate patterns were beyond you, think again! This hands-on course will introduce you to the fundamentals of paper piecing, a process in which fabric patches are sewn together on a paper foundation. Once all seams are completed, you rip off the paper from the back. If you can sew a straight line, you can do this! Students will bring pre-cut fabric pieces, a sewing machine in working order and basic tools for machine sewing (materials list will be sent to registrants). I will provide a kit including instructions, an add-a-quarter ruler and foundation paper. We will create one 8" X 8" block, which can be made into a potholder, a pillow, a bib, or can be the start of a big and wonderful quilt! Students must be comfortable with their sewing machines. Please have them cleaned and oiled if you haven't used them in a while, and bring your machine manuals. The first half hour will be used for machine set up and handouts.

Sharon Baker has been a fiber addict her whole life, enjoying sewing, weaving, knitting, and felting. Until a few years ago, she insisted that quilting wasn't for her, but all it took was one trip to the Machine Quilters Expo in Manchester, and she was hooked.

Member tuition: \$20

\$7 for materials will be added to your registration. Total cost \$27.

1 Tu: 2/26 | 9:30 AM - 12:00 PM | Class Limit: 8

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

## **Reading the Existentialists: Kierkegaard**

Although Soren Kierkegaard (1813 - 1855) lived as a religious writer and reformer long before the twentieth century movement of Existential Philosophy and Literature, he strongly influenced every one of those thinkers. Even the non-religious figures considered his views of interior subjectivity and moral authenticity powerful instruments in resisting the pressures of social conformity that only became stronger in their era. The course will consist of three sessions, each introducing a major theme in his work. The readings will be selections from "A Kierkegaard Anthology" (ISBN 978-0691019789) edited by Robert Bretall.

Jim Mahoney holds a Ph.D. from the University of Notre Dame. He is Emeritus Professor from Saint Anselm College where he taught Philosophy for forty years. He was strongly involved in the College's core Humanities Program, serving as Chair of the Jefferson unit, and developed the Paris-New York class for that Program. His areas of specialization are Existentialism, American Philosophy and Ethics.

Member tuition: \$30

3 Tu: 2/19 - 3/5 | 9:30 - 11:30 AM | Class Limit: 15

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Reflective Herbal Wreath - “Spiral of Joy”**

Enjoy uncovering your innate creativity and individuality through a floral and herbal spring wreath. Have fun learning to arrange an everlasting spiral twig wreath with an assortment of herbs and flowers that represents the Joy of the Mountains. Participants will also learn the symbolic meaning, passed down from the Victorian Age, of the flowers they will use to create their own wreath. In addition, participants will create an outline of meaningful annuals, herbs and perennials to plan and plant in their own spring flower gardens.

Lisa Holcomb, a graduate of Leslie University, has been working with floral design since the 1980's. Lisa runs a residential landscaping business called Garden Scapes and teaches reflective arts and wellness workshops in the Mount Washington Valley; Portland, ME; the Finger Lakes and the Berkshires. Seasonally and during the holidays you can find her teaching in gardens, wellness studios and McSherrey's Garden Center in Center Conway.

Member tuition: \$20

\$25 for materials will be added to your registration. Total cost \$45.

1 Th: 3/14 | 10:00 AM - 12:00 PM | Class Limit: 12

GSC Conway, 53 Technology Lane, Conway, NH, 03818

## **Remembering the Holocaust: Memory and Prevention**

An exploration into how the Holocaust is remembered in the context of national memory. How do we interpret the past, navigate the trauma, and how does it inform us in the present? We will explore the writings of Elie Wiesel, *France Under Occupation*, *The Story of Danish Rescue*, *Auschwitz*, *70 Years after Liberation* and *The Human Problem of Genocide*. What is required to recognize, deter and prevent crimes of mass atrocity? This is designed as a follow up to *The Rise of the Nazis and the Holocaust* course.

Thomas M. White is the Coordinator of Educational Outreach for the Cohen Center for Holocaust Studies at Keene State College. For a more detailed bio please visit [olli.granite.edu](http://olli.granite.edu).

Member tuition: \$45

6 Th: 4/4 - 5/9 | 10:00 AM - 12:00 PM | Class Limit: 30

Huntington, 55 Kent Lane, Nashua, NH, 03062

## **Rise of the Nazis and the Holocaust: Lessons for Democratic Citizenship**

An exploration into the Rise of the Nazis, the destruction of German democracy and the twisted road towards the Holocaust. We will explore the relevance of anti-Semitism then and now; the myriad of social forces influencing decision-making; the factors that contributed to the collapse of democracy in Germany; the preexisting prejudices and fears manipulated by Nazi ideologues and zealots rooted in German experience; how Hitler was appointed Chancellor and began to form policy; the reaction of Franklin Delano Roosevelt and the United States to the Nazi threat and

how that threat challenged and continues to challenge American society; the power of the Southern democratic bloc in shaping U.S. policy; issues of Jim Crow, refugees, and U.S. immigration policy; the connection between the German-American Bund and the America First Committee to the rising expression of hate and bigotry in contemporary America; and the circumstances that unfolded and accelerated to create the Holocaust within the context of World War II. As many topics will raise issues of individual and collective identities, we will ponder what lessons apply for democratic citizenship and civic responsibility. To what degree do these lessons and experiences apply today? Conversation and reflection will be encouraged as we navigate this difficult, but important history. No advanced reading is required.

Thomas M. White: For presenter bio please see Remembering the Holocaust.

Member tuition: \$45

6 Tu: 3/26 - 4/30 | 10:00 AM - 12:00 PM | Class Limit: 30

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **Rocking your World: Hands on Geology**

This hands-on class starts with a brief introduction to plate tectonics. Then participants, with work sheet in hand, will move to ten stations and conduct observations and experiments with rocks and minerals to discern their unique properties.

Leonora Isaak has a BS in Natural sciences and an MS in Science Teaching/ Environmental studies. She finds geology and earth movement fascinating. This hands-on class might re-awaken you to rock collecting.

Member tuition: \$20

1 W: 5/22 | 1:00 - 3:00 PM | Class Limit: 25

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Rocks from Space**

Meteorites are older than any rocks found on Earth. No authenticated meteorite has ever been found in NH. See, hold and learn all about "rocks from space." Robert has been searching for meteorites in NH for over 30 years and has never come up with a genuine NH meteorite. If you think that you have a meteorite bring it in to have it authenticated. Robert will bring into class a part of his 350+ collection of meteorites from all over Earth.

Robert Veilleux is a retired Astronomy teacher of 35 years, planetarium educator, space enthusiast, and meteorite collector.

Member tuition: \$20

1 Th: 5/16 | 1:00 - 2:30 PM | Class Limit: 30

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Rogers Rangers: The Stark and Rogers Brothers in the French & Indian War**

Major Robert Rogers of Dunbarton NH was the founder and leader of the famous Rogers Rangers, an “irregular” unit of the British Army during the French & Indian War (1754-1763). Hear his story and the stories of his two brothers and of the four Stark brothers of Derryfield (now Manchester), who were all officers of the Rangers. The talk will include original material from the 1759 account book of Rangers Captain John Stark, who became a Major General in the Continental Army during the American Revolution.

