

OSHER
LIFELONG
LEARNING
INSTITUTE

OLLI

at Granite State College

Fall Catalog 2021 | Concord | Conway | Manchester | Seacoast | Zoom



Meet
the Artist,
Dotty Pullo.
[Read Bio](#)

Come for the Classes. **Stay for the Friends.**

A membership program providing lifelong learning, social and travel opportunities for adults age 50 and better.

Welcome to Osher Lifelong Learning Institute (OLLI)

Welcome to Osher Lifelong Learning Institute (OLLI) at Granite State College (GSC). OLLI is in its 16th year as a learning for the fun of it, member-driven, volunteer-based educational program for lifelong learners age 50 and better. We value high standards of program excellence with an emphasis on educational and social enrichment, volunteerism, fiscal sustainability, a diverse membership, mutual respect and member safety.

OLLI at Granite State College Remains Strong and Viable Despite COVID-19!

Our objective is to ensure that courses and social events continue to provide members with a first-rate experience in a manner that is safe and includes precautions for your well-being. The fall 2021 line-up offers a mix of courses both on Zoom and in-person, as well indoor and outdoor activities. Although COVID protocols will be in place, GSC encourages participants to take personal responsibility for their own health.

OLLI Courses

Courses are non-credit; there are no college prerequisites, tests, or grades.

Would you like some help learning how to Zoom?

Register for a free Zoom 101 course with OLLI

We'll show you how it's done! Our single session Zoom 101 courses are available in August 2021 to members and nonmembers. Over 400 people have participated in Zoom 101 since it was first offered in March 2020. Since then members have engaged in courses, complimentary programs, and social events through Zoom. Course evaluations and self-reports indicate that the Zoom delivery model was well received by participants.

➔ To learn more about FREE Zoom instruction visit: [Zoom 101 registration](#)

The Lifelong Learning Experience

Come for the classes and stay for the friends!

Social events, volunteer opportunities, cost-free complimentary programming, opportunities to engage in classes at our sister OLLIs, and the Outlook newsletter, enhance the member experience and provide additional opportunities for adults 50 and better to remain active and purposeful. This is what lifelong learning is about!

OLLI is a self-sustaining program of Granite State College (GSC) supported by program fees, in-kind contributions from GSC, endowments from the Bernard Osher Foundation, member donations and local corporate sponsorships. We are one of 124 OLLIs at colleges and universities nationwide, representing more than 170,000 members, 25,718 active volunteers serving 394 cities and towns.

➔ To learn more about Osher Lifelong Learning Institutes across the USA visit: <http://nrc.northwestern.edu/>

Become an OLLI Member

Membership in OLLI offers you the opportunity to participate in the full range of offerings. Low-cost memberships (\$40) are valid for one year. There are three ways to join. You may:

1. Complete the secure online application found on the OLLI website:

[Membership Application](#)

2. Print and complete the OLLI Membership/Registration Form found at:

[Registration Form](#) with your \$40 check to the OLLI office, 25 Hall Street, Concord, NH 03301.

Please use a separate registration form and a separate check for each member applying.

3. Phone the OLLI office with your credit card: 603-513-1377

NOTE: Due to recent campus closures **this option is limited to Wednesdays**. A staff member will be available and equipped to process your credit card purchase on any Wednesday. People who call on other days of the week will be asked to call back on Wednesday.

Contact Us

OLLI staff are still available to assist you:

- Visit our website: olli.granite.edu
- Call us: 603-513-1377 (please leave a message—we'll get back to you asap!)
- Email us: olli.office@granite.edu
- Write us: OLLI at Granite State College, 25 Hall Street, Concord NH 03301

Registration

- Online registration (members only) for classes will open on **Monday, August 2, 2021 at 9:00 AM**.
- Phone, mail-in, and nonmember registration will occur on **Wednesdays only, starting on August 4, 2021 between the hours of 9:00 AM and 4:00 PM**. NOTE: Due to GSC campus closures this option is limited to Wednesdays. A staff member will be available and equipped to process your credit card purchase on any Wednesday. People who call on other days of the week will be asked to call back on Wednesday.
- **For your safety and ours, staff are working remotely and will not be in the OLLI office to greet you in person. Walk-in registrations have been temporarily suspended.**
- All registrations, including free offerings, will result in an e-mailed confirmation receipt. If you do not get a receipt, please check your e-mail spam folder.
- Unlike face-to-face courses **Zoom course registrations must be made at least 3 days prior to the scheduled start date** to make sure that you will receive a link to your Zoom event. To ensure that your experience is a good one, last minute registrations will not be accepted.

For important information about policies including refunds, withdrawals, wait lists, credit card security and more please visit: olli.granite.edu/policies

Classes Are Listed by Sites and in Order by Start Date

Category Abbreviation: Active Outdoors-**ACTV** | Arts Humanities-**ARTS** | History-**HIST** | Personal Enrichment-**PERS**
Science Technology-**SCIE** | Social Sciences-**SOSC**

LOCATION	CLASS TITLE	DAY	DATES	TIMES	CATEGORY
Concord	Life With an Arctic Fox	F	9/3	2:00-3:30 PM	SCIE
Concord	From Bell to Broadband: Over a Century of Telephone History	W	9/8	10:00 AM-12:00 PM	HIST
Concord	Planetarium Show at McAuliffe-Shepard Discovery Center	Th	9/9	2:00-4:00 PM	SCIE
Concord	Barbershop Harmony - How Do They Do That?	Th	9/9	7:00-9:00 PM	ARTS
Concord	From Our Farm to Your Table - Tour Miles Smith Farm	F	9/24	10:00 AM-12:00 PM	SCIE
Concord	All About Dogs	Tu	10/5-10/19	6:00-7:00 PM	SCIE
Concord	Where did They Go? How Plants and Animals Survive the Winter	W	10/13	1:00-3:00 PM	SCIE
Concord	When I Was Young, The Dead Sea Was Only Sick	F	10/22-11/5	1:00-3:00 PM	PERS
Concord	Mt. Kearsarge Indian Museum Tour	Th	10/28	10:30 AM-12:00 PM	SOSC
Concord	Films: Never Taken for "Grant"-ed -- Cary, Part II	F	10/29-11/19	9:30 AM-12:00 PM	ARTS
Concord	History and Tour of Globe Manufacturing, Inventors of Turnout Gear for Firefighters	Tu	11/9	9:00-11:30 AM	HIST
Conway	English Garden In New Hampshire: Tarbin Gardens	W	8/18	11:00 AM-12:30 PM	SCIE
Conway	RMS Lusitania: Caught in the Crosshairs	F	8/27	1:00 PM-3:00 PM	HIST
Conway	River Hikes	W	9/8-9/22	1:30-3:30 PM	ACTV
Conway	Herding Sheep with Border Collie	W	9/15	10:00-11:00 AM	ACTV
Conway	How Our Forests, Flora, and Fauna Prepare for Fall	F	9/24-10/1	11:00 AM-12:30 PM	SCIE
Conway	Kickstart Watercolor	M	10/4-10/25	10:00 AM-12:00 PM	ARTS
Conway	Knitting Your First Sweater	W	10/6-11/3	10:00-11:30 AM	ARTS
Conway	Senior Pub Crawl 2	Tu	10/19-10/26	2:00-3:30 PM	ACTV
Conway	Apocalypse Soon: Climate Change as Extinction Event	Tu	11/2-11/9	1:00-3:00 PM	SCIE
Conway	Art of the Therapeutic Harp	M	11/8	1:00-2:30 PM	ARTS
Manchester	Films Through the Decades	M	8/16-8/30, 9/13-10/11	1:30-4:30 PM	ARTS
Manchester	In the Footsteps of Grace Metalious: A Walking Tour	F	8/20	1:30-3:30 PM	ARTS
Manchester	Little Canada: Walking Tour of Manchester's Franco-American West Side	M	8/23	1:30-3:30 PM	HIST
Manchester	Creativity and Sculpture in the Woods: Tour of Andres Institute of Art	W	8/25	1:00-3:30 PM	ARTS
Manchester	Kayaking the Contoocook	Th	9/9	10:00 AM-2:00 PM	ACTV
Manchester	Learning to Look at Art	Th	9/9	1:30-3:30 PM	ARTS
Manchester	Newspaperman, War Correspondent, Writer of Fiction; Ernest Hemingway Develops a Writing Style	M	9/13-9/20	10:00-11:30 AM	ARTS
Manchester	Films: Madness and the Movies VIII	W	9/15-11/3	9:30 AM-12:00 PM	ARTS
Manchester	Seven Main Elements of Music	M	9/20-11/8	12:00-1:00 PM	ARTS
Manchester	Migration Marvels: Unraveling the Mysteries of Seasonal Behaviors	Sa	9/25	10:00 AM-12:00 PM	SCIE

LOCATION	CLASS TITLE	DAY	DATES	TIMES	CATEGORY
Manchester	Music and Memory: Understanding Your Personal Connection with Music	Tu	10/19-10/26	10:00-11:00 AM	ARTS
Manchester	Reading the Existentialists: Jean Paul Sartre	Th	11/4-12/9	9:30-11:00 AM	ARTS
Manchester	Benedictine Monasticism	M	11/16	3:00-4:30 PM	SOSC
Manchester	Learning the iPhone and iPad	F	11/12-12/10	1:00-3:00 PM	SCIE
Manchester	Babbitt and the American Businessman	M	11/15-11/29	10:00-11:30 AM	ARTS
Manchester	Don't Be the Next Victim / Protect Your Financial Future	W	12/1-12/8	10:00 AM-12:00 PM	SOSC
Seacoast	Tradespeople of Portsmouth NH	M	8/23	10:00-11:30 AM	SOSC
Seacoast	Explore Bedrock Gardens	Tu	8/24	1:00-3:00 PM	PERS
Seacoast	Hiking the Hampstead Trail System	Th	9/9	10:00 AM-12:00 PM	ACTV
Seacoast	What's in a Tide Pool: Life and Adaptations in the Rocky Shore Intertidal Zone	F	9/10	10:30 AM-12:00 PM	SCIE
Seacoast	Photographing Portsmouth	Tu	9/14	1:30-3:00 PM	ARTS
Seacoast	Exploring the Wild and Scenic Lamprey River	M	9/27-10/4	10:30 AM-12:30 PM	SCIE
Seacoast	Walk Around Wagon Hill Farm	F	10/8	10:30 AM-12:00 PM	ACTV
Seacoast	Great Bay National Wildlife Refuge Walk	F	10/8	1:00-2:30 PM	ACTV
Seacoast	Portsmouth Naval Shipyard Tour: From Sails to Atoms	W	10/13	9:30 AM-12:00 PM	SOSC
Seacoast	Montaigne: Steps Toward Wisdom	F	10/15-10/29	10:00-11:30 AM	ARTS
Seacoast	Great Bay National Wildlife Refuge Walk	F	10/15	10:30 AM-12:00 PM	ACTV
Seacoast	Walk Around Wagon Hill Farm	F	10/15	1:00-2:30 PM	ACTV
Seacoast	Women Composers at the Piano: Examples of Unsung Brilliance	Th	10/28	1:00-3:00 PM	ARTS
Seacoast	Film as an Independent Art Form: the Promise Made and Fulfilled	F	11/5-11/12	1:00-4:00 PM	ARTS
Virtual by Zoom	Zoom 101 Introduction to Zoom - Personal Computers (PC), Laptops, Notebooks	Tu	8/3	10:00-11:30 AM	SCIE
Virtual by Zoom	Zoom 101 Introduction to Zoom - Personal Computers (PC), Laptops, Notebooks	Th	8/5	1:00-2:30 PM	SCIE
Virtual by Zoom	Mountain Men: Pathfinders to the West	Tu	8/17,8/31	10:00 AM-12:00 PM	SOSC
Virtual by Zoom	Scheduling and Hosting Zoom Meetings	Tu	8/17	1:30-3:00 PM	SCIE
Virtual by Zoom	Monitoring the Great Pacific Garbage Patch from the International Space Station	W	8/18	10:00 AM-12:00 PM	SCIE
Virtual by Zoom	Painting the Landscape for Absolute Beginners (in oil or acrylic)	F	8/20-8/27 9/10-9/17	9:30-11:00 AM 9:30 AM-12:30 PM	ARTS
Virtual by Zoom	New Hampshire's Future at Risk	W	8/25	10:00-11:00 AM	SOSC
Virtual by Zoom	Current Events: Here, There and Everywhere	W	9/1-10/6	3:00-4:30 PM	SOSC
Virtual by Zoom	Manchester's Famous Little People - Commodore Nutt and Count Nicol	W	9/8	10:00 AM-12:00 PM	HIST
Virtual by Zoom	Climate Change Policy Choices	Th	9/9	10:00 AM-12:00 PM	SCIE
Virtual by Zoom	I Can't Sleep - What Can I Do?	Th	9/9	1:00-2:30 PM	PERS
Virtual by Zoom	In Vino Veritas: The Truth about New Hampshire Wineries	F	9/10	5:00-6:30 PM	PERS
Virtual by Zoom	Ron's Rescue and Restoration Garage - 1956 GMC Pickup Restoration	Tu	9/14	10:00-11:30 AM	PERS
Virtual by Zoom	Standing Up to Racism	Tu	9/14-9/28	10:30 AM-12:30 PM	SOSC
Virtual by Zoom	American Poet and Activist - Amanda Gorman	F	9/17	10:30 AM-12:00 PM	ARTS

LOCATION	CLASS TITLE	DAY	DATES	TIMES	CATEGORY
Virtual by Zoom	Digital Tech: Pervasive, Invasive, Persuasive	F	9/17-10/8	1:00-2:30 PM	SCIE
Virtual by Zoom	Painting a New Hampshire Evergreen Forest in Watercolor	Sa	9/18	9:00 AM-12:00 PM	ARTS
Virtual by Zoom	Come Fill Yourself With Story	Tu	9/21	1:00-3:00 PM	ARTS
Virtual by Zoom	Fredrick Law Olmsted's Wild America	Tu	9/21	7:00-8:30 PM	HIST
Virtual by Zoom	Explore Your Creative Voice	W	9/22, 10/20, 11/10	10:00 AM-12:00 PM	ARTS
Virtual by Zoom	Your Thoughts on the Short Stories of Andre Dubus II	Th	9/23-9/30	10:00 AM-12:00 PM	ARTS
Virtual by Zoom	Investing in Joy: Collecting Art on Any Budget	Th	9/23	1:00-3:00 PM	ARTS
Virtual by Zoom	New Yorker (The): The Best Magazine in the World	Th	9/23-11/4, 11/18	3:30-5:00 PM	ARTS
Virtual by Zoom	Mindfulness: A Better Me; Better You; Better World	Th	9/23-10/28	4:00-5:30 PM	PERS
Virtual by Zoom	Who are the Native People of Alaska? A History	Th	9/30-11/4	10:00-11:30 AM	HIST
Virtual by Zoom	Israel and Lebanon: An Unending Conflict?	Tu	10/5-10/26	10:00-11:30 AM	SOSC
Virtual by Zoom	Ratlines: Nazi Escape Routes and the Surprising People and Organizations that Helped Them Escape Justice	Tu	10/5-10/26	10:00-11:30 AM	HIST
Virtual by Zoom	Elections Matter - Now More than Ever	Tu	10/5-10/12	1:30-3:00 PM	SOSC
Virtual by Zoom	Home Front Cooking in WW2: Anyone for Potato Floddies, Whale meat burgers and Mock Apricot tart?	W	10/6	1:00-2:30 PM	HIST
Virtual by Zoom	Is Chanukah the Jewish Christmas? Everything You wondered About the Jewish Holidays	M	10/18	10:00 AM-12:00 PM	SOSC
Virtual by Zoom	Climate Change - It's Natural and It's Human	M	10/18-11/1	2:00-3:30 PM	SCIE
Virtual by Zoom	Only Hope: My Mother and the Holocaust Brought to Light	Tu	10/19	1:00-2:30 PM	HIST
Virtual by Zoom	Puritanism in New England: the Good, the Bad and the Revolutionary!	W	10/20	1:00-3:30 PM	HIST
Virtual by Zoom	Jews and Judaism in Today's World	Tu	10/26-11/16	12:30-2:00 PM	SOSC
Virtual by Zoom	Bridge for Your Brain- Defense in the 21st Century, Part II	Sa	10/30-11/20	10:00 AM-12:30 PM	PERS
Virtual by Zoom	Ernest Hemingway - Grace Under Pressure	Th	11/1-11/15	10:30 AM-12:00 PM	ARTS
Virtual by Zoom	Backyard Bird Feeding: Avian Entertainment!	Tu	11/2	7:00-8:15 PM	SCIE
Virtual by Zoom	Emma knows best. Or does she?	W	11/3-11/17	9:00-10:30 AM	ARTS
Virtual by Zoom	Digging too Deep? The Cost of Our Energy Appetite in the Age of Climate Change	W	11/3	1:00-2:30 PM	SCIE
Virtual by Zoom	Current Events: Here, There and Everywhere	W	11/3-12/8	3:00-4:30 PM	SOSC
Virtual by Zoom	Biophilia: A Survey of Life on Earth	Tu	11/9-12/14	10:00 AM-12:00 PM	SCIE
Virtual by Zoom	Rorke's Drift: A Modern Thermopylae	W	11/10, 11/24	10:00 AM-12:00 PM	SOSC
Virtual by Zoom	Acadians: A Story of Tragedy & Survival	W	11/10	1:00-3:00 PM	HIST
Virtual by Zoom	Genealogy for Beginners: Techniques for Correctly Identifying Your Ancestors	M	11/15	12:30-2:30 PM	PERS
Virtual by Zoom	Nursing Care, Medicaid and Long Term Care, Oh My!	M	11/15-11/29	3:00-5:00 PM	SOSC
Virtual by Zoom	Great Decisions Part 2	Th	11/18-12/16	10:00 AM-12:00 PM	SOSC
Virtual by Zoom	Frances Perkins: The Woman Behind the New Deal	Tu	11/23-11/30	1:00-3:00 PM	HIST

LOCATION	CLASS TITLE	DAY	DATES	TIMES	CATEGORY
Virtual by Zoom	Explore the Less-Visited National Parks of America	Th	12/2	1:30-3:00 PM	HIST
Virtual by Zoom	Reckoning: The Future of Exeter, NH's Black History	M	12/6	11:00 AM-12:00 PM	HIST
Virtual by Zoom	Increase Memory; Decrease Stress	Tu	12/7	1:00-3:00 PM	PERS
Virtual by Zoom	Immigration in the Biden Era: What's Different?	W	12/8	10:00 AM-12:00 PM	SOSC
Virtual by Zoom	Alternative Voting Systems	F	12/10	10:00 AM-12:00 PM	SOSC

WELCOME TO THE FAMILY, RIVERWOODS MANCHESTER!