Aureore Eaton is a freelance writer whose history column “Looking Back” appears weekly in the “New Hampshire Union Leader.” She is the former Executive Director of the Manchester Historic Association and the author of the book, “The Amoskeag Manufacturing Company: A History of Enterprise on the Merrimack River.”

Member tuition: \$20

1 Th: 3/14 | 9:30 - 11:30 AM | Class Limit: 70

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Savvy Buying and Selling with Craigslist**

Whether you are downsizing and need to sell unwanted items or looking for a good used car, learn how to use Craigslist to buy, sell and barter goods and services. Tips will be shared for safely buying and selling with strategies to minimize expenses and maximize profit. You will see live internet examples of good and bad ads so you can understand how to write your own. Learn how to accurately list your item using searchable terms, make it easy for people to contact you and learn how to attach photos to your ad. Study the tricks from someone who has made hundreds of deals.

Ronald (Ron) Frost is a retired builder/electrician who has bought and sold on Craigslist hundreds of times. In addition to buying and selling his tools and equipment, his current hobby is buying , restoring and selling antique Jeeps. This class was previously taught by his son Ryan.

Member tuition: \$20

1 F: 4/19 | 10:00 AM - 12:00 PM | Class Limit: 36

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Savvy Caregiver**

Savvy Caregiver is a six week course for those caring for someone with Alzheimer’s or related dementias. Family members/friends who become caregivers may need training to assume this role. Laced through materials, the central concept emphasizes strategies and skills. Caregivers will be urged to learn, develop and modify their strategies to accomplish their role of care-giving, which includes the contented involvement of the person they care for. The program builds information and knowledge about the illness, develops skills to manage daily life and fosters a different attitude



towards care-giving. The program is geared to informal caregivers of those living at home or planning to return home in a moderate stage of illness.

Bethany Willey has been working the senior housing arena for over thirty years. She is currently a Savvy Caregiver practitioner and trainer.

Member tuition: \$45

6 Th: 2/21 - 3/28 | 1:00 - 3:00 PM | Class Limit: 12

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Scottish History, Part 1: Before the Act of Union**

People of Scottish descent are usually proud of their history and achievements yet they know only the half of it. This class will explore why being Scottish is more than just a matter of nationality or place of origin or clan or even culture. It is also a state of mind, a way of viewing the world and one's place in it. This Scottish mentality was a deliberate creation; it was conceived by many minds and carried out by many hands. A large part of the world turns out to be "Scottish" without realizing it. It is time to let them in on the secret.

Merle Luber-Friedenberg, PhD, has been a college professor for many years. Recently, she has taught at lifelong-learning programs at Brandeis and Rivier College, as well as OLLI. Merle's classes always reflect her in-depth historical reading and research and her ability to present serious topics as both education and entertainment.

Member tuition: \$30

3 Th: 4/4 - 4/18 | 10:00 AM - 12:00 PM | Class Limit: 25

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Scottish History, Part 2: How They Figured Out the Meaning of It All**

Does man have an innate moral sense or natural sociability? Has nature designed us to be part of a larger society by imbuing us with a natural feeling of participation in the joys and miseries of our fellow man? Or do we need a more compelling reason to draw together into binding community? Do we have moral obligations and do we see these obligations as being imposed upon us? The Scots have it all figured out.

Merle Luber-Friedenberg: For presenter bio please see Scottish History, Part 1.

Member tuition: \$30

3 Th: 4/25 - 5/9 | 10:00 AM - 12:00 PM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Scottish History, Part 3: Invasion**

The Great Awakening transformed the culture of colonial America, touching its inhabitants with the spark of promised redemption and inspiring the colonists to challenge orthodox assumptions and institutions. It set the stage for the American Revolution. Out of Scotland came thinkers, politicians, inventors and writers who would help create a modern America. It was the Scots who eventually restored Britain's self-confidence and equipped it with the tools to confront modernity on its own terms. By the first three decades of the nineteenth century the Scots prepared the way for the great triumphs of the Victorian age.

Merle Luber-Friedenberg: For presenter bio please see Scottish History, Part 1.

Member tuition: \$30

3 Th: 5/16 - 5/30 | 10:00 AM - 12:00 PM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Senior Safety**

Officer Duquette will give you tips on how to make yourself and your home safer. Learn how not to become a victim of scams, ID theft and fraud. Class will be a lecture with a question and answer session.

Steven Duquette has been a police Officer with Manchester since 2007. Before that he worked with the Concord PD for three years. He has an associates degree in Computer Science, served four years in the Marine Corps, and has been assigned to Senior Services since 2017 as the Senior Service Officer and Weed and Seed officer.

Member tuition: \$20

1 Th: 3/28 | 10:30 AM - 12:00 PM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Shaker Lands & Gardens: Hands to Work ... in the Dirt**

Experience the story of the Shakers and their long association of working the land and their gardens for sustenance, commerce and pleasure. This illustrated journey using contemporary and current accounts, drawings, advertising and photos will explore the Shaker communities' reliance upon and care for their farms, gardens and landscapes. Learn about the seed industry, herbal enterprises, and the evolution of landscapes and gardening throughout the history of the Shakers in America from the 1700s to today.

Kevin Bragg has over thirty years of experience in the horticulture field including time spent as Coordinator of Historic Gardens at Canterbury Shaker Village. Owner of Canterbury Plantation, Kevin enjoys combining his passions for plants and history and exploring the relationships among them.

Member tuition: \$20

1 W: 3/20 | 1:00 - 3:00 PM | Class Limit: 25

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

## **Shakespeare Awaits YOU!!**

Come and find out how “The Bard” has influenced our language, perceptions of human interactions and our books, movies and plays. Have fun learning about Shakespeare, his literature through history, politics and human foibles. Learn all about the Stratford Club, made up of people of all ages who are brought together by a common fascination for the works of William Shakespeare.

Nancy Haigh and Patricia Gerhan are longtime members of the historic Stratford Club, which is dedicated to the participatory reading and learning about the plays of William Shakespeare. We do not have any special training, just an interest in and curiosity about the stupendous influence that Shakespeare has had, and continues to have on humanity for hundreds of years.

Member tuition: \$20

1 W: 2/20 | 1:00 - 2:30 PM | Class Limit: 25

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Shakespeare’s Henry IV, Part I**

Henry IV was unquestionably Shakespeare’s favorite king. Henry IV, Part I traces the development of Prince Hal from youthful rogue to the man who will become one of England’s most influential monarchs. Accompanying him on his journey to maturity is the wily John Falstaff, arguably Shakespeare’s greatest comic character. Join us in reading, discussing and viewing this delightful play. Please read the first two acts of the play prior to the first class. ISBN 13:970-0-7434-8505-0 Folger Shakespeare Library edition

Mike Baker, a former teacher and administrator, is a frequent presenter for the OLLI program.

Member tuition: \$35

4 Tu: 3/19 - 4/9 | 10:00 AM - 12:00 PM | Class Limit: 20

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

## **Shakespeare’s Othello: What’s It All About?**

Whether you’re someone who’s wondering what all the fuss is about or a long-time Shakespeare fan, you’ll enjoy this interactive approach to Othello, one of Shakespeare’s most famous tragedies. Since Shakespeare wrote the plays to be seen and heard, and not necessarily read, the instructor uses an approach that reads the entire play aloud, using class participants to read various roles in a scene (and, no, you don’t have to read if you prefer not to). Along the way the instructor will lead discussions on themes, language, character and staging. Required text: any copy of Othello.

Chuck Annal has a BA, MA, Ph.D. in English. Now retired, he taught Shakespeare and other literature and writing classes at NHTI (Concord) for over 25 years. Chuck has taught six plays for OLLI over the last five years.

Member tuition: \$35

4 Th: 4/18 - 5/9 | 1:00 - 3:45 PM | Class Limit: 25

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **Shakespeare's Tragedy of Macbeth**

The Tragedy of Macbeth is the story of a brave Scottish general consumed by ambition and spurred to action by an equally ambitious wife. Shakespeare had a keen understanding of what his audience came to see, so he filled his play with spectacle: murder, betrayal, witchcraft, paranoia, suicide and guilt. We will discuss the play, its complex characters and view key scenes for greater depth of understanding. Please read the introductory material and the first two acts of "Macbeth" prior to the first class. "Macbeth" the Folger Shakespeare Library edition ISBN 978-0-7434-7710-9.

Mike Baker, a former teacher and administrator, is a frequent presenter for the OLLI program.

Member tuition: \$35

4 Th: 2/21 - 3/14 | 10:00 AM - 12:00 PM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

### **Shibori: Indigo Dye Workshop**

Learn the basics of the Japanese art of resist dyeing with indigo at this Introduction to Shibori workshop. We will focus on how to prepare and maintain an indigo vat, as well as how to create a variety of patterns through different folding, tying and clamping methods. All supplies are provided, including a 100% cotton tea towel and a set of two cloth napkins. Extra items will be available for purchase. No experience necessary! Please note that The Place Studio & Gallery is on the second floor and is not handicapped accessible.

Christa Zuber is the owner of the Place Studio and Gallery, an independent DIY art studio in Concord, NH. She has been teaching various art classes, from painting to needle felting and indigo dyeing, for both adults and children at the Place since it opened in October 2014. Christa holds a Master of Teaching in Drama and Arts from the University of Sydney (Australia).

Member tuition: \$20

\$10 for materials will be added to your registration. Total cost \$30.

1 F: 5/10 | 10:00 AM - 1:00 PM | Class Limit: 12

The Place Studio and Gallery, 40 Thorndike St., Concord, NH, 03301

## **Simple Magic: The Four Foundations of Mindfulness**

Based on the Buddha's teaching, the four foundations of mindfulness—body, feeling, thoughts and mind—help us to experience our lives in a more open, fresh and relaxed way. This is a “hands-on” class; we will meditate briefly in every session and discuss our experience with meditation practice and with the specific instructions for the foundations of mindfulness as we work with each one.

Janet Romaine has been a Buddhist teacher and meditation instructor for over 30 years. She is a retired professor of management at Saint Anselm College.

Member tuition: \$35

4 M: 2/18 - 3/11 | 2:00 - 3:30 PM | Class Limit: 12

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Snowshoe the Broken Ground Trails**

Snowshoe through the woods of the Broken Ground area in Concord. We'll travel along the 1.5-mile Marsh Loop Trail, which has views of the frozen beaver pond and passes the stone walls and cellar holes of the Frost family farmstead. Snowshoes may be rented. Please notify class assistant if snowshoes are needed.

Gail Page is a resident of Concord and member of the City of Concord Trails Committee. She has led several guided hikes on many of Concord's trails.

Member tuition: \$20

1 F: 2/22 | 10:00 AM - 12:00 PM | Class Limit: 10

Broken Ground Trail Area, 259 Portsmouth St., Concord, NH, 03301

## **Soil Health for Gardeners and Farmers**

Come learn about soil properties and how you can improve soil health for more productive gardens and crops. We'll discuss the things you can and cannot change about your soil; what soil health is; how you can assess your soil's health and how to maintain healthy soil.

Vicky Nelson is the Assistant District Manager of the Rockingham County Conservation District and just completed a three year term as President of the Conservation District Employee's Association of NH. She has been working with Conservation Districts in NH since receiving her Bachelor's degree in Earth Science and Environmental Planning in 2011.

Member tuition: \$20

1 W: 3/27 | 10:30 - 11:30 AM | Class Limit: 20

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

## **Solar 101**

Have you ever wondered how you can transition into a clean energy future? Join ReVision Energy to learn about the benefits of solar technology, and why you should make the switch to renewable energy. Did you know over the past 10 years, prices in solar technology have dropped 75%? In this course you will also have a chance to hear from a current ReVision customer, John Werner, speaking on his own experience going solar. ReVision Energy installed 14 rooftop solar-panels this year on John's home, producing about 5,850 kilowatt-hours per year, eliminating close to 6,000 CO2 emissions annually.

Jen Hatch joined ReVision Energy in 2006 and has since become an instrumental part of the rapid growth of the operations at the Portland, Maine location, handling everything from event planning/staffing, development and implementation of the regional market.

Member tuition: \$20

1 Th: 4/25 | 1:00 - 3:00 PM | Class Limit: 30

GSC Portsmouth, 51 International Drive, Portsmouth, NH, 03801

## **Speculative Literature: Fantasy**

Examine entire field of speculative fantasy across the centuries. We will read (or listen to or watch) and discuss items from specific sub-genres with attention paid to the specific interests of class members. Whether you like fairy tales, Tolkien, Harry Potter or urban fantasy, we are likely to introduce you to new stories and revisit old ones. Join us - we'll have a fantastic time!

Josh Shaine has been teaching courses through the MIT Educational Studies Program for more than thirty years. He also works with schools and families on issues of under-achievement and gifted education. He's been teaching for OLLI since 2008.

Member tuition: \$55

8 Tu: 2/19 - 4/9 | 1:00 - 2:30 PM | Class Limit: 15

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Spies, Lies and Sunken Subs**

A series of events from 1968 though 1975, and ongoing disclosures, books, Freedom of Information Act revelations create an interesting opportunity to consider critical thinking, reading between the lines, etc. What we do know is that for many years the facts related to the 1968 loss of the Soviet K129 sub, the effort to raise all or part of it and the relationship, if any, to the 1968 loss of the USS Scorpion involve misinformation, cover stories and lies from many, if not all, of the persons with information about these. Evaluating the information available over the years as disclosures emerged gives us an interesting opportunity to ask key questions such as "What did happen?", "Why" and perhaps most useful "How would we know the real

story?”. Jim started researching the Glomar Explorer and the Soviet K129 sub loss when he found out his father was involved in the project. It has been an interesting journey that promotes critical thinking perspectives. Syllabus at <http://is.gd/sunkensubs>.

Jim Isaak: For presenter bio please see 2038.