You know RiverWoods—where active, smart, independent adults find purpose, community, and peace of mind. Now, RiverWoods Manchester is right down the road. Discover the RiverWoods way of life in a beautiful country setting, closer than you think. Call us at 603.836.2302 or visit RWManchester.org to schedule your tour today.

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Manchester**
Exeter | Manchester | Durham

RiverWoods Manchester, NH Residents Carrye and Nancy

Acadians: A Story of Tragedy & Survival

If you have read “Evangeline” by Longfellow, you probably remember the tragic story of the Acadians, the French-speaking people expelled from eastern Canada by the British beginning in 1755. We’ll explore their lives before this tragedy, the reasons for their expulsion, their far-flung dispersal, and the enormous toll it took. But their story is also one of survival, and we’ll examine ongoing efforts to preserve Acadian language and culture.

Member tuition: \$20.00 | 1 W: 11/10 - 11/10 | 1:00 - 3:00 PM | Class Limit: 25 | Presenter: [Eleanor Strang](#)
Online - Virtual by Zoom

All About Dogs

Come learn about the types of problems today’s dogs suffer from and what we can do to prevent them. From the basic biology and evolution of dogs to breed-specific problems, this course is jam-packed with information to make you a better dog lover.

Member tuition: \$30.00 | 3 Tu: 10/5 - 10/19 | 6:00 - 7:00 PM | Class Limit: 18 | Presenter: [Helen Nicholls](#)
GSC Concord, 25 Hall Street, Concord, NH, 03301

Alternative Voting Systems

This course will describe alternatives to our plurality or “first past the post” voting system. These alternatives will include: ranked-choice voting, as practiced in Australia and several states and municipalities in the US; mixed member proportional system, as practiced in Germany and other countries; jungle primaries, as practiced in some states; and the California “Top Two” voting system. In addition to describing the various systems, the class will discuss how well these systems have worked in practice.

Member tuition: \$20.00 | 1 F: 12/10 - 12/10 | 10:00 AM - 12:00 PM | Class Limit: 50 | Presenter: [Glenn Meyers](#)
Online - Virtual by Zoom

American Poet and Activist - Amanda Gorman

If you were inspired by Amanda Gorman at the 2021 Presidential Inauguration, attend this class to find out more. Learn about the 22-year-old woman from Los Angeles who was named National Youth Poet Laureate.

Member tuition: \$20.00 | 1 F: 9/17 - 9/17 | 10:30 AM - 12:00 PM | Class Limit: 15 | Presenter: [Martha Walsh](#)
Online - Virtual by Zoom

Apocalypse Soon: Climate Change as Extinction Event

There have been five known mass extinction cycles in the history of planet earth, only one of which was that fabled asteroid strike. The other four were greenhouse gas events. Are we headed for another greenhouse gas event in the near future – this one significantly man-made? What are the harbingers of this potential catastrophe? How and when do climate changes accelerate into the existential dimension? And what do we intend to do about this trend? In this non-fiction reading/discussion group we will use David Wallace-Wells recent best-selling book, “The Uninhabitable Earth: Life After Warming,” ISBN# 978-0-525-57670-9 (~230 pages). Read Parts I and II for first class session.

Member tuition: \$25.00 | 2 Tu: 11/2 - 11/9 | 1:00 - 3:00 PM | Class Limit: 20 | Presenter: [John Peterson](#)
Gibson Center for Senior Services, 14 Grove Street, North Conway, NH, 03860

Art of the Therapeutic Harp

The universal, non-verbal language of music offers regenerative energy. The harp has a large range of pitches and can vibrate the entire human organism. Harp Therapy is playing a small harp and using music to meet the client at all levels: body, mind and spirit. It promotes balance, eases suffering and anxiety, and re-energizes. It revives memories, relieves stress and improves a person's quality of life. Harp therapy is intentional, individualized and interactive. The music is soft, and approaches pure sound more closely than any other instrument. Come and relax and enjoy the therapeutic effects. Attendees may sit in chairs or bring a blanket, pillow or mat, and lay on the floor.

Member tuition: \$20.00 | 1 M: 11/8 - 11/8 | 1:00 - 2:30 PM | Class Limit: 20 | Presenter: [Valerie May](#)
Address/TBD

Babbitt and the American Businessman

On the eve of the 100th anniversary of the publication of Sinclair Lewis' satirical novel "Babbitt," we will come to know George Babbitt, a conventional middle class businessman, unabashed social climber, and addicted conformist who strives to be the pillar of his community. The novel, at times uproariously funny and at other times terribly sad, paints the picture of a little man trapped by the worship of success. Required reading: "Babbitt" by Sinclair Lewis. ISBN# 10:0-486-43167-3.

Member tuition: \$30.00 | 3 M: 11/15 - 11/29 | 10:00 - 11:30 AM | Class Limit: 16 | Presenter: [Mike Baker](#)
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Backyard Bird Feeding: Avian Entertainment!

Are you searching for an activity that offers hours of education and entertainment as we prepare to hunker down for another NH winter? Creating a backyard bird feeding station may be the perfect option! Join naturalist and environmental educator Kelly Dwyer as we explore the variety of birds you can expect to visit, the unique strategies they use to adapt and survive the winter, the best feeder types and seeds to attract avian guests, and tips to address challenges such as pesky squirrels and window strikes.

Member tuition: \$20.00 | 1 Tu: 11/2 - 11/2 | 7:00 - 8:15PM | Class Limit: 50 | Presenter: [Kelly Dwyer](#)
Online - Virtual by Zoom

Barbershop Harmony - How Do They Do That?

Through live performances, video examples and audience participation, Eric Ruthenberg and the Concord Coachmen Chorus will show (and sing!) for all (men and women!) about the great American art form of barbershop. Come listen to them sing, hear about how it all began, and maybe even try your hand at singing! This fun performance/demonstration will leave you wanting more and will prove that you can do it, too!

Member tuition: \$20.00 | 1 Th: 9/9 - 9/9 | 7:00 - 9:00 PM | Class Limit: 25 | Presenter: [Eric Ruthenberg](#)
GSC Concord, 25 Hall Street, Concord, NH, 03301

Benedictine Monasticism

Established in the 6th century, the Benedictine order has had a profound influence on Western civilization and culture. Learn more about the Rule of St. Benedict, which not only helped standardize monastic practices but also was instrumental in spreading Monasticism throughout Europe.

Member tuition: \$20.00 | 1 Tu: 11/16 | 3:00 - 4:30 PM | Class Limit: 20 | Presenter: [Mark Cooper](#)
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Biophilia: A Survey of Life on Earth

Life on Earth is characterized by both tremendous diversity (with over 1.2 million named species) and remarkable unity (due to shared evolutionary history). This course presents the broadest possible overview of life on Earth, as if we were walking the halls of the world's most complete zoo, aquarium and botanical garden. Starting with a discussion of what constitutes life and how it may have originated, we will examine biodiversity from an evolutionary perspective. We will survey viruses, single-celled organisms, fungus, plants, and animals - emphasizing the weird, the wonderful, and what makes each branch in the tree of life unique. This course is intended for learners of all backgrounds, with no prior knowledge or experience required.

Member tuition: \$45.00 | 6 Tu: 11/9 - 12/14 | 10:00 AM - 12:00 PM | Class Limit: 30 | Presenter: [Eric Simon](#)
Online - Virtual by Zoom

Bridge for Your Brain- Defense in the 21st Century, Part II

The class is based on materials sponsored by the American Contract Bridge League (ACBL) for individuals who want to improve their bridge skills, bring their play to a higher level, and enjoy playing the game for the fun of it. In this series of classes, the second half of the defense series, we will focus on effectively defending a bridge hand, including the proper use of defensive signals; developing defensive tricks; interfering with declarer's plan; and making an integrated defensive plan. We will also introduce the concept of the negative double. Basic understanding of bridge is expected, along with an open mind and a willingness to consider modern methods.

Member tuition: \$35.00 | 4 Sa: 10/30 - 11/20 | 10:00 AM - 12:30 PM | Class Limit: 20 | Presenter: [Rick Weinstein](#)
Online - Virtual by Zoom

Climate Change - It's Natural and It's Human

What do you think of when you say climate change? Are they things like colder or warmer winters or summers or rising sea level? Our class will discuss what science knows about Earth's short- and long-term warming and cooling cycles and their effects on our weather, sea level and all living things. Climate change is closely tied to what are called greenhouse gases in our atmosphere that have evolved over billions of years to keep Earth's climate livable for humans and all living things on the planet. Using that knowledge, we'll dig into the scientific evidence we now have that human activities are accelerating climate change and how, and to what extent, these effects are impacting us and our communities. By recognizing these impacts, we'll explore what we can do to adapt locally and globally to slow or stop climate change that might be happening too fast for human adaptation.

Member tuition: \$30.00 | 3 M: 10/18 - 11/1 | 2:00 - 3:30 PM | Class Limit: 30 | Presenter: [Robert Young](#)
Online - Virtual by Zoom

Climate Change Policy Choices

Scientists tell us that we need to eliminate global carbon emissions by 2050 to avoid the worst impacts of climate change. This course considers what actions might be required to achieve that goal. We'll begin by looking at four key variables that affect carbon emissions and how those variables have changed over time. Then we'll use interactive software to explore a range of policy options and combinations of options, with the goal of limiting the global temperature increase to 2 degrees Celsius by 2100. Having your own laptop is useful but not essential for this class.

Member tuition: \$20.00 | 1 Th: 9/9 - 9/9 | 10:00 AM - 12:00 PM | Class Limit: 40 | Presenter: [Charles Hotchkiss](#)
Online - Virtual by Zoom

Come Fill Yourself With Story

Maine author Mary Lou Bagley – seasoned actress and teacher – is known for her engaging reading style. With an ear for dialogue, strong characterizations, and exquisite details, her novel, “Other Wise,” delivered a story worth savoring that leaves readers wanting more. Now book two, “This Other Way of Knowing,” continues the series. “Other Wise” introduces 62-year-old Margaret Meader – a native Mainer and an outsider. Though not “from away,” many in her community deem Margaret an oddity – an other. Plain spoken and direct, she is gifted with second sight. As Margaret supports friends and neighbors, some old business is coming back around, setting the stage for confrontations rooted in tragedies of the past. Margaret’s story continues in “This Other Way of Knowing.”

This one-session reading and discussion of the writing process uses both novels as springboards for a lively Q&A. Participants will be encouraged not only to fill up on story during the program but also to bring their own stories to the page. They will leave ready to apply Bagley’s (borrowed) writing rule number one: put the seat of the pants to the seat of the chair and begin. “Other Wise” is not required reading, but is available for purchase (ISBN# 978-1718065208).

Member tuition: \$20.00 | 1 Tu: 9/21 - 9/21 | 1:00 - 3:00 PM | Class Limit: 50 | Presenter: [Mary Lou Bagley](#)
Online - Virtual by Zoom

Creativity and Sculpture in the Woods: Tour of Andres Institute of Art

On a 140-acre tract of woodland on Big Bear Mountain in Brookline, NH, sits the internationally-known and honored Andres Institute of Art, devoted to the development of sculpture and sculptors. More than 100 works of sculpture are scattered along walking trails throughout this unique nature-preserve “museum.” Participants may choose EITHER a 1 1/2 hour hike in the woods at a relaxed pace to encounter the sculptures traversing some invigorating grades on uneven paths (the best views) OR a car ride up the mountain viewing those sculptures near the road and on the summit. Thus, wear comfortable shoes, bring a walking stick, a bottle of water, insect repellent (if needed) and an enthusiasm to engage with true artistic expression in the natural surroundings.

Member tuition: \$20.00 | 1 W: 8/25 - 8/25 | 1:00 - 3:30 PM | Class Limit: 20 | Presenter: [Peter Cook](#)
Andres Institute of Art, 98 Route 13, Brookline, NH, 03033

Current Events: Here, There and Everywhere

Explore the news in NH, the US and the world with focus on the interests of the attendees. In a combination of multimedia presentations, participant contribution and discussion, we will look at the issues of the day, including historical perspectives and their implications for the future. There may be guest speakers to add depth to some of our topics. [Please note there are two sections of this course. The first dates occur in September and October. The second dates are in November and December. You may sign up for either or both.]

Section 1: Member tuition: \$45.00 | 6 W: 9/1 - 10/6 | 3:00 - 4:30 PM | Class Limit: 20 | Presenter: [Josh Shaine](#)
Online - Virtual by Zoom

Section 2: Member tuition: \$45.00 | 6 W: 11/3 - 12/8 | 3:00 - 4:30 PM | Class Limit: 20 | Presenter: [Josh Shaine](#)
Online - Virtual by Zoom

Digging too Deep? The Cost of Our Energy Appetite in the Age of Climate Change

What is the cost of our energy appetite in an age of climate change? In this one-session course, Tom Haines will take participants on a journey into Bakken oil field of North Dakota, one of the most heavily fracked regions and now the second-largest oil-producing state in the country. There you will learn about the scale of new oil production that is happening even as world leaders acknowledge we must move away from fossil fuels toward a system that is renewable and carbon-free.

Tom will draw from his 2018 book, "Walking to the Sun," ISBN# 978-1512600957, to explore alternatives that may help solve this challenge in the decades ahead. Tom will present his personal story as a seasoned travel writer and adventurer who journeys on foot through the various landscapes of our energy past and our energy future from Maine to California. He will tell his four-year-long story walking hundreds of miles across the USA to explore how we generate energy consumed across the USA. Tom literally kept walking to the Sun!

Member tuition: \$20.00 | 1 W: 11/3 - 11/3 | 1:00 - 2:30 PM | Class Limit: 50 | Presenter: [Tom Haines](#)
Online - Virtual by Zoom

Digital Tech: Pervasive, Invasive, Persuasive

Using TED talks and discussion, we will explore how technology is tracking, analyzing and ultimately influencing our decision making (<https://is.gd/DigitalFootprints>). Freedom isn't free, and neither is the Internet. This course may help you pop your filter bubble and get a better idea of who is doing what to you, and why, when you are online. This is an expansion of the Digital Footprints course that has been taught previously.

Member tuition: \$35.00 | 4 F: 9/17 - 10/8 | 1:00 - 2:30 PM | Class Limit: 50 | Presenter: [James Isaak](#)
Online - Virtual by Zoom

Don't Be the Next Victim / Protect Your Financial Future

These classes are designed to provide investor protection and financial education to seniors and include significant time for questions and class discussion. The overall intent of the series is to provide class participants with investor education to protect those who are being targeted by fraud perpetrators or unscrupulous sales people. How to Detect and Prevent Investor Fraud and Understanding Investments & Special Considerations of Investing When Retired are two main themes. We feel the best defense against investor fraud is a well-educated citizen.

Member tuition: \$25.00 | 2 W: 12/1 - 12/8 | 10:00 AM - 12:00 PM | Class Limit: 14 | Presenter: [Kevin Moquin](#)
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Elections Matter - Now More than Ever

The course will begin with an examination of the \$1.9 trillion American Recovery Act and its affect on our region and our daily lives. The second session will concentrate on President Biden's post-pandemic agenda with emphasis on Medicare and prescription drugs. If COVID restrictions allow, there will be an optional "Graduation Party" at noon on Tuesday, October 19th at the Stark Brewery on Commercial Street in Manchester with a guest speaker.