Member tuition: \$40

5 W: 3/20 - 4/17 | 10:00 AM - 12:00 PM | Class Limit: 25

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **Spring Birding in the Mount Washington Valley**

In this two-day seminar we will learn about the common spring bird life of the Mount Washington Valley, both local inhabitants and migrants passing through on their way north. Following a two hour indoor class Power Point and discussion of birds, binoculars and bird books, the group will spend the early morning, outdoors at a local birding hotspot. Participants should bring their own binoculars and bird books to the first class, if you have them. This class is open to anyone interested in birds, not just experienced birders. Walking on uneven terrain but mostly level. First session is Wednesday, May 7, 10:00 AM-12:30 PM at GSC in Conway. Second session is the next morning, May 8, 7:00-10:30 AM in the field.

Susan Lee describes herself as an enthusiastic Amateur birder. In addition to birding in the Mount Washington Valley, she has added birds to her life list in 14 countries including a recent trip to Australia. She enjoys sharing her passion for birds.

Member tuition: \$25

1 Tu: 5/7, 10:00-12:30 at GSC classroom in Conway.

1 W: 5/8, 7:00-10:30 AM in the field.

Class Limit: 14

GSC Conway, 53 Technology Lane, Conway, NH, 03818

### **Spring Blooms & Birds: Hike**

Discover early spring blooms and birds at the Hampstead Conservation area. This hour and half hike will be led on trails with uneven terrain. There will be rocks, roots and short inclines to navigate. Please wear suitable footwear and bring water. We will meet in the West Road parking lot, approximately a mile from the intersection of Emerson Avenue and West Road.

Kathe Cussen is a nature lover with a degree in environmental science. She enjoys hiking, birding and gardening.

Member tuition: \$20

1 Tu: 6/4 | 10:00 - 11:30 AM | Class Limit: 12

Hampstead Conservation Area, Stage Road, Hampstead, NH, 03841

## **Story of the Amoskeag Manufacturing Company**

This educational tour of the Millyard Museum, housed in Mill No. 3 at the corner of Commercial and Pleasant Streets in the historic Amoskeag Millyard, features the permanent exhibit, Woven in Time: 11,000 Years at Amoskeag Falls. This exhibit tells the story of Manchester and the people who have lived and worked here. The story starts with the native peoples who fished at Amoskeag Falls 11,000 years ago and continues with displays on the area's early farmers and lumbermen, and the beginnings of industry in the area. It then focuses on the story of the development of the Amoskeag Manufacturing Company. This powerful corporation would become one of the largest textile producing companies in the world, employing over 17,000 people, including immigrants from many countries. The company's vast brick millyard still dominates the cityscape today. The story continues into the 20th and 21st centuries, as innovative businesses flourish in the city and new groups of immigrants come to Manchester to start new lives.

John Clayton is the executive director of the Manchester Historic Association and Millyard Museum. He previously spent 25 years as a reporter and columnist for the Union Leader and is the author of seven books about Manchester. John's "In the City" column was a fixture on the front page of the "Union Leader" for more than 20 years and won numerous awards including best local column from the New England Associated Press News Executives and "Best Local Author" from the readers of the magazine. John received an Emmy Award for his work with Public Television where he was the long-time host of "Crossroads" and he was recently honored by the Humanities Council as one of its "40 over 40" cultural icons.

Member tuition: \$20

\$6 admission fee will be added to your registration. Total cost \$26.

1 W: 4/17 | 11:00 AM - 12:30 PM | Class Limit: 20

Millyard Museum, 200 Bedford Street, Manchester, NH, 03301

## **Stress Busters**

Stress can take on many forms and can impact a person's physical, emotional and spiritual well being. We will discuss the impact stress has on the mind, body and spirit. We will also go over different stress busters that can help an individual get back to their baseline. This is going to be an interactive presentation so be ready to leave feeling relaxed and ready to take on the rest of your day!

Caitlin Cawley received her Bachelor's degree in Psychology, graduating Summa Cum Laude in 2013. She is a member of the Alpha Chi National Honor Society. As the Home Care Consultant, Caitlin works with professionals and families to ensure that seniors are able to stay at home, safely, and keep readmissions to the hospital low. This will be done by working to develop in-depth care plans, following client needs and any recommendations from professionals. Caitlin also works with clients and families in Quality Assurance, to ensure a client's care plan remains up-to-date and individualized to their needs.



Member tuition: \$20

1 Th: 2/28 | 10:00 - 11:30 AM | Class Limit: 30

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **Supreme Court -- What's Happening**

John Greabe will update us on the Supreme Court as it has unfolded from the Kavanaugh nomination to all the decisions that the Court has made until our meeting date in June.

John Greabe is a full time faculty at UNH School of Law. He is the Director of the Warren Rudman Center. Professor Greabe is admitted to practice before the US Supreme Court; the US Courts of Appeals for the First, Seventh and Eighth Circuits; and the United States District Courts for the Districts of NH and Massachusetts. Greabe's articles have appeared in a number of law journals, including Constitutional Commentary, the Boston University Law Review, the Notre Dame Law Review, the William & Mary Bill of Rights Journal, the Buffalo Law Review, the Houston Law Review, the Columbia Law Review Sidebar, and the Virginia Law Review Online.

Member tuition: \$20

1 F: 6/14 | 10:00 AM - 12:00 PM | Class Limit: 70

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **Tai Chi - Learn the Slow Movement Art**

Tai Chi is considered a gentle, graceful way to improve balance, flexibility and strength. Places like the Mayo Clinic and the Harvard School of Medicine recommend the art form. The movements are easy to learn, relaxing and fluid. Students have noted a refreshed, calm mind after class. Tai Chi is known as "Moving Meditation." Wear loose clothes and socks, slippers or shoes. No experience needed.

Marcia Wyman is the Director of Inner Peace Tai Chi. She has studied the art for over 10 years. Her programs are in Concord, Wilnot Flat, Wolfboro and Loudon. She also does guest presentations to organizations.

Member tuition: \$35

4 Th: 4/4 - 4/25 | 1:00 - 2:00 PM | Class Limit: 25

Horseshoe Pond Senior Center, 26 Commercial Street, Concord, NH, 03301

### **Tap the Brakes on Rolling Over your 401K—What Is a QCD?**

After you transfer your 401k to an IRA, you permanently forfeit several tax planning opportunities. We will discuss some of the tax planning questions you should ask before you transfer your 401k. In addition, we will discuss the benefits of a Qualified Charitable Distribution (QCD). The new tax act curtailed the tax benefit of charitable giving. The QCD enables taxpayers over the age 70 1/2 to recapture some of those benefits.

Philip Case is a CPA. His expertise is individual tax planning. He is a frequent speaker at law firms and financial institutions on a wide range of valuation and IRA planning issues. He is a member of the American Institute of CPAs and the NH Society of CPAs.

Member tuition: \$20

1 W: 5/29 | 12:00 - 1:30 PM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **TED Talks Revisited**

TED is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks. TED began in 1984 as a conference where technology, entertainment and design converged, and today covers a wide range of topics. TED talks are a collection of videos by some of the world's most inspired thinkers. Join the presenters as they share some of their favorite TED talks, followed by engaging and lively conversation.

Bob Jones is lifelong film fanatic, avid outdoorsman, skilled computer user and fan of New Yorker Magazine. Bob shares his many interests by presenting a variety of OLLI courses.