Member tuition: \$25.00 | 2 Tu: 10/5 - 10/12 | 1:30 - 3:00 PM | Class Limit: 30 | Presenter: [Claira Monier](#)
Online - Virtual by Zoom

Emma Knows Best. Or Does She?

In “Emma,” Jane Austen has given us a self-satisfied young woman who is determined to improve the lives of others according to her own lights. A comeuppance is inevitable. Emma’s long journey to self-awareness is the subject of this classic novel. It is a journey that is difficult for Emma, but deliciously pleasurable for Austen’s readers. During our three weeks together, through a careful reading of Austen’s novel, we will have the opportunity to enjoy observing a skilled crafts person at work. It is no accident that Emma is still with us 200 years after its publication and that it still attracts readers, and re-readers, from all over the world. Please note that the Penguin Classics paperback edition of “Emma” (ISBN# 978-0141439587) is required for this course.

Member tuition: \$30.00 | 3 W: 11/3 - 11/17 | 9:00 - 10:30 AM | Class Limit: 15 | Presenter: [Judith Castle](#)
Online - Virtual by Zoom

English Garden In New Hampshire: Tarbin Gardens

Visit an English landscape-style garden in the middle of NH. On this guided tour of Tarbin Gardens we examine at least one thousand different plants such as lilies, hostas, astilbes, flowering trees, vines, and shrubs. The greenhouse includes a tropical jungle and a large collection of cacti, succulents and orchids. Wander among the many ponds featuring native and tropical plants, waterfalls, koi, goldfish and trout. View plants from around the world in this five-acre site. The gardens abound in native wildlife, birds, and butterflies. The barnyard contains dwarf goats, Scottish Highland cattle, and Jenny the Hinny. Richard Tarbin leads the tour and shares his love and knowledge. Enjoy an authentic English Cream Tea after the walk, with homemade scones with Devon clotted cream and jam plus homemade European style pastries. Tips are acceptable at the English tea. Wear walking shoes; bring bug spray and sunscreen.

Member tuition: \$20.00, Admission not included, \$19 (cash only) payable at door
1 W: 8/18 - 8/18 | 11:00 AM - 12:30 PM | Class Limit: 30 | Presenter: [Richard Tarbin](#)
Tarbin Gardens, 321 Salisbury Road, Franklin, NH, 03235

Ernest Hemingway - Grace Under Pressure

We will discuss Hemingway’s life and how it shaped his written works. We will focus on “The Old Man and the Sea,” considered one of his best works. We will also discuss his other works as a way of understanding the man as he went through life. [Note that participants may use any edition of this book.]

Member tuition: \$30.00 | 3 M: 11/1 - 11/15 | 10:30 AM - 12:00 PM | Class Limit: 30 | Presenter: [Bob Muzerall](#)
Online - Virtual by Zoom

Explore Bedrock Gardens

Bedrock Gardens is an oasis for horticulture, art and inspiration. It has been described as a haven in the ever expanding land of stop-lights and traffic jams on our formerly quiet by-ways. Over the last 30 years, this 37-acre 1740’s farm site was recreated as a unique garden journey through numerous outdoor rooms with artful installations, rare botanical collections, diverse habitats, and a whole lot of joy. Today this private garden is in the process of transferring ownership from the founders so that it might be shared with the general public for generations to come. When you tour this garden, you are supporting the non-profit, Friends of Bedrock Gardens. A tour through the garden with executive director John Forti will take from 1.5 - 2 hours. The terrain is flat to gently sloping and covers about 3/4 of a mile. There are many places to pause and lots of seating along the way. Feel free to bring a lunch and stay a while.

Bedrock Gardens was named ‘Best Cultural Oasis’ by NH Magazine, and described by the Boston Globe as “one of the most beautiful and intriguing landscapes in New Hampshire.” Social distancing, proper wearing of a face mask and following COVID-19 safety protocols are mandatory.

Member tuition: \$20.00, Note: \$20 admission fee will be added to your registration. Total cost \$40.

1 Tu: 8/24 - 8/24 | 1:00 - 3:00 PM | Class Limit: 20 | Presenter: [John Forti](#)

Bedrock Gardens, 45 High Road, Lee, NH, 03861

Explore the Less-Visited National Parks of America

The class will include an overview of the National Park System's history and units that are included in it (parks, preserves, seashores, etc.). Slides of outstanding features in the parks will be shown, and things to do in the parks will be discussed. The focus will be on less well-known parks such as The National Park of American Samoa, Alaska's Lake Clark, Congaree in South Carolina, and the newest park, New River Gorge in West Virginia.

Member tuition: \$20.00 | 1 Th: 12/2 - 12/2 | 1:30 - 3:00 PM | Class Limit: 25 | Presenter: [Nancy-Ann Feren](#)

Online - Virtual by Zoom

Explore Your Creative Voice

"Creative writing comes so easily to me; the words just flow," said nobody EVER. Creative writing is a process which can sometimes be arduous. However, exploring creative expression can also be fun and reflective. This three-session course will provide in-class exercises and group feedback designed to get your creative juices flowing in the genres of fiction, non-fiction and poetry, and will include the devices of language, dialogue, characterization, description and grab-the-reader beginnings. Exercises and activities will be assigned between sessions.

Member tuition: \$30.00, Note: Class dates are 9/22, 10/20, 11/10.

3 W: 9/22 - 11/10 | 10:00 AM - 12:00 PM | Class Limit: 12 | Presenter: [Diane King](#)

Online - Virtual by Zoom

Exploring the Wild and Scenic Lamprey River

The Lamprey River is a hidden gem on the NH Seacoast. It is no accident that the river has a largely undeveloped landscape offering outstanding ecological variety, significant archaeological and historic resources, and is home to one of the best river herring runs on the East Coast. In Session 1, participants will learn how a proposed hydroelectric facility energized local residents to seek protection through the Wild and Scenic Rivers Act and what subsequent Wild and Scenic designation has meant for the river and its communities. Session 2 will allow participants to visit significant sites and see this special river up close.

Member tuition: \$25.00

Note: Visiting some sites will involve uneven terrain. Some sites have limited parking; carpooling is encouraged.

2 M: 9/27 - 10/4 | 10:30 AM - 12:30 PM | Class Limit: 14 | Presenter: [Suzanne Petersen](#)

Portsmouth Senior Activity Center, 125 Cottage Street, Portsmouth, NH, 03801

Film as an Independent Art Form: the Promise Made and Fulfilled

Over two sessions the classes will explore the promise made and fulfilled of film as an independent art form. Session one will screen and discuss Dziga Vertov's "Man With a Movie Camera" (1929) - the promise made of film as an independent art form. Session two will screen and discuss Federico Fellini's "8 1/2" (1963) - the promise fulfilled of film as an independent art form. The sessions will utilize films, remarks, discussions, and readings.

Member tuition: \$25.00 | 2 F: 11/5 - 11/12 | 1:00 - 4:00 PM | Class Limit: 15 | Presenter: [Stephen Ambra](#)

Great Bay Community College, 320 Corporate Drive, Portsmouth, NH, 03801

Films Through the Decades

This course will view and discuss eight films covering different traditions, technologies, and perspectives, dating from 1927 through 2015. The films do not have a single theme, but all do explore the relationship of the individual to his/her society. We will discuss the background of each film, its thematic and techniques, and why it may be regarded as a "classic." The films for the Fall 2021 semester will be "Battleship Potemkin," "Citizen Kane," Ebert's commentary on "Citizen Kane," "The Third Man," "Rashomon," "On the Waterfront," "The 400 Blows," and "Amarcord."

Member tuition: \$55.00 | 8 M: 8/16 - 10/11 | 1:30 - 4:30 PM | Class Limit: 16 | Presenter: [Robert Jones](#)
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Films: Madness and the Movies VIII

Films have a long history of portraying mental illnesses in its many dimensions. They have shown the patient to be either a monster or a victim; the therapists as either scheming villains, bungling fools or compassionate heroes; and mental institutions either as chambers of cruelty or corridors of caring. In this survey, we will look at eight films revealing the cinematic approach to mental illness and then how each movie helps us to understand mental illness. This year we will offer all the exciting newer films depicting mental illnesses but also revisit some of the classic movies from the first six showings.

Member tuition: \$55.00 | 8 W: 9/15 - 11/3 | 9:30 AM - 12:00 PM | Class Limit: 16 | Presenter: [Stephen Soreff](#)
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Films: Never Taken for "Grant"-ed -- Cary, Part II

This class is a continuation of the first Cary Grant class and with all new titles. We'll talk about Cary's career and life while viewing four of his films. They include a classic comedy ("His Girl Friday" with Rosalind Russell), a celebrated drama ("Penny Serenade" with Irene Dunne), a Hitchcock thriller and a Holiday Classic. Come and discover why Cary Grant remains a talent for the ages.

Member tuition: \$35.00 | 4 F: 10/29 - 11/19 | 9:30 AM - 12:00 PM | Class Limit: 34 | Presenter: [Paul Brogan](#)
GSC Concord, 25 Hall Street, Concord, NH, 03301

Frances Perkins: The Woman Behind the New Deal

One of Franklin Delano Roosevelt's closest friends and the first female secretary of labor, Francis Perkins, capitalized on Roosevelt's political savvy and popularity to enact most of the Depression-era programs that are today considered essential parts of this country's social safety net. This class will explore her pivotal role in what some would argue were the most trans-formative twelve years of the 20th century.

Member tuition: \$25.00 | 2 Tu: 11/23 - 11/30 | 1:00 - 3:00 PM | Class Limit: 24 | Presenter: [Sandy O'Neill](#)
Online - Virtual by Zoom

Fredrick Law Olmsted's Wild America

Frederick Law Olmsted left an indelible impression on America's urban landscapes. Beginning with Central Park in 1858, he envisioned, then redefined, public spaces and institutional campuses, elevating the profession of landscape architecture and affecting urban planning for generations to follow. What is much less known about Olmsted was his role in the protection of national treasures such as Yosemite and Niagara Falls and how his proposals for stewarding them would influence other conservationists who championed the creation and protection of public lands. While Jeff Ryan was researching his most recent book on America's

conservation history, he discovered that Olmsted was articulating the reasons why public lands were important and recommending management practices decades before they were implemented, as early as 1865, in fact. On the eve of Olmsted's 200th birthday in 2022, Ryan will share what he learned about Olmsted's early years, how they contributed to his insights regarding Yosemite and Niagara Falls, and how his feelings about the importance of reconnecting with nature continued to influence his landscape designs for the rest of his career.

Member tuition: \$20.00 | 1 Tu: 9/21 - 9/21 | 7:00 - 8:30 PM | Class Limit: 50 | Presenter: [Jeffrey Ryan](#)
Online - Virtual by Zoom

From Bell to Broadband: Over a Century of Telephone History

Your visit to the NH Telephone Museum begins with a short introductory video followed by a guided tour. Hear stories about party lines, operators and the early beginnings of rural telephone service as told by the folks who lived and worked during those times. Learn the real story of the race to claim the title of inventor of the telephone. You will be amazed by one man's collection of nearly 1,000 telephone-related artifacts. Come and discover why people say, "WOW," when they walk through the door.

Member tuition: \$20.00 | 1 W: 9/8 - 9/8 | 10:00 AM - 12:00 PM | Class Limit: 20 | Presenter: [Graham Gifford](#)
New Hampshire Telephone Museum, 1 Depot Street, Warner, NH, 03278

From Our Farm to Your Table - Tour Miles Smith Farm

Miles Smith cleared the land and built the farmhouse in the 1830s. Today the Miles Smith Farm is home to grass-fed cattle, pigs, ducks, geese and a rabbit. Cattle's life on a local farm is vastly different from large scale operations. Present-day owners Carole Soule and Bruce Dawson consider themselves "grass farmers" because their cattle thrive on grass in the summer and hay in the winter. Scottish Highlander cattle are the pride of Miles Smith Farm and one of the sources of their antibiotic-free beef. A Market in Manchester, Canterbury Country Store, Chichester Country Store, Concord Food Coop and local farmers markets are among local retailers that sell Miles Smith meats. There is also a solar-powered retail store at the farm where you can find other local products in addition to meat. The farm also serves as an educational resource to local schools and clubs by practicing rural land use that is environmentally, economically and culturally sustainable. "Concord Monitor" readers will recognize Carole from her weekly articles about farm life. Wear sensible footwear for the farm tour and allow extra time to shop at their retail store.

Member tuition: \$20.00 | 1 F: 9/24 - 9/24 | 10:00 AM - 12:00 PM | Class Limit: 12 | Presenter: [Carole Soule](#)
Miles Smith Farm, 56 Whitehouse Road, Loudon, NH, 03307

Genealogy for Beginners: Techniques for Correctly Identifying Your Ancestors

The audience for this class is the hobbyist wanting to document his or her family tree. We will present tips and techniques for doing fact-based genealogical research using the many resources available online and at local repositories. Both fee-based and free resources will be examined. Steps will be outlined to get your research started and documented while discussing the pitfalls of poorly sourced research available online. The role of DNA testing as it pertains to genealogy will also be touched upon.

Member tuition: \$20.00 | 1 M: 11/15 - 11/15 | 12:30 - 2:30 PM | Class Limit: 50 | Presenter: [Gerry Savard](#)
Online - Virtual by Zoom

Great Bay National Wildlife Refuge Walk

Join us for a walk around this hidden gem of the Seacoast, home to fox, deer, osprey, kestrel, and an occasional bald eagle. We will walk the William Furber Ferry Way Trail (2 miles) and, if time permits, the Peverly Pond Trail (1/2 mile). Both trails are graded and include gentle inclines. Wear good walking shoes (no sandals or flip-flops), long pants (there may be ticks) and a hat. Cameras, binoculars and walking sticks are optional. No dogs allowed.

Section 1 Member tuition: \$20.00 | 1 F: 10/8 - 10/8 | 1:00 - 2:30 PM | Class Limit: 12 | Presenter: [John Russell](#)
Great Bay National Wildlife Refuge, 4 Arboretum Drive, Newington, NH, 03801

Section 2 Member tuition: \$20.00 | 1 F: 10/15 - 10/15 | 10:30 AM - 12:00 PM | Class Limit: 12 | Presenter: [John Russell](#)
Great Bay National Wildlife Refuge, 4 Arboretum Drive, Newington, NH, 03801

Great Decisions Part 2

Developed by the Foreign Policy Association to promote understanding of American Foreign Relations, "Great Decisions" provides the perfect opportunity to learn about issues concerning U.S. policy makers today and pose foreign policy challenges for tomorrow. Read, watch and join the discussion on contemporary international issues. The current topics for this year can be explored at fpa.org/great_decisions. You must obtain the "Great Decisions Briefing Book 2021" on your own. It can be purchased online from Foreign Policy Association at greatdecisions.org.

Member tuition: \$35.00 | 4 Th: 11/18 - 12/16 | 10:00 AM - 12:00 PM | Class Limit: 20 | Presenter: [Tessa McDonnell](#)
Online - Virtual by Zoom

Herding Sheep with Border Collie

Border collies are intelligent, obedient, faithful, and loving. Roger Deschambeault currently has five dogs that he works. To get the dogs to drive, which is to go away from you (which goes against its instinct), you must teach them to respond to directions, both verbal and by a whistle. For instance, two short whistles signify "Forward," another command instructs the dogs to hold one sheep apart from the others. Called the working-class dogs of the world, these border collies and their owners are making a living and winning championships. Join us at Nearfield Farm and watch Roger and his dogs go through their paces. Roger, with his daughter Lynn will work as a team. He will work the dogs, and Lynn will explain what he is doing and how he directs the dogs. The class requires short walking on uneven terrain. Wear comfortable shoes. For your additional comfort, bring a chair, water, hat, and bug spray for a fun-filled morning.

Member tuition: \$20.00 | 1 W: 9/15 - 9/15 | 10:00 - 11:00 AM | Class Limit: 20 | Presenter: [Roger Deschambeault](#)
Nearfield Farm, 2275 East Conway Road, Center Conway, NH, 03813

Hiking the Hampstead Trail System

Did you know the town of Hampstead, NH, has an extensive trail system, approximately 43 total miles, that was started back in the 1970's? Join us as we explore a 3 to 5 mile section of these trails. The length of the hike will be dependent upon the participants and how far they wish to go. The trails are studded with rocks and roots, and have some short, fairly steep inclines so be sure to wear sturdy shoes. Don't forget water and your bug spray as mosquitoes and ticks are always around.

Member tuition: \$20.00 | 1 Th: 9/9 - 9/9 | 10:00 AM - 12:00 PM | Class Limit: 6 | Presenter: [Cheryl Sprinkle](#)
Hampstead Conservation Area, Stage Road, Hampstead, NH, 03841

History and Tour of Globe Manufacturing, Inventors of Turnout Gear for Firefighters

Globe Manufacturing, operating in Pittsfield, NH, invented turnout gear in 1887. They are the oldest, largest and most trusted manufacturer of turnout gear, the protective coats and pants that firefighters wear, in the world. Learn about the history of innovation, including the invention of Gore-Tex® as you tour their state-of-the-art manufacturing facility.

Member tuition: \$20.00 | 1 Tu: 11/9 - 11/9 | 9:00 - 11:30 AM | Class Limit: 17 | Presenter: [Brandi Smith](#)
Globe Manufacturing, 37 Loudon Road, Pittsfield, NH, 03263

Home Front Cooking in WW2: Anyone for Potato Floddies, Whale Meat Burgers and Mock Apricot Tart?

During WW2 people around the world had to make do with what was available. Both in Britain and the US, housewives developed creative recipes to make the best use of rationed foods and whatever else was available to them. Some were quite delicious, others were one time wonders. This presentation will acquaint you with rationing and how cooks become quite resourceful when having to make do.

Member tuition: \$20.00 | 1 W: 10/6 - 10/6 | 1:00 - 2:30 PM | Class Limit: 30 | Presenter: [Colette Janson-Sand](#)
Online - Virtual by Zoom

How Our Forests, Flora, and Fauna Prepare for Fall

We will begin with a 90-minute classroom portion examining some of the ways the forest and its myriad inhabitants are beginning to prepare for autumn and head into winter. The following week, we will take a 90-minute leisurely walk (approximately 1-1.5 miles) into the local woods to observe the seasonal preparations of the forest floor and its flora, fauna, and fungi.

Member tuition: \$25.00 | 2 F: 9/24 - 10/1 | 11:00 AM - 12:30 PM | Class Limit: 12 | Presenter: [Mary McEvoy](#)
WMCC, Academic Learning Center, 2541 White Mountain Hwy, N. Conway, NH 03860

I Can't Sleep - What Can I Do?

Can't sleep? It happens to all of us! Learn about sleep changes as we age. What are simple things to help you improve your sleep?

Member tuition: \$20.00 | 1 Th: 9/9 - 9/9 | 1:00 - 2:30 PM | Class Limit: 50 | Presenter: [Gail Schuman](#)
Online - Virtual by Zoom

Immigration in the Biden Era: What's Different?

During the Trump years, immigration policy was front and center. It's still important, but now, following the 2020 election, it competes with climate change, the lingering effects of COVID-19, rebuilding America's infrastructure, and other Biden priorities. We'll explore the action at the southern border, the roll back of some of the hardline Trump policies, the latest on DACA, the crushing million-case immigration court backlog, the treatment of refugees, and other immigration developments. This presentation, by a former US Ambassador, is a report card on how the Biden Administration and a Democratic controlled Congress are tackling immigration. And the enduring question remains: when is Mexico going to pay for that wall?

Member tuition: \$20.00 | 1 W: 12/8 - 12/8 | 10:00 AM - 12:00 PM | Class Limit: 100 | Presenter: [George Bruno](#)
Online - Virtual by Zoom

In the Footsteps of Grace Metalious: A Walking Tour

A two-hour walking tour of the neighborhood of Manchester novelist Grace Metalious, author of the best seller Peyton Place features a look at several residences, schools, and other sites that were a part of her youth. It includes readings from her final novel "No Adam in Eden" (1963) and autobiographical sources. The meeting place for the Metalious tour is the corner of Bridge and Ash Streets in Manchester, by the former Ash Street School building, now owned by Silver Tech. Participants should wear comfortable walking shoes and dress according to weather on the day of the class.

Member tuition: \$20.00 | 1 F: 8/20 - 8/20 | 1:30 - 3:30 PM | Class Limit: 20 | Presenter: [Robert B. Perreault](#)
Meet at corner of Bridge & Ash Streets, Manchester, NH, 03104

In Vino Veritas: The Truth About New Hampshire Wineries

Betsy Holmes and Elaine Allard are friends who have been pursuing the challenge to visit every winery in NH, in lieu of the more traditional quest to climb all the 4,000-footers! Join these amateur oenophiles as they discuss the history of wines in NH, the local wines they fancy, and suggestions for itineraries. The presenters will taste and discuss a few wines during class and will provide a list in advance for participants who would like to taste along with them. Cheers!

Member tuition: \$20.00 | 1 F: 9/10 - 9/10 | 5:00 - 6:30 PM | Class Limit: 28 | Presenters: [Betsy Holmes](#), [Elaine Allard](#)
Online - Virtual by Zoom

Increase Memory; Decrease Stress

This course illuminates the inner workings of the brain as it relates to memory functions. Armed with that information, you will be given the tools to strengthen your memory immediately. You will also discover how the perception of stress affects the brain resulting in an instant reduction of common anxiety.

Member tuition: \$20.00 | 1 Tu: 12/7 - 12/7 | 1:00 - 3:00 PM | Class Limit: 40 | Presenters: [Michelle Runyan](#), [Julia White](#)
Online - Virtual by Zoom

Investing in Joy: Collecting Art on Any Budget

Art can lift your spirits, make you think, enhance your memories and make your home beautiful. It can also create friendships, take you on adventures and make you see the world differently. You can add art objects to your home even if you have a tiny budget. An origami crane or a handmade mug bought from a street artist can be as meaningful as a more expensive painting. How do you find interesting art objects? How do you know it is worth the asking price? What about reproductions? Have you been intimidated by not knowing the lingo? What is "good" art? A hint, it definitely is in the eye of the beholder, but there are some things to look for. Come learn how you can enhance your spirits through your art collection.

Member tuition: \$20.00 | 1 Th: 9/23 - 9/23 | 1:00 - 3:00 PM | Class Limit: 50 | Presenter: [Emily Preston](#)
Online - Virtual by Zoom

Is Chanukah the Jewish Christmas? Everything You Wondered About the Jewish Holidays

Most non-Jews are amazed to learn which are the important Jewish holidays and which are the minor ones. Even many Jews aren't sure of the meaning or origin of certain holidays. This class explores the many dates on the Jewish calendar when Jews pause from their ordinary routines to consider, reflect, celebrate or commemorate. We'll find out which Jewish holidays fall into the internet description of Jewish holidays that circulated a few years back: "They tried to kill us, we won, let's eat." Class will include some of those recipes.

Member tuition: \$20.00 | 1 M: 10/18 - 10/18 | 10:00 AM - 12:00 PM | Class Limit: 75 | Presenter: [Robin Nafshi](#)
Online - Virtual by Zoom

Israel and Lebanon: An Unending Conflict?

For over forty years Israel and Lebanon have had a tense relationship that has often broken into open warfare. As Lebanon's civil society collapsed in the late 1970s, Israel was confronted first by the Palestine Liberation Organization and later Hezbollah. Today, Lebanon is more divided than ever, and peace with Israel is unlikely as long as Hezbollah controls the country. This course will explore the Israel-Lebanon relationship over the past forty years and attempt to determine what future relations might bring in the next decade.

Member tuition: \$35.00 | 4 Tu: 10/5 - 10/26 | 10:00 - 11:30 AM | Class Limit: 25 | Presenter: [Joseph Constance](#)
Online - Virtual by Zoom

Jews and Judaism in Today's World

Who are the Jews today? What is the experience of Jewish people living in the United States, and how has that evolved particularly over the past century and a half? How do Jews approach other religions, particularly Christianity, which is built on the same Bible? Jews are sometimes a religious group, sometimes a cultural group, sometimes an ethnic group, and sometimes all of those at once. We'll talk about the various facets of Jews and Judaism, as lived in America today and with reference to major factors of modern Jewish life such as the Nazi Holocaust and the State of Israel.

Member tuition: \$35.00 | 4 Tu: 10/26 - 11/16 | 12:30 - 2:00 PM | Class Limit: 25 | Presenter: [Jon Spira-Savett](#)
Online - Virtual by Zoom

Kayaking the Contoocook

Join us for a relaxing day on the Contoocook River in Concord. We'll take a leisurely paddle on flat water. New paddlers are welcome and instruction will be available. Canoes welcome. Bring your own lunch and beverage. The put-in point can be slippery. Ability to enter/exit a kayak is required. You may bring your own kayak (\$5 fee payable at the site) or rent one (\$28 payable at the site). This is an outdoor, in person course. Social distancing, proper wearing of a mask and following COVID-19 safety protocols are mandatory.

Member tuition: \$20.00 | 1 Th: 9/9 - 9/9 | 10:00 AM - 2:00 PM | Class Limit: 6 | Presenter: [Nancy Frankel](#), Mary Atwell
Contoocook River Canoe Company, 9 Horse Hill Road, Concord, NH, 03303

Kickstart Watercolor

"You are your only limit!" This class introduces basic variations and techniques to beginner watercolorists with demonstrations and guidance in a practical, step-by-step manner. Participants will provide their own watercolors, brushes, watercolor paper and supplies. The class assistant will provide participants with a detailed list of specific materials to purchase.

Member tuition: \$35.00 | 4 M: 10/4 - 10/25 | 10:00 AM - 12:00 PM | Class Limit: 5 | Presenter: [Rosemary Gerbutavich](#)
WMCC, Academic Learning Center, 2541 White Mountain Hwy, N. Conway, NH, 03860

Knitting Your First Sweater

Take your knitting beyond k1, p2. Create your first knitted sweater. Knitters will start from the neck and work down on a circular knitting needle. The student needs to bring a size 6 and 8 circular needle, 24 inches long (Susan Bates brand if possible), along with 3-7 skeins of worsted yarn #4. The number of skeins is dependent upon whether a child or adult sweater is knit. The instructor will provide the pattern directions.

Member tuition: \$40.00 | 5 W: 10/6 - 11/3 | 10:00 - 11:30 AM | Class Limit: 5 | Presenter: [Sandy Perry](#)
WMCC, Academic Learning Center, 2541 White Mountain Hwy, N. Conway, NH, 03860

Learning the iPhone and iPad

Did you recently get an iPhone or iPad, or have had one for awhile and are wondering how to make it work better for you? This class is an introduction to the history, basic buttons, and the iOS operating system of these devices. We hope to make you familiar and comfortable with this marvel of modern engineering. Topics will include learning the buttons, sliders, and finger gestures; what do all those funny symbols mean; how do we personalize these wonderful tools and toys and make them work. We will explore (a few) of the millions of apps which could make life easier and more fun. Please bring your own iPhone or iPad to class, and don't silence them when we start.

Member tuition: \$35.00 | 4 F: 11/12 - 12/10 | 1:00 - 3:00 PM | Class Limit: 16 | Presenters: [Robert Jones](#), [Dorothy Nelson](#)
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Learning to Look at Art

Using the Currier Museum of Art's collection and current exhibition, this course will introduce participants to ways of approaching, thinking about, and appreciating art. We will begin in the classroom with a brief overview of different genres of art followed by an exercise where we look together and discuss one picture in order to introduce some of the fundamental building blocks of art. Participants will then tour the Currier's galleries with a docent to closely examine some of the museum's highlights, including the exhibition of work by Roberto Lugo – Te traigo me le lo lai (I bring you my joy). The group will return to the classroom to debrief. The tour segment involves some walking and standing; collapsible chairs are available. Note: Pamela Harvey is a retired librarian and educator, Carolyn Hollman a retired professor. Both are volunteer docents for the Currier Museum and for the Frank Lloyd Wright Houses at the Currier Museum of Art.

Member tuition: \$20.00, Note: \$17.50 admission fee will be added to your registration. Total cost \$37.50.
1 Th: 9/9 - 9/9 | 1:30 - 3:30 PM | Class Limit: 10 | Presenter: Staff Docents
Currier Museum of Art, 150 Ash Street, Manchester, NH, 03104

Life With an Arctic Fox

Meet Maria Laycox and her arctic fox, Yuka. Learn about Maria's interest in arctic foxes, her life with Yuka and listen to her relate stories about Yuka. Yes, Yuka will be coming to class!

Member tuition: \$20.00 | 1 F: 9/3 - 9/3 | 2:00 - 3:30 PM | Class Limit: 30 | Presenter: [Maria Laycox](#)
GSC Concord, 25 Hall Street, Concord, NH, 03301

Little Canada: Walking Tour of Manchester's Franco-American West Side

Manchester's "Petit Canada" — Little Canada — once housed immigrants from the Québécois countryside who came here to work mainly in the textile mills, shoe shops, and other industries. Walk along the streets, some bearing French names, once lined with homes, institutions, and businesses where French was the main spoken language. Hear stories about the founders of parishes with bilingual schools, a hospital, an orphanage, a home for the elderly, and the first credit union in the United States. Suggested reading: "Franco-American Life and Culture in Manchester, New Hampshire: Vivre la Différence" by Robert B. Perreault, ISBN# 978-1-59629-897-2.

Note: Participants will meet in front of Ste. Marie Church. Wear comfortable walking shoes and dress according to the day's weather.

Member tuition: \$20.00 | 1 M: 8/23 - 8/23 | 1:30 - 3:30 PM | Class Limit: 30 | Presenter: [Robert B. Perreault](#)
Ste. Marie Church, 376 Notre Dame Avenue, Manchester, NH, 03102

Manchester's Famous Little People - Commodore Nutt and Count Nicol

The stories of two famous little people - "Commodore" George Washington Morrison Nutt (1848-1881) and "Count" Philippe Nicol (1881-1940) - are Manchester stories. Nutt grew up on a farm in the southeastern part of the city, while Nicol lived with his French-Canadian immigrant family on Manchester's west side. Both were dwarfs who worked from a young age as "midget" performers. Nutt was one of P.T. Barnum's top headliners, and Nicol and his wife, the "Countess" Rose Nicol, worked in circuses and became celebrities in Montreal where they built their famous home (and tourist attraction), the Midgets Palace. Learn about the struggles and triumphs of these fascinating people whose lives were anything but ordinary!

Member tuition: \$20.00 | 1 W: 9/8 - 9/8 | 10:00 AM - 12:00 PM | Class Limit: 40 | Presenter: [Aurore Eaton](#)
Online - Virtual by Zoom

Migration Marvels: Unraveling the Mysteries of Seasonal Behaviors

Join Kelly Dwyer as we explore the seasonal changes that prompt the migration of some of our beloved songbirds, raptors, and the champion migrator, the monarch butterfly. We will discuss the strategies these incredible species use to prepare for their journey, as well as the challenges they encounter along the way to their wintering grounds. The habitat-rich and level walking trails of this spectacular conservation area along the Merrimack River provide us with a unique selection of natural areas to observe a variety of species and delve into their natural history.

Member tuition: \$20.00 | 1 Sa: 9/25 - 9/25 | 10:00 AM - 12:00 PM | Class Limit: 12 | Presenter: [Kelly Dwyer](#)
Hooksett Riverwalk Trail, 111 Merrimack St., Hooksett, NH, 03106

Mindfulness: A Better Me; Better You; Better World

Through readings, presentations and discussions, program attendees will gain new insights into the meaning of mindfulness and contemplation and will learn the healing and invigorating power of meditation at rest and in movement. This will be a highly practical program where participants will learn to put ideas into practice that is relevant to their lives. Recommended reading for the course is "Mindfulness: A Better Me; Better You; Better World" by Annabel Beerel and Tom Raffio, ISBN 978-0692056677.

Member tuition: \$45.00 | 6 Th: 9/23 - 10/28 | 4:00 - 5:30 PM | Class Limit: 25 | Presenter: [Annabel Beerel](#)
Online - Virtual by Zoom

Monitoring the Great Pacific Garbage Patch from the International Space Station

Barry Rock, a former NASA research scientist and currently Professor Emeritus at UNH, has developed a K-12 STEM outreach program that engages students in learning about the problem of plastic trash in large gyres in the world's oceans and the potential use of observation and detection of such trash from the International Space Station (ISS). Once the plastic debris is located, the latitude and longitude position of the trash is provided to a fleet of ships, which collect and remove hundreds of tons of trash, returning it to land for repurposing. The gyre targeted is in the north Pacific, referred to in the media as the "Great Pacific Garbage Patch." Students join with Professor Rock to study visual images of the Great Pacific Garbage Patch acquired by the Sally Ride EarthKAM aboard the ISS. Sally Ride, the first American woman in space, developed the EarthKAM so that students would learn about Earth by seeing it from space.

Member tuition: \$20.00 | 1 W: 8/18 - 8/18 | 10:00 AM - 12:00 PM | Class Limit: 35 | Presenter: [Barrett Rock](#)
Online - Virtual by Zoom

Montaigne: Steps Toward Wisdom

The French essayist Michel de Montaigne has remained a source of comfort and insight in troubled times for centuries after his death in 1592. He brought an inquiring mind to a time of plague and civil war, and he invented a literary form – the personal essay – to explore his own nature, and in that way, human nature. Contemplating death, he advanced toward a philosophy of living. In this class we will study selected essays in a robust translation by the Cambridge scholar M. A. Screech, available in a Kindle edition for about \$10 or a paperback for about \$18 (ISBN# 0140446028 or ISBN# 978-0140446029). The class will also touch very briefly on Montaigne as a figure of the French Renaissance, a near contemporary of Erasmus and Rabelais.