Member tuition: \$35

4 Th: 5/9 - 5/30 | 1:00 - 3:30 PM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Telling Stories Through Music: An Exploration of Adaptation**

Works of literature frequently find their way into a variety of musical productions such as musical theater, opera, ballet, and song. This course offers an opportunity to explore these adaptations. We will examine both large-scale and small-scale adaptations, listening to and/or watching excerpts from both new and familiar works, and comparing different adaptations of the same story. Students will be invited to consider how and why they personally respond. This class is open to anyone with an interest in music or literature and requires no musical training or study.

Elena Stabile is an active performer of operatic and contemporary art music and a teacher of voice in southern NH. She has also been a Performance Fellow with the Nief Norf Summer Festival and has been featured in performances of numerous contemporary works, including several world premiers.

Member tuition: \$45

6 W: 3/20 - 4/24 | 10:00 - 11:00 AM | Class Limit: 30

Manchester Community Music School, 2291 Elm Street, Manchester, NH, 03104

## **The Aging Brain**

The brain, like the rest of our bodily organs, ages over time. Some people may develop brain aging diseases that abnormally affect memory, cognition and functioning. People affected by brain aging diseases may exhibit symptoms that interfere with daily life. In this presentation we will discuss different diseases that impact the brain, how those diseases can impact day-to-day life and talk about some resources that are available for support and guidance.

Caitlin Cawley received her Bachelor's degree in Psychology, graduating Summa Cum Laude in 2013. She is a member of the Alpha Chi National Honor Society. As the Home Care Consultant, Caitlin works with professionals and families to ensure that seniors are able to stay at home, safely, and keep readmissions to the hospital low. This will be done by working to develop in-depth care plans, following client needs and any recommendations from professionals. Caitlin also works with clients and families in Quality Assurance, to ensure a client's care plan remains up-to-date and individualized to their needs.

Member tuition: \$20

1 Th: 3/7 | 10:00 - 11:30 AM | Class Limit: 30

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **The White Family of Concord**

Nathaniel and Armenia White played a significant role in the development of Concord and NH during the 19th century. Nathaniel White was born in Lancaster, but moved to Concord where he became a businessman, legislator and philanthropist with interests in railroads, express companies, state routes, manufacturing, agriculture and hotels. He married Armenia Aldrich White, with whom he owned and operated White Farm in Concord. The Whites were active in social movements and had interests in abolition, temperance and women's suffrage. They also frequently gave to charitable causes in the city and state like the White Memorial Universalist Church, the White Opera House, and upon the death of Nathaniel, the land that would become White Park. This talk, presented by Sarah Galligan, will focus on the Whites and their contribution to the progress of Concord and the state. The talk will be followed by a guided gallery tour of the New Hampshire Historical Society's exhibitions, led by Jenn Walton. The New Hampshire Historical Society's building, including the rotunda, exhibition gallery, auditorium, and restrooms, is wheelchair accessible.

Jenn Walton is the Assistant Director of Education and Public Programs at the NH Historical Society.

Sarah Galligan is the Library Director at the New Hampshire Historical Society. She is a graduate of Dartmouth College and completed her graduate degree in library science at Simmons College. Jenn Walton is the Assistant Director of Education and Public Programs at the NH Historical Society.

Member tuition: \$20

\$10 admission fee will be added to your registration. Total cost \$30.

1 Th: 3/21 | 2:00 - 4:00 PM | Class Limit: 25

New Hampshire Historical Society, 30 Park Street, Concord, NH, 03301

### **Three Terrific Sports Novels**

Sports are games and more than games. They are sources of passion and pride, displays of skill and teamwork and individual excellence and creators of bonds that may last a lifetime. John Grisham's "Bleachers" (ISBN-13: 9780345532039) looks at high school football in a small town. W. P. Kinsella's "Shoeless Joe" (ISBN-13: 9780345532039), the novel on which the film "Field of Dreams" was based, is about fathers and sons and dreams. And "Beartown," (ISBN-13: 9781501160776) by Fredrik Backman, is about a small town with big hockey dreams and the price that must be paid to make those dreams come true. (Class members should read Bleachers before the first class meeting.)

Joan Mountford holds degrees in English from Tufts University and Simmons College. She taught high school English for 35 years, presented workshops annually at state and regional conferences, and was an occasional columnist for the Concord Monitor.

Member tuition: \$40

5 Th: 5/2 - 5/30 | 10:00 AM - 12:00 PM | Class Limit: 25

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **Tour Great Bay by Boat**

Sail on the UNH Gulf Challenger and cruise up the Piscataqua River into the Great Bay Estuary and to the Jackson Estuarine Laboratory. Learn about plants and animals from the unique habitats of the estuary, which includes industrial, historical, and military landmarks plus a wildlife refuge and the National Estuarine Research Reserve. Required: ability to navigate boat ramps, unstable decks and walking on uneven terrain. Bring a lunch/drink and dress in layers suitable for any weather. Seating is minimal on board the boat so be prepared to stand or lean. Participants must sign a waiver.

Cruise under the guidance of the enthusiastic and knowledgeable UNH Marine Docents who are volunteers dedicated to the preservation and wise use of our marine resources. They provide a lens through which the marine and associated environments can be viewed, understood and enjoyed. Their knowledge and enthusiasm will make your tour memorable.

Member tuition: \$20

\$50 boat rental fee will be added to your registration. Total cost \$70.

1 Su: 6/2 | 10:00 AM - 3:30 PM | Class Limit: 26

UNH Pier, next to US Coast Guard Station, 25 Wentworth Road, Fort Point, New Castle, NH, 03854

## **Tour NH State Veterans Cemetery**

The NH State Veterans Cemetery, now 21 years old, provides a living classroom setting featuring the 20 Points of NH Military History, the Memorial Walkway, and the newly opened Veterans Heritage Learning Center. The class will start out in the new 1200 square foot Learning Center where the welcome takes place and the experience begins. Visitors can then circulate the self-guided tour of the kiosks. Those who want can view the documentary video "A Living Memorial - the NH State Veterans Cemetery." The experience continues as visitors move out to the Memorial Walkway and 20 Points of NH Military History. Very possibly you will witness military funeral honors teams rendering honors for the burial of a veteran and experience the sounding of Taps, the final salute. Visitors can also enter their veteran history or that of family members into the Center's Remembrance Station.

Mike Horne was the director of the NH State Veterans Cemetery for 10 years ( 2008-2018) and is a retired military veteran with 32 years of service ( 4 active USAF and 28 NH Air National Guard). He has a passion for showing visitors "their" NH State Veterans Cemetery and the newly opened Veterans Heritage Learning Center.

Member tuition: \$20

1 Th: 6/13 | 10:00 AM - 12:00 PM | Class Limit: 25

NH State Veterans Cemetery, 110 DW Highway, Boscawen, NH, 03303

## **Tour of Federal Courthouse**

Tour the Warren B. Rudman US Courthouse and hear Daniel Lynch explain the federal court system and then describe the differences between the state and federal courts. Attendees will tour the courthouse and observe a demonstration of courtroom technology and the electronic jury evidence presentation system. All participants must have valid photo ID. Please leave cell phones at home, as they are not permitted inside. Parking is limited.