Member tuition: \$30.00 | 3 F: 10/15 - 10/29 | 10:00 - 11:30 AM | Class Limit: 15 | Presenter: [William Castle](#)
Online - Virtual by Zoom

Mountain Men: Pathfinders to the West

When Lewis & Clark reached the Mandan villages in what is now North Dakota in November 1804, there to greet them was Toussaint Charbonneau, a Quebecois fur trapper who had preceded them by more than a decade. Charbonneau had just purchased (or won) a Shoshone girl – Sacagawea – as his second wife. Lured by accounts of Lewis & Clark's expedition, American frontiersmen singly, in pairs and in small groups soon followed suit. But it was not until 1823 when a ragged band of 100 men out of St. Louis ventured up the Missouri and into the mountains that a new era was born. Sometimes as free agents and sometimes as contractors for the fur companies, approximately 3,000 men went west over 30+ years discovering, exploring and mentally mapping the valleys, crags and basins of the northern Rocky Mountains while enduring extreme physical hardships and fighting off hostile indigenous tribes and wildlife, particularly the dreaded grizzly. For two decades, they would congregate annually at their rendezvous in and around Pierre's Hole in southeastern Idaho where they would sell their pelts for essential supplies and drink and gamble themselves into oblivion before returning to the wilderness for another year of dangerous, isolated trapping. We will explore the origins, lifestyles, hardships and legacies of these intrepid men (some of whom are household names; many of whom you've never heard of). The plan is to end the class sessions with excerpts from the movies "Jeremiah Johnson" and "The Revenant."

Member tuition: \$25.00 | 2 Tu: 8/17 - 8/31 | 10:00 AM - 12:00 PM | Class Limit: 100 | Presenter: [David Hess](#)
Online - Virtual by Zoom

Mt. Kearsarge Indian Museum Tour

Participants will tour the Mt. Kearsarge Indian Museum. Experience the history of Native North America through galleries that span the entire North American continent and reflect over 20,000 years of cultural expression. Your visit will begin with a brief informational video of the museum and its founders, Bud and Nancy Thompson. Your tour will include several galleries that articulate lifestyles, environments and art of each region. Following the tour, participants are welcome to revisit the galleries and enjoy the 12-acre campus which includes wooded trails and an arboretum with over 200 species of plants, flowers and bushes used by Native people for food, medicines and crafts.

Member tuition: \$20.00, Note: \$8.00 admission fee will be added to your registration for a total of \$28.00.

1 Th: 10/28 - 10/28 | 10:30 AM - 12:00 PM | Class Limit: 20 | Presenter: [Andrew Bullock](#)

Kearsarge Indian Museum, 18 Highlawn Road, Warner, NH, 03278

Music and Memory: Understanding Your Personal Connection with Music

It is well understood that music has a strong impact on memory, especially for individuals with dementia, Alzheimer's and other forms of memory loss. This class will be presented in two parts. Part 1 will focus on music and the brain, exploring why and how music has such a powerful impact. Part 2 will provide participants with the opportunity to examine musical choices of personal importance to them, building a "musical mix-tape" of sorts, of music and songs that hold significant value.

Member tuition: \$25.00 | 2 Tu: 10/19 - 10/26 | 10:00 - 11:00 AM | Class Limit: 30 | Presenter: [Shannon Laine](#)

Manchester Community Music School, 2291 Elm Street, Manchester, NH, 03104

New Hampshire's Future at Risk

Each community needs more young people to renew the labor force as older residents retire or are no longer able to work. New Hampshire's rapidly rising cohorts of aged residents need a full array of labor-intensive health and support services. No group has a greater interest in the presence of working-age adults than the aging. In favoring the old, communities are inadvertently diminishing the care and services available for the elderly. The consequences of our state's unbalanced demography does not bode well for our future. Suggested reading is, *Communities & Consequences II, Rebalancing New Hampshire's Human Ecology* (ISBN# 978-1-942155-33-1), which is available for \$14.95 at Water St. Books in Exeter.

Member tuition: \$20.00 | 1 W: 8/25 - 8/25 | 10:00 - 11:00 AM | Class Limit: 50 | Presenter: [Peter Francese](#)

Online - Virtual by Zoom

New Yorker (The): The Best Magazine in the World

Join us in a well-established OLLI tradition - lively discussions of this chronicle of our times. Started in 1925 as a humor magazine, "The New Yorker" soon became a preeminent forum for serious fiction and journalism. With a circulation above one million and content by the most respected writers of fact and fiction, it is one of the most widely read and influential American magazines. Facilitators Jones and Monnelly will choose the first readings; after that, the class decides. You'll need access to the magazine (subscriptions at www.newyorker.com or check with your local library).

Member tuition: \$55.00 | 8 Th: 9/23 - 11/18 | 3:30 - 5:00 PM | Class Limit: 20 | Presenter: [Robert Jones](#), [John Monnelly](#)

Online - Virtual by Zoom

Newspaperman, War Correspondent, Writer of Fiction; Ernest Hemingway Develops a Writing Style

Hemingway knew by the time he was a sophomore at Oak Park High School in Oak Park, Michigan, that he wanted to become a professional writer when he graduated. As a student he was fortunate to have several teachers who encouraged him to read world-renowned authors, including Mark Twain, Bret Hart, Ambrose Bierce, Anton Chekhov, and Katherine Ann Porter, who became his models. Two days after graduation, he began his first writing job at the famous “Kansas City Star,” where his work ethic quickly earned the respect of everyone on the staff. It was not long before Hemingway was getting all of his submissions – obituaries, the late-night crime scene, special feature stories – read and critiqued by some of the best editors in the country.

Participants in this course will read newspaper stories by Hemingway that illustrate Hemingway’s evolution as a writer as he assimilated the rules of good writing from the reportorial staff he met during his time at the “Star.” When he left the “Star,” it was to join the armed forces, continue to broaden his life experiences, and continue to search the war zone – including a nearly fatal stint with the Italian Ambulance Corps – for narratives that could be expanded into novel-length discourses. His choices at this young phase of his life turned out to be exactly what he needed to find a consistency of voice and a sense of how a dramatic situation can be used to maximum effectiveness.

Suggested reading: Gleason, E. J. (2019). “Write Like Hemingway.” Apple Cider Press, Kennebunkport. ISBN# 1-60433-887-3.

Member tuition: \$25.00 | 2 M: 9/13 - 9/20 | 10:00 - 11:30 AM | Class Limit: 16 | Presenter: [Edward Gleason](#)
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Nursing Care, Medicaid and Long Term Care, Oh My!

If the prospect of planning for nursing and long-term care seems overwhelming, come to this class where Jenny Rivard will help you develop a basic understanding of how to create a sound financial plan. She provides estate planning services, which include wills, trusts, powers of attorney and advanced directives. Additionally, American Wealth Protection Legal focuses on Elder Law and Medicaid Planning to help protect your assets from being spent down to qualify for nursing home care. Jenny is also a licensed financial advisor giving her a unique perspective in protecting assets. There are many tools that can be used to help ensure not all of your assets are spent down on the cost of care. She will explain the options in easy terms to help you navigate through the crisis.

Member tuition: \$30.00 | 3 M: 11/15 - 11/29 | 3:00 - 5:00 PM | Class Limit: 30 | Presenter: [Jenny Rivard](#)
Online - Virtual by Zoom

Only Hope: My Mother and the Holocaust Brought to Light

Before she passed away in 1974, Felicia Bornstein Lubliner wrote about her internment in Polish ghettos and two Nazi concentration camps, Auschwitz and Gross-Rosen. Her powerful stories have recently been published by her son, Irv Lubliner, an emeritus Southern Oregon University professor and OLLI instructor. He will share excerpts from “Only Hope: A Survivor’s Stories of the Holocaust,” shedding light on his mother’s experiences and indomitable spirit, as well as his experience as a child of Holocaust survivors and his process in bringing the book to fruition. The instructor will pause during and after his presentation to invite questions and discussion. The book may be purchased on the website <https://www.onlyhopebook.com>, if participants choose.

Member tuition: \$20.00 | 1 Tu: 10/19 - 10/19 | 1:00 - 2:30 PM | Class Limit: 75 | Presenter: [Irving Lubliner](#)
Online - Virtual by Zoom

Painting a New Hampshire Evergreen Forest in Watercolor

Students will first learn to make a gray scale using water color paint. They will then learn a technique to create evergreen trees and use that technique to create a landscape painting of an evergreen forest. Students will supply their own watercolor brushes (a number 10 and 6 round). The instructor will mail supplies including 2 sheets of watercolor paper, 2 nickel size dots of dried watercolor paint on a disposable palette.

Member tuition: \$20.00, Note: \$15.00 materials fee will be added to your registration. Total cost is \$35.00.

1 Sa: 9/18 - 9/18 | 9:00 AM - 12:00 PM | Class Limit: 25 | Presenter: [Dorothy Pullo](#)

Online - Virtual by Zoom

Painting the Landscape for Absolute Beginners (in oil or acrylic)

Have you ever been curious about oil or acrylic paint, but were too intimidated to try? Do you love the NH landscape? If YES, join us for a truly beginner experience in oil or acrylic painting: Three classes will be held online for very basic instruction through lecture and demonstration followed by two sessions of outdoor painting. Learn about proper materials and techniques, basic color theory and the history of landscape paintings. Find out how to select the best site to paint ... and then do it! **Please note: This is NOT a watercolor class.**

Note: Participants will need to purchase basic paints/brushes, etc., and complete simple assignments before painting outdoors. A recommended materials list will be provided before class; participants should expect to spend \$40-\$55 for these supplies. Participants will need to be able to carry their supplies and walk to the painting site at Livingston Park, which is near parking less than a five minute walk.

Member tuition: \$40.00 | 5 F: 8/20 - 9/17 | 9:30 AM - 12:30 PM | Class Limit: 10 | Presenter: [Betsy Holmes](#)

Online - Virtual by Zoom

Photographing Portsmouth

Portsmouth offers many interesting opportunities for photography. Bring your camera on a walking tour of Portsmouth. Stops will include the Music Hall, the African Burying Ground, Market Square, North Church and several others.

Member tuition: \$20.00 | 1 Tu: 9/14 - 9/14 | 1:30 - 3:00 PM | Class Limit: 12 | Presenter: [John Russell](#)

Planetarium Show at McAuliffe-Shepard Discovery Center

Visit the McAuliffe-Shepard Discovery Center and attend a planetarium show, "CapCom Go." After the show wander among the exhibits on your own. (Private for OLLI members)

Member tuition: \$20.00, Note: There is an \$8.00 entry fee which is payable at the time of admission.

1 Th: 9/9 - 9/9 | 2:00 - 4:00 PM | Class Limit: 30 | Presenter: Katherine Marinoff

McAuliffe-Shepard Discovery Center, 2 Institute Drive, Concord, NH, 03301

Portsmouth Naval Shipyard Tour: From Sails to Atoms

For more than 200 years, Yankee ingenuity and craftsmanship have been the keys to success for Portsmouth Naval Shipyard. In this popular tour, learn about the role and achievements of the Yard in times of war and peace from a military historian's perspective. A government-issued picture ID is required. Participants will be transported by school bus from the Kittery Lions Club parking lot at 117 State Road, Kittery to stops in the Shipyard. Participants must be able to use the bus and negotiate stairs. Neither the bus nor comfort facilities are handicapped accessible. Gather at the meeting spot by 9:15 AM so the tour can start at 9:30 AM.

Member tuition: \$20.00 | 1 W: 10/13 - 10/13 | 9:30 AM - 12:00 PM | Class Limit: 16 | Presenter: [Joseph Gluckert](#)
Kittery Lions Club Parking Lot, 117 State Road, Kittery, ME, 03904

Puritanism in New England: the Good, the Bad and the Revolutionary!

The journalist H.L. Mencken famously defined Puritanism as "the haunting fear that someone, somewhere, may be happy." Puritanical has come to mean intolerant, repressed and humorless. But the story of the Puritans of New England is a complex one, with positive as well as negative aspects. We will explore their history and beliefs, and see the differences between the Pilgrims of Plymouth Colony and the Puritans of the much more influential Massachusetts Bay Colony. We will examine the stories of some famous New England Puritans, including John Winthrop and Anne Hutchinson. We'll also explore the ways in which we as Americans are indebted to the Puritans because they constitute a large part of the the answer to the question: Why did the American Revolution start in Boston?

Member tuition: \$20.00 | 1 W: 10/20 - 10/20 | 1:00 - 3:30 PM | Class Limit: 25 | Presenter: [Eleanor Strang](#)
Online - Virtual by Zoom

Ratlines: Nazi Escape Routes and the Surprising People and Organizations that Helped Them Escape Justice

After World War II ended, hundreds of Nazi criminals escaped with the help of the most unlikely persons and organizations. The main escape routes were called Ratlines. These escape routes took fleeing Nazis to Spain, South America, Mexico, Switzerland and the United States. Among the Nazis utilizing these routes were some of the most notorious criminals of the war, including Adolph Eichmann, Josef Mengele, Walter Rauff, Klaus Barbie, Franz Stangl and Ante Pavelic, as well as all of the scientists relocated under Operation Paperclip. This class will explore the escape of these criminals and the organizations that helped them, including the Vatican, members of several religious orders, the International Committee of the Red Cross, and the governments of Argentina, Spain, Switzerland and the United States.

Member tuition: \$35.00 | 4 Tu: 10/5 - 10/26 | 10:00 - 11:30 AM | Class Limit: 50 | Presenter: [Michelle Langa](#)
Online - Virtual by Zoom

Reading the Existentialists: Jean Paul Sartre

Among the Twentieth Century thinkers classified as Existentialists, Jean Paul Sartre is the most well-known and most readily identified with that movement. The Existentialists based their reflections on a direct examination of the concrete experiences that constitute the human condition. Part of their agenda was to scandalize and shock by choosing to explore the extremes of those situations. This was designed to shake individuals out of their tendency to conform to abstract systems of thought. Sartre was especially concerned about conditions of authentic action and being aware of one's responsibility. Like most Existentialist writers, Sartre raises more questions than he answers, and he uses different types of writing, including fiction, to set out his proposals. The course will consist of four 90-minute sessions. Beginning with Sartre's *Life*, the topics will be derived from the following readings: "Nausea," a novel; "No Exit, and The Flies," plays; plus selections from other works. It is not as heavy as it sounds. It is not necessary to have read the other Existentialists in the previous courses. It is not necessary to have a previous background in Philosophy. This is a guy who said, "Hell is other people." A sense of humor is helpful. Many of his writings are available online.

Required reading: "Nausea," (ISBN# 978-0-8112-1700-2) and "No Exit and Three Other Plays," (ISBN# 0-679-72516-4)

Member tuition: \$35.00 | 4 Th: 11/4 - 12/9 | 9:30 - 11:00 AM | Class Limit: 16 | Presenter: [James Mahoney](#)
GSC Manchester, 1750 Elm Street, Suite 104, Manchester, NH, 03104

Reckoning: The Future of Exeter, NH's Black History

Exeter has the distinction of having had the highest percentage of Black citizens of any town in NH directly after the Revolutionary War, when a number of Black soldiers settled in the town and raised children and grandchildren. Meet the most famous of those veterans, Jude Hall, and hear his family's story. By the end of the 1800s there were only a handful of Black citizens left in Exeter, and that chapter of Exeter's history was all but erased from memory. Find out why that is and what is happening today to help Exeter reckon with its past. Attendees may wish to read the Wikipedia entry for "Jude Hall" to familiarize themselves with the subject.

Member tuition: \$20.00 | 1 M: 12/6 - 12/6 | 11:00 AM - 12:00 PM | Class Limit: 75 | Presenter: [Renay Allen](#)
Online - Virtual by Zoom

River Hikes

Come join us for a set of themed hikes - three easy walks along some of our most popular rivers in the Valley. Over our three sessions, we will walk along the Saco, the Swift and the Sawyer Rivers (subject to change depending upon water conditions). The paths will be dry, relatively easy and alongside the rivers as much as possible. This is not a class to learn about hiking, but a chance to enjoy the outdoors again with other OLLI members. Walks are scheduled for two hours but may take longer based upon the group.

Member tuition: \$30.00 | 3 W: 9/8 - 9/22 | 1:30 - 3:30 PM | Class Limit: 15 | Presenter: [David Wright](#)
WMCC, Academic Learning Center, 2541 White Mountain Hwy, N. Conway, NH, 03860

RMS Lusitania: Caught in the Crosshairs

This class examines the series of circumstances, including the tides, that led, really by chance, to the sinking of the majestic liner Lusitania. This torpedoing by a German U-boat contributed to the US entrance into WWI. But was she just an innocent, unarmed passenger vessel? We'll discuss the various theories.

Member tuition: \$20.00 | 1 F: 8/27 - 8/27 | 1:00 - 3:00 PM | Class Limit: 36 | Presenter: [Carl Lindblade](#)
Gibson Center for Senior Services, 14 Grove Street, North Conway, NH, 03860

Ron's Rescue and Restoration Garage - 1956 GMC Pickup Restoration

If you have an interest in old vehicles and have wondered, "How did they do that?" then this class might be for you. I began restoring old Jeeps from the 1940s about 5 years ago. Then I spotted an old 1956 GMC big window pickup on Facebook Marketplace. It began its life in Nevada, spent a few years in New York waiting for something to happen (which never did), then landed on a mountaintop in Alton, NH, where I found it, just waiting for its new life. I will take you through its restoration and modification. Some additional buying and selling had to take place because it came without an engine. It's fun, so come along for the ride!

Member tuition: \$20.00 | 1 Tu: 9/14 - 9/14 | 10:00 - 11:30 AM | Class Limit: 30 | Presenter: [Ronald Frost](#)
Online - Virtual by Zoom

Rorke's Drift: A Modern Thermopylae

Unless you are a student of British African imperialism or have seen the movie "Zulu," you have probably never heard of Rorke's Drift. Yet it was perhaps the most celebrated event of British Arms in the mythology of the 19th Century British Empire. Imagine for a moment that the battles of the Alamo and the Little Big Horn had occurred on consecutive days and how that would have magnified the American mythology surrounding those two events. Yet that is precisely what happened to the British Army over barely 24 hours in January 1879 in South Africa. At Isandlwana on the first day, the British Army suffered one of its most devastating defeats between the Crimean War and World War I when 1,300 troops were massacred by a Zulu army numbering an estimated 20,000 warriors. Yet on that very night and the following morning, some 150 men – a quarter of them "walking wounded" hospital patients – formed an improvised barricade of "mealie-bags" and held off repeated attacks by some 4,500 Zulu warriors, thus earning 11 Victoria Crosses – the largest number of that highest British military decoration ever awarded to a single regiment in a single engagement. We will explore the events leading up to these two engagements, both from the British and Zulu perspectives, how both battles unfolded, and their aftermath. The course will conclude with a showing of the movie "Zulu," if possible.

Member tuition: \$25.00 | 2 W: 11/10 - 11/24 | 10:00 AM - 12:00 PM | Class Limit: 100 | Presenter: [David Hess](#)
Online - Virtual by Zoom

Scheduling and Hosting Zoom Meetings

Do you want to see your friends and family members in a virtual setting? You can also conduct meetings for other organizations. As a follow-up to Zoom 101, this class covers how you can host meetings yourself using the Zoom online platform. You can subscribe to a free or paid account, depending on features. You will learn how to sign up for a subscription, schedule meetings, use security measures, host meetings, take polls, share documents, and use break out rooms. For those who have enjoyed participating in Zoom meetings, we will prepare you to take a step forward so you can invite others to join you for social or other types of gatherings.

Member tuition: \$20.00 | 1 Tu: 8/17 - 8/17 | 1:30 - 3:00 PM | Class Limit: 50 | Presenter: [Tessa McDonnell](#)
Online - Virtual by Zoom

Senior Pub Crawl 2

On October 19 you will visit the Ledge Brewery, which is a craft brewery and tasting room located at the base of the Presidential Range in the Mount Washington Valley. You will learn about their brewing process that creates beers that pair well with outdoor adventure. You will be able to sample some of those beers as well! On October 26 you will visit Cathedral Ledge Distillery to learn about how spirits are distilled, as you tour the production facility of New Hampshire's only certified organic, craft distillery. You will see first-hand how vodka, whiskey and gin are made, and will be able to taste the finished product as well. Cathedral Ledge Distillery is a true grain to glass distillery. From milling the grain to labeling the bottles, everything is done right on site in a classic post and beam barn in North Conway.

Member tuition: \$25.00, There will be a \$15 fee for the tour and tasting at the Ledge Brewing Company payable at the door. There will be a \$10 fee for the tour and tasting at the Cathedral Ledge Distillery payable at the door.

2 Tu: 10/19 - 10/26 | 2:00 - 3:30 PM | Class Limit: 15 | Presenter: [Tracy Burk](#)

Ledge Brewing Company, 15 Town Hall Road Intervale, NH 03845

Cathedral Ledge Distillery, 3340 White Mountain Hwy, North Conway, NH 03860

Seven Main Elements of Music

Music has been a part of humanity since the beginning of our recorded history. It is an integral part of all cultures around the world and plays an important role in our culture and society today. But how does music work? What parts make up the phenomena that we call music? In this 8-week course, you will learn about the seven main elements of music, specifically: Rhythm, Dynamics, Melody, Harmony, Timbre, Texture, and Form. Without getting too technical, we will explore how these elements work together to create a cohesive structure of sound that we call music. We will listen to music from all participating students and discuss that music as class. We will learn the specific vocabulary that one can use to effectively describe what is happening in the music participants listen to. By the end of this course, you will develop skills to listen to all music more critically. Perhaps, you may even discover a new way of listening to the music you already enjoy.

Note that this class will be held both in person at the Manchester Community Music School and via Zoom for those who choose not to travel.

Member tuition: \$55.00 | 8 M: 9/20 - 11/8 | 12:00 - 1:00 PM | Class Limit: 30 | Presenter: [Ryan Striker](#)
Manchester Community Music School, 2291 Elm Street, Manchester, NH, 03104

Standing Up to Racism

What does it mean to be an ally? How can we help dismantle systemic, anti-black racism? In this three-part, online workshop with Anne Romney, we will look at racism in all its forms - internalized, interpersonal, institutional and systemic. Topics will include white privilege, understanding the toll of microaggressions and what it means to be an ally/accomplice in the fight for social justice – with emphasis on concrete actions people can do, small and large. Reading and videos will enhance your experience. Total time commitment will be nine to twelve hours over the course of three weeks. There will be ample time for discussion for the whole class and in smaller, break out groups.

Member tuition: \$30.00 | 3 Tu: 9/14 - 9/28 | 10:30 AM - 12:30 PM | Class Limit: 12 | Presenter: [Anne Romney](#)
Online - Virtual by Zoom

Tradespeople of Portsmouth NH

Have you ever been curious about what trades were performed in Portsmouth during its heyday of the 1800s? This 90-minute tour will explore those trades practiced in Portsmouth during this time period, including store-keeping, all types of shipbuilding trades and those trades that supported the shipping trade, which was such an integral part of this lively New England port.

Note: Strawberry Banke has a few houses which support wheelchairs, and we will visit a number of them during our tour. Please be ready to walk in all weather. The streets are dirt and can be muddy and uneven. Participants will meet at the Strawberry Banke Museum.

Member tuition: \$20.00, Note: There is a \$20 entry fee which is payable at the time of admission.
1 M: 8/23 - 8/23 | 10:00 - 11:30 AM | Class Limit: 10 | Presenter: [Nancy Dickinson](#)
Strawberry Banke Museum, 14 Hancock Street, Portsmouth, NH, 03801

Walk Around Wagon Hill Farm

If you've driven US Route 4 between Durham and Dover you've been by Wagon Hill Farm. Come join us for a walk by the water, through the woods, through the bob-o-link breeding grounds and ending at the Monarch Butterfly habitat. Wear long pants (this will be tick season) and sturdy shoes (no sandals or flip-flops). Hats, water bottles, and cameras are encouraged. Not recommended for people who have difficulty walking.

Section 1: Member tuition: \$20.00 | 1 F: 10/8 - 10/8 | 10:30 AM - 12:00 PM | Class Limit: 12 | Presenter: [John Russell](#)
 Wagon Hill Farm, US Route 4, Durham, NH, 03824

Section 2: Member tuition: \$20.00 | 1 F: 10/15 - 10/15 | 1:00 - 2:30 PM | Class Limit: 12 | Presenter: [John Russell](#)
 Wagon Hill Farm, US Route 4, Durham, NH, 03824

What's in a Tide Pool: Life and Adaptations in the Rocky Shore Intertidal Zone

Life in a tide pool isn't easy! Physical and behavioral adaptations to challenging conditions created by changing tides, temperature, salinity, and fierce competition have resulted in some amazing and amusing critters. This program highlights the diversity of species found in a New England tide pool and shows students ways these organisms have adapted to life on the rocky shore. Students will see dramatic time-lapse images of the tidal cycle, learn about the distinct zones of the intertidal, get introduced to the many animals and algae found here, and discover some of the special adaptations that help these species survive a life dictated by the tides, both in and out of water! Videos, including how a sea star eats, urchin motility, and how lobsters molt will provide an engaging window to an underwater world and help bring marine science to life by making participants feel as though they are getting their feet wet and really looking beneath the water.

Member tuition: \$20.00, Note: \$20 admission fee to be collected at the door.
 1 F: 9/10 - 9/10 | 10:30 AM - 12:00 PM | Class Limit: 12 | Presenter: Amanda Komarek
 Seacoast Science Center, 570 Ocean Boulevard, Rye, NH, 03870

When I Was Young, The Dead Sea Was Only Sick

This course is a humorous/satirical look at "Senior" life. Being old reflects a cultural peculiarity in this country: fear of aging. You have heard the following too many times to count: "Look at Grampa Willy, he's 90 years young". Is that a gross enough distortion for you? That we have to use an antonym to describe Grampa Willy's milestone? Unfortunately, there is a downside to being "old in America" in this day and age. Simply put, it is all our fault. Covid-19 has exposed us...all America's current problems (of which there are many) have all been exacerbated by seniors. Look at the economy, politics, government, health care, Coronavirus particularly, Medicare and Social Security, global warming...it is ALL our fault. It wouldn't be all our fault however if we lived in China, Korea, Vietnam, Scotland and other countries around the world that value their seniors highly; have even passed laws guaranteeing that seniors be treated with respect or else...But think about it; being an "old" person has advantages! For one thing, you never have to lift anything heavy again; you can skip out of any social gathering by simply saying: "You know I'm getting tired", even if its 7:30 in the morning; and you can have lots of fun screwing around with your kids' minds at the dinner table by saying: "Who are you people and where is my horse?" And the greatest benefit of all: You are now a philosopher · savant · guru · maharishi · elder.

Member tuition: \$30.00 | 3 F: 10/22 - 11/5 | 1:00 - 3:00 PM | Class Limit: 34 | Presenter: [Dennis Hebert](#)
 GSC Concord, 25 Hall Street, Concord, NH, 03301

Where Did They Go? How Plants and Animals Survive the Winter

Come for a walk in the NH woods, searching for evidence of how our plants, insects, spiders, reptiles, amphibians and other animals survive the coming cold of winter. Learn some amazing adaptations to cold, snow, lack of food and water, and hungry predators. We'll also discuss how climate change is affecting the abilities of plants and animals to survive the changing conditions. The name and location of the selected Concord trail will be sent to participants before the hike.

Member tuition: \$20.00 | 1 W: 10/13 - 10/13 | 1:00 - 3:00 PM | Class Limit: 15 | Presenter: [Emily Preston](#)

Who are the Native People of Alaska? A History

This class looks at the history of Alaska in a whole new way, centering on the experiences of Alaska's Native Peoples as they experienced their land and resources overrun and then claimed by Russians and American colonizers. After an overview, we will cover the histories of Inupiaq, Yup'ik, Unangan and Sugpiaq, Tlingit and Haida, and Athabascans. Required reading: William L. Iggiaqruk Hensley (2010). "Fifty Miles from Tomorrow: A Memoir of Alaska and the Real People." Picador. ISBN# 978-0312429362.

Member tuition: \$45.00 | 6 Th: 9/30 - 11/4 | 10:00 - 11:30 AM | Class Limit: 20 | Presenter: [Jane Haigh](#)
Online - Virtual by Zoom

Women Composers at the Piano: Examples of Unsung Brilliance

What we think of as "classical music" was long the domain of male composers, but there have been many exceptional women pursuing their creative muses throughout the history of the genre. Think you know Mendelssohn? Felix, yes – but how about his sister, Fanny? Or Mel Bonis, who was championed by Cesar Franck, but forced to leave the Paris conservatory by her parents, who considered it a "dangerous artistic world." In addition to Fanny and Mel, learn about the lives of Clara Wieck Schumann, Lili Boulanger, Vitezslava Kapralova, and others. Live performances of some of their piano works will illustrate their individual styles. Note: This program will be presented in the sanctuary of the Community Church of Durham.

Member tuition: \$20.00 | 1 Th: 10/28 - 10/28 | 1:00 - 3:00 PM | Class Limit: 60 | Presenter: [Pamela Langley](#)
Community Church of Durham, 17 Main Street, Durham, NH, 03824

Your Thoughts on the Short Stories of Andre Dubus II

Short stories are no less complex than novels despite the limited amount of space for getting the job done. This two-session course invites readers to explore the complex artistry of Andre Dubus II. His work is not always comfortable. Dubus intends that his readers struggle with his characters and themes but come away with a deeper understanding of humanity. In the first session, we will discuss "A Father's Story." In the second, we will discuss "Townies." Both pieces can be found in his anthology "The Winter Father (Collected Short Stories & Novellas), Volume 2," ISBN# 9781567926170. Please read the short stories before joining the session. Thought provoking questions will be provided to participants prior to each session, as well as informational links on Andre Dubus' life and work.

Member tuition: \$25.00, Note: No set material cost, but students should purchase their own copies of the short story anthology. Cost can vary. 2 Th: 9/23 - 9/30 | 10:00 AM - 12:00 PM | Class Limit: 12 | Presenter: [Diane King](#)
Online - Virtual by Zoom

Zoom 101 Introduction to Zoom - Personal Computers (PC), Laptops, Notebooks

This class is an introduction to the Zoom online platform for video meetings. It is an application that enables users to meet online with family, friends, and colleagues. Zoom is an easy way to stay connected, share, and keep in touch at a distance. You will learn how to join a meeting and take advantage of all the features for participating. OLLI has been presenting classes and events via Zoom since April 2020. It is a great way for members to stay connected and continue to enjoy our offerings. This section is for those using Zoom on computers, tablets, and laptops.

Member tuition: \$0.00 | 1 Tu: 8/3 - 8/3 | 10:00 - 11:30 AM | Class Limit: 30 | Presenter: [Tessa McDonnell](#)
Online - Virtual by Zoom

Member tuition: \$0.00 | 1 Th: 8/5 - 8/5 | 1:00 - 2:30 PM | Class Limit: 30 | Presenter: [Tessa McDonnell](#)
Online - Virtual by Zoom

Presenter Bios

The following is a list of the Fall 2021 presenters in alpha order by last name. OLLI at Granite State College appreciates the time and talent they share with our members.

Elaine Allard

Elaine Allard, a retired librarian, found her interest in wine while attending library conferences. Outside of work, she enjoys golf, travel, cooking, and of course, visiting wineries and learning about wine!

In Vino Veritas: The Truth About New Hampshire Wineries - pg 19

Renay Allen

Renay Allen likes to combine art and activism on various subjects. She is the author of a historical-fiction trilogy set in Exeter, NH. These mini-mysteries, *Incident at Exeter Tavern*, *Incident at Ioka*, and *Incident at Exeter Depot* showcase some memorable Black citizens of Exeter's past. Memorable women of the past take the lead in the stories. Ms. Allen is on a quest to shine a light on this hidden-history. More info at: RM-Allen.com

Reckoning: The Future of Exeter, NH's Black History - pg 28

Stephen Ambra

Stephen Ambra. Film Instructor at NHTI - Concord's Community College, 1999 to present. Founding member of NHTI Film Society; Former chair and board member of Red River Theatres. Founding - now former - member of Somewhat North of Boston Film Festival. Co-host, Manhattan Short Film Festival (Concord location). Occasional film discussion panelist. Loves sharing, discussing, and learning about all things related to film as an art form.

Film as an Independent Art Form: the Promise Made and Fulfilled - pg 14

Mary Lou Bagley

Mary Lou Bagley is an author/artist/actress (SAG-AFTRA) living in Southern Maine. A former high school teacher of English, the writing process, and theatre arts, Bagley is the author of the novel *OTHER WISE*, several short stories, (*Knowing When*; in *SUMMER STORIES* published by Shanti Arts; *Turnabout*; in the *TWIN FARMS ANTHOLOGY*; and *Need Deep*; *Circle of Least Confusion*; *The Virginia Grace*; and *Beyond the Pale*; on the audio cd, *OUT OF THE DARK*), as well as flash fiction, and numerous poems. Her novel, *THIS OTHER WAY OF KNOWING* is the second in the series introduced by *OTHER WISE*. Her inspirational blog, *TIME TO WRITE*, for writers and the creative impulse in all of us can be found at www.maryloubagley.com.

Come Fill Yourself With Story - pg 11

Mike Baker

Mike Baker, a former teacher and administrator, is a frequent presenter for the OLLI program.

Babbitt and the American Businessman - pg 9

Annabel Beerel

Annabel Beerel, PhD, is a Leadership and Development executive, professor of Comparative Religion and Ethics and a meditation instructor. She has been studying religious and contemplative traditions for over twenty years. She is very interested in different cultures and considers herself a citizen of the world.