Daniel Lynch is the Clerk of Court and the U.S. Magistrate Judge. Lynch practiced law in NH with Sheehan, Phinney, Bass, and Green. He joined the Federal Court in 2002.

Member tuition: \$20

1 F: 3/22 | 10:00 AM - 12:00 PM | Class Limit: 26

Federal Courthouse, US District, 55 Pleasant Street, , Concord, NH, 03301

## **Tour of the Alva de Mars Chapel Art Center at St Anselm**

You will enjoy an overview of the artworks on view in the fall exhibition. You will also receive insights into the background of the Chapel Art Center. This tour is led by the gallery director and a curator.

Iain MacLellan O.S.B. is the Director and Curator of the Alva de Mars Megan Chapel Art Center at Saint Anselm College. He holds a MFA degree in Figurative Art from the New York Academy of Fine Art.

Member tuition: \$20

1 W: 4/17 | 10:30 AM - 12:00 PM | Class Limit: 25

Saint Anselm College, 100 Saint Anselm Drive, Manchester, NH, 03102

## **Touring the Research Facilities at the University of New Hampshire**

Tour both the scanning electron microscope (SEM) and Geographic Information Systems (GIS) labs used by Dr. Barrett Rock to conduct his current research activities. Both of the lab tours will knock your socks off! The tours and discussions will take approximately 2 hours and will occur on the UNH Durham campus. Time permitting, we will also tour the Center for Coastal Oceans Monitoring (CCOM) Lab facilities. Check with the class assistant for parking location and cost. Meeting place is Morse Hall, please plan ahead to park and arrive on time. All parking requires a fee.

Barry Rock is a Professor Emeritus at the University of NH in the Earth Systems Research Center. Trained as a botanist (a comparative wood anatomist), he teaches courses in forestry and the environment. His research makes use of Earth-orbiting satellites to monitor the health of forests from orbit as part of a study of climate change impacts on forests in the northern hemisphere, using a combination of field work, laboratory analyses, and satellite image processing. He also has focused on developing a series of K-12 science outreach classroom activities that involve authentic STEAM (Science, Technology, Engineering, Art and Math) programs for pre-college students.

Member tuition: \$20

Parking fees not included.

1 W: 4/24 | 1:00 - 3:00 PM | Class Limit: 20

UNH Morse Hall , Morse Hall, Durham, NH, 03823

## **Vernal Pool Exploration**

Every spring, on the first warm rainy night of the year, a mysterious ritual takes place: many species of amphibians (including spotted salamanders and wood frogs) emerge from the forest and migrate en masse to vernal pools to lay their eggs. Join us to learn more about this intriguing phenomenon and, now that the migration has happened, visit a couple of Prescott Farm's vernal pools to search for eggs of these fascinating creatures.

Sarah Dunham-Miliotis began working at Prescott Farm in December 2008. Sarah grew up in NH and graduated from Dickinson College where she majored in anthropology and archaeology. She also holds an MS in environmental education from Antioch University New England. Previous to working at Prescott Farm she completed internships with Silk Farm Audubon Center in Concord and Massachusetts Audubon's Ipswich River Wildlife Sanctuary in Topsfield, Ma, and

worked as the Education Coordinator at Canterbury Shaker Village. Her interests include permaculture, lichens, vernal pool; habitats, using wild plants for food, medicine and dye, fiber arts, cooking and archaeology. She also loves being a mama!

Member tuition: \$20

\$10 admission fee will be added to your registration. Total cost \$30.

1 Tu: 5/14 | 10:00 AM - 12:00 PM | Class Limit: 15

Prescott Farm Environmental Education Center, 928 White Oaks Rd., Laconia, NH, 03246

## **Vikings Part II: Across the North Atlantic to Greenland and Vinland**

Concentrating on the Viking discoveries, explorations and settlements across the North Atlantic from Iceland to Newfoundland and beyond between 800 and 1450, including their “discovery” of “America” 500 years before Columbus, this class is a sequel to the course last spring which examined the world-wide impact of the Vikings during much of this same time. Bold and fearless as explorers, these Norsemen ventured into uncharted seas in their innovative long ships to discover and settle lands then unknown to Western Europeans. This course will examine their engineering and nautical prowess, their social and economic structure and activities, their tenacity in the face of incredible natural hardships, and last but not least, their contacts and confrontations with indigenous peoples.

Dave Hess: For presenter bio please see D-Day.

Member tuition: \$25

2 W: 4/3 - 4/10 | 1:00 - 3:00 PM | Class Limit: 35

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Virtual Visit: Off to Swaziland and South Africa**

The natural beauty, the people, animals and history of South Africa and Swaziland will be explored. Post-apartheid images of Johannesburg and Soweto, memorials to Nelson Mandela and Hector Pietersen will be complemented by stories of safari encounters with animals (e.g., walking with lions) and taking in the rich and varied flora of the savannah and jungle.

Merry Dance has always had a love for travel and animals. After retiring from her nursing career, she has traveled extensively to places known and places rarely explored. All seven continents have provided her with rich and memorable animal/places/cultures/peoples experiences.

Member tuition: \$20

1 F: 4/12 | 1:00 - 2:30 PM | Class Limit: 30

GSC Manchester, 195 McGregor Street, Manchester, NH, 03101

## **Walk Around Wagon Hill Farm**

If you've driven US Route 4 between Durham and Dover you've been by Wagon Hill Farm. Come join us for a walk by the water, through the woods, through the bob-o-link breeding grounds and ending at the Monarch Butterfly habitat. Wear long pants (this will be tick season) and sturdy shoes (no sandals or flip-flops). Hats, water bottles, and cameras are encouraged. Not recommended for people who have difficulty walking.

John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. He is a retired quality engineer, former trip leader for the Appalachian Mountain Club and sometime poet.

Member tuition: \$20

1 F: 6/14 | 10:30 AM - 12:00 PM | Class Limit: 12

Wagon Hill Farm, US Route 4, Durham, NH,

## **Walk the Contoocook River Park Trails**

Join us for a walk on the trails of the Contoocook River Park. Enjoy a fairly easy walk through the forest and along the river for great views. We'll be walking the dirt road which was once the old trolley line that brought riders from downtown Concord to the Contoocook River Amusement Park until the 1920's.

Beth Fenstermacher is the Assistant City Planner for the City of Concord. She is involved in permitting, natural resources planning, landscape design, and is currently working on updating the City Conservation Open Space Plan. She also serves as staff support to the Conservation Commission and Trails Subcommittee. Prior to working for the City, she worked as an environmental consultant and landscape architect, specializing in ecological design.

Member tuition: \$20

1 M: 5/20 | 1:00 - 3:00 PM | Class Limit: 15

Contoocook River Park Trails, Electric Ave., Penacook - Concord, NH, 03303

## **Walking Tour of Blossom Hill Cemetery**

Walk through Blossom Hill Cemetery and learn about the famous and infamous people lying there.

Jill McDaniel has worked as the Cemetery Administrator for 12 years. She oversees internments, record keeping, and maintenance for 13 cemeteries in Concord and Penacook.