Mindfulness: A Better Me; Better You; Better World - pg 22

Paul Brogan

Paul Brogan begins his 10th year as an OLLI presenter with this class. Making friends and sharing his love for film with members through more than 40 classes has been one of the high points of his 60's!

Films: Never Taken for "Grant"-ed -- Cary, Part II - pg 15

George Bruno

George Bruno is a practicing immigration lawyer with Mesa Law LLC in Manchester, NH and principal in the consulting firm of the International Resource Group LLC. He is the former US ambassador to Belize. Website: internationalresourcegroup.org

Immigration in the Biden Era: What's Different? - pg 18

Andrew Bullock

Andrew Bullock has had a long-time association with Mt. Kearsarge Indian Museum and Native art. As the Executive Director, he combines his understanding of the NH Native community, oral traditions and programming. As a Trent University Alumni, Andy has facilitated Traditional Teachings and beading workshops at Trent University, University of Ontario Institute of Technology and the Canadian Canoe Museum. Andy has taught Beadwork Through the Ages; at Haliburton School of Art and Design. His professional experience includes founding, and being the past owner of, The Wandering Bull, Inc., a supply house featuring top quality beadwork, craft supplies and reference materials.

Mt. Kearsarge Indian Museum Tour - pg 24

Tracy Burk

Tracy Burk and her husband Christopher are the owners of Cathedral Ledge Distillery, a craft distillery in North Conway. Cathedral Ledge Distillery is New Hampshire's first certified organic distillery.

Senior Pub Crawl 2 - pg 29

Judith Castle

Judith Castle has a passion for novels and the light they shed on the human condition. She has found that rereading Emma; has been a journey of new discoveries about this famous novel. Judith has led several courses in English and American Literature at OLLI and at the Harvard Institute for Learning in Retirement. She has a degree from the University of London and a master's degree from Harvard.

Emma Knows Best. Or Does She? - pg 13

William Castle

After retiring from The Boston Globe, Bill Castle began auditing classes on French Literature at Boston University. The classes included formal study of the French Renaissance and Michel de Montaigne, the essayist and philosopher. Since then Bill has continued his study of Montaigne as a valued companion in a time of division and strife.

Montaigne: Steps Toward Wisdom - pg 23

Joe Constance

Joe Constance is a former Professor of Political Science and Humanities at Saint Anselm College. He has also served as College Librarian from 1990-2012, and fellow of the Schusterman Institute at Brandeis University.

Israel and Lebanon: An Unending Conflict? - pg 20

Peter Cook

Peter Cook was born and brought up in England and came to the USA in 1967 to take up a graduate fellowship in mathematics and statistics at Rutgers University. He is on the Board of Directors and is the Treasurer of the Andres Institute of Art in Brookline, NH. He serves on several town boards, both appointed and elected, and was a founder of the Amoskeag Rugby Football Club in Manchester, NH. Since 1979, Peter has lived in Brookline, NH, with his wife Judy, where they raised 2 daughters.

Creativity and Sculpture in the Woods: Tour of Andres Institute of Art - pg 11

Mark Cooper

Abbot Mark Cooper, O. S. B. , graduated from St. Anselm College in 1971 and was ordained to the priesthood in 1976. He obtained an MSA from Notre Dame University in 1979. He was elected Abbot of St. Anselm Abbey in 2012.

Benedictine Monasticism - pg 9

Roger Deschambeault

Roger Deschambeault of Nearfield Farm is a local dairy farmer, turned collie breeder, handler and judge. Originally he used border collies to herd cattle. In the mid 1970's he began training them. In the 1980's he switched to sheep with concentration on trailing and training his dogs.

Herding Sheep with Border Collie - pg 17

Nancy Dickinson

Nancy Dickinson has worked at Strawberry Banke since 2007. She is a museum teacher, costumed role player, 18th century hearth cook and textile weaver as well as an historic house interpreter at the Museum. She and her husband have lived in Dover since 1992 and were both Air Force veterans where they had the opportunity to travel to both Asia and Europe as well as in the US for assignments.

Tradespeople of Portsmouth NH - pg 30

Kelly Dwyer

Kelly Dwyer, founder of Nature Education Opportunities, is a self-taught naturalist and environmental educator, and has been developing and presenting engaging programs on a variety of natural history topics such as birds for more than twenty years. As a certified elementary teacher, she sees herself as a facilitator, connecting people of all ages with the joys of nature and sparking the curiosity to continue learning.

Backyard Bird Feeding: Avian Entertainment! - pg 9

Migration Marvels: Unraveling the Mysteries of Seasonal Behaviors - pg 22

Aurore Eaton

Aurore Eaton is a freelance writer whose history column Looking Back appears weekly in the New Hampshire Union Leader. She is the former Executive Director of the Manchester Historic Association and the author of the book, *The Amoskeag Manufacturing Company: A History of Enterprise on the Merrimack River*.

Manchester's Famous Little People - Commodore Nutt and Count Nicol - pg 22

Nancy-Ann Feren

Nancy-Ann Feren is a retired 5th grade Manchester teacher and the author of *Not Your Average Travelers: 40 Years of Adventures in All the U. S. National Parks*. She and her husband have traveled to all 50 states and visited all 423 sites in the national park system, 63 of which are national parks. She loves sharing her knowledge of the parks and her family's experiences in them.

Explore the Less-Visited National Parks of America - pg 14

John Forti

John Forti is a nationally recognized lecturer, garden historian, ethnobotanist and garden writer. He is the executive director for Bedrock Gardens. He has been the Horticulture Director for Mass Horticultural Society, Strawberry Banke Museum and Plimoth Plantation Museum. Website: <http://www.jforti.com/>.

Explore Bedrock Gardens - pg 13

Peter Francese

Peter Francese founded American Demographics Magazine and speaks and writes frequently on NH demographic trends. With co-author Lorraine Stuart Merrill, their just published book, *Communities and Consequences II, Rebalancing New Hampshire's Human Ecology*; discusses the future of NH. Francese is the recipient of the Silver Bell Award from the Advertising Council for distinguished public service and is a graduate of Cornell University. *New Hampshire's Future at Risk* - pg 24

Nancy Frankel

Nancy Frankel is a retired Girl Scout camp director. She loves to teach canoeing and kayaking to children and adults with TLC for new paddlers and tips for experienced ones!

Kayaking the Contoocook - pg 20

Ronald Frost

I am a New Hampshire native and I thought it would be a good idea to move to Boston after attending UNH and become a civil engineer. Well, that was a short lived experience, it lasted until I figured it out: a country raised boy needs to stay in the country. So began my almost lifelong career as a building contractor and master electrician in NH, working with my Dad and brother. When the body/parts began to wear out, my thoughts turned to retirement and old vehicles.

[Ron's Rescue and Restoration Garage - 1956 GMC Pickup Restoration - pg 28](#)

Rosemary Gerbutavich

Rosemary Gerbutavich is a juried member of MWW Arts Association who has been a lifelong lover of the visual arts since childhood. Only since her retirement has she been able to pursue the opportunity of her passion for watercolor. Rosemary's approach has been described as bright, bold colors with a whimsical expression which reflects her personality in both life and in art.

[Kickstart Watercolor - pg 20](#)

Graham Gifford

Graham Gifford is a history buff who enjoys giving museum tours that leave you with a new appreciation for the history of telecommunication.

[From Bell to Broadband: Over a Century of Telephone History - pg 16](#)

Edward Gleason

Ed Gleason taught at Saint Anselm College for 47 years. His teaching topics were Creative Writing (poetry and fiction), English Composition, 19th and 20th Century American Literature, 20th Century Irish literature and Postmodern American Poetry. He was the presenter on Hemingway for the elective classes in the core Humanities Program. He has recently published a book on Hemingway. *Newspaperman, War Correspondent, Writer of Fiction; Ernest Hemingway Develops a Writing Style* - pg 25

Joseph Gluckert

Joe Gluckert is the historian at Portsmouth Naval Shipyard (PNSY). MSgt. Gluckert is also the historian for the 439th Airlift Wing at Westover Air Reserve base in MA.

[Portsmouth Naval Shipyard Tour: From Sails to Atoms - pg 27](#)

Jane Haigh

Jane Haigh is an author and historian of Alaska. She taught Alaska History for ten years at Kenai Peninsula College, a branch campus of the University of Alaska Anchorage. Through that time, she realized that much of the story of Alaska's Native people was left out of the history as usually narrated. She has spent the last six or eight years working on a new approach that includes Native People. The course is based on her original materials.

[Who are the Native People of Alaska? A History - pg 32](#)

Tom Haines

Tom Haines, a former staff writer for The Boston Globe; and The Seattle Times; has reported in more than 35 countries and on five continents. He is the author of *Walking to the Sun*; which explores at ground level the scale of the fossil fuel industry in America and the emerging renewable, carbon-free fuels that may replace it. He has also written for The Washington Post; The Atlantic; Orion Magazine; Virginia Quarterly Review; and other publications. At UNH, Tom directs the undergraduate Journalism Program, where he teaches workshops on investigative reporting and covering the environment in an era of climate change.

[Digging too Deep? The Cost of Our Energy Appetite in the Age of Climate Change - pg 12](#)

Pamela Harvey

Pamela Harvey is a retired librarian and educator.

Dennis Hebert

Dennis Hebert is imminently qualified to present this course as he meets the most important criteria for doing so: He is older than dirt (and still breathing).

[When I Was Young, The Dead Sea Was Only Sick - pg 31](#)

David Hess

Dave Hess is a graduate of Dartmouth College and Yale Law School, and was a Fellow at Harvard's Kennedy School of Government. He is a retired trial lawyer who served as an NH Assistant Attorney General under Warren Rudman and David Souter, and was a member of the NH House of Representatives for 25 years, including terms as Majority Leader, Deputy and Assistant Majority Leader. Dave has presented a number of diverse and varied classes at OLLI over the last 6 years. He developed a passion for politics more than 50 years ago when he became involved in the 1964 presidential primary. History in general, and political, military and American western history in particular, have been interests of his over his entire life.

[Mountain Men: Pathfinders to the West - pg 23](#)

[Rorke's Drift: A Modern Thermopylae - pg 29](#)

Carolyn Hollman

Carolyn Hollman is a retired professor. She is a volunteer docent for the Currier Museum and for the Frank Lloyd Wright Houses at the Currier Museum of Art.

Betsy Holmes

Betsy Holmes is a painter whose current artistic practice is focused on painting the beautiful New Hampshire landscape en plein air (directly outdoors rather than from photographs). She believe ANYONE can paint, and particularly enjoys introducing absolute beginners to the joy of oil paints. She holds an MFA from Northern Vermont University and has exhibited regionally.

[In Vino Veritas: The Truth About New Hampshire Wineries - pg 19](#)

[Painting the Landscape for Absolute Beginners \(in oil or acrylic\) - pg 26](#)

Charles Hotchkiss

Chuck Hotchkiss taught about Climate Change at Wentworth Institute of Technology from 2017 until his retirement in 2020. With a Ph. D. in City and Regional Planning, Chuck had a varied career, working as a policy analyst and community organizer as well as a professor and academic administrator. His climate change teaching reflects his background in economics, demography, and geography.

Climate Change Policy Choices - pg 10

James Isaak

Jim Isaak is a retired/recovering techie with a diverse set of interests including Artificial Intelligence (AI), Privacy, Social Media, lies, Spies, Sunken Subs and the limits/approaches to critical thinking that span all of these.

Digital Tech: Pervasive, Invasive, Persuasive - pg 12

Colette Janson-Sand

Colette Janson-Sand, PhD., RD., LD. was an Associate Professor at the University of NH in Durham, NH and the Coordinator of the Nutrition Program. For 10 years she also was a Nutrition Specialist for UNH Cooperative Extension. She was the DPD (Didactic Program in Dietetics) Director at UNH for 34 years. She designed both the Dietetic Internship and Dietetic Technician Programs at UNH.

Home Front Cooking in WW2: Anyone for Potato Floddies, Whale Meat Burgers and Mock Apricot Tart? - pg 18

Robert Jones

Bob Jones is a lifelong film fanatic, avid outdoors man, skilled computer user and fan of New Yorker Magazine. Bob shares his many interests by presenting a variety of OLLI courses.

Learning the iPhone and iPad - pg 21

New Yorker (The): The Best Magazine in the World - pg 24

Diane King

Diane King is a retired professor of English and Administrator in the Community College System of New Hampshire. For more than 25 years, she taught Creative Non-fiction, Creative Writing, and Composition and Research, as well as different genres of literature. Her favorite part of teaching was fostering students' creative voices, as well as their understanding, appreciation and enjoyment of literature.

Explore Your Creative Voice - pg 14

Your Thoughts on the Short Stories of Andre Dubus II - pg 32

Shannon Laine

Shannon Laine founded the Music Therapy Program at the Manchester Community Music School in 2006. She has an extensive background working with children ages birth-adult with a variety of diagnoses in both school and community-based settings. She has worked with individuals who are deaf, blind, deaf/blind, on the Autism Spectrum, have severe sensory integration disorders, Down Syndrome, cerebral palsy and others. Shannon has participated in advanced music therapy trainings, including Neurologic Music Therapy and Sprouting Melodies, a developmental approach to music for children and their caregivers.

Music and Memory: Understanding Your Personal Connection with Music - pg 24

Michelle Langa

Michelle Langa is a retired superintendent of schools with a profound interest in history. She has authored two books in education and enjoys writing as a hobby. She is a firm believer in the adage that those who do not learn from history are bound to repeat it. [Ratlines: Nazi Escape Routes and the Surprising People and Organizations that Helped Them Escape Justice - pg 27](#)

Pamela Langley

Pamela Langley studied piano locally as a child and then with Louise Rogers and Donald Steele while she was a student at the University of New Hampshire. She has performed locally for many years, primarily as a church musician and accompanist for individuals and choral groups. Pam was a member of the baroque trio, the Jefferson Street Ensemble, which performed in the Portsmouth area in the 1980's, and sang with the chamber group Amare Cantare for many years. In her retirement from a long career at NHTI-Concord's Community College, Pam continues to perform, most often playing two-piano repertoire with her partner, Jim Bullock. [Women Composers at the Piano: Examples of Unsung Brilliance - pg 32](#)

Maria Laycox

Maria Laycox holds many certifications as a realtor and associate broker who focuses on the New Hampshire home seller and home buyer. She lives in Salisbury, NH with her arctic fox, Yuka. Yuka is the only Fox in New Hampshire being exhibited for the public to see up close and personal and is part of a Exhibit Presentation Maria makes for New Hampshire called Foxes in New Hampshire. [Life With an Arctic Fox - pg 21](#)

Carl Lindblade

Carl Lindblade is a long time OLLI presenter sharing his love of maritime and NH history. He recently transitioned from 19 years at UNH Paul College of Business and Economics. [RMS Lusitania: Caught in the Crosshairs - pg 28](#)

Irving Lubliner

Irv Lubliner teaches math, blues harmonica, and literature classes for the OLLI program at Southern Oregon University, where he also serves on the Council of Directors. An emeritus professor specializing in mathematics education, he taught for 40 years and led seminars for teachers in 39 states. In 2019, he created Felabra Press and published his mother's writing about her experiences during the Holocaust, the book that will serve as the theme for this presentation. [Only Hope: My Mother and the Holocaust Brought to Light - pg 25](#)

James Mahoney

Jim Mahoney holds a Ph. D. from the University of Notre Dame. He is Emeritus Professor from Saint Anselm College where he taught Philosophy for forty years. He was strongly involved in the College's core Humanities Program, serving as Chair of the Jefferson unit, and developed the Paris-New York class for that Program. His areas of specialization are Existentialism, American Philosophy and Ethics. [Reading the Existentialists: Jean Paul Sartre - pg 27](#)

Valerie May

Valerie is a Certified Therapeutic Harp Practitioner who received her certification through the International Harp Therapy Program. She was a volunteer for Central NH VNA and Hospice where she played for hospice clients and directed a Hospice Choir. She also plays for her church, local retirement communities and the Huggins Hospital Adult Day Program. Valerie also presents programs on the value of therapeutic harp for local organizations and Plymouth State University. She is a retired Vocal Music teacher who majored in Voice at Trenton State College in New Jersey. She is currently studying with Ludwig Conistabile, from Milan, Italy to learn the art of using the harp for Deep Relaxation and Guided Imagery. Valerie is a resident of Sandwich where she lives with her husband Bill. In her spare time, Valerie operates Black Snout Dog Biscuits, and enjoys gardening, weaving and spending time with her family.

[Art of the Therapeutic Harp - pg 9](#)

Tessa McDonnell

Tessa McDonnell works for OLLI part-time and is an adjunct faculty member at Granite State College in the School of Education. She has been engaged in teaching through technology for 30 years. She has used Zoom for meetings with non-profit agencies and with her students for over five years. Ever curious about the world around her, she enjoys deep discussions and exploring new ideas.

[Great Decisions Part 2 - pg 17](#)
[Scheduling and Hosting Zoom Meetings - pg 29](#)
[Zoom 101 Introduction to Zoom - Personal Computers \(PC\), Laptops, Notebooks - pg 32](#)

Mary McEvoy

Mary McEvoy is a certified Maine Master Naturalist and docent for the Greater Lovell Land Trust. She lives near the NH border and is a beekeeper and nature enthusiast. She regularly hikes, walks, snowshoes, and bicycles in the lovely forests of NH and ME.

[How Our Forests, Flora, and Fauna Prepare for Fall - pg 18](#)

Glenn Meyers

Before he retired in 2011, Glenn has worked as both a college professor and in the insurance industry as a research actuary. He has given over 100 professional presentations on technical topics to audiences with varying technical expertise. In retirement he has been studying a number of scientific and current event topics, largely from a historical perspective. He likes to share these interests with OLLI members.

[Alternative Voting Systems - pg 8](#)

Claira Monier

Prior to spending 20 years as executive Director of the NH Housing Finance Authority, Claira Monier was Regional Director of the U.S. Department of Health and Human Services during the Reagan Administration and prior to that was Executive Director of the N.H. State Council on Aging.

[Elections Matter - Now More than Ever - pg 12](#)

John Monnelly

John Monnelly is a graduate of UNH and a New Hampshire native. He loves visiting New York City and has been a serious fan of *The New Yorker* for many years. [New Yorker \(The\): The Best Magazine in the World - pg 24](#)

Kevin Moquin

Kevin Moquin is the Senior Staff Attorney for the NH Bureau of Securities Regulation where he has served since 2001. He oversees the Bureau's licensing, registration and examination functions and helps coordinate investor education efforts. Also, he serves as the Bureau's primary hearing officer. Kevin is a 1995 graduate of Suffolk University Law School and he is a lifelong resident of NH. [Don't Be the Next Victim / Protect Your Financial Future - pg 12](#)

Bob Muzerall

Bob Muzerall taught high school literature and writing, focusing primarily on American writers. Ernest Hemingway was of particular interest to him.

[Ernest Hemingway - Grace Under Pressure - pg 13](#)

Robin Nafshi

Robin Nafshi is the rabbi of Temple Beth Jacob in Concord. She embraces the definition of rabbi as teacher and has generously shared her knowledge as an OLLI presenter.

[Is Chanukah the Jewish Christmas? Everything You Wondered About the Jewish Holidays - pg 19](#)

Dorothy Nelson

Dottie Nelson is a retired Software Engineer whose interest in foreign films was renewed when she attended an OLLI foreign film class. She has further fed her film interest with back-to-back screenings 3 days running each fall at the Telluride Film Festival in Portsmouth.

[Learning the iPhone and iPad - pg 21](#)

Helen Nicholls

Helen Nicholls is the owner and operator of No Monkey Business Dog Training. Based in Concord, she is a Certified Professional Dog Trainer and Knowledge and Skills Assessed (CPDT-KSA) and a Certified Dog Behavior Consultant (CDBC) and an Operation Socialization Certified Trainer (OSCT). Helen has been training dogs for over 12 years. She is a professional member of the Association of Pet Dog Trainers, a member of the Association of Animal Behavior Professionals and is a certified member of the International Association of Animal Behavior Consultants and a member of the Pet Professional Guild. Helen is also a licensed Dogs and Storks presenter, a licensed Dogs and Toddlers presenter, and a certified AKC evaluator. She volunteers countless hours at the local SPCA and works with homeless dogs to help them learn skills to find a home faster.

[All About Dogs - pg 8](#)

Sandy O'Neill

Sandy O'Neill is a retired middle school language arts and science teacher whose interests are varied and range from academic investigations to gardening, hiking, crafts and literature.

[Frances Perkins: The Woman Behind the New Deal - pg 15](#)

Robert Perreault

Robert Perreault has worked as a research assistant/oral history interviewer, librarian/archivist, freelance writer, historical tour guide, public speaker, photographer, and conversational French teacher to promote Manchester's history and New England's Franco-American culture since 1973. His works of nonfiction and fiction, written in French, in English, or in both languages, include seven books and more than 160 articles, essays, and short stories published in the US, Canada and France. Perreault holds an MA in French with specialization in New England Franco-American studies from Rhode Island College and an MFA in Creative Writing/Fiction from SNHU. In June 2012, Manchester's Centre Franco-Americain named him Franco-American of the Year.

[In the Footsteps of Grace Metalious: A Walking Tour - pg 19](#)

[Little Canada: Walking Tour of Manchester's Franco-American West Side - pg 22](#)

Sandy Perry

Sandy Perry has a Master's degree in speech pathology and audiology and a PhD in deaf education. She presently teaches A Matter of Balance; and Tai JiQuan classes at Gibson Center and Memorial Hospital. She has been knitting for more than 50 years and is currently teaching a knitting class at Silver Lake Landing.

[Knitting Your First Sweater - pg 21](#)

Suzanne Petersen

Suzanne Petersen is the outreach specialist for the Lamprey River's Advisory Committee. The Lamprey River has been in the National Wild and Scenic Rivers System since 1996. In partnership with the National Park Service, local volunteers have helped to permanently protect almost 3,500 acres, conducted ecological and historic research, enhanced access for passive recreation, ensured uninterrupted water quality testing, and engaged the public in learning about their river that the US Congress recognizes as outstandingly remarkable.

[Exploring the Wild and Scenic Lamprey River - pg 14](#)

John Peterson

John Peterson holds an MA in English Literature from UNH. He has presented numerous OLLI reading/discussion group classes on literature, film, history and current events. He is also active in organizing OLLI outdoor excursions.

[Apocalypse Soon: Climate Change as Extinction Event - pg 8](#)

Emily Preston

Emily Preston is an accidental collector of art. She started by buying art from artists, then through a gallery and often during her travels. Suddenly she had an eclectic collection and not just of art but of artist friends, stories, and memories of the ones that she didn't buy. She also sees the world in a different way because of this passion. Emily is a retired wildlife biologist with a passion for the outdoors as well as art.

[Investing in Joy: Collecting Art on Any Budget - pg 19](#)

[Where Did They Go? How Plants and Animals Survive the Winter - pg 31](#)

Dorothy Pullo

Dotty Pullo, CDA, paints in watercolors, acrylics and oils. After joining the White Mountain Decorative Painting Guild and the Society of Decorative painters in 1995, she furthered her skills by working with teachers at her local guild and attending seminars and painting conventions. For the last ten years she has taught classes at New England Traditions, WMDPG, and her home studio. She is all about enjoying the process of creating and teaching what she has learned.

[Painting a New Hampshire Evergreen Forest in Watercolor - pg 26](#)

[Read Bio - pg 1](#)

Jenny Rivard

Jenny Rivard is a licensed attorney in MA and NH as well as a licensed financial advisor. She focuses her practice solely on providing retirees a smooth transition into retirement and the ability to age gracefully as the need for nursing care arises.

[Nursing Care, Medicaid and Long Term Care, Oh My! - pg 25](#)

Barrett Rock

Barry Rock, a former NASA research scientist and currently Professor Emeritus at the University of New Hampshire, has developed a number of K-12 STEM outreach programs over his career. Trained as a botanist and geologist, his research has focused on using Earth-orbiting satellites to monitor forest health and other environmental issues, including climate change, across the Northern Hemisphere. His K-12 programs reflect his professional training, engaging students in hands-on learning in STEM disciplines.

[Monitoring the Great Pacific Garbage Patch from the International Space Station - pg 23](#)

Anne Romney

Anne Romney is a Portsmouth resident and an educator/group facilitator who is committed to anti-racism education. She is a co-facilitator of the program White People Challenging Racism, has presented a workshop on the book, *Waking Up White*, is a member of the Seacoast NAACP and volunteers with the Black Heritage Trail of NH. In September 2019, Anne helped present a New England regional symposium on anti-racism organizing and, in the fall of 2019/winter 2020, was on the Portsmouth Listens Equity and Inclusion steering committee. Anne has been leading this online course, *Standing Up to Racism* at Portsmouth Public Library, OLLI and other area locations since June 2020. Anne has an M Ed in Counseling from Lesley University.

[Standing Up to Racism - pg 30](#)

Michelle Runyan

Michelle Runyan has worked and volunteered for over 20 years on behalf of people with cognitive impairment, creating and teaching distinctive techniques of strengthening developmental skills. She is currently the Director of Community Engagement at Hunt Community.

[Increase Memory; Decrease Stress - pg 19](#)

John Russell

John Russell enjoys the outdoors, poetry, and mathematics (especially statistics). He is enthusiastic about sharing this enjoyment with others. He is a retired quality engineer, former trip leader for the Appalachian Mountain Club and sometime poet.

[Great Bay National Wildlife Refuge Walk - pg 17](#)

[Photographing Portsmouth - pg 26](#)

[Walk Around Wagon Hill Farm - pg 30](#)

Eric Ruthenberg

Eric Ruthenberg has conducted the Concord Coachmen since 1994. He received his Bachelor's degree in Music Education from BU in 1993. In 1993 he moved to NH, where Eric served as the choral director at Newport Middle High School until 2006. Eric has served as chairman of the Barbershop Harmony Society's Young Men in Harmony committee, and has coordinated the NH High School Barbershop Festival. Ruthenberg was honored by the chorus as Barbershopper of the Year in 1996, and was awarded the Volunteer of the Year' in 1999 by Harmony Foundation. He has been a member of the faculty at Harmony College Northeast, and at the Great Northern Harmony Workshop in Montreal. In 2005, he was guest conductor at an international choral festival in Indonesia. Eric is a two-time district quartet champion, singing baritone with Overdrive (2000), and tenor with Average Joes (2011).

Barbershop Harmony - How Do They Do That? - pg 9

Jeffrey Ryan

Maine-based author, filmmaker, and speaker Jeffrey Ryan has a passion for exploring the outdoors on foot and along the dusty paths of history. Ryan's interest in the history of America's conservation movement led him to create a video series entitled *Voices of the Wilderness*; in hopes of keeping the enormous contributions of those who have advocated for the creation and protection of our wild lands in the public eye. When he is not researching and writing, Ryan can be found exploring the backroads of the USA and Canada in his vintage 1985 VW camper. His travels on thousands of miles on both America's most famous and lesser-known trails have inspired several books, including *Appalachian Odyssey: A 28-year Hike on America's Trail*; and his 2019 historical novel, *Hermit: The Mysterious Life of Jim Whyte*.

Fredrick Law Olmsted's Wild America - pg 15

Gerry Savard

Gerry Savard was past president of the American-Canadian Genealogical Society and the New England Regional Consortium. Gerry has been doing genealogical research for over 30 years and has volunteered as a researcher at ACGS.

Genealogy for Beginners: Techniques for Correctly Identifying Your Ancestors - pg 16

Gail Schuman

Gail Schuman is a pediatric neurologist (a story for another day) and frequently presenter for NH Osteopathic Medical Society. There are changes in our sleep as we age that she sees in herself and thought others might like to learn about this as well.

I Can't Sleep - What Can I Do? - pg 18

Josh Shaine

Josh Shaine has been teaching courses through the MIT Educational Studies Program for more than thirty years. He also works with schools and families on issues of underachievement and gifted education. He has been teaching for OLLI since 2008.

Current Events: Here, There and Everywhere - pg 11

Eric J. Simon

Eric J. Simon, Ph. D. , is a professor in the Department of Biology and Health Science at New England College, in Henniker, New Hampshire. He teaches introductory biology and tropical marine biology with a field component in Belize. Dr. Simon received a B.A. in Biology and Computer Science and an M.A. in Biology from Wesleyan University and a Ph. D. in Biochemistry from Harvard University. Dr. Simon is the author of a widely used series of college biology textbooks with nearly 3 million books in print.

Biophilia: A Survey of Life on Earth - pg 10

Brandi Smith

Brandi Smith has been employed at Globe for 2 1/2 years now. She lives in Barnstead, grew up there and actually purchased the home next to the house she grew up in!

History and Tour of Globe Manufacturing, Inventors of Turnout Gear for Firefighters - pg 18

Stephen Soreff

Stephen Soreff, M.D., is a nationally known author, lecturer, and teacher in the field of mental health services. He has authored ten books including: *The Handbook of the Treatment of the Seriously Mentally Ill*, *The Documentation Survival Handbook*; and *EMS Street Strategies, Edition 2*; as well as his most recent book, *Life's Dueling Dualities: A Grandfather's Legacy of Wisdom*.

Films: Madness and the Movies VIII - pg 15

Carole Soule

Carole Soule is co-owner of Miles Smith Farm in Loudon where she raises and sells beef, pork, lamb, eggs, and other local products. She also writes a weekly article about farm life for the *Concord Monitor*. She was voted one of *New Hampshire Magazine's* Remarkable Women in 2014 and is also the author of the children's book, *The Curious Little Calf Named Bleu*, published in 2012.

From Our Farm to Your Table - Tour Miles Smith Farm - pg 16

Jon Spira-Savett

Rabbi Jon has served more than 12 years with Temple Beth Abraham in Nashua. He is the current president of the Nashua Area Interfaith Council, and a member of the ethics committee at Southern New Hampshire Medical Center. He grew up in St. Paul, Minnesota and has lived in both New York City and Jerusalem. So coming to New Hampshire has meant living in a place with a lower proportion of Jewish people in the community than anywhere he has been, and it's given him the opportunity to illuminate what being Jewish means for people whose social circles may not have that many Jewish people.

Jews and Judaism in Today's World - pg 20

Cheryl Sprinkle

Cheryl Sprinkle is a retired biology/science teacher with over 30 years in the classroom. She loves to travel, learn about current science topics, explore nature, and bake, which is all really science!

Hiking the Hampstead Trail System - pg 17

Eleanor Strang

Eleanor Strang has been presenting popular classes for OLLI since 2013. She received her MA from Michigan, and her MLS from Simmons. She was the director of the Kelley Library (Salem, NH) for 15 years, and has pursued her interest in American and Canadian history since retiring.

Acadians: A Story of Tragedy & Survival - pg 8

Puritanism in New England: the Good, the Bad and the Revolutionary! - pg 27

Ryan Striker

Ryan Striker is a clarinet and music theory teacher, who has diverse teaching experience, ranging from elementary to college level students. He holds a Master's degree in music theory from Cincinnati Conservatory of Music (CCM) and Bachelor's degree in clarinet performance from Marshall University.

Ryan first began teaching private clarinet lessons during the last 2 years of his Bachelor's degree in 2011. He helped students prepare for and make it into all-state bands in both, Ohio and West Virginia. While at Marshall University, Ryan tutored other college students in music theory. He performed as principal clarinetist for both the Marshall Orchestra and Wind Symphony during those same years. During his time at CCM, Mr. Striker was awarded a graduate assistant scholarship, in which he taught college level music theory to undergraduate students.

After finishing his Master's in the summer of 2017, he moved to New Hampshire. Currently, Ryan plays with Southern New Hampshire University's Orchestra and Wind Ensemble. He also teaches English as a second language to elementary aged children.

[Seven Main Elements of Music - pg 30](#)

Richard Tarbin

Richard Tarbin is a self taught gardener, coming from a family of florist and vegetable garden parents. Richard Tarbin started the garden in 1975 as a young man. Over the years he has enlarged the garden to include a habitat for birds and bees and butterflies. Richard created the ponds, and has taken items and repurposed them from its original use, into a brand new artistic use to decorate the garden.

[English Garden In New Hampshire: Tarbin Gardens - pg 13](#)

Martha Walsh

Martha Walsh is an OLLI member from Exeter with a lifelong interest in literature and books, who was inspired by Amanda S. Gorman's poem at the Biden Inaugural.

[American Poet and Activist - Amanda Gorman - pg 8](#)

Rick Weinstein

Rick Weinstein is one of seven accredited American Contract Bridge League teachers in NH. He has been playing bridge competitively for 30 years. He has attained the rank of Ruby Life Master. In 2019, Rick was given the New Hampshire Bridge Association's Leroy Lake Award for his contributions at and away from the bridge table, particularly for his efforts at teaching bridge to aspiring players. In October 2020, Rick and his partner, Jim Felch, for the first time won the state's Open Pairs Championship in an online contest.

[Bridge for Your Brain- Defense in the 21st Century, Part II - pg 10](#)

Julie White

Julie White is student at Rivier University working on her Master's in Social Work with a concentration in Geriatrics.

[Increase Memory; Decrease Stress - pg 19](#)

David Wright

Dave Wright is an outdoor enthusiast who likes to share the beauty of our area and has led three themed hiking classes before.

[River Hikes - pg 28](#)

Robert Young

Dr. Robert (Bob) Young has a PhD in Geologic Oceanography and has taught at the University of Miami, carried out research with NOAA and as a consultant on how pollutants introduced by human activity are dispersed in ocean environments. His recent activity has been as a lecturer on climate change at the Northern Essex Community College/(COOL) and in the creation of climate change videos for classroom and remote learning as a member of Newburyport's Storm Surge group.

Climate Change - It's Natural and It's Human - pg 10



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