Member tuition: \$20

1 Th: 6/6 | 10:00 - 11:30 AM | Class Limit: 20

Blossom Hill Cemetery, 207 N. State St., Concord, NH, 03301



## **Watch Your Mouth!**

"Smile! It's an inexpensive way to improve your looks!" This old saying, of course, belies the reality of numerous obstacles standing in the way of maintaining healthy and attractive teeth. Especially for older adults, challenges abound: fixed incomes, decreased mobility and dexterity, and prescription side effects all contribute to the difficulty in keeping up with oral health. In this course, Dr Swanson uses stories, unexpected analogies and a healthy "dose" of humor to illustrate the issues which most affect OLLI students while providing suggestions and solutions to a myriad of dental dilemmas. Don't miss his "7 Sneaky Tips for Saving Cash while Saving Teeth!" Discussion and questions will be welcomed.

Nate Swanson moved to NH in 2002 to become the first staff dentist at Families First, a non-profit health center in Portsmouth. In 2006, Dr Swanson took over Newmarket Dental, an office with community roots stretching back to 1951. Since time, he has overseen a nearly doubled patient base, adding digital technologies as well as moving the practice to a warm, modern space allowing the staff to offer even better care to those needing convenient parking and disability access. His interests include providing an array of oral health care alternatives to people of all ages, needs, and socio-economic statuses, as well as continuing his commitment to environmental sustainability within the dental industry.

Member tuition: \$20

1 F: 3/29 | 1:00 - 3:00 PM | Class Limit: 12

Newmarket Dental, 60 Exeter Road, Newmarket, NH, 03857

## **We Promised You a Lawyer. We Didn't Promise He'd Be Any Good.**

In *Gideon v Wainwright* the Supreme Court ruled that criminal defendants have the right to an attorney even if they cannot afford one. This course will explore whether that promise has been fulfilled. Class participants should read "Gideon's Trumpet" (USBN-13: 9780679723127) by Anthony Lewis.

Barbara Keshen is a retired attorney and former Legal Director of the NH Civil Liberties Union who spent her career in Constitutional Law addressing these topics and others.

Member tuition: \$20

1 F: 3/1 | 10:00 AM - 12:00 PM | Class Limit: 30

GSC Concord, 25 Hall Street, Concord, NH, 03301

## **Weave a Muffin Basket**

This course will enable the beginner weaver to complete a round muffin basket approximately 8" wide and 3 1/2" tall. The materials will be pre-cut and ready to weave! Basic over-under weaving using natural and dyed flat reed (for a touch of color), plus you may give your basket an all-over spray of instructor's homemade walnut dye when you are done. Instructor has extra tools that can be used, but if you have clip clothespins please bring

them. This class will give your hands a bit of a workout!

Diane Perry-Mann has always loved being creative and has a degree in Art from UNH. Although she has worked in many media, basket weaving has been her latest involvement. Now retired, Diane has been teaching locally to allow others to find the pleasure and appreciation of basketry.

Member tuition: \$20

\$9 for materials will be added to your registration. Total cost \$29.

1 Sa: 3/9 | 12:00 - 4:00 PM | Class Limit: 8

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **Weaving a Handy Tote Basket**

This course will enable the beginner weaver to complete a simple tote basket with a D handle. The materials will be pre-cut and ready to weave! Basic over-under weaving using natural and dyed flat reed (for a touch of color), plus you may give your basket an all-over spray of instructor's homemade walnut dye when you're done. Instructor has extra tools that can be used, but if you have clip clothespins please bring them. This class will give your hands a bit of a workout! Class may run past 4:00 PM.

Diane Perry-Mann: For presenter bio please see Weave a Muffin Basket.

Member tuition: \$20

\$22 for materials will be added to your registration. Total cost \$42.

1 Sa: 3/16 | 12:00 - 4:00 PM | Class Limit: 8

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **What a Journey: 3200 Births Later (And I'm Still Standing)**

Judy will tell you how she came to be a nurse-midwife, what that entails, what regulations exist, where and how she practiced and with whom. Of course there are many stories to tell and she will do that. She will also answer whatever questions one might have about midwifery practice and about birth itself.

Judy Edwards is a retired nurse-midwife who worked as a midwife for 30-something years in Dover, NH. There is often the assumption that midwives only do home births but she always worked at Wentworth Douglas Hospital after returning to NH. She has some stories to tell.

Member tuition: \$20

1 W: 3/27 | 1:00 - 3:00 PM | Class Limit: 35

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **What About Single Payer Healthcare?**

Ahmed Kutty, MD discusses the Single Payer initiative promoted by the Physicians for a National Health Program (PNHP) and its variants being discussed in the public square. He answers some of the myths that have evolved over the years. He is particularly well versed in the history and development of the delivery of health care in the U.S., and other countries, and loves to answer questions from participants. Dr. Kutty will discuss how he has come to the conclusion that access to high-quality health care should be provided as a public service rather than bought and sold as a commodity. The presentation will focus on the situation in NH as well as touch upon the issues at the national level.

Ahmed Kutty, a retired physician, has lived in Peterborough since 2013 and is an activist in healthcare financing in our country. As a member of the Granite State chapter of Physicians for a National Health Program, Dr. Kutty is engaged in educating and increasing awareness of the unsustainability of the current system and the inherent inequity in access because of significant financial barriers.

Member tuition: \$20

1 Tu: 3/19 | 10:00 - 11:30 AM | Class Limit: 35

GSC Concord, 25 Hall Street, Concord, NH, 03301

### **Who Lives in Great Bay?**

Come to the Great Bay Discovery Center where you will be introduced to the Great Bay National Estuarine Research Reserve and learn about the work our staff is doing to protect Great Bay. We will also visit our Discovery Tank where you can learn about (and hold) some animals that live in the bay. Specifically, we will discuss one of the most researched marine animals in the world, the Horseshoe Crab, and how it has helped you and your loved ones in more ways than you know! Spring is spawning time for the Horseshoe Crab, so after our visit at the tank we will head down to the Bay and see if we can see these prehistoric creatures in action.

Jay Sullivan is a naturalist and educator at the Great Bay Reserve.

Member tuition: \$20

\$3 admission fee will be added to your registration. Total cost \$23.

1 Th: 6/6 | 1:30 - 3:00 PM | Class Limit: 12

Great Bay Discovery Center, 89 Depot Road, Greenland, NH, 03840

### **Why Can't I Get the New Wonder Drugs?**

We all read and hear about medical breakthroughs. It might be a new approach to curing cancer, or a new device to help us age with grace. When we ask for these new drugs or devices we are told they may not be available for many years. Why? What's the big delay? People need these! This session will be an overview of how a drug or device moves from an initial discovery through the many years of testing until it finally can be marketed. It will show the conflict between the developers and the

regulators - each with slightly different agendas. This session is geared to the general public. No prior technical or scientific experience is needed.

Bob Muzerall, a retired VP of Sales and Training for a global medical technology company, has over 34 years experience in various sales, training, and marketing roles in the pharmaceutical and medical device industry. He has received numerous awards and was a frequent speaker and panel member at various medical and educational associations. His unique approach to sales is found in his "Selling with Integrity" series.

Member tuition: \$20

1 Tu: 3/19 | 10:00 - 11:30 AM | Class Limit: 30

GSC Conway, 53 Technology Lane, Conway, NH, 03818

### **Why I Can't Remember US History Class**

What is the primary factor that differentiates one person's recall of US History compared to another? Simple. The person who learned the information can apply it to their understanding of today's current happenings. The person who memorized the information can't apply the information and doesn't remember it. Let's walk through the timeline of US history and observe these differences between memorization and meaningful learning practices, share stories of the teachers of our past and end with a discussion about the direction teaching is taking in high school classrooms to be less focus on memorization and more thoughtful about the application of information.

Shelly Morin, a student and teacher of US History, focuses how people learn information and how to apply knowledge to current day situations and challenges. She has taught a myriad of subjects at the middle school, high school and community college levels for the past two decades with a goal of learning alongside her students. She is also the executive director of the MWV Children's Museum.

Member tuition: \$25

2 W: 3/20 - 3/27 | 10:00 - 11:30 AM | Class Limit: 25

GSC Conway, 53 Technology Lane, Conway, NH, 03818

### **Wildflower Walk at the Rocks Estate**

Visit the Rocks Estate in Bethlehem and join in a wild flower walk. This exclusive guided tour for OLLI will be led by a staff member and include at some point a talk by Nigel Manley highlighting the history of the estate. On this walk you will see well over 100 varieties of wildflower: columbines, trilliums, Jack in the pulpit, and even the rare yellow lady slipper among many others. A gift shop is on-site. Wear good walking shoes to negotiate uneven terrain. Bring a lunch perhaps to picnic on the grounds. \$15 admission fee will be payable on site.

Tour coordinator Benny Jesseman is retired and enjoys the great out doors, history and crafts. She has led numerous OLLI outings.

Member tuition: \$20

\$15 admission will be payable on site.

1 Sa: 6/1 | 2:00 - 3:30 PM | Class Limit: 20

Rocks Estate, 4 Christmas Lane, Bethlehem, NH, 03574

# SAAM

Smithsonian  
American Art  
Museum

**Announcing an exciting new interactive video program**

coming to OLLI at Granite State College in the summer 2019.

***Beyond the Frame: American History through Artworks from the Smithsonian American Art Museum*** will explore America's stories through a series of four highly interactive, artwork-driven videoconferences. Tentative dates July 9, 10, 16 and 17, 2019. Watch for final details in June.

# OLLI STEERING COMMITTEE | 2018-2019

## OFFICERS

*Sharon Kace* - Class of 2010  
Chairperson

*Bill Faulkner* - Class of 2012  
Vice Chair

*Sandy O'Neill* - Class of 2013  
Secretary

*Bob Jones* - Class of 2007  
Immediate Past Chair

## CONCORD

*Iris Altilio* - Class of 2015  
*Jacki Fogarty* - Class of 2012  
*Sharon Kielty* - Class of 2010  
*Glenn Meyers* - Class of 2014  
Chairperson Concord Central

## CONWAY

*Laura Jawitz* - Class of 2012  
Co-Chairperson Conway Central  
*Bee Muzerall* - Class of 2017  
*Patti Rau* - Class of 2010  
Co-Chairperson Conway Central

## MANCHESTER

*Margaret Adams* - Class of 2013  
*Deirdre Angwin* - Class of 2015  
*Andre Normand* - Class of 2014  
*Pam Saulten* - Class of 2013  
Chairperson Manchester Central

## SEACOAST

*Michelle Langa* - Class of 2015  
*Sandy O'Neill* - Class of 2013  
Chairperson Seacoast Central  
*Beth Wagner* - Class of 2010

## AT LARGE

*Peg Fargo* - Class of 2005  
*Bill Faulkner* - Class of 2012

## STAFF REPRESENTATIVES

*Jane Fletcher*  
Program Director  
Class of 2011

*Laurie Galletta*  
Program Manager

*Tessa McDonnell*  
Program Support  
Class of 2009



## FREQUENTLY ASKED QUESTIONS ABOUT OLLI FUNDRAISING

**WHO** OLLI at GSC is a vibrant and healthy organization of almost 1,200 members, one of 122 OLLIs in the USA catering to those 50+ who enjoy stimulating classes and social interaction.

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**WHAT** OLLI's annual fundraising goal is \$31,000

- \$25,000 in member contributions, encouraged by the Osher Foundation
- \$6,000 in corporate sponsorships

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**WHY** Gifts and sponsorships are used to:

- Keep the cost of class and membership fees low
- Support scholarships and volunteers
- Expand access to the ever growing number of adults over 50
- Improve the organization's capacity to accommodate this growth
- Ensure OLLI at GSC's future by building its rainy day fund

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**WHEN** Members continually contribute to OLLI: many include donations with their membership renewal and class registration; others choose to donate rather than receive a refund when they drop a class. An Annual Appeal in November constitutes OLLI's major fundraising effort.

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**DONATE** Has OLLI enhanced your life or added value to your friends' lives. Last year over 400 members donated. Is it worth it to you to make sure that OLLI thrives for years to come?

**Donations are Tax Deductible:** OLLI at GSC is part of a 501(c)(3) organization, Granite State College, University System of New Hampshire.

***Thank you in advance for your kind donation!***

## OLLI FRIENDS AND COMMUNITY PARTNERS

The Bernard Osher Foundation

Granite State College

Ambrogi Law Offices

Andres Institute of Art

Bedrock Gardens

Bee Pride

Bethany Covenant Church

Birch Hill

Blossom Hill Cemetery

Capital Wealth Management

Carroll Gallery and Studio

Concord Community Center

Concord Conservation Commission

Currier Museum of Art

Dancing Lion Chocolate

Eastern Slope Regional Airport

Federal Courthouse, US District

Globe Manufacturing

Great Bay National Wildlife Refuge

Hampstead Conservation Commission

Hannaford Supermarket Concord

Hannaford Supermarket Exeter

Havenwood Heritage Heights

Hickory Nut Farm

Horseshoe Pond Senior Center

Hunt Community, Nashua, NH

Huntington at Nashua

Lindt & Sprüngli

Lions Club, Portsmouth, NH

Manchester Community Music School

Mary Baker Eddy Historic House

Market Basket

Massabesic Audubon Center

McAuliffe-Shepard Discovery Center

Millyard Museum, Manchester NH

Moultonboro Public Library

Newmarket Dental

New Hampshire Historical Society

NHPBS

NH State Veterans Cemetery

OSHER National Resource Center

Portsmouth Naval Shipyard

Prescott Farm Environmental

Red River Theater

Remick Museum and Farm

RiverWoods Exeter

Saint Anselm College

Seacoast Science Center, Rye, NH

Silverstone Living

Strawberry Banke, Portsmouth, NH

Tad's Place; Heritage Heights

Temple Adath Yeshuran,  
Manchester, NH

Temple Beth Jacob, Concord, NH

Terrapin Tours

The Moore Center

The Place Studio and Gallery

The Rocks Estate & Christmas Tree Farm

Throwback Brewery

UNH Marine Docents

Wagon Hill Farm

Wells Reserve at Laudholm

Wentworth-Coolidge Mansion  
Historical Site